

Lund BARNACLE

Winter 2020

\$2.00

The Voice of Lund

Proceeds to the Lund Community Society

qathet Regional District Prepares to Take Over Lund Waterworks District

Harold Robertson
Lund Waterworks District Trustee



Thulin Lake Dam - circa 2004 - Photo courtesy Neil Gustafson

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For the last one hundred years, the creation, maintenance, and supervision of a water system for the Lund community has been handled by volunteers. Not so in the near future when the qathet Regional District (qRD) will assume responsibility for the Lund water system. The Lund Waterworks District (LWD), formed in 1973, will then be dissolved. To help you understand the significance of this transfer, here is a brief history of Lund's water supply.

Thulin Lake - Thulin Lake's water level was raised in 1919 with the construction of a 12-foot-high by 36-foot-long concrete dam. It was originally built for the purpose of generating electric power using a Pelton wheel, but the power supply idea was unsuccessful and soon abandoned. Later, a 10-inch-diameter wooden stave pipe was laid from the dam directly down to the Harbour to supply the ever-increasing number of steam engine vessels that came in to take on water, fuel, and provisions. The water, however, was at first so brackish, brown in colour, and foul smelling as to be completely unfit for human consumption. Improvements, I was told, were quickly made. Sometime after 1972, the dam crest was raised 17 inches and improvements have been ongoing.

Lund Lake - Neil Gustafson was born in Lund in 1932. His mother, who arrived with her family in 1916, would often talk about the hay field she and her friends would take a short-cut through on their way to school. This hay field became Lund Lake in 1939 with the construction of a dam using a crib of four 60-foot-long fir trees stacked one

Continued on page 3...

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The Lund Community Society

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The *Lund Barnacle* is published quarterly in winter (January), spring (April), summer (July), and fall (October), and is available for sale at the following locations: **Lund Post Office, Lund Store, Nancy's Bakery, and Ecosystems**. It also can be read at the **Powell River Public Library** and is available online at the Lund Community Society website: <https://www.lundcommunity.com/barnacle>

Editorial Policy

Our policy is to print what people submit in their own words as much as possible, respecting the paper's purpose to provide a forum for expression of ideas on topics of interest to Lund community members. We reserve the right to edit for clarity, length, and sensitivity. Articles submitted will be included based on available space and compatibility. Opinions expressed or implied in articles and stories are those of the authors and not the editors of the *Barnacle* or Board members of the Lund Community Society.

Signed submissions are welcome in the form of articles, stories, news items, letters to the editor, graphics, and photographs. Send to: barnacle.articles@gmail.com

All proceeds from sales and advertising go to the Lund Community Society, a non-profit organization providing community services and programs to Lund and the region. The editorial staff of the *Barnacle* are volunteers, as are the Board of the Lund Community Society. No editor, contributor, or member of the Board receives a salary or wages.

Editorial

The return of "snow-mageddon" yesterday caused the production of this issue to be quite a bit more complicated. With no hope for moving my car, I slogged through foot-deep snow with my laptop in hand to do the layout with Wendy this morning. Parts of this issue are still out there, also stuck in the snow, for later retrieval. Yet here it is, now in your hands for your reading pleasure. Welcome to the winter 2020 issue!

Some time ago, one of our readers asked if we could put a "Donate" button on our website. It took a while, but it is on there now, just in case you want to support us in a financial way. Toward the end of this year, we'll look at how much we've amassed and let you know what we plan to do with it. Maybe a contest, where the winner's use of the services of one of our advertisers is paid for, in part or wholly, by the donation money.

I know I say this every time, but we have some really interesting articles and stories to share with you in this issue. We even have a new cartoonist contributor: Jervis Tebbutt, a grade four student at James Thomson.

I hope you enjoy every single page!

-- Sandy

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Next edition is April 2020

Deadline for submissions is April 10, 2020;

but reservations for article space are needed in advance and ads need to be submitted by the fifth of the month.



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Continued from page 1...

on top of the other, secured at one end by a massive stump and at the other with a poured-in-place concrete buttress. Some fill was brought in, but most was dredged from the hay field. Over the years, the logs rotted and necessitated a major rebuilding in 1987.

Becoming an Improvement District – In 1973, Provincial Letters Patent were issued incorporating our tract of land and the owners of land in said tract into an improvement district under the name of “Lund Waterworks District”. While this formalized our water board and clearly defined the boundaries to which we could provide water, it came with a manual of an exhausting number of rules, regulations, and reporting requirements that can make being a volunteer trustee a full-time job.



Lund Lake Dam - 1939 to 1987 - Photo courtesy Neil Gustafson

In addition, every two years or so, provincial engineers would inspect the dams and the other infrastructure. Upgrades were suggested or, in some cases, insisted upon. This resulted, at times, in very lively and heated discussions as to just what was required and where the funds were to come from to carry out the work!

Volunteers – I am amazed at the amount of work volunteers have done over the years to create the infrastructure we have today: pump houses, storage tanks, and thousands of lineal feet of water mains; as well as the countless hours spent maintaining and repairing what is in the ground. One December 25 not so long ago, Neil Gustafson jumped up from the Christmas dinner he was enjoying with his family, excused himself, and rushed out to deal with a leak in a water main. He missed the rest of the evening. That is true dedication. Thank you, Neil, and thanks to the dozens of volunteers over the years for the extraordinary time and effort you put into the water system we enjoy today.

But it is time for a change.

Due to difficulties in getting volunteers to serve as trustees, the increasing complexities of the operation and administration of the LWD, limited financial resources (improvement districts are restricted from applying for grants), and the ever-increasing costs of complying with enhanced provincial regulations and standards (particularly the *Drinking Water Protection Act*), the trustees felt they had no choice but to consider turning the LWD back to the Ministry of Municipal Affairs and Housing. This could effectively have been the end of our municipal water supply.

The qathet Regional District, being painfully aware of all of our problems, retained McElhanney Consulting Services to review the Lund water system. The qRD has now submitted a grant application to the new integrated federal and provincial Investing in Canada Infrastructure Program for \$16,570,000.00. This will cover 100% of all estimated upgrades required to bring our system to municipal standards. At that point, the qRD is prepared to take over.

A critical step for the LWD was to get a majority of the owners of the 128 parcels within our service area to agree to this plan. Formal agreement was by petition, which proved to be an arduous and complex task. Due to the support of our trustees, administrator, and (most importantly) water users, our petition was accepted by the qRD. On December 19, 2019, the qRD Board of Directors issued a Certificate of Sufficiency and directed staff to bring back a report regarding next steps. We have been told “we must be patient”. 🍀

Lund Community Society Update

Sandy Dunlop

A new year, a new decade – what will it bring? As the world seems to spin faster and faster, it can help to just focus on our little village of Lund and how we can make living here as fulfilling as possible. That’s pretty much what the Lund Community Society is all about.

This is an update on the past three months, or since the October *Barnacle*. At that time, we were gearing up for our biggest yearly fundraiser: the Christmas Craft Fair. That event happened on November 23 at the Italian Hall in Wildwood and was a great success. Seems like it always is.

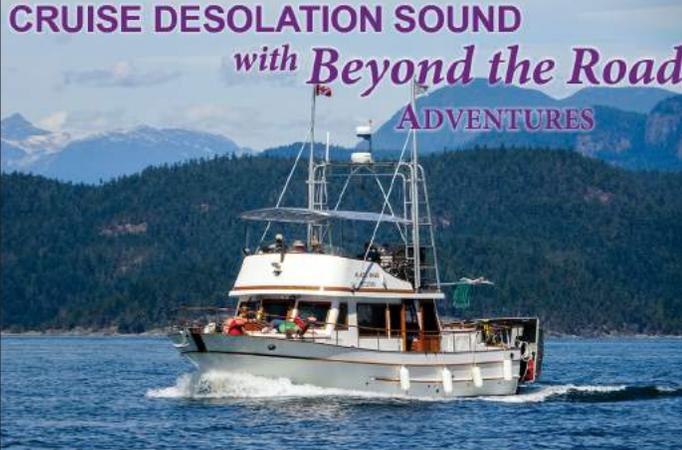
It takes about thirty volunteers to pull off the CC Fair each year. It’s been going on for so long – over thirty years – that it has its own routine and eager volunteers who look forward to the camaraderie of it. Working together to create something is a lot of fun and the quickest way I know to get connected. The Craft Fair is a heart-warming example of volunteerism alive and well in the Lund community.

In general, though, the LCS is hurting for volunteers to help make fun stuff happen here. Volunteer burnout is the logical result of too few doing too much. We could sure use your help!

The LCS meets at 7:00 pm on the third Tuesday of each month (except July, August, and December) at the Northside Community Recreation Centre (NCRC) on the corner of Larson Road and Highway 101. You are welcome to come check us out. The next general meeting is February 18.

There is to be (and now was) an LCS Annual General Meeting on Friday, January 24 with a community potluck beforehand and music afterward. As of this writing, that meeting hadn’t yet happened. Perhaps you were there. Perhaps you are now a card-carrying member of the Lund Community Society and committed to helping out in some way. Right on. 🍷

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Lund Christmas Craft Fair 2019

Rosie O'Neill

Another great Lund Christmas Craft Fair was enjoyed on Saturday, November 23 from 10:00 am – 4:00 pm at the Italian Hall in Wildwood. The smile of success from our Fair can be shared by all who helped in putting it together beforehand and carrying it out on the day of. This goes for all the kitchen staff who started cooking days before and those who helped all day on Saturday. It also includes all those who helped with set-up on Friday night and the quick take-down that happened on Saturday at 4:00. We also want to thank all the businesses that supported us and have year after year because without them we could not have done it.

Quality Foods
 River City Coffee
 Save On Foods
 Lund Store
 Chopping Block
 Nancy's Bakery
 Starbucks
 The Boardwalk Restaurant

Finally, thanks to all the vendors and shoppers who packed the Hall once again. **A huge thanks to all of you!** This event, our biggest annual fundraiser, is a large part of how the Lund Community Society keeps things rolling at the end of the road. 🍄



Photos courtesy Brian Voth



What's Happening in Lund?

Jan. 21	Lund Community Society meeting – NCRC All are welcome	7:00 pm
Jan. 24	Lund Community Society potluck and AGM – NCRC All are invited and welcome to participate	potluck at 6:00 pm meeting at 7:00 pm
Feb. 2	Super Bowl LIV 2020 – Lund Resort Pub Drink and food specials	3:30 pm.
Feb. 14	Valentine's Day – The Boardwalk Restaurant Special Valentine's dinner, live music, limited seating	
Feb. 14 & 15	Valentine's Weekend – Lund Resort at Klah-ah men Romantic room packages available. Candlelit dinner, packages for two	
Feb. 18, Mar. 17, and Apr. 21	Lund Community Society meetings – NCRC All are welcome Come see how you can be involved	7:00 pm

Ongoing at the NCRC

Mondays	Playgroup This is a great way to get out and meet other parents and let your babies and toddlers play together. Please bring a snack to share. We do other stuff too: in January, we hosted a free baby-saver/CPR course with childcare provided on site.	10:00 am – 12:00 pm
Tuesdays	Hatha Yoga - all levels	5:00 pm – 6:15 pm
Thursdays	Tai Chi	5:00 pm – 7:00 pm

ORCA Bus with StrongStart on board for kids 0 – 5 years old at the NCRC on Mondays, January 27, February 24, March 30, and April 27 from 10:00 am – 2:00 pm. Free.

Best Friends Dog Training – Ongoing classes at the NCRC for puppies, adolescents, and adult dogs. Manners, lifeskills, and more. Nosework (scent discrimination) classes coming in March. Call Sandy Middleton for more information at (604) 483-DOGS or email her at sandy@bestfriendsdogtraining.ca.

* * * * *

Tidal Art Centre - 9971 Finn Bay Road. Call (604) 414-5954 for more information

Exhibitions

January 24 (opening reception) to February 2 - Naoko Fukumaru will be showing Kintsugi (ceramic restoration with gold joinery) with works by illustrator Prash Miranda

March 14 (opening reception with Theo Angell interview video) to March 22 – the art of local Lundie Courtney Cressy

March 28 (opening reception) to April 5 - Stefanie Dueck, blacksmith

Classes - registration now open

February 1 - February 29 – Kerensa Haynes will be teaching an introduction to oil painting

February 1 - March 7 – Shivaun Gingras will teach an introduction to clay and wheel-throwing

Music

February 7 - Oliver Swain, award-winning roots musician (banjo, bowed bass, guitar) and vocalist – 7:00 pm

If you have an event that you would like to announce, please contact the Barnacle at barnacle.articles@gmail.com. 🌐

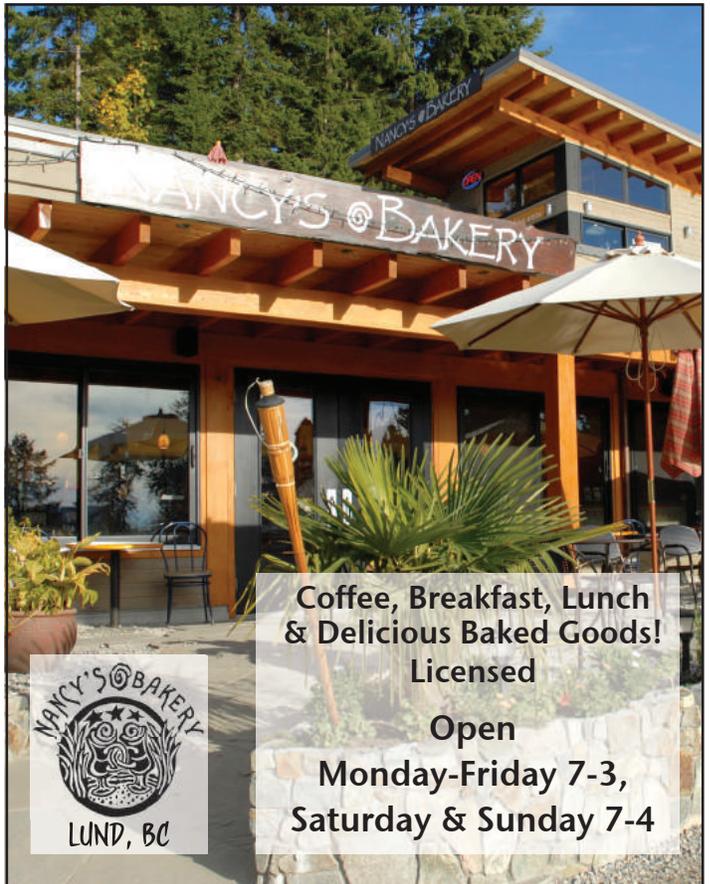


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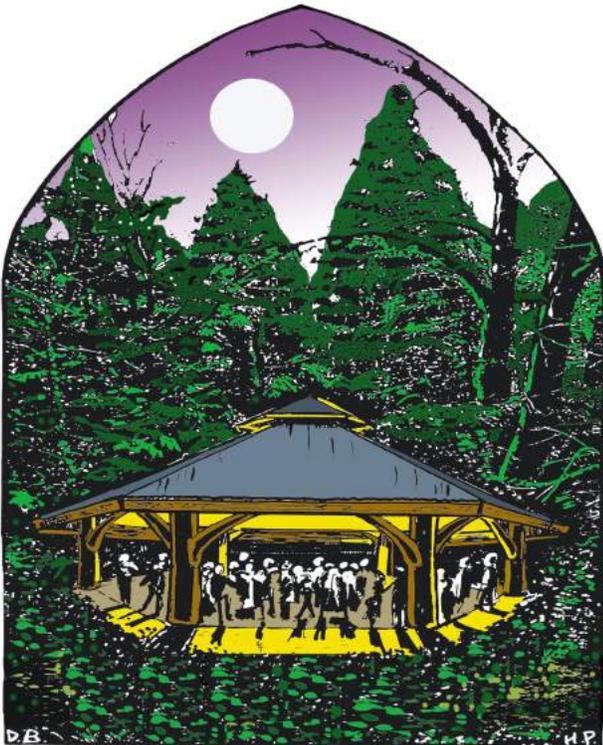
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Leave Town Centre Mall (north end)

11:00 am 4:50 pm
10:05 am 4:05 pm





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Tidal Art Centre
is excited to host four Artists in Residence.

Diane Haynes - author and yoga instructor - Feb & Mar
Prash Miranda - illustrator - until February
showing with **Naoko Fukumaru**

Stefanie Dueck - blacksmith - showing to April 5
opening reception March 28, 7:00 - 9:00 pm,

Naoko Fukumaru - ceramic and glass restorer, Kintsugi artist
opening reception January 24, 7:00 - 9:00 pm
showing to February 1 with **Prash Miranda**

February 1 - 29 - **Kerensa Haynes** will be teaching an
introduction to oil painting

February 1 - March 7 - **Shivaun Gingras** will teach an
introduction to clay and wheel throwing

February 7 - **Oliver Swain**, award-winning roots artist
7:00 pm

March 14 - 22 The works of local Lundie **Courtney Cressy**,
opening reception with **Theo Angell**
interview video, 7:00 - 9:00 pm



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qathet Regional District Update

Patrick Brabazon, Director, Area A
qathet Regional Board Chairman

Well, that was interesting. For years we have been calling for better internet and cell phone service. Better? OK, much of our area has no cell phone coverage at all. Now it gets interesting.

Back in October, Telus advised that they had selected a site in Lund for a new "telecommunications facility." This structure, basically a thirty-five-metre pole, would provide improved broadband and cell phone service to a range of approximately five kilometres.

In November, qathet Regional District heard from residents of Lund objecting to the proposed facility for a variety of reasons including the location up off Larson Road. Other residents then joined the discussion, asking qRD to support the concept but in a different location.

In discussion with the Telus agent, I learned that other sites were under consideration. From discussions with residents, I learned of still more possible locations. The Telus agent agreed that he and I would visit these options. Then Telus pulled the plug citing "local opposition."

Not willing to accept this, I asked the Board to request that Telus return to Lund and conduct a fair and comprehensive survey of all available sites. I signed this letter just before Christmas. Now we wait.

If you wish to add your voice to this request, you too can write to:

Ms. Kate Pelsoci, Real Estate Manager,
Telus Wireless Network,
3 - 4535 Canada Way,
Burnaby, BC
V5G 1J9

Here's hoping and wishing you a Happy New Year! 🍷



qathet
REGIONAL DISTRICT

Patrick Brabazon
Director, Area "A"
pbrabazon@qathet.ca

**Questions?
Comments?
Give me a call!**

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Let's Talk Trash

Ingalisa Burns, of the
Let's Talk Trash team

Sand: Third Most Consumed Global Resource

It turns out sand is the most consumed resource on the planet after water and air, and we are gobbling it up fast, mostly in the form of aggregate for our concrete jungles. Sand is in our toothpaste, cosmetics, hairspray, windows, paper, microchips, plastics, paint, and tires; but most sand we consume these days is going into brick, asphalt, and concrete. A whopping 80% of everything built is made of concrete and concrete itself is made of 80% sand and gravel. All total, we are mining the equivalent in sand of the weight of 137,000 Empire State Buildings annually.

At first, sourcing sand and gravel from rock quarries and riverbeds met our needs. Now, we are forced to go to more extreme lengths. Just like oil, sand harvesting is becoming more difficult. These days, it is only found in large quantities for free on the sea floor, and the problems associated with harvesting from there are only just becoming understood. Much like the soil that covers the earth above the sea, sand on the seafloors is quite thin, so machines are used to dredge along large swaths of the ocean floor. This thin ocean bed layer is also the base for all sea life, hosting living communities starting with microorganisms and small fish and then moving up the food chain to bigger fish and inevitably to the food on our plates. As sand is removed, even from remote ocean locations, what remains of the sand continues to shift in the currents, and this resettling causes shorelines and beaches to be affected. In fact, a shocking 70% of the world's beaches are shrinking.

Sand has become a commodity that is commanding a high price on global markets. Currently, it is a 70 billion dollar a year industry. Perhaps not surprisingly, there is now a dark underbelly to the trading of sand. Though the sand on the sea floor is not owned by anyone and thus a free resource, it is not at all free to get. Only the big global players can afford the fleet of ships and equipment needed to harvest. As a result, illegal harvesting of easily accessible sand from beaches is a growing trade, and a criminal organization known as the 'sand mafia' has evolved.

The scope of the sand trade is vast. With the price of land skyrocketing, some countries are using sand to expand their territory. Singapore is the most famous of examples. It has expanded its land area by 20%, using sand sourced from the neighboring countries of Indonesia, Cambodia, Thailand, and Malaysia. Much of the sand is rumoured to have been illegally harvested. In 2008, Singapore claimed to have imported 3 million tonnes of sand from Malaysia, when the actual figure was closer to 133 million tonnes. The sand war is becoming a land war. Countries like Indonesia are shrinking and low-lying islands are disappearing.

It turns out that not all sand is created equal, either. Dubai imported sand from Australia to build the Burj Khalifa tower – the tallest building in the world, standing at 823 meters. Why? Because sand from marine environments like beaches and the ocean floor is shaped differently than sand from the desert. Ocean sand is rougher and more angular in shape – giving it a 'grip' that is perfect for creating artificial islands and for use in construction materials. Desert sand, however, has been tossed about and polished by the winds until it is smooth. So it's a case of sand, sand, everywhere, but none to build with.

Luckily, there are some innovative people out there trying to piece together solutions for yet another one of our over-harvested resources. We can do our part by building smaller homes, choosing local resources for building materials, repurposing glass as an alternative to sand, and keeping non-recyclable glass out of landfills and using it to replace sand in our buildings.

Let's Talk Trash is the qathet Regional District's waste reduction education program. ♻️



Lund Harbour Authority

Paege Maltais
Harbour Manager

PO BOX 78
Lund BC
V0N 2G0

VHF Radio Channel 73
Tel 604 483-4711
lundharbour-wharfingert@twincomm.ca

From the Office of Our Member of Parliament

Drewen Young
Constituency Assistant

Powell River Community Office

Growing up in Powell River - with legendary scenery displayed in every direction - my family's favourite place to "awe" visitors was Okeover Inlet. Upon arrival at the government dock, guests would be delighted by the tall mountains, the sweeping tidal waters, and the acres of oysters spread out along the shoreline. It usually didn't take long before a campfire was built and steaming oysters were served on the half shell fresh from the sea. The ocean's bounty was abundantly available for the taking.

Today the waters of Okeover Inlet, Desolation Sound, Toba Inlet, and their many reaches are busy with commerce and traffic. Clam diggers and oyster pickers ply their beaches, elbowed by landlubbers who come for the view and build homes amongst the trees. Lucrative businesses, quite varied, have popped up bringing tourism trade and more marine traffic. On any given day you'll see loggers, clam diggers, fishers, beachcombers, tourists, tugs pulling barges, tankers on route to Alaska, and boats of all sizes exploring the waters, perusing the shores. And in coves and on beaches, in trays or hanging on ropes, there are oysters.

According to a local grower, oysters are the perfect food. They proliferate on their own; they filter and clean the water as they grow. They are free for the gathering, packed with protein and minerals, and quite versatile and delicious. They could feed thousands, millions, more, if they were marketed well, the farmer stated, adding, "Oyster farmers live on the edge; they know the sea and the growing conditions of sea water better than most. They have to, as they transport living product from beaches to buyers throughout the year."



Rachel Blaney
NDP MP
North Island-Powell River
604-489-2286
and in emergencies
1-800-667-8404

So, it came as a surprise to many constituents when it was rumoured that Pendrell Sound, which splits East Redonda Island and is located just north of Lund and considered the ideal location for collecting oyster spat, was about to be closed for this very purpose. Several constituents called the MP's office asking if we'd check up on the rumour. An email was sent to the DFO and the rumour was confirmed. "The Aquaculture Management Division is no longer issuing access licences to collect Pacific Oyster spat due to conservation concerns for local fish habitats. Collection of spat will still be permitted on leases and current licence-holders will soon be receiving notice of the decision and next steps to follow," the email informed.

The news was hard to take for some oyster farmers. International news stories show devastating photos of oysters dying from warming ocean currents along coastlines in Europe, the United Kingdom, and Asia. On the Pacific, north coast hatcheries are losing their spat due to rising temperatures, ocean storms, pollution, and beach degradation. The need for the pristine waters of Pendrell Sound looms large.

Continued on page 12...

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Continued from page 11...

The closing of Pendrell Sound will cut off one of the most reliable sources of seed in this area, several farmers have said. Why punish all of us for the actions of a few, others bemoaned. Some worry this is a ploy by a government ministry that is out of touch with local habitats and shellfish farmers' needs. Maybe a large multinational company is about to come in and take over the Sound, one farmer ventured.

DFO decided on the closure because of the "high amount of debris from collection activities being left in non-compliance in Pendrell Sound and other oyster spat collection areas as observed by numerous DFO fishery officers".

MP Rachel Blaney's office has been further informed that the DFO is in the preliminary stages of engaging with industry on clean-up efforts in the area. They are also discussing options internally and with industry on what other regulatory tools are available to allow the oyster spat collection to continue in the future after clean-up has occurred.

If this decision impacts you or you would like to offer solutions or ideas, please visit MP Rachel Blaney's office at 4697 Marine Avenue, call us 604-489-2286, or email rachel.blaney.c2@parl.gc.ca.



Caregiver Support

Brian Bomprezzi
Community Paramedic

Listen up caregivers: support is available!

If you're a caregiver, you probably already know caregiver burnout is a problem. Caregivers will often sacrifice their own mental and physical health looking after someone they love. Often, they are not aware there are supports to help them and suffer in silence instead.

Everyone should know there are local supports in Powell River where caregivers can talk about their challenges and frustrations.

The Powell River Hospice Society at 604-223-7903 has a drop-in caregiver's support group meeting on the last Thursday morning of the month from 10:00-11:30 AM. The meeting is a place to talk about your concerns or frustrations in a supportive atmosphere.

There are also a number of specific caregiving groups, including one for caregivers of individuals with Parkinson's, one for caregivers of people with dementia, and a Stroke Recovery program. The Parkinson's Caregiver support group meets at the United Church in the Trinity Hall on the second Tuesday of the month at 1:30 PM. If you are a caregiver for someone who has dementia, a support group meets at the Recreation Complex on the second Wednesday of the month in the Spruce room in the morning from 10:00-11:30 AM. Contact facilitator Malerie Meeker at 604-483-4224 for more information. There are also one-hour tele-workshops available; contact the Alzheimer's Society of BC at 1-800-667-3742 to register. The Stroke Recovery group meets on Tuesdays in the Upper Hall of the Royal Legion Branch 164 from 10:00-1:00 PM. You can contact Sandy Graham, Coordinator at

604-489-0024. They provide an atmosphere where you and your loved one can talk to other caregivers and other people recovering from a stroke. They offer chair exercises, brain games, tea, coffee, and friendly people to socialize with and receive support.

For broader support, the provincial government offers a caregiver's hotline at 1-877-520-3267, as well as a website with webinars and educational materials: www.familycaregiversbc.ca. Phoning the support line allows you to talk to someone anonymously, if you prefer. Callers will be offered counselling and help in navigating the health care system.

Another service to be aware of is the Better at Home program for seniors at 604-485-4008 run by inclusion Powell River and the United Way. They offer a service called friendly visit. The friendly visit service is available to people who don't require medical care but would benefit from socializing with someone. This would allow a caregiver time to possibly go to a support group meeting, do grocery shopping, exercise, or just take a break for their own mental health. Better at Home also provides transportation to medical and other appointments in town. There is also a Day Program for individuals with dementia; attending the Day Program allows the caregiver breaks as well. Referrals to the Day Program are made by the family physician, or by the VCH Case Worker. Additionally, individuals with a diagnosis of dementia are eligible for respite care at Willingdon Creek Village also very helpful to give caregivers a break.

If you are a caregiver, please look after yourself and

Continued on page 13...

Continued from page 12...

remember there are supports out there for you; it may just be a matter of finding them.

As the Community Paramedic in Powell River, when I am referred by the client's physician into the home, I will talk with them about what supports they have and see if they are aware of the supports available in the community that are relevant to their conditions. It has

been my experience that most of the time clients and caregivers aren't aware that these services exist in our community, or how beneficial they can be to help keep the caregiver from burning out.

If you have any questions, you can reach me at (604) 223-8041 or CP.PowellRiver@bcehs.ca

Telus Took Off!

Jason Lennox, Chair
Concerned Citizens of Lund

In follow-up to our last article in the Lund Barnacle, the Concerned Citizens of Lund submit the following summary:

As the limited public consultation progressed during the fall, the contractor representing Telus received many submissions from a wide range of people that overwhelmingly opposed the proposed location site on Larson/Boars' Nest Road. Our group and the majority of folks were consistently clear with them that we agreed with the need for improved cellular and high-speed internet service in the Lund/Savary area. A suitable telecommunications tower location should be able to be found. Several community members put forth alternative locations for consideration. Telus communicated that they were planning on visiting the community as soon as possible to assess more reasonable options. The situation appeared to be moving in the right direction.

During this time our group made contact with many

stakeholders and with Telus directly. The clear message regarding the rejection of the original proposed site and the desire to find a more suitable location had been heard loud and clear.

A delegation from our group made a presentation at a qathet Regional District Planning Committee meeting on November 12 (available to view on their website). The board members in attendance were very supportive of our objectives. Area A Director Brabazon spoke at length regarding efforts to have service providers participate in true public consultation. He had also been actively supporting the Telus site visit as a community representative. Thanks Patrick!

Shortly thereafter, Telus issued a short email to our group:

"Based on ongoing correspondence that we have received from you and other members of Concerned Citizens of Lund, TELUS has decided to put the file on hold and is no longer considering moving forward with an investment in Lund at this time."

This came as a surprise to many as we had hoped that we could look forward to an alternate, and community beneficial tower location that would provide this service. We are truly disappointed in this approach to addressing the people's concerns by a large telecom business. Their motto is, after all, "The Future is Friendly".

Despite the tension and anxiety this proposed site created, it was a great example of citizens and neighbours uniting and standing up for what's right. New friends were made and we all saw the strength of community when people get organized and send a message. This has brought us closer together as a neighborhood.

We want to thank everyone for their kind words, time and generous support.

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Bike Lund Update

Charlie Latimer

A free fleet?

Back in the summer we told you about BIKE LUND, a few bike enthusiasts who joined-up to make biking generally more accessible in our little harbour town. Since then, we've fixed some bikes and made some noise about



Photo courtesy Charlie Latimer

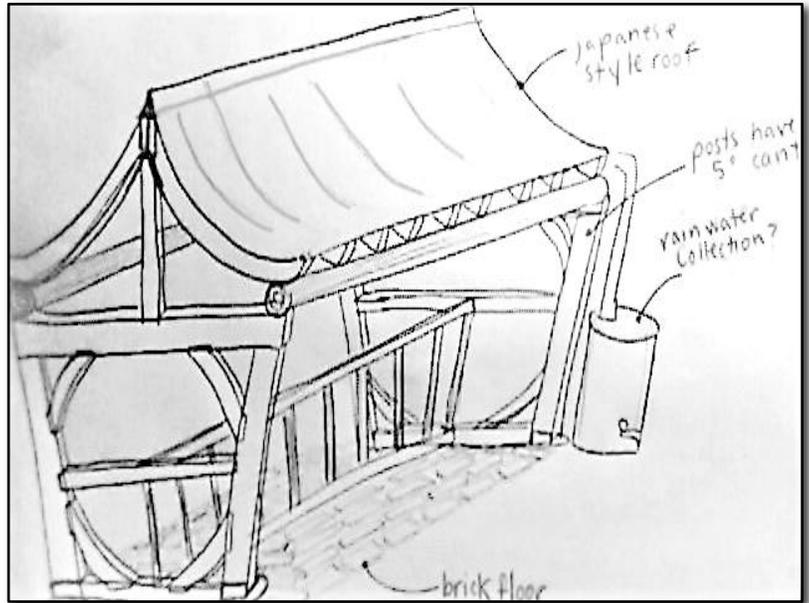
improving Hwy 101 to be safer for cyclists. The provincial government still hasn't committed on a timeline to add paved "shoulders" all the way from Powell River to Lund, but we're quite happy to see that a good chunk more was added recently. We're slowly getting there, and we won't let up. We know that adding wider shoulders will make the roads safer for everyone.

Throughout the fall as more folks learned about us, something funny happened. We started getting approached about all kinds of bike-related things and before we knew it, people started trying to donate bikes to us. We weren't quite sure what to do at first, but after chewing on it for a little bit we came up with an idea. If we accepted the donated bikes and fixed them up, we could pretty quickly have a fleet of free bikes available for people in Lund. After all, if bike shares are

good enough for Vancouver, Paris, and San Francisco, there's no reason Lund can't have its own.

After a quick call-out for donations on the infamous Powell River Shop & Swap Facebook Group, we quickly had over a dozen donated bikes on our hands! The good news is that we've already gone over most of the bikes, giving them an initial "assessment", and will be working this winter and spring at getting them in good working order.

Of course, these bikes will need a place to live if they are to be useful, so after chatting with folks around town we got a really nice preliminary design for a covered bike rack that could be placed centrally and host the bicycle fleet. Thanks Jet!



Graphic by Jet Armstrong

Our next step will be to find the right spot for the bike rack. We'll be approaching people and businesses in the next few months to see if we can make it happen. After we've secured a place for it, we'll be fundraising to make sure we can get the bike rack built and have funds available to keep the BIKE LUND FLEET up and rolling!

If you have any questions about this project or BIKE LUND in general, reach us at bikelund@dotank.org

Lund Resort at Klah ah men Wins Award

Cheryl MacKinnon
Tla'amin Media Liaison

As 2019 came to a close, hard work and passion for success delivered a prestigious honour to the Tla'amin Nation and the Lund Resort at Klah ah men management team and staff. The award for Most Outstanding Indigenous Accommodations was presented to the Nation's Interim CEO of Management Services, Grace Adams and Resort General Manager, Scott Wilshaw at the 8th Annual International Indigenous Tourism Conference (IITC) Awards Gala this past November.

The International award honours a regional tourism operation for providing excellent lodging experiences for guests while incorporating Indigenous themes, design elements, and cultural experiences. Its significance brings forth a deep sense of pride from the many who have played a role in the new direction of The Lund Resort. Interim CEO of Management Services, Grace Adams said it best when sharing her thoughts at the Gala Awards Ceremony:



George Taylor, Grace Adams, and Scott Wilshaw - Photo courtesy Cheryl MacKinnon

"This is an award everyone at the Nation can be proud of, as it is the dedication and commitment of all since the acquisition of the Resort which has brought us this honour of distinction. 2019 was an exciting year and this award has laid the footprint for our Lund Resort going forward. On behalf of Scott and myself, we would like to thank our dedicated staff, aventus Hospitality, Vaka Marketing, both the holdings and operating board, as well as Tla'amin Nation for their support of the transition of The Lund Resort. *Cheh cheh hah tahn nah pesht (we thank you).*"

With the Resort's strategic change in direction to become the first, full service Indigenous owned and operated destination resort on the Sunshine Coast of British Columbia only one year ago, the receipt of this award is significant. Not only is the award a remarkable compliment to the dedicated team, it furthers the Tla'amin Nation's desire to continue to fulfill its three year strategic plan for the Resort and destination of Lund, or as it is known in the Nation's language - Klah ah men, which translates to 'a place of refuge'. The Nation's plan includes ongoing renovations and additions to the main hotel building, Stock Pile General Store, and 13 Moons Marina. New elements will be coming in summer 2020 to include a wellness centre featuring a full-service spa, and 'glamping tents' - a contemporary experience in outdoor luxury camping. Learn more at www.lundresort.com

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Puddle Jumpers Preschool

Jessyca Van Belle



The end of 2019 was jam-packed with adventure for us, starting with a visit to the Tla'amin hatchery to explore the life cycles of the sacred salmon. We didn't see very many, but sure enjoyed watching the birds and eagles fishing. We then got to play on their awesome new playground at the beach. We had plenty of indoor adventures too: we built a fort that stayed up a whole week, baked monster cookies and pizza faces, and enjoyed puppet shows. Our bunch this year are very



musical and have been enjoying classes with Sandy Dunlop. We also had a Halloween dress-up dance party, complete with spooky snacks and led by our wonderfully 'batty' teacher, Alisha!

At the end of November, we had a dear teacher come for several weeks: Sheila Butts. She brought her guitar and great laugh to serenade the kids. We played lots of music, took walks to the beach to check out the crabs, and everyone became pirates to go on a wild treasure hunt. When the holiday season came, the kids wrote letters to Santa Claus and had a little adventure to the post office to mail them. In a couple weeks, they all got a reply mailed to their homes.

A big thank you to Kim Gray for providing all the gingerbread to make gingerbread houses and helping the kids put them together. The kids still talk about their gingerbread houses! We also made magic foaming snowmen, did crafts, and decorated a Solstice tree with birdseed treats and cranberry chains. Then we got our delightful, fun-loving teacher, Alisha, back again!



All photos courtesy Puddle Jumpers Preschool

Coming up for us is our main fundraiser: the Lund Preschool Raffle. We have over \$2000 in amazing local prizes, from the Lund Resort, Pollen Sweaters, original art prints, and much more! The tickets are \$5 each or three for \$10 and the draw is February 6 so be sure to get yours today from any Puddle Jumper parent or teacher! 🍀



All photos courtesy Puddle Jumpers Preschool



Who Wants Licensed Childcare in Lund?

Alisha Van Belle

We are working on something new: Licensed Childcare in Lund! Our challenge is to find a license that is flexible enough to fit with the changing needs of the Lund kids and parents (or those who work in Lund). I have sent out an email questionnaire to those I have an email address for, but I would wish to hear from every family. Primarily, I am wanting to know what kind of childcare (daycare, preschool, preschool with added childcare to make full day, after-school care, or summer care programs) is needed and days needed, and who would commit to using this for the 2020-2021 year. You can email me at jomomdesigns@gmail.com to give me your feedback as soon as possible! Thank you. 🍀



Photos courtesy Brian Voth



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How in the World Did You End Up in Lund?

John Hewson

This is most unusual: how best to introduce oneself to people you don't know and haven't met yet? So, hello Lund! I'm John and it's a pleasure to meet you right here in the *Barnacle*. What a wonderful way this is to say hello to the community.

I'm an English lad with a passion for travel. I fell in love with Canada one dark night in the middle of Lake Opeongo in Algonquin Park. I was fresh off the boat and an excited explorer, canoe camping in bear country with new friends, good conversation and a beer or few, moose swimming by, loons calling, all under the star-filled sky. I'd never seen stars like that - whole galaxies visible with my naked eye. Laid back, looking up and drifting for hours lost in the vastness of it all.

This was the first of many such adventures spending weekends and holidays in nature while loving corporate city life in Toronto with all the creative deadlines/flights/meetings - until a scare with cancer woke me up to the impact of stress on my life.

You could say I headed west and ran out of road but that's not the whole truth. This wake-up call had me driving the Rockies visiting 30-plus ski towns; Whistler won. Shifting creative business development skills to volunteer community development work in the arts, I skied all day and waited tables by night, helped market adventure tourism companies, enjoyed rafting and heli-skiing, good people, fun times, film fests, food fests, wine fests, creative arts, and big nature.

Lund put a smirk on my face the first time through. I'd missed the last water taxi to Savary when visiting friends at their cute cabin, so I hitched a ride with some almost sober guy in the pub. Thank you, kind stranger. Later, we revisited, mostly passing through into Desolation Sound on a friend's boat, stopping for gas and Nancy's.

In the summer of 2018, kayaking for the day while up from Vancouver visiting Powell River friends, considering the move, a tour with Terracentric to the Copelands with guide Jan. It would be his fault if you're looking for someone to blame! So enjoyable: four hours on the water and I was hooked, the stress of the city shed, replaced by lasting smiles.

Sharing photos and a thank you note, I said to call if they were hiring, and in the spring they did. I arrived in May and worked the summer for Terracentric in the office above Nancy's Bakery taking bookings, greeting guests. Blessed with a couple of delicious sunset kayak trips, craving more. Walking home up Larson hill after work via the beach is pretty sweet, a much sweeter commute than Vancouver, London, Toronto, Whistler, or New York.

I do need year-round work, have fantasies about learning to build custom furniture and running a cabin/treehouse B&B, west-facing deck, dinner with friends. Most recently coaching and arts/tourism consulting, my background in hospitality, sales, service, and community work could be useful, and it's different here, so if you're curious, what do you need? Try me out. I love to learn and I like it here. It feels like home.

Making Mooos at the Lund Community Centre kitchen has been fun too, selling at the farmers markets on Savary all summer and in Powell River. Imagine the delight in observing folks skeptically tasting something

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you've made, watching a smile spread across their face. Let me know what you think.

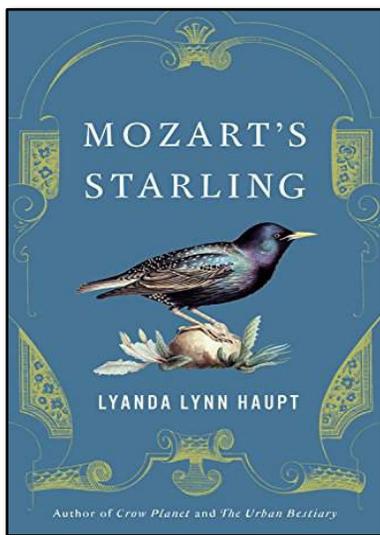
I've been a little reclusive enjoying my new home, mesmerized by the moon, ocean, tides, and hikes, lots of photos and endless views. Looking forward to meeting you and settling into the Lund groove. Thank you for all the delightful surprises and for letting me in. 🍷

Lund Reads

Ev Pollen

Hello Lundies!

The book I want to recommend this time is *MOZART'S STARLING* by Lyanda Lynn Haupt.



This excellent book would not have been written if the author had not known that Mozart kept a pet starling in his already chaotic household during a very productive period in his career. As the intention to write about that grew, Haupt decided to raise a newly hatched bird of her own.

Being an experienced birder and bird rehabilitator made this less daunting than it would have been for, say, me, but it was still a huge commitment. The resulting insights and anecdotes make for some of the best nature writing ever and help to illuminate the biography of the composer and the history of Vienna in the late eighteenth century. Haupt describes beautifully the remarkable behaviours and cleverness of the starling and draws entertaining parallels between her bird, named Carmen, and Mozart, the famously eccentric composer. She describes evidence of Carmen's taste in music, her communication skills, her delight in routines, her mimicry. An example: whenever Haupt reaches for her jar of coffee beans, Carmen loudly trills the sound of the coffee grinder! She seems to be saying "I know what comes next!". Carmen often greets Haupt with a clearly spoken "Hi honey!"

The author also recounts her trip to Vienna, where she visited the Mozart museum and the cemetery where he was buried as she tries to imagine the city as it was in 1790.

I have much greater respect for starlings because of Carmen, even though the author has no illusions as to the harm done by their importation. Haupt's writing is so good and gives such consideration to all the myths about the composer that I now look forward to reading more of her books.

I hope you enjoy this gem as much as I did. 🍷



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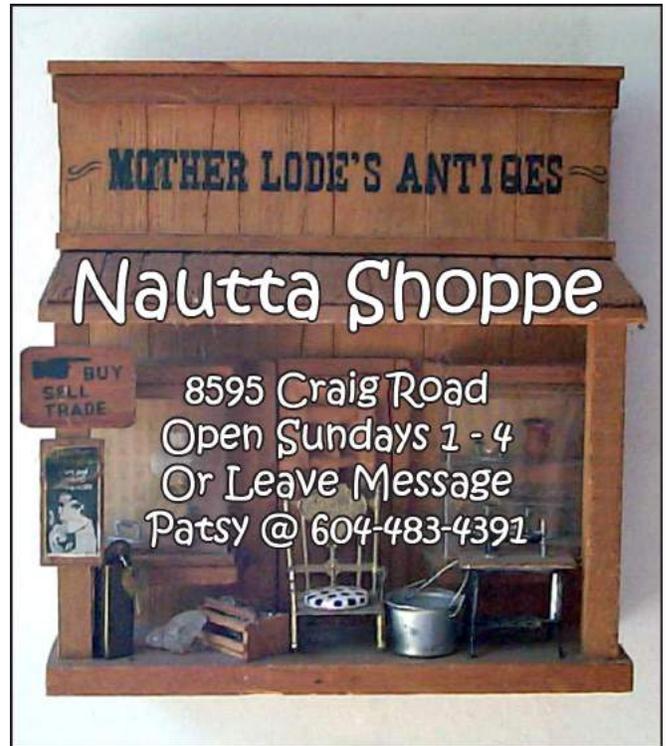
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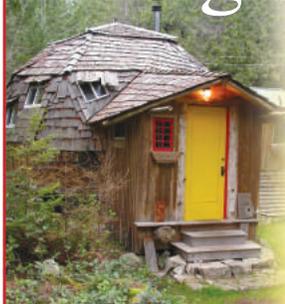
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The Hunter

a poem by Erin Innes

In a dark place once, I met a hunter: soft-footed, patient.
What quarry is there in this dark place? I asked. And she told me
I hunt the monster who devours the world.
I know its ways and its habits
and I will tell you a secret:
you don't have to go anywhere to find this prey.
you don't have to be right, or perfect, or unafraid.
you only have to stand in one place long enough,
and the monster will attack you.

It may come suddenly, without warning or quarter,
howling through the places that you love,
rattling your bones with the roar of machines

or it may come quietly, smooth-talking,
bringing you gifts whose barbs you will only notice
when you bite into them.

but it will come. and when it does,
it will be on your home turf and because of that, you will win.
you will win because you will know
the land like you know your own body. You will hold
the hands of the people around you in the darkness and
you will not need a light.
The monster will need a light.
And it will not have one.

For the monster has poor eyesight, said the hunter.
It cannot smell the life in the fresh-turned soil,
It is only a mouth, always hungry, never satisfied,
it does not know the meaning of
enough.

We wade through this world like an oil slick and we come out suffocating,
trailing the monster's black blood behind us.
we cannot run from it, for we are already in its belly and we must
cut our way free from the inside.

So stand in the place where you can fight with joy.
Touch the ground that your roots are in.
Find what you need to grow strong and true and know
the meaning of
enough.

But are you not afraid? I asked.
I am afraid every day, the hunter said.
But courage is not looking for light where there is none.
Courage is learning to hunt in the dark. 🌑

Timeless at Last

Michael Sword

I was born by a North Sea womb.
A wee-wee bairn.
Leaving this bonnie thistle called Dundee.

To a land called Canada we flew.
The East my first teacher.
Then as a young lad emerged, I hitched and hiked my own way.
Wandering the crossroads of the America's, mostly a monk of a journey.

Now I find myself looking for rest in the West, near the second shortest Nile.
Mile Zero beckons me.
A Pileated Rocker of the Trees drums her steady beats.
Pioneering Ancestors work upon this aging heart.

The Stars are different here, tiptoeing through the tree lines, strobe lights on a Ballerina's canvas.

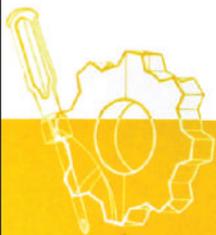
Kindness abounds, as does helpful wisdom of those who dwell in this space of Lund. A saintly man and his three furry friends welcome our small kin at our journey's end. A Mongolian yurt manifests visions of reality, scary at first, but then our sweet dreams come to be true.
Off the grid we go!

A totem pole by the ancient harbour rises to the heavens and the Salish Mother whispers to me with her salty mouth, "Timeless at Last I See". 🌱

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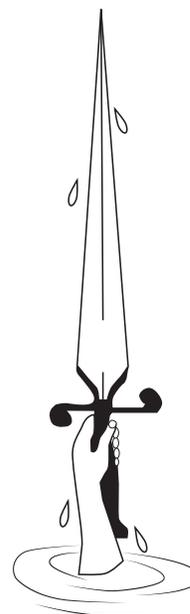


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Adventures with Percy and Adrian Redford

Wendy Larson

For this issue of the *Barnacle*, I would like to write a little history about my longtime friends: Percy and Adrian Redford. As you have probably all heard, they sold their waterfront property at the head of Finn Bay and will be moving into Powell River. They moved to the property in Lund almost forty years ago, but they were certainly not newbies to the area.

Adrian's grandparents moved here from Finland in 1905 with two young boys, Wiano and Willow. Born here were Karl and Yalmer (twins), Henry, Bertha, and Aina (Adrian's mom). Aina married Alex North and they lived on Sevilla Island right here in Finn Bay, running a gas dock and store there. Alex's real claim to fame, though, was as a boat builder. He built six or seven boats on Sevilla Island, including the Galley Bay and the Finn Bay (which I owned decades later). Adrian spent her childhood living on both Sevilla and Twin Island. She attended the old Lund School. My mom was a teacher there at the time and claimed Adrian was one of her brightest students!

Percy was also no stranger to the area. He was born in Rock Bay in the Johnstone Straits. His grandfather had a homestead on Reed Island and Percy spent a lot of his time there as a young boy. Percy has lots of great stories about his time spent there; his memories of those times could fill a book!

So fast forward several years. Adrian moves to Powell River, gets married, has three kids, becomes a bookkeeper, works at Mac & Blo Pulp Mill, gets divorced...and now we are in the 70s. And guess who comes a'courting?

Adrian tells me that on one of her dates with Percy he took her on a camping trip. He made a bed of cedar boughs that so impressed her, she knew she had found her man. They have been together ever since!

It was a partnership ever since the beginning. Most of their ventures revolved around fishing: herring sold and packaged for bait, halibut, salmon, cod, roe-on-kelp, etc. They shared the labour and the running of these businesses. Percy thought like a fish and was the brains behind many innovations in the roe-on-kelp fishery. Adrian was the numbers person; you went to her for your pay cheque and your work schedule. But they were both totally hands-on working beside their hired help, and that's where the fun began! There was really not much separation between work and play in Lund back in those days and when the day's work was coming to an end, we often had a beer in one hand as the washing up process for the day got underway.

I met Percy and Adrian in the mid-70s when my husband at the time went halibut fishing with Percy. We split up a few years later but my friendship with Percy and Adrian had only just begun. I worked and played with them many times over the years.

Percy, Adrian, and her mom Aina moved to Lund in 1981 to live in a house they had built overlooking Finn Bay on part of the homestead that had been in her family since her grandparents came to Lund. In 1986 they built their own fish plant on the property to process roe-on-kelp and buy fish and prawns from other fishermen. Lots of Lundies worked in that plant over the years and the Redford home became a hub for many of us fishermen. Many hours were spent rehashing the past season, planning the next season, scheming new ways to make money, and of course always new ways to have fun!

Over the years Percy and Adrian have put a lot of time and effort into the Lund Community. They were at the helm cooking and helping to organize all those fabulous Father's Day dinners that were such a hit! I remember brooding dozens of oysters in their plant and cooking up heaps of prawns.

Percy and Adrian eventually retired, and Laurie Chambers and Paul Franske leased the plant, buying and processing prawns from the local fishermen. Now Laurie has retired and the plant sits idle, but not so Percy and Adrian!

Percy has carried on teaching many, many locals and newcomers to Lund how to fish. He still has an uncanny ability to rarely come home empty handed. They have billeted many Kathaumixw choir members, making friends from all around the world. They have become globe-trotting travelers, visiting places from Africa to Alaska, the South Pole to the Blue Lagoon in Fiji. Over 120 push pins mark the places they have explored. And, they're not done yet!

Carry on Percy and Adrian; you will have more time for your pursuits now that you don't have your property with its docks, rental homes, and all that goes with it to administer! Enjoy your retirement! 🍷

Lessons from the Old Farm Dog

Pat Hanson, on behalf of
Hagus, the Old Farm Dog

The winter morning began in typical fashion: early, dark, and cold. I felt cozy snuggled up with my two cohorts in the straw bed by the back door. Young Jake lay upside down with his lips sagging back displaying the goofy toothy grin our owners are so endeared by. I have to admit, he seemed to have a talent for stealing the show with this knack, his handsome looks, and those great big puppy feet. As the old dog on the farm, it fell on me to train him in the fine art of proper behaviour and guard dog duties. This was no easy task. Jake much preferred listening for food being dropped in his dog dish than the subtle sounds of wild things encroaching on farm livestock.

Yeti lay curled up but on guard. If I am permitted to use the word "bitch" when referring to my female canine friend, she is just that. She dislikes Jake or me coming anywhere near her or her food, her treats, her bed space, or anything else she thinks is hers. She snarls and snaps at us a lot and is particularly less tolerant of Jake.

Yeti arrived on the farm as a mature lady with no particular talents other than barking and looking pretty. Over the years, she and I have come to an understanding. My ears are failing me so I rely on her to pick up the sounds of trouble brewing. At a certain pitch in her bark, I will spring into action and hurry towards the direction she indicates, risking my life with predators unknown while the "princess" sits close to the house and performs back-up barking. This is not an ideal role model for my young trainee.

Dawn was emerging from behind the cedar forest. As a few wisps of pink cloud stretched their fingers westward, we could hear our owners place their coffee cups on the kitchen counter, shuffle into their coats and gumboots, and head for the door. Now I know that proper dog protocol is to look like we've been on guard all night and ready for action at a moment's notice but with my age and aches, I feel it's time for the young guy to make an impression. Much to my dismay, he just continues to lay there in this most degrading manner, belly to the clouds, lips sagging to the floor, giant paws everywhere. The humans are in a jovial mood and Jake gives them even more reason for mirth.

The morning is a busy one and I am trying very hard to keep young Jake on the straight and narrow. There are quite a few rules.

Farm rule one: Check out all the scents and tracks from the previous night. Look for "the bad guys" and chase them away.

Farm rule two: Barn cats are not "the bad guys".

Farm rule three: Don't get in the way when humans are packing heavy items.

Farm rule four: Ducks enjoy playing in water and they float very well.

Farm rule five: Ducks don't need your help to stay under water so get your paws off them!

Farm rule six: Don't leave your beef bones all over the yard; goodness knows you have paws big enough to bury the whole cow!

The list goes on and on.

I can't say I remember having to be taught all these things when I was a pup. I remember being much wiser and obedient. Oh, this younger generation! What's to become of them?

Just when I am ready to lose my last bit of Labrador patience, Yeti comes to my rescue and growls at Jake right in the ear. Much to my amazement, he heads for a place of refuge and sits quietly surveying the farmyard and looking like a true guard dog.

I steal away for a nap and dream about the warmer days and nights to come. Jake is doing guard duty, Yeti is back-up barker, and I am stretched out on my back, grey belly to the sky, grinning about retirement and success.

A word from the humans: You can visit the Old Farm Dog (Hagus), Yeti, and Jake anytime you like. They live at Andtbaka Farm, home of The Farmers Gate.

P.S. We heard the barn cats telling a story the other day. Maybe we'll write it down for you. 🐾



Photo courtesy Brian Voith

2020 Vision: Take a Year to Clear with Feng Shui

Bobbie-Jo Harris

It's New Year's Eve, 2019. The much-anticipated evening hours arrive as I settle into the living room's cozy corner sofa, decked out in the fanciest of fuzzy regalia to do what I do yearly on this significant date. The gathering consists of candles, wine, charcuterie, iTunes, magazines, pens, and notebook...all beautifully arranged on the copper tabletop. Crackling sounds of cedar offer an ambient backdrop to reflecting on the past year. I take this opportunity to re-language the story I will tell about it. I choose my inspiration word and begin to conjure up dreams for my upcoming year. However routine this activity is, the flipping of this year's calendar feels particularly 'extra'. Tonight not only celebrates hope for a fresh year but also for a whole decade!

The number 2020 looks so graphic; there's a forwardness to it. Twenty-Twenty even sounds auspicious. Having the symbolic reference to sight, 20/20 infers hind-sight, perception, focus, and clarity. Rings of the energy potential for a clean and clear year.

Experts say it takes 30 days to create change, a time frame I've failed at every single time. So instead, I give things a year. Seems plenty. Four seasons, 12 months, 365 days.... lots, right? Yes, it goes fast (and faster as I age, for some inexplicable reason) but giving a year to add, shift, or transform something makes it feel possible.

Do you want to create something new in your life this year? What would that be? What words would describe how you want it to feel? Will you dedicate time and resource to do it? Where to even begin? My answer: with vision at home.

Having spent the majority of New Year's Eves this way, I've developed an enjoyable process and created workshops to share life story boarding tools. The process is influenced by my studies of the ancient Eastern Chinese design philosophy of Feng Shui (pronounced: *fung shway*), a conscious spatial organization and placement of objects around your home which incorporates four elements (*fire, earth, water, air*) and aims to engage the five senses (*sight, sound, touch, scent, taste*). I use this approach in my design practice for purposeful arrangement of environments with intentions for creating positive Ch'i (pronounced: *chee*) energy results such as harmony, flow, balance, health, joy, and abundance. If you are open to the idea that making changes to the spaces in which you live can help you create a life you love, then these are the steps I take:

Assess – Look at what happened this year and make decisions to keep what is working only if it still resonates. Write about this.

Release – Let go of what is broken and no longer serves life in either a positive or useful way.

Clear – Clean up all the spaces in the home and care for what is important. Refresh the air; make things sparkle.

Imagine – See all the desired ways, invisible up to now, that the space and things can be organized to comfort and support dreams.

Find – Go looking to discover, learn, and explore things. What do you really want? Use words, collect visual representations, colours, patterns, textures of these.

Create – Plan it. Glue it. Commit. Break it down. Take time. Take the small actions needed to make it happen. Do it. One thing at a time.

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Celebrate - Realize. Absorb and appreciate what's been created. Believe it. Love it and give gratitude for this amazing life.

Feng Shui applies calm and consistent changes to the external environment in order to create internal changes. Energy must be able to flow, not sit stagnant. It's about creating safe, beautiful spaces, so they become a sanctuary for our souls, giving inner resilience to our spirit in order to be better able to deal with external challenges. Conscious design inspires unconscious relaxation and inspirations.

Feng Shui is not just about how we decorate or declutter, though that is part of it. It's more about making changes to the home of your heart, caring for yourself and your soul, and turning the place you live in into one you love. We create freedom as we intentionally clean up our messes and go forward clearing paths to walk into that awaiting vision of our own inspired life.

Welcome to your 2020. May You *Be Home* Here. 🍷



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Big Plants from Here – Forests

Trish Keays

Plants from Here has grown up into *Forests from Here*. What a view!



Photo courtesy Trish Keays

Forests are so much more than trees and plants. They're flow-through systems, ever moving with life, water, minerals, nutrients, atoms, and energy. Forests are the planet's lungs, literally breath-taking. They're the source of the lovely smell of forest earth in the first rain after a long dry spell (*petrichor*) and the source of connected calm we feel when we forest bathe (*Shinrin-Yoku*).

The West Coast forest we see above ground is amazing, from canopy to duff. How great to learn that what's under the surface is even more amazing than what's above ground. There's magic down there: a symbiotic relationship between plants and root fungi that's about 450 million years old, and a living social network of exchange and communication.

I used to think trees had about the same growth under the ground in roots as above in trunk and foliage. Wrong. Tree roots are deep at 20 feet / 6 metres. When soil is compacted or there's only a thin layer of it on rock or hardpan, the roots can't even go that deep, so trees must spread their roots horizontally. Not much root holds up a lot of tree.

When alive, roots from different trees connect to each other, forming an interwoven root mat and a soil telegraph through which they can "pass on their knowledge to the next generation, communicate complex information via smell and taste, grow 'old with dignity', and keep the community strong."

Take a walk on the wildish side of the Hurtado Point trail.

Because the soil there has compacted, the mass that makes up the very top of the interwoven root mat is easy to see, especially at the top of the uphill climb. It's so exposed you have to be careful not to trip.

The forest uses the soil as well as the air to communicate. Chemicals in the air can warn other trees of predators. Douglas Fir trees have been shown to recognize the root tips of related trees and favour them over unrelated seedlings, sending carbon care packages through the forest's mycorrhizal delivery networks.

Trees talk to each other, recognize kin, form bonds, and try to help each other. They feel things, remember things, talk to each other. And they are all connected by underground chains of tree roots and fungi. Parent trees send water and nutrients to offspring trees. Older trees look after younger ones. "Mother" trees, the oldest ones in the forest, direct water and nutrients to where they are needed, and warn other trees of danger. Mother trees aren't necessarily female: as the biggest and oldest trees with the most fungal connections, they have a



Photo courtesy Trish Keays

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nurturing, supportive, and maternal role in the forest as a whole. Forest plants have evolved to live in cooperative, interdependent relationships. Trees are described as being more alert, social, sophisticated, and intelligent than ever thought.

Really? Sounds like dreamy woo woo; cue the wood nymph dance music. That's the reaction of some more traditional forest scientists to this work. Although Peter Wohlleben, author of *The Hidden Life of Trees*, is a credible forester and woodlot manager with decades of experience, his original work was pooh-pooed by mainstream reductionist scientist colleagues. In describing her work as a professor of forest ecology at UBC, Suzanne Simard recognizes that the research exposes the reductionist limits of the Western scientific method; we genuinely can't see the forest because our focus on trees and other component parts means we miss an applied science of supportive inter-connection.

Frontiers of science are pushing on what we thought we knew, think we know, sometimes couldn't have imagined knowing. As the researchers who love the forest frame it – a living forest may have important things to teach us about “community, reciprocity, and ethics”.

The book *The Hidden Life of Trees: Forest Ethics* pulls back a veil to show us another world of forest dynamics and is totally worth a read. The Powell River Library has a copy. The article in the Smithsonian Magazine gives a good introduction to the book and themes in wider research. The chain of comments about the article is a revealing spectrum of responses, from “libtard bs” to “finally”.

More on this topic to come in our spring 2020 Barnacle. 🌲

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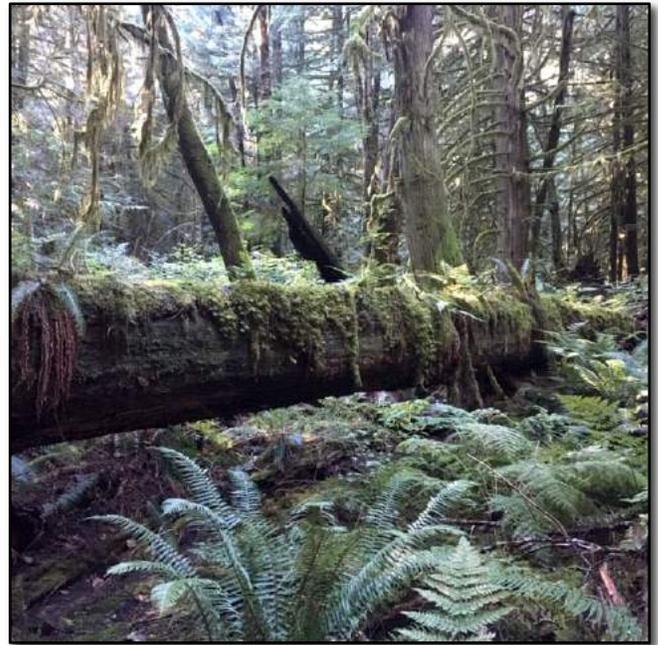


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50 Ways to Botch a Boat Trip

Paul Shore

#2: Drowning a Kayak

Mooring lines seem to be the bane of my existence! Our first one and its expensive shackle “walked away” from our boat the first winter it was stored on land. I have guarded our second one closely, removing it from the boat each winter and re-attaching it each spring. To start off the boating season, I run our aluminum baby up onto the rocky beach so that I can then work under the bow to attach the mooring line while standing in only one foot of water. Once it’s attached, I take the boat out to our mooring buoy and use a plastic kayak as a tender to get back to shore. Simple as that, we are all ready for another summer of botch-free boating!

The very first time I performed this procedure with surgeon-like deftness, the re-assembly went smoothly; no tools were lost; and the mooring line stayed properly attached all season long. I suspect that what caused me to lose focus that morning was the euphoria of completing this task in one try, without so much as taking myself for stitches or getting my shorts wet.

Before I had started to work below the bow of the boat, I left her bobbing at the water’s edge and walked up the foreshore to grab a plastic kayak from our homemade rack. With the kayak on one hip, I did the seemingly-inebriated, stumbling walk back to the boat, and tied it to one of the boat’s side cleats with a short line so that it wouldn’t float away – good thinking, I smirked to myself. After the mooring line was connected, I put my tools away, jumped into the boat on the opposite side to where the kayak was tethered, started the engine, and backed her off the beach. Part way to the buoy, I thought “What an awesome day – time for a rip!”

I donned my formfitting inflatable life vest, spun my hallmark Ottawa Redblacks ‘baseball’ cap backwards – anticipating the gale that would be created by my acceleration out into the Salish Sea, adjusted my not-so-cool sunglasses, and hit the throttle hard. Up went the bow out of the water as I took a wide berth around a couple of young lovebird kayakers, unaware of the relationship trauma they would face if the weather degraded even a little. I absorbed the sound of the spray as I neared planing speed, revelling in horsepower! The kayakers waved and I waved back with the cool confidence of a life-long mariner, which I am NOT! “Ah, this is living!”, I thought to myself, as I grinned ear to ear looking out at the sandy white beaches of Savary Island ahead.

With just me in the boat, I adjusted the right trim tab down a little – no change to my significant rightward list. I trimmed more and more, until it was at the max – still no change to my significant rightward list. “Hmmm, that’s bizarre”, I thought, as I leaned out the window to see if I had inadvertently snagged something while I had been waving like Bruno Gerussi as I had passed by the kayakers during the wind-up of my big Mercury. “Wow, a yellow porpoise in my bow wake”, I thought for a split second, followed by my eyes bugging out of my head and the more logical realization of “Holy poop, that’s my kayak submerged and porpoising beneath me!”

I slammed the throttle back, coasted to a standstill, and assessed the situation. If I untied the now water-infused kayak from the boat’s cleat, it might sink to the bottom because not only was the cockpit upside down and filled with water, but it appeared that water had been blown through the seals and into both storage compartments too. And even if it didn’t sink, the engineer in me knew that there was no way I was going to be able to lift the kayak into the boat to drain the water out of it. So I put my tail between my legs and pattered back to the bay, hoping that nobody noticed that I was towing a submerged kayak! If anybody did notice, my thinking was to say that my kayak had been in terrible need of a thorough spring cleaning!

Emptying the kayak of water back at the shore was like wrestling with an uncooperative sea lion! I got the job done without witnesses and wondered if there was a registered chiropractor in Lund. The kayak proved none the worse for wear and super clean as an added bonus. It dawned on me that there were two witnesses! – the kayakers, who, as it turns out, weren’t waving to be friendly, though I’m sure they were nice people, and rather were pointing wildly in vain trying to alert me to the fact that I was drowning a kayak at high speed! Hopefully I wouldn’t be sitting in the local pub one day hearing them laugh while recounting a bizarre story about watching a guy trying to dispose of a seemingly good kayak. 🌀

Lund Kid Revisionist History

Anna Gustafson

Ingenuity

Way, way back in time, there was an abundance of fish to catch from the assortment of docks and shores of Lund. Rain or shine, perch or herring, was of no mind to us. We were participating in catch-and-release long before it was a thing and enjoyed ourselves immensely. Although we liked fishing, we were very done with fish cakes, fish loaf, baked fish, canned fish, and fried fish. It brought us great joy to huck them back into the chuck and watch as they swam far, far away from supper.

There is nothing like a still, summer day in Lund. Those perfect days lent themselves to grabbing the fishing rods and heading to the ocean. Not much could break the magic of how wonderful it was. Except my dad, Neil, coming at me with a knife and a bottle of vodka.

Let me go back a bit.

We played rough and we fished rough. Aggressively casting buzz bombs over and over into schools of herring hoping to snag one, rather than catch it in the mouth like normal fishers. Barbaric, yes, but we became almost feral when school let out in June. It was like being possessed by whatever could keep us entertained and alive until September.

As karma would have it one fateful August afternoon, I was enthusiastically snagged in the hair with a rusty, three-pronged, barbed hook attached to a hefty Sting Zeldia lure. *As one does.* The enthusiasm drained from my fishing buddy's face when he realized, and then proclaimed "It's not in your hair. **It's in your head!**" as he tugged at the line, trying to make it not true.

I think I screamed. I must have. Or everyone on the dock did because those screams bounced off the water and up the hill where my parents lived their lives 99% expecting this kind of event. Being skewered in the noggin is not the full experience without your dad bounding down the mossy bank wielding a razor-sharp fishing knife in one hand, and the nectar of Swedish gods in the other. The vodka bottle catching sunlight like something was being celebrated.

Let me go back a bit more.

In the seventies, my Finn Uncle, Ahti, was visiting from far away Baltic lands. He had a similar hook catch him in his thumb pit. Long story short, Dad gave Uncle a shot of whatever "disinfectant" came from the "medical kit" on the boat and had the other fisher on board pour a steady stream over the hook while dad surgically removed it. Once the hook was out, the wound was

wrapped in black electrician's tape as they slowly chugged back into the harbour. During the legitimate medical follow-up at the hospital in town, "Dr. Neil" was complimented for his seamless work by an actual surgeon, thus becoming dangerously empowered.

Lund folk start every trip to emergency technically being "out of the woods" so that's positive. On the heels of my dad during his descent to operate on his injured child was my fretting mother, screaming not to touch me with that knife. What a scene! No wonder I grew up to write comedy.

Dad drove. Mom comforted. I lay across the truck's bench seat, head on my mom's lap; bit of joy in my heart, nestled next to the terror, for all the attention. The doctor on call was the psychiatrist. Joy evaporated. He froze the right side of my brain, on which I blame my weakness in math, and tried unsuccessfully to pull out the barbed hook. So, obviously, Dad made his way down to the mill, collected a pair of bolt cutters and directed the shrink to push the barb through. Dad nipped it off and then the hook was smoothly removed from my temple.

I'm truly grateful for the legacy of ingenuity my family bestowed on me. Lund was where you saw it best. Still is. Lund never did get to see Uncle Ahti again though.

Anna Gustafson is a comedian, speaker, producer, writer and forever Lund Kid now living in Toronto. Connect on twitter @annakustafson & instagram @tooconvoluted



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Speaking in the Barnacular

Ted Durnin

Hump time. If Wednesday is the hump day for the week, when all the hard work gets done, then January through March is the Wednesday of the year. There are no stat holidays from New Year's to Easter (except Family Day, which is kind of a half-assed made-up holiday with no attached traditions or legends. Seriously, we'd be better off with a stat on Valentine's Day or maybe St. Patrick's Day).

This is the time to get it all done, whatever it is. But what is it? What are we trying to get done?

I guess some people are focussed on getting in the year-end, the quarter, and their own income taxes all at the same time. Fair enough. But is that what it is? Is that the actual thing we are trying to do?

Some people avoid the crappy weather and go to Mexico. They're not getting anything done, and yet that seems like a more worthy activity than doing your taxes. It's more like Saturday than Wednesday. But it's a time away from whatever you're trying to do. It, the it thing, is still there waiting for you when you get back. It's just late.

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People are busy abandoning their New Year resolutions as we speak. Solemn promises to replace chocolate with exercise are dissolving under the weight of candy wrappers, muffin bags, and doughnut boxes. But that's not it, either. That's a lifestyle choice. It's not really what you're doing, what you're here for. So what is?

I think a lot of people never think about it. Those people end up with whatever their job or circumstances present to them. They toil away at it and wonder why it seems empty and unfulfilling. It's because it's not it.

What would you do if you lived a life of leisure? If you had all the money you need, or didn't need money at all? What would you do with yourself? Whatever that is, that's probably it. Maybe you'd be trying to save the world. Maybe you'd be finding a cure for drowsiness. Maybe you'd be sculpting or musicing. Maybe you'd just sit there and call it meditation. And maybe if you sat there long enough, it would be meditation.

Anyway, this is the time of year when all the real work seems to get done. Take a minute and figure out what work is worth your while. Do some of that before March, maybe a little each day. Don't quit your day job. You still need food on the table. But identify it and do some of it while you're at it and I guarantee you'll be tired. 🍌



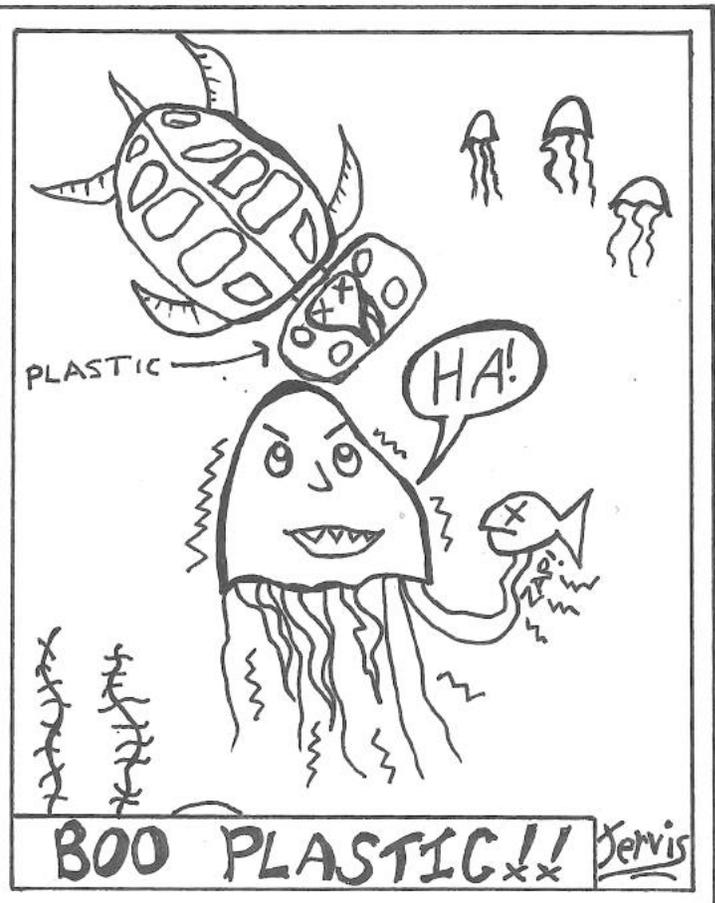
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Exploring Single Malt Whisky

Gregory Cran and Adam Drummond



Lately, there has been a lot of talk about whisky, especially among the millennials. The recent demand for Scotch whisky has been so significant that Scotland has had to import barley from England, other parts of Europe, and Canada to keep up with the demand. This means that more Scotch whisky is consumed around the world than Canadian, American, and Irish whiskies combined.

To clarify what we're talking about, single malt Scotch is made from 100% malted barley and is distilled in pot stills at a single distillery in Scotland (unlike blended Scotch which is a blend of grain and malt whiskies from two or more distilleries). The distillates are matured for a minimum of three years in wooden casks, typically made of American or European oak. To be called Scotch, it must be distilled and bottled in Scotland. Arguably, the legacy of a good single malt Scotch is its adherence to a long-established distilling tradition that dates as far back as the 1400s.

There have been numerous changes, however, since the days when distilleries grew their own barley. New technology has created efficiencies for meeting a growing demand.

In search of new markets, some Scottish whisky distilleries are pushing back on several long-standing practices: stating the age of the whisky on the bottle, adding caramel colouring to ensure consistency of colour, and chill-filtering to ensure it does not turn cloudy when ice is added. Instead, they are introducing non-age statements, as if hiding their youthfulness, eliminating the colouring, and introducing non-chill filtering to ensure the authenticity of their product line.

Distilleries are also experimenting with different refill casks that range from beer, rum, and champagne to ice wine. Independent bottlers are also seeding further experimentation in defining their place in the global market.

Experimentation and innovation may be important strategic tools, but innovation, in and of itself, can be a "blind alley" as it lacks a connection to the whisky consumer.

We contend that the "true" essence of a single malt Scotch is in the expression of what the whisky offers when it pairs with the experience of the whisky explorer in the moment of reckoning. For those who have discovered this, we raise a dram. bluecollarandscholar.com

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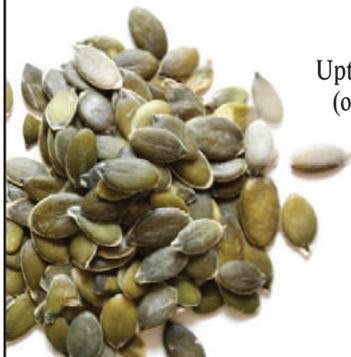
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Crossword #53 by C.Cressy

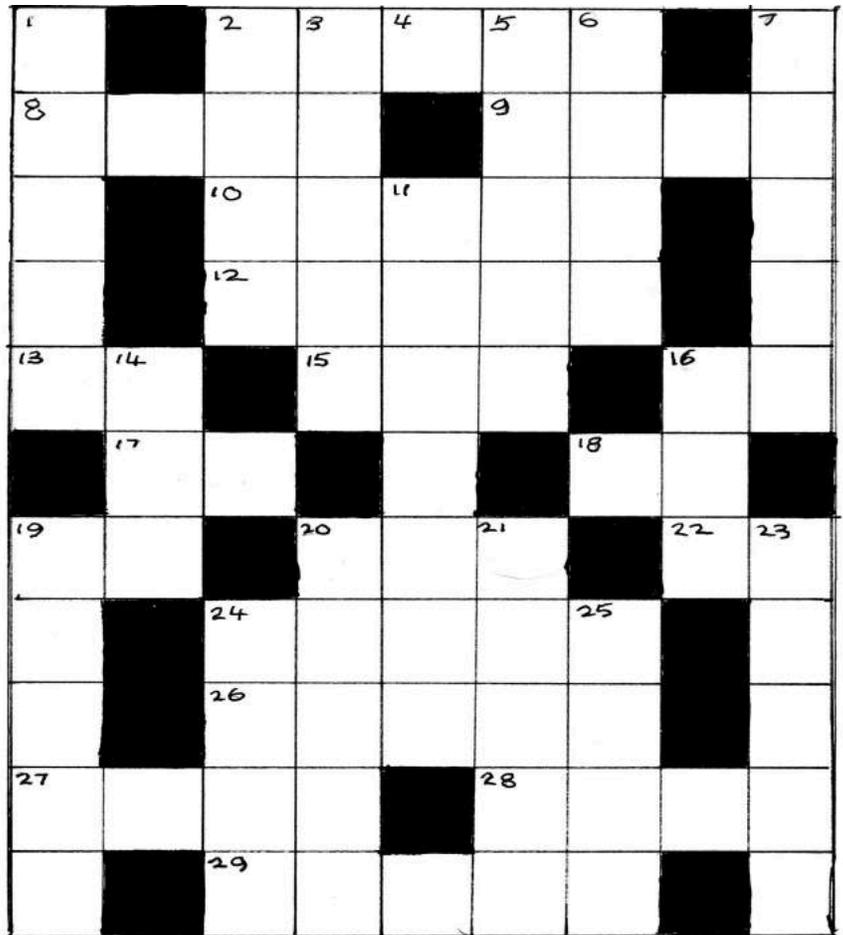
Edited by S. Dunlop

ACROSS:

- 2 original
- 8 some prefer it to snow
- 9 hard wood
- 10 anti-toxin
- 12 ___ up (fabricate an excuse)
- 13 Christian army (abbr.)
- 15 spoonful (abbr.)
- 16 senior (abbr.)
- 17 that is (abbr., Latin)
- 18 ratio (abbr.)
- 19 elder (abbr.)
- 20 thus (Latin)
- 22 notary public (abbr.)
- 24 utter confusion
- 26 first head of the USSR
- 27 leg joint
- 28 informal night
- 29 icy covering

DOWN:

- 1 boorish
- 2 duke (slang, usually plural)
- 3 torpid
- 5 dangerous obstacle for 7D
- 6 casual worker (abbr.)
- 7 loves snow
- 11 Muscovite (archaic)
- 14 melody
- 16 vice
- 19 tend the fire
- 20 very thin or steep
- 21 invents a phrase
- 23 jurors
- 24 musical symbol
- 25 tizzy



Answer Key for #52 Crossword



Barbara Elise Brueggeman Chapman 1928 – 2019

Barbara died peacefully surrounded by her family on 10 November 2019. She was 91 years old. She was known as Baba to her thirteen grandchildren and seven great-grandchildren, all of whom she loved and who loved her dearly.

Born in Shaker Heights, Ohio to Arthur and Berenice, she was the youngest of six; siblings Berenice, Arthur, Anne, John, and David all predeceased her. She moved with her family to Winnetka, Illinois in her teens.

Barbara met and fell in love with Warren who was a medical student at the University of Chicago. They married in 1950 and immediately started a family. While raising five active children and moving to Bellingham, Washington, Barbara went back to school and got degrees in English and History. They moved to the Seattle area in 1966 where she returned to University and earned a master's degree in Sociology and taught public school for a few years.

Barbara loved art and textile crafts of all kinds. In Chicago, she became an accomplished weaver, studying with Elsa Regensteiner and becoming a member of the Marley Weavers. She taught weaving in Bellingham and Vancouver and cherished her friends there. Barbara also taught weaving in Seattle and led numerous tours of textile artists to Greece to explore historic weaving traditions. She leaves us many beautiful and striking works of art and apparel.



Photo courtesy Frank Chapman

In 1970, Barbara and Warren found Lund, where they designed and built a beautiful, magical home on the south bay. They vacationed and finally retired there in 1990. Barbara loved gardening, continued her weaving, and hosted all their grandchildren for Camp Cladoch every summer. Barbara was active in the Lund community and treasured, with Warren, their many wonderful friendships in the Lund and Powell River communities.

Barbara is survived by her husband of 69 years, Warren, her son Frank (Amy), her son Arthur, her daughter Kit (Don), and son Phillip (Barbara). Her daughter Marney passed in 2007.

A memorial and celebration of Barbara's life is being planned at the Northside Community Recreation Centre (the old Lund school) for May 2020. Please email Frank Chapman for details at chapmanf@ix.netcom.com.

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Community Page

Birth Announcements

We have heard of no births since our last issue; please let us know if we missed one.

Sympathy and Condolences

Barbara Chapman - 1928 – 2019

See previous page.

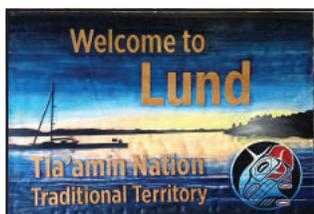
Thinking of You

Healing thoughts and much love to all Lundies, wherever you are, who are struggling with wellness.

The Goodwill Committee exists to help create and bolster a sense of community in Lund with the knowledge that people here care about each other. Please let a Lund Community Society member know if you're interested in helping with this and give them any news you think should be acknowledged.

Northside Community Recreation Area Resident List

The Lund Community Society is creating a group email for all Area A residents who wish to learn about information and events in our community. It will be called the Northside Community Recreation Area resident list. If you wish to be one of those bcc'd on this list, send your contact info to Mary Ann Lammersen at malammersen@gmail.com or (604) 483-2419.

	<p>Websites, logos, business cards, ads, brochures, signs, packaging & layout</p>
	
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