

Lund BARNACLE

Spring 2022

\$2.00

The Voice of Lund

Proceeds to the Lund Community Society



Photo courtesy Ria Curtis

Family, Humanity

Ria Curtis

At the age of eight, my grandfather walked out of Ukraine with his family. Hoping to escape poverty and heavy taxes and encouraged by Canada to homestead the prairies, they made their way across Europe and eventually to the Canadian prairie in 1892 where they spent their first winter in Canada in a sod house. Along the way, my grandfather learned to speak German, English, and Russian, which came in handy when he grew up and started a small trading post in Alberta, providing supplies and postal service to all the other immigrants who had come to settle in the area.

My thoughts have turned to this family history as I sit in the evenings, drawing Ukrainian easter eggs with wax and dyes and the scent of beeswax candles. It calms me as I listen to the news and watch the Ukrainian people flee their homes to seek shelter in neighbouring countries. This country that has so recently reclaimed their independence from the big red machine that was the USSR, is being torn apart. It is families fracturing as women, children, and the elderly run for their lives and the men and boys stay to fight. It is an old story.

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<https://www.lundcommunity.com/barnacle>

Editorial Policy

Our policy is to print what people submit in their own words as much as possible, respecting the paper's purpose to provide a forum for expression of ideas on topics of interest to Lund community members. We reserve the right to edit for clarity, length, and sensitivity. Articles submitted will be included based on available space and compatibility. Opinions expressed or implied in articles and stories are those of the authors and not the editors of the *Barnacle* or Board members of the Lund Community Society.

Signed submissions are welcome in the form of articles, stories, news items, letters to the editor, graphics, and photographs. Send to: barnacle.articles@gmail.com

All proceeds from sales and advertising go to the Lund Community Society, a non-profit organization providing community services and programs to Lund and the region. The editorial staff of the *Barnacle* are volunteers, as are the Board of the Lund Community Society. No editor, contributor, or member of the Board receives a salary or wages.

Editorial

Hello and welcome to the spring 2022 issue of the *Lund Barnacle*! And happy spring to us all!

As usual, there are a lot of wonderful things in these 44 pages. Yes, that's 44 pages. Our cover story - *Humanity, Family* - adds another voice to the support for Ukraine in these troubled times. There is at least one new feature (*Who's in that Helmet?*) and a couple regulars which aren't in this issue (*How Did You End Up in Lund?* and Court Cressy's *Crossword*). Changes happen.

Lund is coming to life again, thank our lucky stars, and the spring issue reflects that. If the pandemic doesn't flare up here again, our businesses can stay open, we can have gatherings and festivals, and soon, I hope, community potlucks. Fingers are crossed. In the meantime, it's a wonderful thing to be able to make hay while the sun shines. Sometimes it shines anyway.

I hope you enjoy the spring weather and reading this issue.

-- Sandy

In respect and gratitude, we recognize that this publication was created on the traditional homelands of the Tla'amin Nation and Coast Salish People.

We sincerely appreciate the support of our advertisers and encourage readers to support our local businesses.

****We invoice annually for advertising, unless alternate arrangements are made. Invoices will be sent out after the fall issue 2022.****

Advertising Rates

Business Card Size: \$10.00

Double Business Card & 1/6 Page Size : \$20.00

Quarter Page: \$30.00

Send to: barnacleadvertising@twincomm.ca

Next edition is July 2022

Deadline for submissions is July 10, 2022; but reservations for article space are needed in advance and ads need to be submitted by the fifth of the month.



Corey Matsumoto corey@coremediagroup.ca
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Continued from page 1...

It is also one that touches our little community here in Lund. One of our Lundies is married to a Ukrainian woman and she was there with her mother when this war started. She tried to get her mother to go, but she couldn't bear to leave the place where she had spent her entire life. Eventually they were forced to flee the fighting and made their way to Poland where they are now, waiting to come to Canada and wading through all the red tape that comes with that. I wonder if they will see Ukraine again. I wonder if there will be an independent Ukraine again.

In the late 70's before the iron curtain fell, I travelled with my family to Ukraine. We drove across the country, hoping to get close to the village my grandfather left. We stopped in a village and my father spoke to an old woman working in her garden, speaking the Ukrainian language he learned as a child. The woman cried because she said she hadn't heard Ukrainian spoken like that since she was a child.

Ukrainians had been pushed aside, a conquered people, forced to learn Russian in school and use it as the language of business. My father only spoke Ukrainian until the age of five, when he went to school and was beaten if caught speaking his native tongue. Still, the people hung on to their language and culture and eventually rebuilt their nation. My father changed his Ukrainian surname to a more English sounding name when he went to university because of the prejudice at the time, so he could get a good job. Eventually he moved to BC where he had his family.

I am second generation Ukrainian Canadian on my father's side. We didn't grow up speaking the language, but we learned the domestic arts of cross stitch, pysanky (easter egg decorating), music, and cooking Ukrainian foods like holuptze (cabbage rolls), nlesniki (crepes rolled up with cottage cheese and baked in cream), and, of course, perogies. Friday afternoon for my family was for pinching perogies.

We also sang Ukrainian songs with my sister's accompaniment on her balalaika. I eventually joined the Vancouver Bandura Ensemble, playing the bandura we picked up in Kyiv. My Ukrainian ancestors left Ukraine over 120 years ago and yet I still hold the culture and traditions. People have been farming in Ukraine since the Trypillians as far back as 5000 BC. Those who say Ukraine is not a real country need only look to the people around the world who carry Ukraine in their hearts and souls. *Slava Ukraini!!*

Trypillians as far back as 5000 BC. Those who say Ukraine is not a real country need only look to the people around the world who carry Ukraine in their hearts and souls. *Slava Ukraini!!*

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Lund Community Society Update

Ronnie Uhlmann

We are now conducting our meetings inside (with masks and social distancing) and very pleased to be able to start making plans. For instance, our beloved Christmas Craft Fair is on again and a date set, with fingers crossed, for November 19. Get the cookie and cake tins ready!

New board member, Ermel DelliCarpini, loves food and brings treats to our meetings, and has great ideas for food happenings in Lund, as does Johnny Hewson, who has stepped up to be co-chair with me. It is great to have him on board. He even sends the meeting notes to our qathet Regional District (qRD) representative during the meeting!

The qRD and our Charlie Latimer have been working together towards getting an inspection of the old fire hall and seeing if we can convert it to a community bike shop, a halfpipe skate ramp, and a clothing exchange.

The qRD approved a request by Puddle Jumpers to fix the drainage situation next to the play area and to take away the concrete that is there. They also removed the sharp lining on the ramp and put down a surface that is better for the kids.

Thanks to Sandy and crew, the *Barnacle* is going great, as is Puddle Jumpers Preschool and the Lund Community Daycare, thanks to Alisha and the wonderful parents.

No word on our grant to pay for our addition to the Centre. Hopefully we will hear in the summer.

As always, we welcome community members who want to come to a meeting and share new ideas and projects. Meetings are always on the third Tuesday of the month, and the next meeting is May 19. You can also contact us with your thoughts and ideas by sending an email to lundcommunity@gmail.com

Our community is growing so let's grow it together! Many wishes for good health and peace for our community, town, and the world. With overflowing gratitude that we get to live here... the Lund Community Society. ☺

Desolation Sound Cruises

Begin on May 15th for the Lund Seafood Festival!

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Lift Literacy programs provide support for adults in the areas of reading, writing and numeracy and are interested in any and all literacy activities.

All of our services and supports are provided free of charge.

Tech Tips

Basic help with smartphones, tablets and computers.

Lund Community Centre 1:30 - 3:30 May 5th & June 2nd with Myfanwy

Public Library: Tuesdays from 12:30 - 2:30
Cranberry Senior Centre: third Thursday of the month from 12:30 - 2:30.

We are always looking for volunteer tutors, especially for digital literacy.

If you would like to share your skills, call Myfanwy or Megan at 604-485-4796 ext 7 or email myfanwy@liftcommunityservices.org

An Old Firehall with a New Purpose!

Charlie Latimer

Ever since we knew Lund was getting a new firehall, the Lund Community Society (LCS) has been interested in what would happen with the old “garage” on Larson Road that has housed our local fire trucks for decades. The LCS currently leases the Northside Community Recreational Centre from the qathet Regional District (qRD) to run its programming, but space remains a constraint. We have more ideas and projects than our walls can contain...

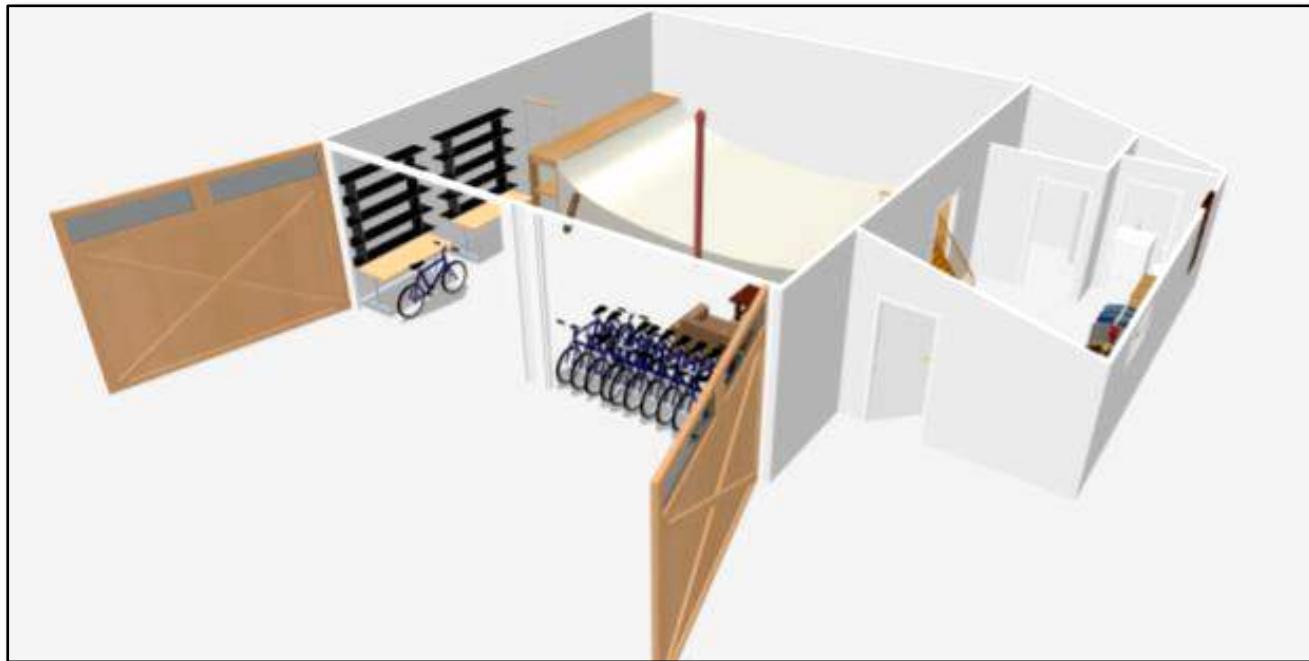
So, when the qRD board voted to transfer the old firehall to the Northside Recreational Service (an arm of the qRD), we were ready! After asking around to community members about creative ideas for uses of the empty building, we narrowed it down to three that could potentially work together to bring life to this space. In a proposal that was presented to the qRD board, we suggested that the space be used for an indoor skate ramp, community bike shop, and a clothing exchange.

Bike Lund and the kids clothing exchange are on-going projects that the LCS is already running but for which we do not have adequate space. Meanwhile, parents in our community have expressed a huge interest in a covered skate ramp where kids can play and socialize throughout the year. After getting our tape measures out, we started figuring out how these differing spaces could all live together... The result was a proposal which was positively received by the qRD board who voted to:

“...direct staff to conduct a building assessment of the old Lund fire hall located at 9642 Larson Road to inform on the safety and integrity of the structure; and staff be directed to engage with the Northside community on the future of the old Lund Fire Hall and return to the Board with recommendations.”

According to the staff at the qRD, an assessment should be conducted by the end of April and if the building is deemed “good enough”, the LCS will be investing in it and inviting the community to help make this space a true resource for Lund and all Northside residents.

To read the full proposal, visit our website at www.lundcommunity.com



Sketch by Charlie Latimer



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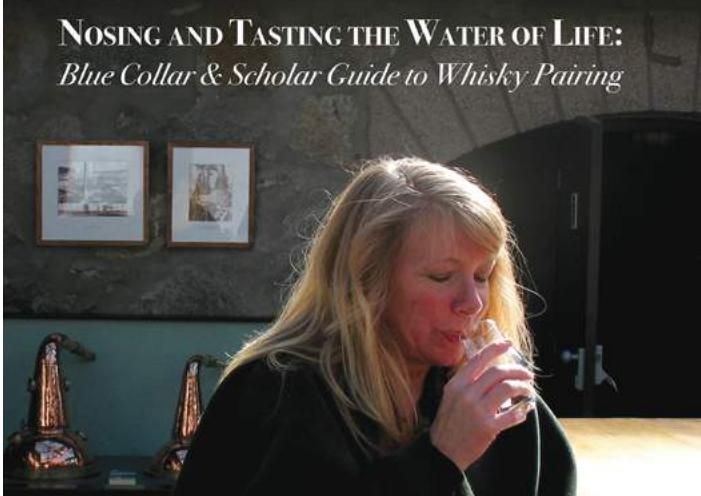


Spring Hours:
Noon - 8 pm everyday except Wednesdays
or by appointment

Reservations or pick-up orders: 604-483-2201
Follow us on Facebook for special events

Visit our website to purchase gift cards!
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What's Happening in Lund?

After a quiet winter, there's lots more happening in Lund this spring. The Lund Resort Hotel (now called **The Lund Resort at Klah ah men**) will remain closed, but the **Restaurant and the Pub** plan to open in May before the long weekend, May 20 - 23. They are hoping to be open daily from 11:00 am - 11:00 pm but may have to work up to those hours. The **Stockpile Market and Deli** are open daily from 7:00 am to 7:00 pm. **The Boardwalk Restaurant** is already open and will continue to be (hopefully) from noon - 8:00 pm on every day except Wednesday. More hours will be added as staff come in. **Nancy's Bakery** is open daily from 7:00 am to 3:00 pm.

Check all the business ads in this issue for up-to-date info as spring continues into summer. For those of you reading the **Barnacle** online, we have created hyperlink connections to their websites to make your browsing easier.

The **Lund Seafood Festival** will return to the south shores of Lund Harbour on May 14 and 15, featuring artisan and craft booths, food vendors, music, Sunday pancake breakfast served up by the Northside Volunteer Fire Department, and more. Go to lundbc.ca for more information.

At Tidal Art Centre

April:

- Ceramic artist in residence, Clare Wilkening, Exhibition April 14 - 28: *Cup and Ocean*.

May:

- Artist in residence, Robert Scott McMillan, Exhibition May 1 - 15: *Homeless Artist Contract on Whirl Love*.
- Artist in residence, Peggy Collins, Exhibition May 20 -29: *100 Shoes for Mental Health*.

Continuing weekend wheel throwing classes and life drawing on Tuesdays. Dates TBA.

We have some prime spaces for the Tidal Artist Residency this summer and fall. Contact us to apply at <https://www.tidalartcentre.com/tidal-residency>

We are in the concept phase for an exciting "Water" themed show this summer. If you'd like to participate, let us know.

At Northside Community Recreation Centre (NCRC)

Playgroup - Mondays 10:00 am - noon.

A great way to get out, meet other parents, and let your babies and toddlers play together. We mostly meet inside and there is extra hand and toy washing, and sanitation in line with current COVID guidelines. We ask \$1.00 donation as drop-in fee to cover costs and supplies. Call Ria at (604) 414-0383 or email Esther at terpomter@hotmail.fr

Puddle Jumpers Preschool - Tuesdays and Thursdays 9:00 am - 1:00 pm for kids aged 2.5 - 5.

There is also a new licensed daycare after Preschool on Tuesdays and Thursdays 1:15 pm - 5:00 pm and on Wednesdays from 9:00 am - 5:00 pm. See page 21 for more information.

Tech Tips - Basic help with smart phones, tablets, and computers is available in Lund at the Community Centre on the first Thursday of the month. Myfanwy Cawley will be available from 1:30 pm to 3:30 pm on May 5 and June 2.

Tai Chi - Saturdays 9:30 am - 11:00 am for the experienced and 11:00 am - 12:00 noon for those less experienced. Call (604) 414-5003 for more information.

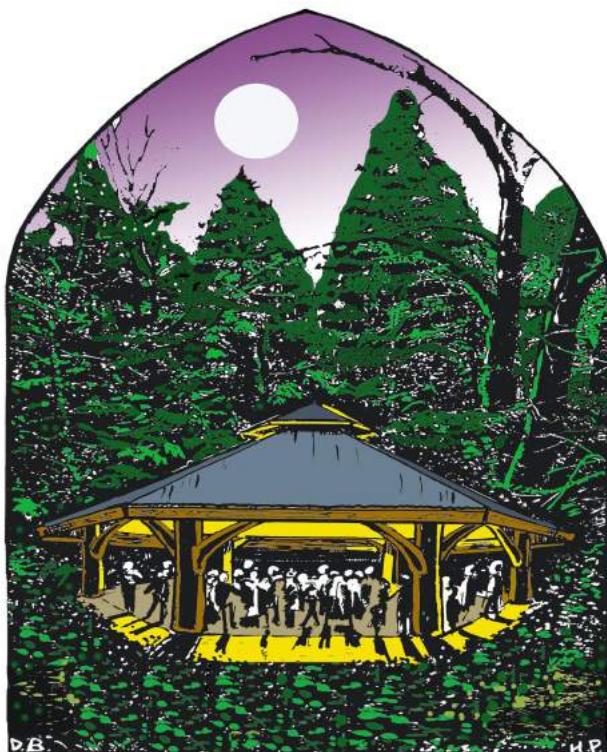
Lund Community Society General Meetings - Next meeting is May 17 at 7:00 pm.

Meetings are on the third Tuesday of every month except July, August, and December. Everyone is welcome. Any COVID protocols necessary at the time will be in place

See *Lund Community Society Update* on page 4 for more details 

* * * * *

If you have an event that you would like to announce, please contact the Barnacle at barnacle.articles@gmail.com.



To book events at the Northside Community Recreation Centre, contact Niki at (604) 483-2353. For events at the Klah Ah Men Lund Gazebo Regional Park, call qRD Operational Services Clerk Caroline Visser at (604) 487-1380.

Lund Recycling Depot (9642 Larson Road)

Regular hours (September - June)

Wednesday - Saturday

10:00 am - 4:30 pm

Summer hours (Canada Day - Labour Day)

Thursday - Monday

9:00 am - 5:00 pm

Closed Statutory Holidays

Thank you for recycling!



Spring Lund Bus Schedule (Route 14) – Fare: \$2.25†

Monday, Tuesday and Friday

Leave Lund: (Mile 0 Marker)

9:41 am 4:10 pm

Leave Town Centre Mall (North End)

8:50 am 3:25 pm

† Children 12 and under ride free on BC Transit, however children five and under must travel with an attendant over 12 years old.

Other information:

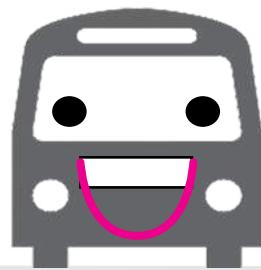
Additional summer runs to be announced - for updates check BC Transit website.

Connection through to Saltery Bay Terminal available Monday, Tuesday and Friday.*

Did you know that pick up and drop off service is available upon request?*

Download current Rider's Guide for details: <https://bctransit.com/powell-river/schedules-and-maps/riders-guide/>

* Some conditions apply



You're Invited...

Kristi McCrae

Hi Lundies and friends from the wider community! My husband, Maxime Paquette, and I live at 2765 Nazar Road, the former home of Lawrence Nazar. Since Lawrence passed away May 2, 2015, the dream of creating a farm-based Cooperative on this beautiful piece of land has been incubating.

We are very excited to say that we are finally feeling ready to birth this vision in a more public way - to start seeking potential resident members and creating opportunities for community connection, skill sharing, and celebration.

Our first step, to which you are all invited, is to create what we hope to be an annual event: A community May Day celebration in memory of Lawrence and in honor of the seasonal rebirth of nature. This will take place:

**May Day
Sunday May 1
1:00 – 9:00 p.m.
La Belle Verte Farm Coop
2765 Nazar Road**

Activities will include:

- May pole dance complete with local fiddlers
- Dedicated tree planting and Lasagna Garden demo
- Coop information sharing
- Cooperative Improv Art Installation
- Land exploring scavenger hunt
- Flower planting for kids
- General merriment and socializing
- Community potluck
- Live music with the Beach Crashers
- and more ...



Photo courtesy Max Paquette

Entrance by donation or purchase of \$10 community membership

Come ready to spring playfully into the new season. If you would like to volunteer for the event or if you have an activity you would like to contribute, call Max and Kristi at (604) 414-0628 or text (604) 344-0100. Everyone - please come and join the fun. Blessings. ☺

Rogue Builders Make New Benches for Our Gazebo

Gary Gazebo

If you follow Lund gossip, then you will have heard about the saga of the Gazebo benches. If not, the story goes like this:

A few years ago, the qathet Regional District, as the new owners of the community-built Gazebo Park, decided that two large benches, built from solid trees, were no longer suitable and needed to be disposed of. Now, the actual state of the benches at the time and their ability to offer suitable seating to Gazebo-goers is still debated to this day... but the regional district had made their decision and away the locally built benches went! In their place, two new cement pads were built and eventually, one very generic looking park bench appeared.

To be fair, the new bench didn't do anything wrong, it was, after all, designed and built to be offensive to no one. That also made it, for a lack of a better word: dull. Lund doesn't seem to do "dull" all that well, and the bench met an untimely demise... a rejection in the harshest of ways.

With our old benches gone, a chalk outline on a cement pad being all that was left of the "new" bench, and a regional district left a little gun-shy about installing anything else, the Gazebo was left a little bench poor. But this changed recently. On a beautiful spring Saturday morning, Lundies took it upon themselves to make it right. They gathered and turned two fallen cedars into stunning new benches. In only a few hours, they produced two monuments to the act of sitting. Or at least perfectly good places to flump.

All that's left to do, is make sure we do the Gazebo spirit justice and host all kinds of parties there this coming summer season! And thanks to the rogue builders and provision providers. You know who you are. ☺

Photos courtesy Charlie Latimer



Innocent park bench, whose only crime was to be incredibly vapid



Finishing touches being put on very Lundish benches

qathet Regional District Update

Patrick Brabazon, Director, Area A
qathet Regional Board Chairman



**qathet
REGIONAL DISTRICT**

Patrick Brabazon
Director, Area "A"
pbrabazon@qathet.ca

**Questions?
Comments?
Give me a call!**

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www.powellriverrd.bc.ca

Once upon a time – in a previous century – when you were faced with an emergency, you would have grabbed the phone book and looked for the numbers for fire, police, and ambulance. Of course, you were also calling on a land line. Then the powers that be imported the British idea of a simple, easy to remember number that put you in touch with a central operator. With that the British 9-9-9 became our 9-1-1 and now the operator had an address for the source of the call and could dispatch assistance even if no one at the other end could speak.

That was then. The arrival of the mobile phone really upset things. Now when faced with an emergency, you can call for help from home, roadside, back country, or anywhere within cell coverage. However, since your cell phone is not attached to your location, you have to tell the operator where you are. Can't talk? Too scared? Dropped the phone? That's a problem.

NG 9-1-1 to the rescue. That's Next Generation 9-1-1, and part of it is here now. When completed next year, a call to 9-1-1 should reveal your location to the operator. Can't speak? Send a quiet text message and add a photo if you want. Can't send a text? Don't fret. Help will come if you just push 9-1-1.

However, some things won't have changed: don't put 9-1-1 on speed dial, don't call about the neighbour's dog, and don't call to complain about the service at the restaurant. Oh yes, someone has done each of those and far, far worse. ☺



**qathet
REGIONAL DISTRICT**

qathet Regional District holds regularly scheduled Board and Standing Committee meetings at #103 – 4675 Marine Ave, Powell River, and webcasts of meetings are available for public viewing online.

For a schedule of public meetings, scan the QR code or go to: <https://www.qathet.ca/about/meetings/schedule-locations/>

Members of the public are welcome to attend meetings, virtually or in person.

GET INVOLVED IN YOUR LOCAL GOVERNMENT



**qathet
REGIONAL DISTRICT**

**qathet Regional Emergency Preparedness
Community Notification System**

**GET READY
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Scan this code to sign up for emergency alerts or go to qathet.ca

Don't wait until it's too late

For more information please contact emergency@qathet.ca

Northside Volunteer Fire Department News

Ann Snow

Have you noticed the stack of sea cans beside the new Lund firehall? Wonder what it is? What it's for?

Your neighbourhood volunteer firefighters will be using this structure to practice fighting live fires, working through smoky buildings, ladder-rescuing trapped people, and learning to command a fire scene.

To date, the Northside firefighters have been practicing "pretend real" at the Craig Park Fire Hall. After members have taken the proper safety and instructional courses, the new **Live Fire Training Centre** will host real flames, real smoke, and real heat.

Fire department members who have completed their Full-Service Accreditation are already using it for ladder practices, hose line management, and water supply. There are rooms and stairs inside and outside the structure which simulate a two-storey house, a three-storey house, or a one-storey house with a basement.

Tackling a fire in a multi-storey structure can be tricky. Firefighters need to wear self-contained breathing apparatus (SCBA) and full fire gear while pulling very heavy charged hose lines around corners, up stairs, and into/out of rooms. It takes many hands and much much practice.

The **Live Fire Training Centre** will be available for the other fire departments in the area to rent for their own Live Fire practices and certification. Funds paid by the other departments will cover the costs of maintaining and operating the structure and for use of the Lund Fire Hall for training, breaks, and debriefs.

So how much did the **Live Fire Training Centre** cost? Well, the Northside Fire Association (NFA) raised and donated \$45,000 and the qathet Regional District contributed \$15,000. NFA volunteers raised the \$45,000 by sorting refundable bottles and cans, holding pancake breakfasts and Chowder Challenges, doing a membership drive, and gratefully accepting donations.

Want to get involved? Check out NorthsideFire.ca for more information about the Association and contact one of the Board Members for more info. Many hands make light work! ☺



Photo courtesy Ann Snow

Who's in that Helmet?

This is a new column for the *Barnacle*: an interview with each of the volunteers as a way of introducing them to our community.

About me.

Hi, I'm **Lindsay Doubt** and I joined Northside Volunteer Fire Department (NVFD) in 2019.

Day jobs: mother of two kids - Izzy (8 years) and Rosie (6 years), owner-operator of Last Stop Ice Cream, on-call Wardrobe Assistant for television commercial shoots, dabbler in many trades but master of none.

Certifications: NFPA 1001, Full-Service Firefighter, EMA-FR (Medical First Responder)

How long have you lived in qathet's Northside Fire Protection Area?

My partner and I moved to qathet in 2013, and we bought our house in Northside's Protection District five years ago.

Why did you join the Northside Fire Department?

Four years ago, we took our kids to the Halloween fireworks/bonfire/BBQ sponsored by the NVFD Association. At this annual event, the firefighters give out candy and let kids spray water from the engine, and the Association does hot dogs and fireworks, and all the kids run wild in Craig Park. Deputy Chief Norm Penner was grilling the hotdogs while he grilled my husband, Tyler, about joining the Department. Tyler was concerned I wouldn't support him devoting time to the NVFD on top of his full-time job, and he declined. Norm said "alright, we'll take your wife instead".

I was surprised by that but Norm's casual suggestion that I would do just as well worked on me, and I convinced Tyler to come with me to the next practice. I was ready to take on a new challenge after four years as a stay-at-home mom, and why not see what NVFD was about? We now both volunteer while maintaining our work and family commitments.

What surprised you most about joining?

How much I loved it. I didn't know what to expect when I showed up or what I really had to offer. It turned out to be one of the best decisions I ever made and my time and commitment to the Department has paid out in dividends I could never have expected. I

made connections in the community and explored opportunities I would never have previously considered. Joining NVFD gave me a true sense of belonging to my community.

What one thing have you learned stands out most in your mind?

I really can't say just one thing. I learn something - often many things - at every single practice and every single call I go to. Meeting challenges was not something I sought out before and it turns out it's addictive. Learning to see myself as capable and useful has been my most valuable takeaway.

What benefits you personally by being a member of the fire department?

Being a member of NVFD is such a privilege. Every single firefighter and medical first responder in the



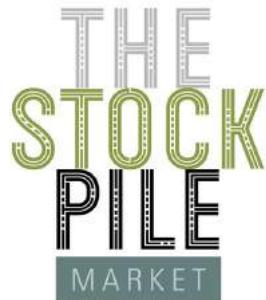
Photo courtesy Ann Snow

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department considers it an honour to show up for members of our community when our help is needed. I get to work with people who consistently surprise and inspire me and I share in the joy of their achievements. The flipside is that you also share some sorrows and disappointments, but I think that strengthens the bonds in our Department. It's like having a second family; you won't always see eye-to-eye but you have each other's backs, both on and off the job.

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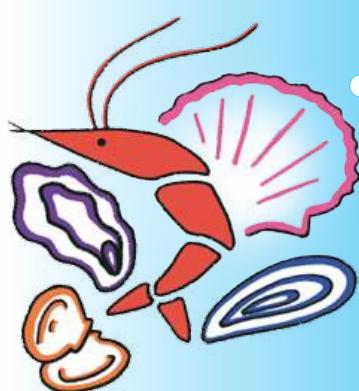
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The Lund Resort at KLAH AH MEN

“a place of refuge”

Scott Roberts
Tla’amin Management Services

Tla’amin Management Service is investing in a new leadership team, with the intention of creating a long-term vision for revitalizing the Lund Hotel, currently branded as The Lund Resort at KLAH AH MEN. A gathering place for over 4,000 years, the area around the Lund Resort resonates with welcome and as a place of refuge and respite, bounty and beauty, community and connection. The first fully owned and operated indigenous resort on the entire Sunshine Coast, it has a strong vision that aligns easily with a tradition of hospitality. However, this may take a few years to realize.

The reality is the Lund Resort has not been fully operational for two years due to the pandemic and its effects, and the guest rooms will likely not open in 2022. Post-COVID staffing challenges may also result in the pub and dining room being delayed in opening, although we are currently working on a plan to open in time for the May long weekend, May 20-23, possibly in time for the Seafood Festival May 14/15, assuming we can hire the necessary kitchen and service staff.

The goal this summer is to offer basic food and beverage services to the local community and visitors, ideally 11:00 am to 11:00 pm seven days a week, and in hiring suitable staff, gradually raising the levels of service, and expanding the menu to offer local specials from the dining room, pub, and patios.

You’ll have noticed upgrades to the site. The old Lund Hall site has been cleaned up and the parking area given a facelift with new gravel, rocks, and soon-to-be-working parking meters. The road slope down to the store will be resurfaced soon, the Hotel building itself has been pressure washed, and the fuel dock is being replaced. New public washrooms, paid showers, and laundromat, accessed from the outside of the Stockpile Market, will be opening shortly. The hours of operation will align with the opening hours of the Market (currently 7:00 am to 7:00 pm, seven days a week). Paid parking will return in May, with weekly and monthly rates available for locals. Please read the posted signs. Parking at the store will remain free for thirty minutes for your convenience.

Management is listening to locals for your feedback. Patrons of the pub, dining room, and patios will receive a parking credit on their bill as we welcome you back to your pub at the end of the road and accommodate local needs.

As you can imagine, re-opening the pub is no simple task and we do need your help, both in joining us for a drink, a meal, and hopefully some live music, as well as helping us recruit qualified staff. We hope to employ as many local folks as we can, so if you or family members are interested, please be in touch. We’ll be hiring kitchen and service staff right away.

We’d love to hear from you, the Lund community, as to what we can do to serve you better. Please let the team know by contacting us at Scott.Roberts@tmslp.ca

Let's Talk Trash

Let's Talk Trash

WHAT IS WASTE?

Ingala Burns, of the
Let's Talk Trash team

True Zero Waste

Every few years we seem to adopt a new term for living in balance with the ecosystem. Being sustainable, going green, minimizing, and aiming for zero waste are familiar phrases for most of us. Industry is well aware of their power - leveraging this language to sell almost anything to those unaware of the green-washing.

Zero Waste is not exempt from this dilution - so much so that the Zero Waste International Association (ZWIA) has chosen to distinguish itself by clarifying what it does not mean. Specifically, true Zero Waste removes the possibility of sending off our problematic waste materials in a puff of smoke called waste-to-energy (WTE) - also known as incineration.

While a number of European nations almost exclusively manage their trash by burning it - some even importing garbage from other nations to feed their hungry incinerators - it's interesting to note that only about 4% of waste in Canada is incinerated. Some of this could be because of Canada's considerable landmass which allows for less difficulties finding room for landfills. That said, the regulations and paperwork involved in opening a new landfill are considerable.

What's all the fuss about incineration? One of the main arguments against it is that it gets a population on the hook to feed the beast. Incinerators are exceptionally costly to build, leaving taxpayers with a hefty bill for decades. After all, without garbage the fires of incineration fizzle out.

Incineration removes the motivation to reduce waste - specifically waste that generates hot fires, like anything made from petroleum - namely plastic. We all know that burning plastic in our backyard makes for tall flames and unhappy neighbours. Even in a state-of-the-art high heat incinerator, air scrubbers are not sufficient to filter out toxic nanoparticles. Beyond this, there is incinerator ash to be dealt with post-burn - a condensed pile of heavy metals and other materials that are sure to be a headache to dispose of as they are now hazardous waste.

There are those who argue for incineration based on the creation of so called 'green' energy. Some incinerators generate impressive amounts of heat that is then transformed into electricity to power nearby homes. While attractive, this neglects the primary way to achieve true Zero Waste - rethinking and redesigning so that we create less waste to begin with. When the tub is overflowing, we don't scoop out the water, we turn off the tap.

Incineration is an abdication of responsibility. Why would we adopt less consumptive and plastic-free lifestyles if we can simply burn away the evidence and feel good about it? The planet is heaving under the strain of humanity's appetite for more. The linear extract-use-dispose mentality needs to become a relic of the past. True sustainability looks more like a circle that emulates living systems. Nothing is ever wasted in the natural world as that would be inefficient and counter productive to thriving.

Beyond rethinking and reducing, true Zero Waste involves reuse. Single-use plastics and even compostable plastics are starting to get the stink eye in most places, but they are less hated on when they can become feedstock for so called green energy through incineration. It is short-sighted to replace the problem of trash with the problem of incineration. By removing the salvation of incineration, humanity is invited to get innovative and ensure nothing is created that can't be reused, recycled, or composted. Even when burning is the final option, it inspires a get out of jail free card that the planet simply doesn't have time to entertain.

If you are interested in learning more about true Zero Waste, you can sign up for the Zero Waste Fundamentals

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Certificate at ZeroWasteCanada.ca. First Credit Union is sponsoring the first 100 people in the community who sign up. Use the code FCU22 before April 30 or invest in this course anytime after for yourself.

Let's Talk Trash is the qathet Regional District's waste reduction education program. Learn more at LetsTalkTrash.ca or contact the team at LetsTalkTrashTeam@gmail.com.



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From the Office of Our Member of Parliament

Drewen Young
Constituency Assistant
Powell River Community Office



Rachel Blaney
NDP MP
North Island-Powell River
604-489-2286
and in emergencies
I-800-667-8404

Some months and some years stand out for reasons good and bad; wouldn't you agree the start to 2022 has been ominous and eventful? These have been months we're not likely to forget, ever. The world has changed and the political landscape in Canada has changed. Our small seaside community is in the throes of change. People are agitated. These are tumultuous times, indeed.

It may be close to impossible to adequately describe MP Rachel Blaney's last few months, as she's worked tremendously long hours in Ottawa and in the North Island - Powell River riding. She has traversed snow-filled streets past defiant truck convoys in Ottawa and returned to sunshine, daffodils, and protests back home in her coastal riding. There have been very few hours in between to rest or reflect. The year started out with MP Rachel, as NDP party Whip, working with leader Jagmeet Singh to stir up fellow MPs and force the Liberal government to deal with the senior's GIS claw back crisis. The long hours of debate in Parliament worked and more than 180,000 Canadian seniors received word their monthly GIS cheques would be reinstated and monies owing to them would be repaid.

While on the coast, MP Rachel visited the Powell River riding visiting and talking with constituents. Then, she was on the ground in Ottawa while the so-called freedom convoy occupied the capital for over three weeks. It was a tense and frightening time for many, and the protest was barely resolved before more pressing worldwide events stole our attention: Putin and his Russian troops started to move into the Donbas region of Ukraine. The bad news from that war front continues to dominate as all MP offices across the country are now involved in helping Ukrainians who are fleeing the violence reach safety.

Throughout these upheavals, the pandemic remains and COVID continues to morph and change names with "XE" being the latest variant to watch out for. Across Canada, most restrictions and health orders have now been lifted or will be soon. We all look forward to a more normal summer, but health concerns and the economic consequences of the pandemic continue to impact many in our community.

There have been big changes for MP Rachel Blaney's Powell River office, too. We have moved! Not far, just six doors south, to 4683 Marine Avenue. Switching internet and telephone services has taken some time; our phone lines will be connected by the time you read this. We ask for your continued patience while we make the move. Our office hours will be extended to four days a week, Monday through Thursdays from 10:00 am to 4:00 pm, to better serve you. ☺

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Puddle Jumpers Preschool

Alisha Van Belle



Wow! This has been a wild winter ride with many illnesses causing disruptions in our little Preschool/Daycare community. Last year, we had perfect attendance while this year it appears that the kids are all getting an immune system update. Despite this, our programs are still vibrant and vital. Parents show great caring for each other and have been careful and cautious to keep their sick children home.

Now, before you think that we have been having a bad time at our Preschool, let me tell you all the fun things we have been doing! We did quite a few experiments in January, created a rocket ship and went to outer space in February, and explored insects and our waking up world in March. We got to go to a farm and see some very cute baby goats and pick up some tame chickens. We often had such great weather that we rarely missed a time to be outside.

We are now exploring spring flowers, the trees and forest plants blooming, and planting in our garden. Our parent group did such a fantastic job cleaning up

our garden spaces and adding in a few new outside features, like an outside easel and finishing the floor of our covered area. Can I mention again how much we love our outside covered area?

We have also been the recipient of so much community generosity. A Puddle Jumper parent alumnus just showed up with money one day and told me to buy something fun. I thought, I can do that! Then we found out that we had some donations from Ben and Nancy, and Ed and Julia, and we could then buy some bigger toys! We now have a few new fantastic items for more outside play and our mud kitchen is stocked and ready for play upon its arrival.

By spring, the kids are all friends (mostly), they listen (mostly), and they "own" their programs! As we get better and better weather, we spend more of our day outside. The kids are always happier and calmer out there. Carsten made us a bird feeder and then a huge bag of bird seed mysteriously appeared, so we have been loving watching the little and big birds flying and eating at the feeder. It feels great to provide a safe and happy place for our young ones in their own community and I am seeing that the community appreciates us back!



Photos courtesy Puddle Jumpers Preschool

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Our Preschool is full for this year and there is already a waiting list for next year, but the Daycare still has some spaces on Wednesdays for both 1-3- and 3-5-year-olds. Please contact Alisha at (604) 414-0091 for inquiries about Preschool (Tues/ Thurs 9:00 am - 1:00 pm) and Daycare (Tues/Thurs 1:15 pm - 5:00 pm and Wed 9:00 am - 4:00 pm).



Photos courtesy Puddle Jumpers Preschool



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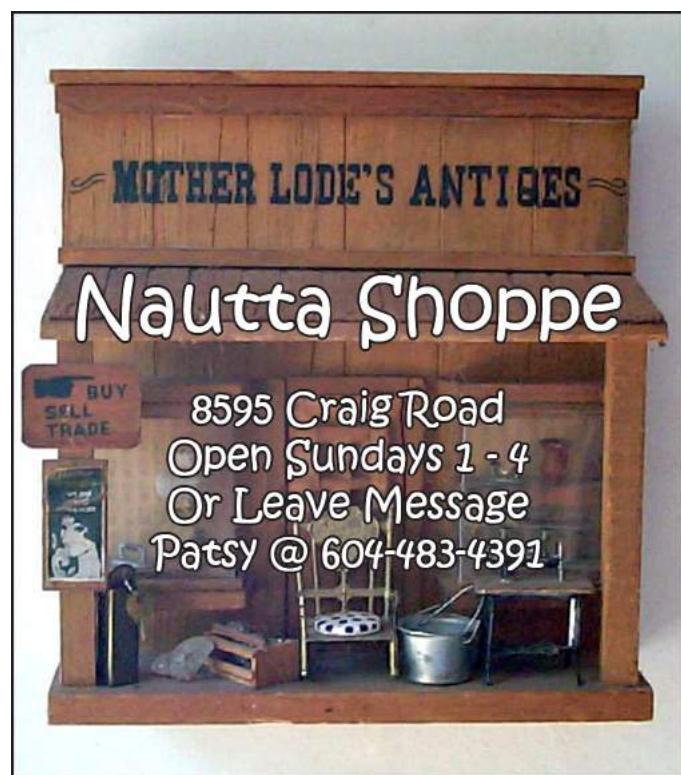


Photos courtesy Puddle Jumpers Preschool



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The Community Garden - a space for promoting food access, sustainability, and community support through food

Ermen DelliCarpini

Getting into the Dirt

Now that Spring is bringing early flowers and buds on the trees, a whole lot of folks must be in the process of (or well into!) their garden preparations and planning. One of the wonderful things about our abundant coastal community is the fresh ingredients we are able to use throughout the summer. In addition to providing good, soul-nourishing food, working in a garden provides a grounding peace and comfort while enabling us to foster a relationship with the land we walk on. We can also foster a relationship with ourselves in the quiet moments we spend watering, tending, and harvesting from our gardens.

Unfortunately, there are a good lot of people in Lund who are unable to participate in this important practice. Not out of a lack of desire, but either a lack of space or a having property that sits on rock rather than soft earth. The Lund Community Society has recently re-formed an invigorated Community Garden Committee. There has been space and funding being discussed by community members for some time now - people who want to see the vision of a community garden actualized - and I believe we currently have the momentum to provide this service for our community. As the chair of this Committee, I have been in contact with community members who have and are willing to donate funding, labor, and time to see this idea become a reality. Right now, we are in the proposal stages of getting a community garden set up at the Northside Community Recreation Center (NCRC).

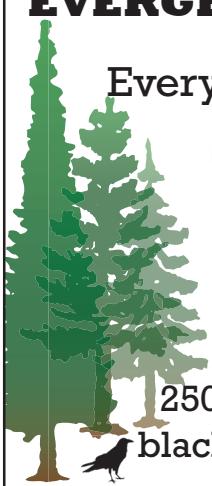
Before the pandemic, the NCRC was a hub for community activity - a place to share meals and come together. The group of folks who have gathered together for this project hope to see that be the case again. A community garden would create a cost-free meeting place for community members, foster communication and collaboration, and allow us to host community meals where we grow, harvest, and cook the food together. When we join together to better our community, we can make things happen!

If you have questions, comments, suggestions, would like to get involved with the committee, want to know about any possible work parties or meetings, or would just like to introduce yourself to me - please send me an email! I would love to chat with you about the ways we can and will keep tending to this community together.

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Lund Reads

Ev Pollen

Hello Lund book lovers! THE MAGICIAN'S ASSISTANT, by Ann Patchett, is the read I want to rave about this time.

The story begins with the death of the famous magician Parsifal, and his widow Sabine saying that it's the end of the story. She is paralyzed with grief and holes up in the mansion she has shared with Parsifal and his partner Phan for over twenty years, her only companion a large rabbit named Rabbit. Then the story begins.

She recalls the night she was asked onto the stage of a club in Los Angeles to assist Parsifal, and how she fell in love that night and dropped out of architectural studies to be his assistant. That their love must be platonic did not prevent Sabine from becoming a family with the two men, and when Phan dies of AIDS, Parsifal proposed to Sabine because he wanted her to be his widow. He expected to die as Phan did.

It is only when the lawyer handling Parsifal's estate comes to her that Sabine learns Parsifal has family in Nebraska, and that they would like to meet her. They had thought he was lost to them forever until they saw him, known to them as Guy, on the Johnny Carson show, performing with Sabine. They recorded the show and watched it nightly to feel close to him. Sabine is shocked, having believed Parsifal's story of the tragic accident that had left him orphaned.

This is the scenario the author uses to remind us that love weaves the story of a person's life and takes us on a journey we have no way of predicting. She describes the lifestyle of Los Angeles and its contrast to Nebraska, and the power that our choices have to define our lives.

I loved this book. I wanted to understand the motivation of each character as well as their responses to the horrors that form us. ☺

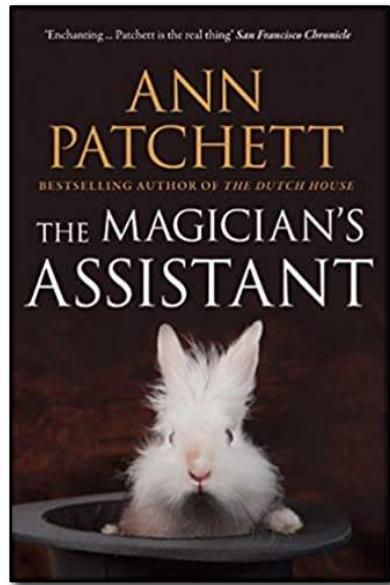
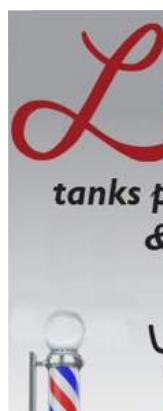


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Viewpoint of a Lund Teen

Kiran Hollmann Prichard

Mental Health

A big part of your overall wellbeing is mental health. In this day and age, it is one of society's most relevant topics as it is something that people are really struggling with, especially the younger generations. I think of mental health as a sort of building block to being "well" because it is vital to feeling happy and fulfilled in your life. With so much uncertainty surrounding the state of the world, it can be easy to feel overwhelmed and stressed. Mental health can be a really difficult topic, as it is something that is different for everyone and there still is a certain stigma around it that, as a society, we are trying to break by encouraging one another to talk more about the causes and effects it can have. As a society, when we talk about being healthy, we often talk about getting lots of exercise and putting good food in your body, but we don't really talk about what's going on inside your head.

Even though mental health is different for each individual, there are some universal things that can have a positive impact and increase your overall wellbeing. Going outside in nature, exercising, getting a good night's sleep, having a good conversation, getting into a healthy routine, good nutrition, and turning off your cell phone can all help you to maintain good mental health. From the point of view of a teenager, extra emphasis should be put on turning off your cell phone! I have noticed a considerable difference in my mental health when I put my phone away and power it off so I'm not constantly getting bombarded with notifications, and the temptation of losing myself down some rabbit hole of social media is gone. Another message I have heard a lot is "surround yourself with the right people" which I think has a direct correlation to your mental health. If you are surrounded with people who genuinely care about you and are trustworthy, that can be a support system for you when you are going through tough times.

Mental health is also a platform for other aspects of your life. If you have poor mental health, it will be more difficult to get things done and achieve your goals. Therefore, it is absolutely crucial to take the time to determine what it is that makes you feel well. Taking time to do this can prevent the downward spiral that comes with not being able to identify and pinpoint your feelings, which can have repercussions in all aspects of

your life. For me, a long walk in the forest really helps me clear my head and clarify how I'm feeling.

Lastly, in terms of my generation, the last few years of the pandemic and the uncertainties and inconsistencies it has brought to our lives has proven to be a real challenge. I know that the mental health of young people has taken a major hit over this time, but I think that all these challenges have made us more resilient.

However, at the same time, it has potentially helped us learn more about how we can cope with stress and anxiety, and what we need to do to take care of our mental health. These valuable experiences will help us get through other challenges in our lives. Personally, the past two years have helped me learn about what I need to do if I am feeling down, and how to cope when I have a lot on the go or when the events in the world are really getting to me.

All in all, mental health is a difficult topic to approach, and people of all ages will struggle with their mental health at some point in their lives. Most of all though, it comes down to remembering that you are not alone, having the courage to reach out to your support networks and persistence to keep doing the things that you know help you feel better even when you don't feel like it. Below are some resources to help for yourself or someone you know who may be struggling with mental health related issues. ☺

Kids Help Phone - Text Services: Text CONNECT to 686868 or call 1(800) 668-6868 (also serving adults)

Crisis Services Canada - Toll Free (24/7): 1 (833) 456-4566

Canadian Crisis Hotline - 1 (888) 353-2273

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Call or e-mail Audrey:

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Invasion, From a Plant Perspective

Trish Keays

Plants from here. Plants from other places. Globalization means so many things. We have plant species here that were not part of the ecosystem for thousands of years, but in the last hundred or two, have become part of the backdrop. The list is long. Check it out at <https://bcinvasives.ca/take-action/identify/>

Aggressive invasion techniques have carried these plants around the world. They come on ships' bottoms, in freight, luggage, landscape waste, road mulch brought in by Highways (ever notice how broom is spreading?!), plants we buy from nurseries. Invasive plants flourish in neighbourhoods almost everywhere in our area.

Why does it matter? As they push into other ecosystems, invasive plants and other species push out native species and take over the territory. Give an inch, they're adapted to take a mile. They expand to occupy the landscape, take resources for themselves and progeny. Refugee plants have nowhere to go, because they thrive in a balanced ecosystem, and the invasive species disrupt that ecosystem and equilibrium. Yes, systems adjust. But as climate change effects accelerate, habitat shrinks, invasive plants take all there is: native plants aren't able to retain their place in the landscape. And then they are gone.

Diverse ecosystems are resilient ecosystems. Diverse communities are healthy communities. The more one of *whatever* pushes out others, the less resilient the system is. Thread by thread, the healthy web of an ecosystem or any living community gets deconstructed.

Climate change is exacerbating ecosystem decline. We could manage it better, but people would have to care. Forestry and resource management regime is an artifact of history defined by extractive industries. At individual levels, there's poor garden and agricultural sanitation and maintenance – no sense of the truth that "you can't throw it away because there is no away".

Let diversity go and we are more vulnerable, more exposed to threats and risks, more an unstable monoculture. Loss of ecological integrity leads to ecosystem collapse. It's not just some uninvited weeds. Accelerated climate change and the cascade of effects is touching us all. The only predictable thing about the United Nations Intergovernmental Panel on Climate Change (IPCC) – "the body responsible for assessing the science related to climate change" is consistent under-estimation of how fast our world is changing as a result of climate change. We are living those changes, but like native plant species, we're not well prepared or capable to cope. Thrive? We dream.



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It's not an accident that the Nobel Prize for Peace was awarded to the IPCC: environmental and ecological disasters are disasters for human security and peace. As available resources shrink, conflict rises, and the scope widens for divisions and a push on difference instead of common ground. What resources? Every kind of resource: money, time, water, fish, trees, licenses, power, authority, creativity, access to labour, and to benefits from resources. We don't have armed conflict over water – yet. Clams? Oh yeah. Public lands? Oh yes. Salmon. You know it. And we live in a land we can still pretend has plenty, even as the ecosystems are sucked apart.

As Russia invades Ukraine, parallels between invasive plant species and humans cackle and

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crackle. Invaders take over. They use bullying tactics and force to drive out and oppress those who call a place home – sometimes in your face, sometimes lying in wait under the troll bridge until they’re sure the Broom Busters aren’t active and they can spread, dominate. Excuse the mixed metaphor. Bullies and strongmen don’t respect diversity, they squash it. Give me my privilege or die! We’re losing ecosystem, species, and cultural diversity at about the same rates - logarithmic. A human culture, a national culture, a forest culture - little difference.

People come to this area and think “Oh, how natural. How wild. How rural.” Not. Pockets and strips, yes. Malaspina Peninsula has been disappearing under us for as long as we’ve been moving in. Our memories are for the last thirty, forty, seventy years. In that time, the natural ecology has been so eroded that what most people see and have is disturbed land, remnants of intact ecosystems, edges, and tatters. We don’t seem able to *think* in an ecological way, much less *manage* in one.

Low or no respect for natural and native is fertile ground for “us against them”, the otherization of our world. A divided society is like a fractured ecosystem: relationships fray, the parts can’t hold, the centre dissolves. And invasive species - from plants to ideas, values, and people - move in and erode the common good and possible futures.

Ecosystem health is equivalent to community health. Global security is Lund security. Family health is anchored in individuals' health. How do we measure ours? ☺



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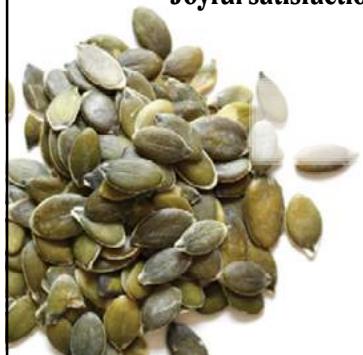
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Creative Klah ah men/Lund

Monique Labusch

This time I want to feature an amazing painter who a lot of you know and love already: Autumn Skye Morrison, a creative part of our so colourful neighbourhood!

For me, her art reflects a deep connection to nature and the spirit of our surrounding world. Do yourself a favour and have a look at her paintings; they speak for themselves!

As an artist myself, I found her following words very interesting and, especially right now, I couldn't agree more about the importance of art! Read for yourself...

These are strange times. Uncertain and bewildering times, fraught with dread and ripe with potential. In moments of reckoning, revolution, and re-creation, I feel more than ever the importance of art.

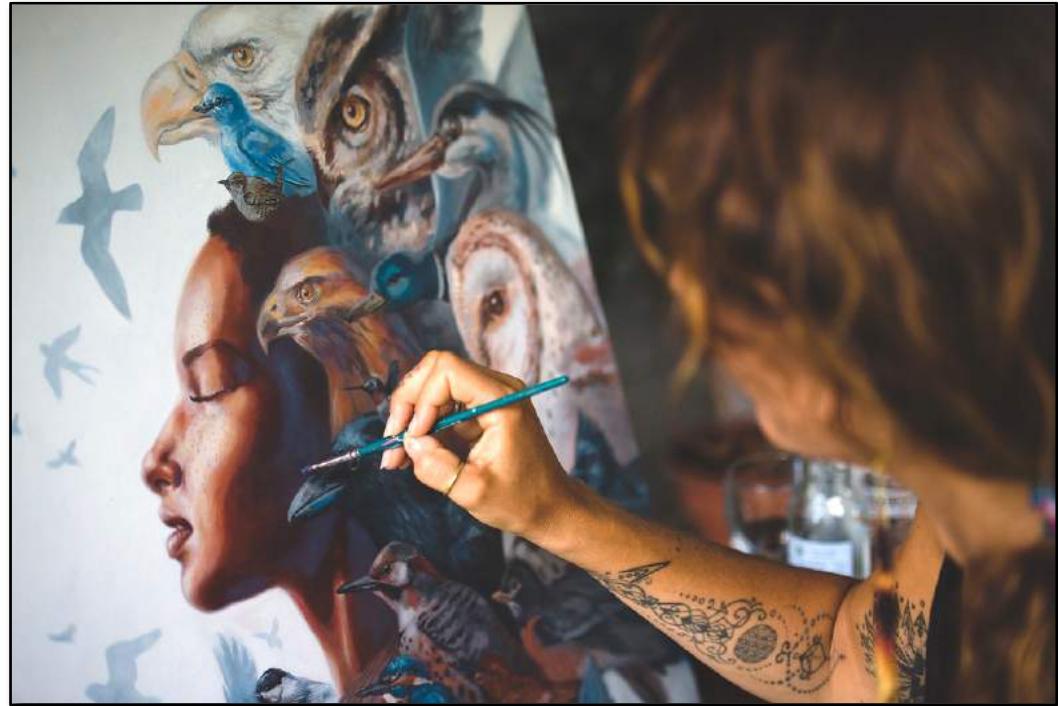


Photo courtesy Marnie Recker

Art is both trivial and essential. Simply put, a painting is colourful mud smeared on fabric, pretty and trite images for our fickle amusement. And, simultaneously, it has the potential to move mountains, individually and culturally. It can heal emotional trauma, cure illness, and bring renewed vitality and joy. It can awaken and empower both the artist and the viewer and connect straight to the subconscious. It can speak truth and shine light on critical issues. It can start revolutions, shift paradigms, and offer visions of grand potential and solutions, paths forward towards healing and wholeness.

Sometimes I wrestle with the "why?"s of art making, wondering if I should instead be dedicating this enormous amount of energy into something more "important". Is my precious time better spent planting a garden, marching in the streets, feeding the homeless, chaining myself to old growth trees, raising children?

And while all these noble acts are vital to the forward unfolding of humanity and the world, paradoxically, art remains the most crucial thing that I can personally do. Art propels me out of bed in the morning, whispering me awake with purpose. It fills the pause between my in-breath and out-breath and the quiet lulls amidst other chores and responsibilities. Since my earliest memories I have felt creative fire in my belly and fingertips, and the burning and relentless urge to make art and to share it with the world. I have learned to trust the mysterious compass of my heart and intuition to navigate my imagination as well as the grander trajectory of my life. In my bones I feel a sacred duty to play my small part in our collective evolution.

Continued on page 31...

Continued from page 30...

Throughout history, society has looked to the arts to guide and inspire our individual and collective narratives. Artwork has the capacity to be an anchor in the storm and a touchstone of beauty amid an otherwise bleak reality. While the world is at the precipice of momentous change, artworks have the potential to be maps which can help guide humanity forward into new and positive ways of seeing and being.

And so I offer my art to you, from my heart to yours, with the prayer that it may touch some part of you and spark your own creative passion. May it fan the flame in you of peaceful revolution and timely change. We have so much work to do, and while I don't presume to know what your unique piece of the puzzle is, I am grateful to you for playing your part. Only you know what makes your spirit sing, and only you can claim it for yourself in order to share it with the world. Thank you for smiling at strangers, for growing food, for nurturing children, for pioneering political reform, for creating music, for writing love letters, for making artwork.

We are all in this together, and it is my deep honour to dance alongside you on this epic and mysterious adventure.

With love, Autumn Skye

I hope you enjoyed me bringing you closer to another Klah ah men creative talent.

More art to come in the next *Barnacle!* ☺



Mycelium Dreaming



Innocence



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Bill McKee

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"Do you have the patience to wait
 Till your mud settles and the water is clear?
 Can you remain unmoving
 Till the right action arises by itself?"

Lao Tzu

Classes are at the Community Centre on Saturday mornings, 9:30 - 11:00 am for experienced and 11:00 am - 12:00 noon for less experienced.

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Monique Labushe - Painter



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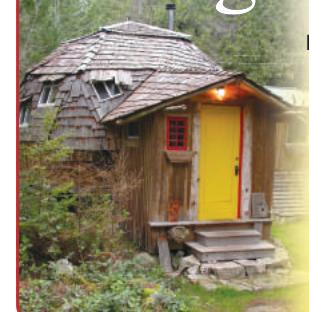
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Lund Kid Revisionist History

Anna Gustafson

Under the Boardwalk

When adventure calls, a young heart listens. And young hearts are as varied as the calls that beckon them.

Where do city kids go when they hear the call? Down! Downtown to get down. Down under, sometimes, after university. More recently, for any call imaginable, they can download.

Lund Kids? Under! Under the sea. Under the dock. Under the cover of an evergreen rainforest.

It was like we had our morning alarm clocks set to possibility. Not quite adrenaline junkies but it was one of our primary food groups. What can we get into, up to, or away with that's just shy of having to be driven to the emergency room?

Folks know Lund for its historical boardwalk. Adventures that took place Under the Boardwalk would have been a more poetic and musical choice in the context of this story, but there was no danger there. Not yet anyway. I'd eventually get under there *on a blanket with my baby*, to neck, but that's another story.

The boardwalk wasn't much other than boards to walk on. Occasionally made more exciting by the water wheel being torqued to the max from massive winter runoff. It was high visibility, fairly safe to splash around where the creek met the harbour, and permissible. Not the experiential vibe we were looking for, so we left it to the tourists.

The magnitude of the tides factored into how Lund was run, and how we'd run around Lund. Too low? Not a day to bring a troller onto dry land to copper paint. Too high? Logs! Logs! Logs! Tides would sneak up on shore under the cover of darkness and snatch them away like a thief in the night. Ransacking the beach like a burglar that can't find the good stuff. Zero respect for how far into a fort renovation anyone was.

Going under the wharf in a dingy was primo adventure and one that coincided with the rarest of high tides.
Note: This is really one of those stories I meant to take to my grave but since it almost became my grave, I'll come clean to warn others.

Big fat moon tides came but once per summer. Flatten your ramp tides. Tides so high that access from the floating part of the gas dock to the wharf felt like walking downhill.

The nook under the wharf held the sweet smell of diesel, projected glassy green waves up onto its underbelly like the aurora borealis, and beckoned us like Shawn Cassidy on *Tiger Beat* magazine plastered to a bedroom wall. During these massive tides, we'd lay flat in our rowboat, tuck in our oars, and push down deeper than a plastic *Sportyak* was meant to float to access this secret cave of danger. It was quieter under there than the



Photo courtesy Anna Gustafson

Continued on page 34...

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outside world and the only sounds permeating the peace were muffled voices from people talking above, unaware of the incredible stupidity happening just below their deck boots.

We craved the moments when big boat swells would slop up under this ancient structure, lift our boat, and drive our heads into the creosote covered beams. We would squeal with delight and laugh hysterically because who doesn't love a head injury. It wasn't unusual to pee our pants with glee without a care because we wore bathing suits, not pants. We napped, ate, swam, and peed in them all summer long. What we didn't wear were life jackets.

The original wharf had a cleaning station where fish guts washed down into the ocean that we were bobbing up and down in. So not only were we being silly, we were being chummed! It was a fable waiting to be written but alas, we were fortunate enough to not have been gobbled up by something from the deep.

On our last summer afternoon spent in our secret under, we felt fear. The sea got wild and no matter how hard we pushed, our boat wouldn't squish down enough to pop us back out into the harbour.

Shit got real for a moment when we considered the looks on our parents faces if we had to be rescued. There is no anonymity in the volunteer fire department. If your dad's not on call to rescue you from your self-imposed shit storm, someone who knew you by your first name would.

We got out. Understandable that we never went back under. I visit this spot each time I'm home. Have a sniff and a memory. Take a picture. Write a story.

When fear calls a young heart, adventures finish. ☺

Anna Gustafson is a comedian, speaker, producer, writer, and forever Lund Kid now living in Toronto. Connect on twitter & Instagram @goosegustafson.

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Speaking in the Barnacular

Ted Durnin

Write about time, you say? About time. Okay.

The times, they are a-changin'. Well, they already changed. Next year they say they won't. We'll see when the time comes, because that's how it goes. I've spent a lifetime springing forward and falling back and being super cranky both ways. The more time passes, the more I feel it. I'm still feeling it from 2021. Super. Cranky.

Times have changed. We've all felt it. Time used to take less time. Now it takes longer. Except when there's not enough, of course. Some people have too much time on their hands, but I don't actually know them.

Time may be alive. Sometimes it flies. Sometimes it crawls. Sometimes it drags. And sometimes it stops. You can save time, do time, have time, waste time, bide time, or steal time.

Yeah, you can. Look up "rubato". You can steal time.

Some people say they can manage time, like it's an employee or something. Time management is its own little entity, like industry disruption or paradigm change. "Here's what to do! Be like me! Why didn't you do this before? I have so much more time than you do!" Maybe. You certainly seem to have more money.

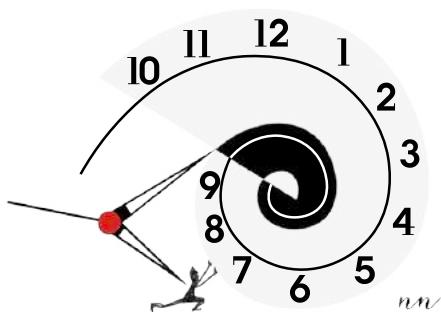
Oh yeah. Money. Time is that, too.

There are things time can't be. Nobody talks about greased time, or tall time. You don't hear about red time. Hard time yes, soft time no. No bulky time, nor slim. It's not crystalline, aquiline, or opaque.

There's me time. You time. Girl time. Man time. Mummy and Daddy time (if you're lucky). My time. Private time. It's time. Okay, not really it's time. People say that, but they mean the apostrophe the other way. No, the other other way. What do you mean, no apostrophe? It's dictionary time!

Is there a shape of time? People talk about a block of time, carving out time, but also a timeline or a deadline. I don't pay attention to those, of course. I'm a writer. Editors pay attention to deadlines. I still have oceans of time.

What's that? Submit whatever is ready by the deadline, finished or not? I guess the editor dig didn't go over. Well, I've still got 30 seconds. Hmm. Have to use my time wisely. There's only so much time. Well. I guess, after thinking it over carefully, my main conclusion would be that... ☺





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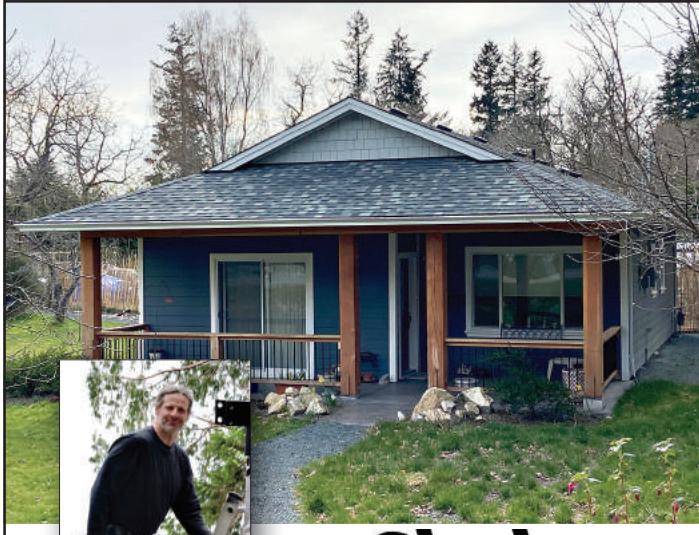
Andrew Johnson

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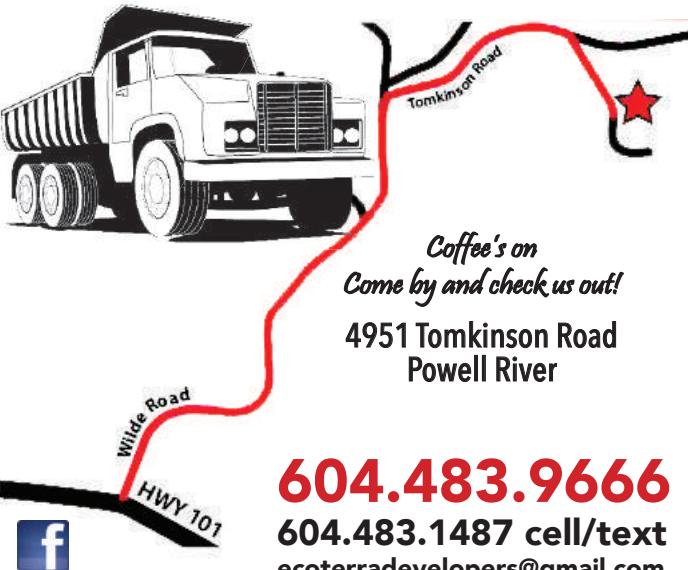
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Community Pages

Birth Announcements

Kyla Pihl Rawlake and **Brody Rawlake** had a little girl, **Ruby Regina**, on March 15. **Tracy** is a grampa again.

Amanda and Matt Beardmore had a baby girl on March 19 and **Tessa** has a new little sister. They named her **Ella**.

Kathryn Colby and **Jim Elliott** had their first child, a baby boy, on March 28. **Jonah Marion Colby-Elliott** was born at 6:04 am and weighed in at 7.5 lbs. Kathryn and Jim give thanks to the qathet midwives and medical staff at St Paul's and say they are excited to start their lives together as a family in beautiful Lund.

Welcome to Lund, little ones and congratulations to all!

Sympathy and Condolences

Randy Salmond	March 10, 1953 – January 18, 2022	no obituary at this time
Randal Drader	January 31, 1959 – January 31, 2022	see obit on page 39
David Smith	March 8, 1943 - February 4, 2022	see obit on page 40
George Huber	February 8, 1931 - February 9, 2022	see obit on page 43
Fred Stern	November 23, 1949 – February 20, 2022	see obit on page 43

Thinking of You

Carl and Jolene Anderson's 13-year-old son, **Ryan**, is recovering well at Children's Hospital and they hope to be home as soon as possible.

Maybe it's because of the age demographic of aging boomers here in Lund, but there are lots of us who are going through health issues right now. Heart surgery, body part replacements, cancer... geez! And it's not just the boomers, either. Lots of younger Lundies, too, with serious issues affecting their physical health, mental health, social well-being, and so on. Healing thoughts and much love go out to you all, wherever you are, in your struggle for wellness in any area of your life.

Congratulations

Part-time Lundie **Tristen Chernove** is one of ten new inductees into the Powell River Sports Hall of Fame. Tris is a Team Canada paracyclist with 13 world championships and numerous silver and bronze podium finishes in international competitions. He is also a Paralympian, with four medals from two Paralympics, including one gold, two silver, and one bronze. He is a three-time winner of the Canadian Paracyclist of the Year award. Tris won a silver medal at the Tokyo 2020 Paralympics and then retired from elite competition. Read his story in the winter 2022 *Barnacle*. The 2022 Sports Hall of Fame induction ceremony is scheduled for June 11 at the Powell River Complex.

Our **Tla'amin Nation** neighbours are celebrating six years of self-government after the treaty went into effect on April 5, 2016. Hands raised to you!

Continued on page 41...

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The Goodwill Committee of the Lund Community Society exists to help create and bolster a sense of community in Lund with the knowledge that people here care about each other. Please let a LCS member know if you have any news you think should be acknowledged.

Among other things, this Committee is responsible for sending cards to people for congratulations or sympathy and more. Thanks to volunteer Peg Campbell for looking after that these days. We also put together welcome packages of wonderful donations from some of our local businesses for newbies to Lund. Margaret Leitner has been joined by Doerte Barker to look after this. Many thanks to Margaret, Doerte, and to the generous businesses.

Northside Community Recreation Area Resident List

The Lund Community Society has a group email for all Area A residents who wish to learn about information and events in our community. It's called the Northside Community Recreation Area resident list. If you wish to be one of those bcc'd on this list, send your contact info to lundcommunity@gmail.com.

Randal William Arthur Drader January 31, 1959 – January 31, 2022

With loving memory, we announce the passing of Randal at his cherished second home in Barra de Navidad, Mexico. Randal died with his beloved wife, Meralon, near his side, and close to the company of many dear friends. We are saddened that Randal was not able to have more time with us, and we know that he will be missed by many people near and far.

Randal waged a long and courageous struggle against cancer. As his family is currently separated by international borders, a memorial will be scheduled at a later time. In lieu of flowers, donations can be made to the BC Cancer Foundation.

Randal is predeceased by his father, Arthur Drader, and his brother-in-law, Peter Straathof. He is survived by his wife, Meralon Drader (Snyder), and son, Brandan Drader; his mother, Anne Drader (Ingram), and his sisters Ellen Martiniuk (Bill) and Phyllis Straathof, as well as several much-loved nieces and nephews, and their children.

Randal was a great and celebrated personality who was a lifelong resident of Powell River, BC, and for many years a winter resident of both Blythe, California and Barra de Navidad, Mexico. He was a great many things to a great many people, but he defined himself as a musician who loved playing, writing, and producing music. Over the years, he recorded many musicians at recording studios he established in Powell River and in Mexico.

In recent decades, Randal was a well-known and popular proprietor of Pristine Charters out of Lund, BC, where he and Meralon hosted guests from around the world on their beautiful 38' yacht. The guests left rave reviews and many of them returned year after year to revisit the wonderful experiences that Randal and Meralon created for them on our spectacular coast.



Photo courtesy Phyllis Straathoff

Continued on page 40...

Continued from page 39...

For us, over time, Randal was almost everything: a fun-loving, sunburned, boat driving, guitar-playing, tequila-drinking, all-around great host; a night club impresario, and bass player in '70s rock band Anguish; a motorcyclist, sports fisherman, home-builder, ski instructor and tour guide, importer of extraordinary automobiles; a school bus driver, and pioneer, who once led a youth rebellion inside an American seniors' community; a wedding MC, toddler boxing coach, keynote eulogist, and a good man in a tough world; a charity organizer, connoisseur, and tri-national source of inspiration.

Randal brought an irrepressible sense of fun with him wherever he went, regularly turning otherwise dull days into special occasions that refuse to fade from memory.

He will be greatly missed. ☺

David Lynwood Smith

March 8, 1943 – February 4, 2022

David Smith first bought three acres on the shady side of Okeover Inlet in the 1970s. He always joked that he then had to buy them twice more, as his relationships shifted. He worked in the garden from 6am to 6pm almost daily throughout the year, only stopping to celebrate his five children's birthdays in Vancouver.

When his three acres were filled with many species of rhododendron, he expanded his plantings into his neighbour's six acres. If you walk the trails around Okeover you may stumble upon his rhodos amongst the cedars and firs. Like Johnny Appleseed and Miss Rumphius, the Lupine Lady, David dropped his rhodos into the woods, leaving an enchanted garden for all to enjoy. He swore by mulching with broken down red cedar and would go out at dawn to gather eighteen buckets a day, which we call "David's Gold".



Photo courtesy Sari Spencer



Photo courtesy Johnny Hewson

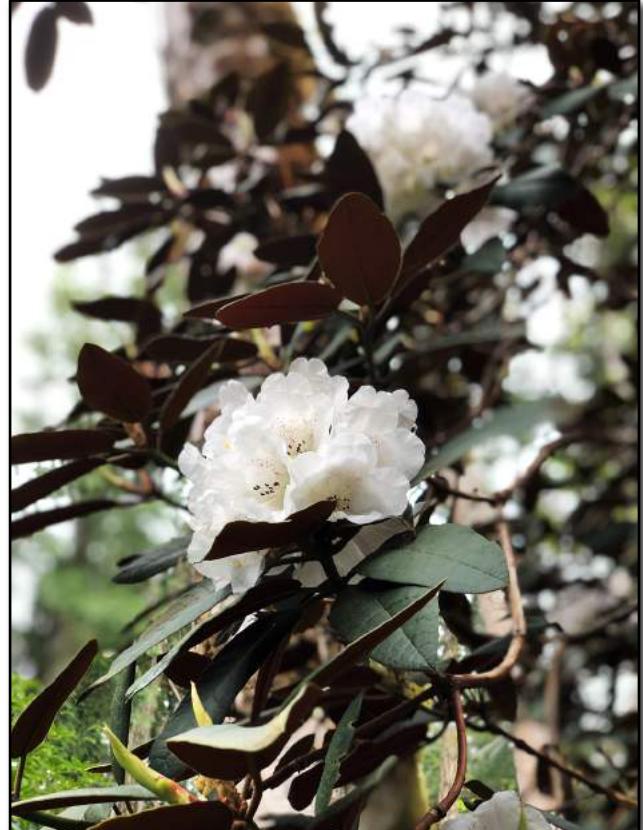
Sari Spencer and David Smith welcomed people to their 'open garden' each spring, when the rhodos were in glorious bloom. David would spend hours talking to visitors about the garden and showing them his wide variety of species, some that he created himself through propagation and splicing. He was generous with friends, many who now have his rhodos in their gardens. He also loved hostas, and when asked how he kept the deer from eating them, said "it's all about volume; if you have enough, they can't eat them all".

David passed away unexpectedly on February 4, 2022, in his home at Okeover Arm in the arms of his beloved Sari.

Continued on page 41...

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Gathering with family and friends in the rhododendron garden will be held May 28, 2022, 10568 Crowther Road, at 1 pm.



Photos courtesy Johnny Hewson



Photo courtesy Peg Campbell



Continued on page 42...

Continued from page 41...



Photo courtesy Sari Spencer



Photo courtesy Peg Campbell



Photos courtesy Johnny Hewson



George Charles Huber February 8, 1931 - February 9, 2022

In loving memory of a father, grandfather, great grandfather, and husband.

During his long life, George always maintained a spirit of independence, following a whimsical pathway all over this coast, for both work and play.

In his lifetime, George owned and operated his own small businesses, worked the west coast forests as a logger, and the local and northern seas as a fisherman with his own boats.

Music was always a joy to him from a very young age, and he played in bands for all the years of his young life and then later as a duo with second wife Colleen. He loved following the BC Bluegrass summer festivals in his and Colleen's motor home, exploring the Interior with great enjoyment.

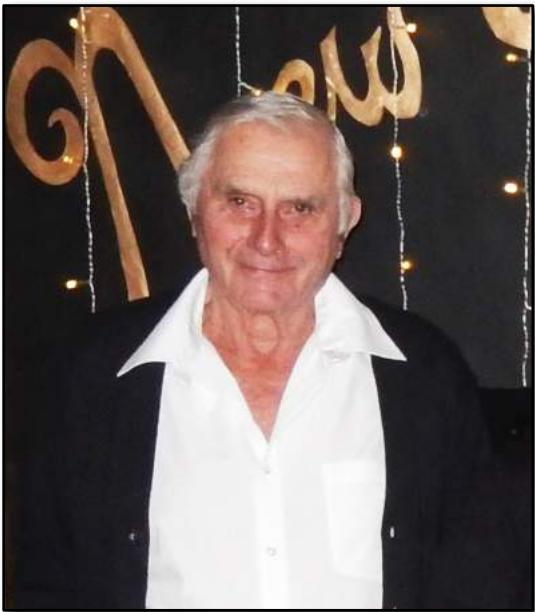


Photo courtesy Donna Huber

George leaves behind to forever miss his quiet personality, his unwavering political stances, and his goofy grin, daughters Donna, Pam, and Shelley, and son Dan. He was predeceased by his first wife June and is survived by his second wife Colleen and her daughter Nadeen, many grand and great grand kids, plus sons-in-laws, Bill, Steve, Ian, Stan, and daughter-in-law Katja. ☺

Freddy John Stern November 23, 1949 - February 20, 2022

It is with heavy hearts we say farewell to Fred Stern – father, grandfather, uncle, and dear friend. Fred was born in Vancouver and lived there until shortly after he finished school and where he met and married Marta. Together they were blessed with a son - Jason. Fred and Jason left the city for a life of adventure, residing in Mackenzie, B.C., Saltspring Island, and, aboard their little boat, the Carica, over to the Gulf Islands, Octopus Islands, Surge Narrows, and the Lund Harbour. He and Jason moved ashore in Lund, where Fred worked as a carpenter, clam digger, and commercial fisherman. He met Anne in 1979 at the Bull Harbour Norpac fish camp during the commercial salmon season, and Anne returned to Lund with him. They were blessed with two children, Sarah and Myles, and lived in Lund briefly before moving upcoast to Bliss Landing and then to Fanny Bay to farm oysters. Fred was a respected pioneer in the oyster industry, working hard to clear the land, build a home, and make a living from the bounty of the ocean. Hard scratch wages, back-breaking work, night tides, and foul weather – the good days more than made up for the tough ones. It was a retreat of independence and paradise for three decades. Fred then retired and moved to Belize, where he built a home and made many friends.



Photo courtesy Rick Leche

Fred is survived by daughter Sarah (Jessie), sons Jason (Cindy), Ben, and Myles (Jen), four grandchildren, and two step-grandchildren. The family will hold a celebration of Fred's life at the Lund Gazebo this summer. We will keep you posted. ☺

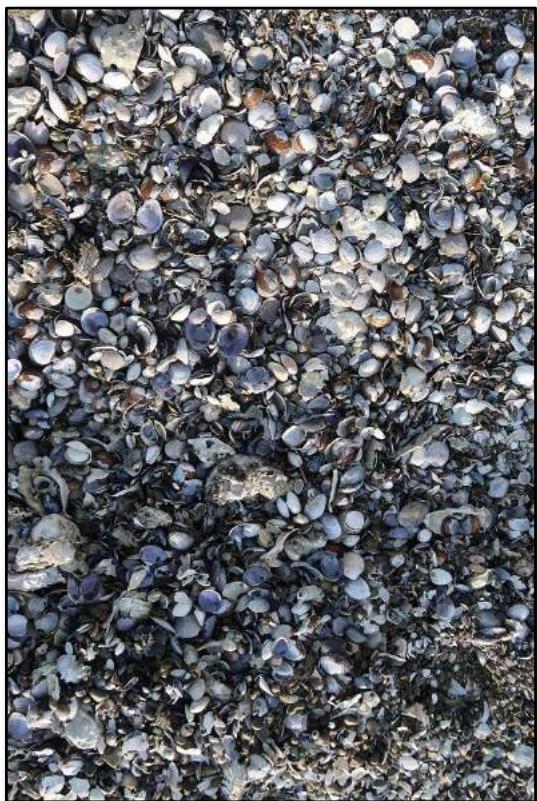


Photo courtesy Johnny Hewson
