



NO. 9 WINTER 1991

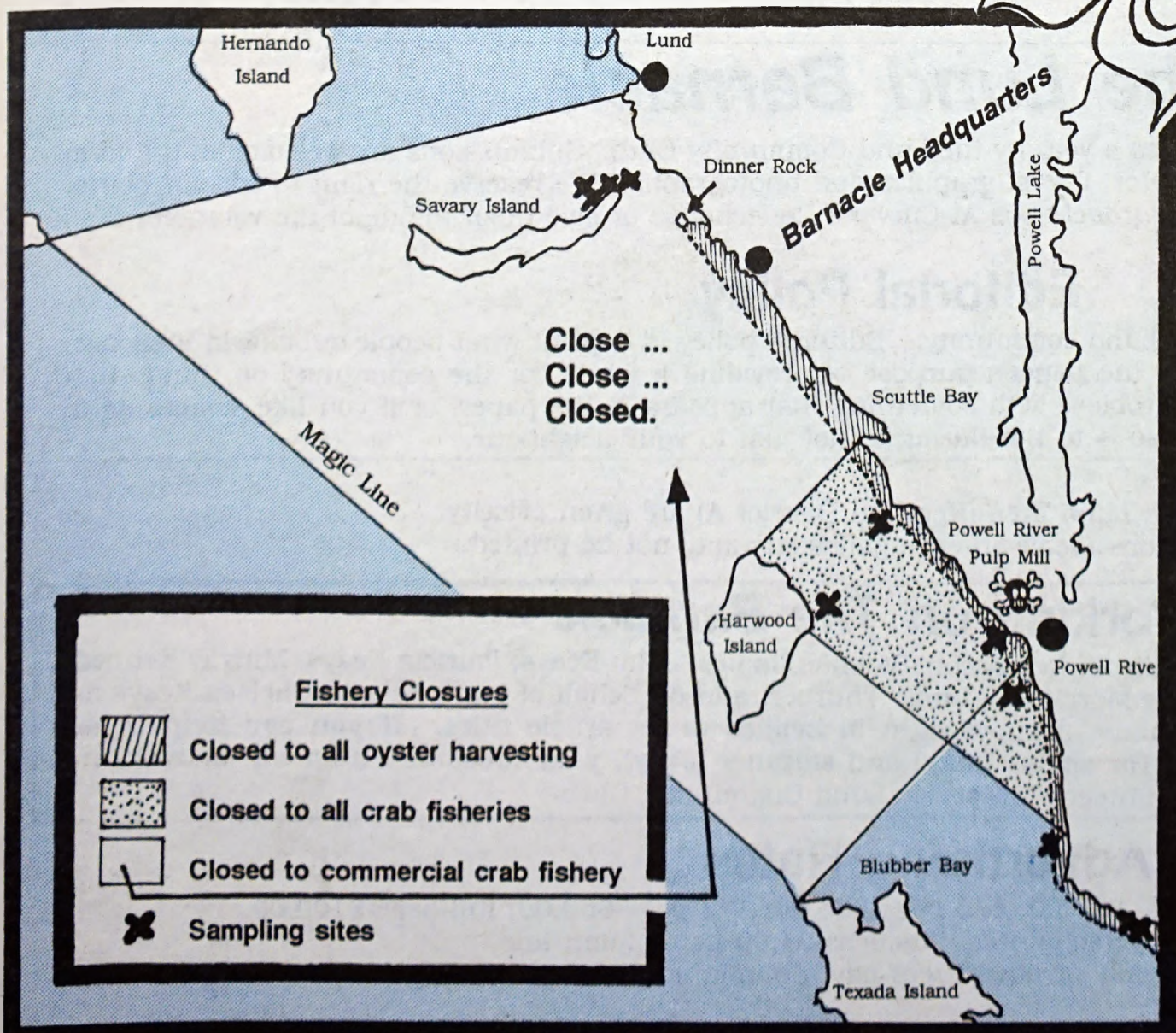
THE BARNACLE
We print all the local
news that fits ...

The Barnacle exists for the Lund community:
a) to inform and b) to be a forum for ideas
... yes, yours included ...
!!Write Your Barnacle!!

Dogs on Savary?
NO WAY!
Crime in the area?
EVIDENTLY NOT MUCH!
Fish in the Strait? **ONLY MAYBE!**
Cowboys in Lund? **SEE STORY INSIDE!**
Community Club Prawn Fest? **DON'T MISS IT!**

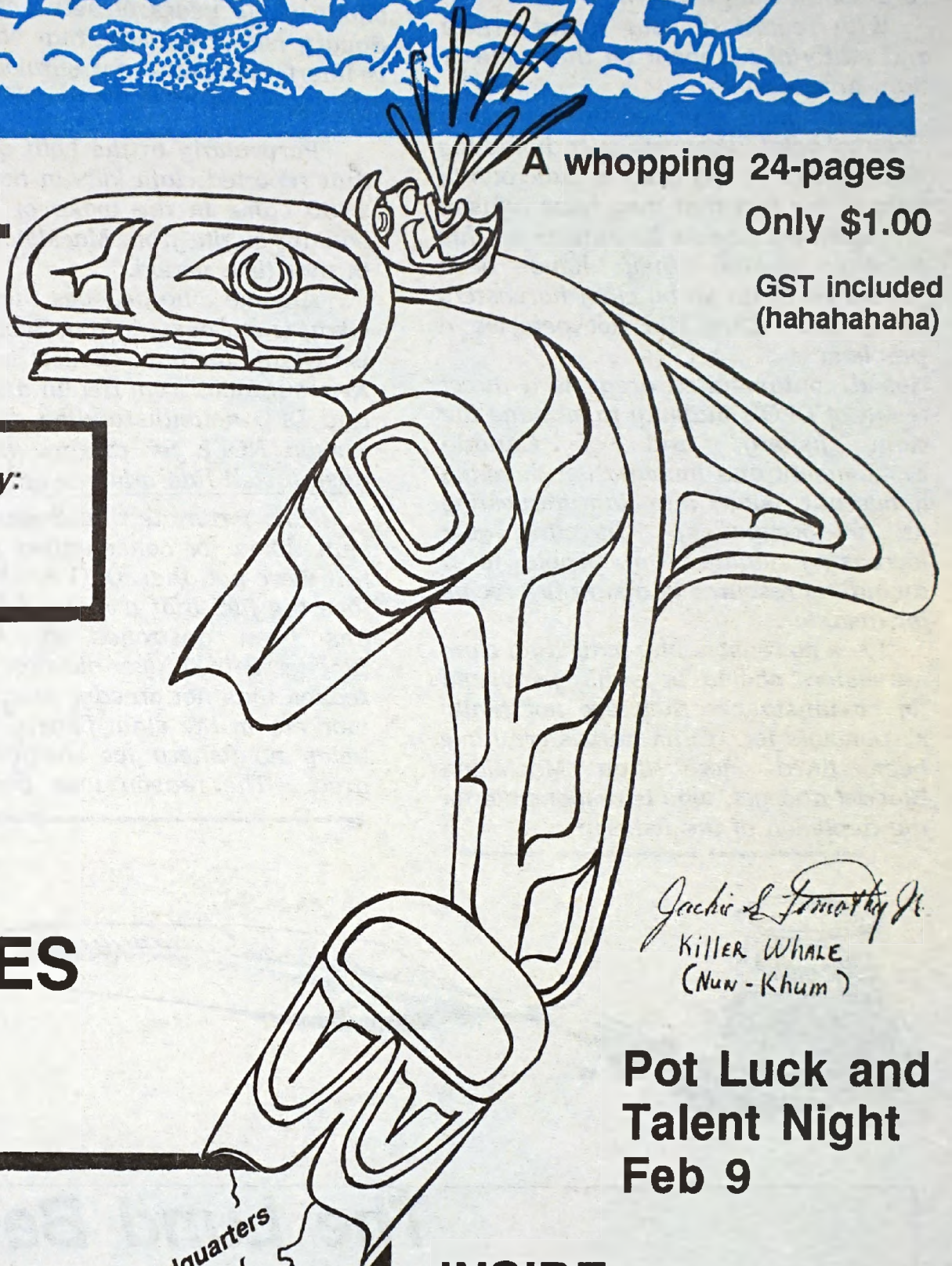
FISHERIES CLOSURES AFFECT LUND AREA

See p. 9 in this issue



A whopping 24-pages
Only \$1.00

GST included
(hahahahaha)



**Pot Luck and
Talent Night
Feb 9**

INSIDE:

Letters	2
Community	3
Lund School	4
Neighbourhood News & Notes	5
Politics	6,7
Environment	10-11,14-16
Food & Recipes	12-13
Points of View	18-20
Astrology	21
Reviews & Fiction	22-24
Crossword	24

?IS IT TRUE THAT?

Conversation was over-heard in Lund about the cost of bicycle paths being unaffordable. Just to keep the record straight, current costs for automobile paths are a million dollars a mile; alternate transportation path costs are closer to ten thousand dollars a mile.

Letters

To: The Powell River News/The Barnacle
January 1/91
To whom it may concern:

With regard to your recent article and editorial comment on the issue of clam harvesting.

Department of Fisheries and Oceans' belated concern over dwindling clam stocks in this area is ludicrous in light of the fact that they have refused to implement license limitations on this fishery, though they have been requested to do so by clam harvesters for years. They did not perceive a problem.

closed/contaminated areas is a direct result of DFO's inability to manage the clam fishery, and of Canada Employment and Immigration directing immigrant Asians into clam harvesting as an occupation. Directing ever increasing numbers of people to a dwindling resource is a sure fire recipe for disaster.

I see no reason why individual clam harvesters should be stiffly penalized for circumstances they are not really responsible for. Clam harvesters have been fined more than MacMillan Bloedel and yet, who is responsible for the depletion of the fishery?

Sodium sulfite interferes with the growth and survival of spat for oysters. Clams also have a larval stage which is just as vulnerable. Surveys which show whole years of sets missing on Savary Island indicate that something is interfering with spat survival. Pulp effluent is the most likely culprit.

Particularly in the light of the fact that reported clam kills in this area in 1985 came in the wake of a spill of sodium sulfite from MacMillan Bloedel in that time period.

Anyone who believes that it is not Okay to eat oysters from Savary, but it is Okay to eat clams, is a fool. Reassurances from Health and Welfare and DFO notwithstanding, there is no known NOEL for dioxins (the lowest dose tested has adverse effects).

How fortunate that Savary is now shut down for conservation purposes. If it were not, then DFO would have to face the fact that a major food fishery has been destroyed by MacMillan Bloedel, Powell River division. That the reason was not greedy, overproductive workers in the clam fishery but there being no fishery for shellfish in this area. The reason was their stupid

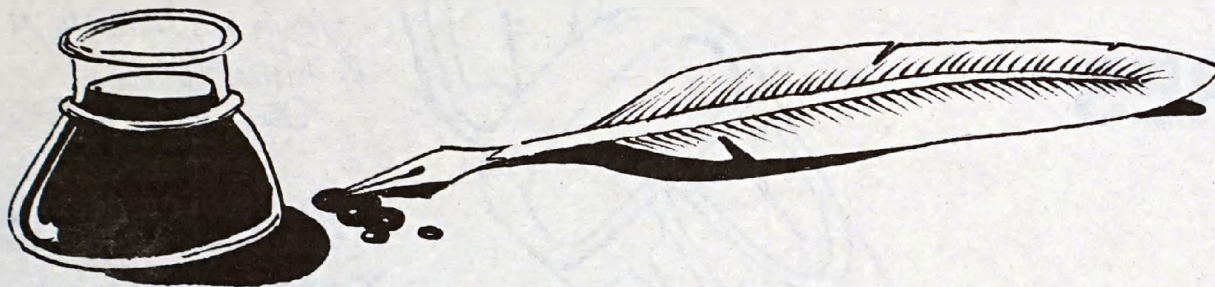
policies and persistent refusal to enforce the flabby laws we do have. The reason was that DFO has consistently acted as an apologist for the forestry industry and permitted them to contaminate this Strait beyond redemption.

The northern limits of the current closures are the northern limits on the testing. Our government sat on the information on these closures for as long as it could, and they are shutting down the wrong industry. It is more important to have a food supply than to have chlorine-bleached paper on which to read about how contaminated it is becoming. Anyone who would like to sue MacMillan Bloedel, please contact me. Grant Keays

EDITOR'S NOTE: NOEL stands for No Observable Effect Limit.

Support the Community Club

Buy copies of *The Barnacle* for friends and family - all profits go to the Community Club



BLOOPERS FROM OUR LAST ISSUE

Our apologies to:

- Sharon Dennie (For misspelling her name)
- June Huber (for omitting "onion and carrot ends and peelings" in the recipe for "Parsley Poaching Stock")

The Lund Barnacle

The *Lund Barnacle* is published four times a year by the Lund Community Club. Submissions are welcome in the form of articles, news items, letters to the editor, fillers, graphics and photographs. We reserve the right to edit for clarity and length. Leave submissions in the *Barnacle* box at Carver's Coffeehouse or give them to one of the volunteer staff members (see list for this issue below).

Editorial Policy

The *Barnacle* is a forum for ideas in the Lund community. Editorial policy is to print what people submit, in their own voices, as much as possible, respecting the paper's purpose of providing a forum for the community on things that matter to its members. If you have a problem with something that appears in the paper, or if you like something in or about the paper, we hope you'll say so -- to the *Barnacle*, not just to your neighbour.

Submissions from Lund area (Regional District A) are given priority.
Space limitations mean other submissions may not be printed.

Working on The Barnacle

Volunteer staff for this issue: Gordon Ellison, Lyn Jacob, Siobhan James, John Keays, Patricia Keays, Murray Kennedy, Margaret Leitner, Keith Matheson, Russ Morrison, Connie Thurber, and on behalf of Lund School, Chelsea Keays and Kimberley Burge. Contributors are many, acknowledged in bylines under article titles. **If you can help in any capacity on the next issues planned for spring (May) and summer (July), your ideas and help will be welcome.** Please get in touch with any of the volunteer staff or the Lund Community Club.

Advertising Rates

Business card-\$10.00; 1/4 page-\$25.00; 1/3 page-\$35.00; 1/2 page-\$50.00; full-page-\$100.00.

Classifieds: personal-free; business-\$1.00 per column line.

Ads must be camera-ready or advertisers pay a minimum \$5.00 processing fee.

Lund Community Club

by Bill Smith

Our first club meeting in 1991 was cancelled due, of all things, to snow! Hopefully no one was too inconvenienced by this and the meeting was held the following week with a very good turnout.

The final stages are now being set as we head towards surveying and sub-division for the new hall property, approximately 3 acres on the corner of Finn Bay and Baggie Road.

We have had some input about what the new hall should be like but would like to hear from everyone, and have decided to hold "open house" type meetings, Feb. 10, 2:00 pm. and Feb. 13th at 7:30 pm. Both meetings are to deal with ideas for the new hall.

However for some great food and good fun come on out to a Pot-luck Dinner and Talent night on Saturday, Feb. 9th beginning at 5:00 pm. Last year this event was a great success and we're hoping for a repeat, so shine up those tap shoes or whatever and we'll see you there. Contact Nancy Tebbutt, 483-4120, if you need anything special to help with your act.

Rummage Sale - yup, that's right, finally a chance to clear out all the stuff you've been saving. We missed last year so we hope to see all kinds of good stuff this year. Sale begins at 11 AM with a tea and bake sale as well, and this year we hope to include a 'silent' auction which will close at 2:00. All this happens on April 13.

Reading Room Report

by Margaret Keribjanian

The little book room idea simmers on the back burner waiting for a space.

Effie Keays, Thelma Mutas, Marie Landman and myself have met and are in accord as to possibilities for a Community Reading Room.

You have to read in order to write...art is a seamless web, and we all latch into it where we find a loose end.

Archibald MacLeish.

Choral Group in Lund

by Thelma Mutas

17 people so far have voiced interest in being part of a choral group in Lund.

Bill Van der Hoeven from the Music Academy will come to Lund on Saturdays, 2:00-4:00. Bill has worked under Elmer Isler and Jan Washbern.

The first meeting will be at Lund School on February 23. The head teacher has tentatively given the OK for the school as a meeting place for the choral group.

Anyone who is interested, please come to the meeting. "We're not looking for professional singers -- just people who like to sing."

Prawn Feast, yes sir! The just-about-annual "Sea-food and Prawn Feast" will be held once again this Father's Day, June 16. Don't forget to plan early, tickets will be available from club members, watch for our posters!

Well, there you have an idea of some of the upcoming events sponsored by your community club. There will be work parties planned for the new property, and other fund raising ideas as time goes by. We meet on the second Wednesday of each month, at 7:30 in the basement of the old Lund Hall. Come out and get involved.

Community Club Date Pad

Feb 9 5 p.m. Pot Luck Dinner and Talent Night

Bring your own plates, cups & cutlery.

Feb 10 2 p.m. and

Feb 13 7:30 p.m. Open House to discuss ideas for the new hall

Apr 13 11 a.m. Tea, Bake and Rummage Sale

Second Wednesday of each month: regular meeting of Lund Community Club.

All events held in the old hall.

Book for All. Public Libraries - Places of sanctuary for individuality, singularity, and the right of man to make up his own mind.

Frances Clarke Sayers.



Play it Again, Sam!

by Siobhan James

Those of our readers who patronise Lund Pub may have lately noticed Henry Pavid working on the piano there. Henry, who moonlights as the organ player in Powell River movie theatre *The Patricia*, is giving the old instrument (which he estimates to date from the 1920's) a complete overhaul: painting, re-stringing, varnishing, the works.

At press-time, Henry was still waiting for the bass strings to arrive, but estimates that the piano will be ready to play by the second week in February at the latest. He says there'll be a gala party to celebrate the occasion, and that all local musicians are invited for a musical evening. So here's looking forward to a good old-fashioned singalong!

NEW ARRIVAL

Congratulations and Best Wishes to Southview Road residents Dawn and Lance on the birth of their son. The baby, a healthy 8 lb. 11 oz., arrived on Friday, January 11. Mother and baby are said to be doing fine.

Crime Watch

The Barnacle contacted the local RCMP office to check on the local crime scene.

They said it was "normal". Some articles have gone missing from Savary Island, and maybe some things from the Lund area. More than that, they weren't saying.

Regular patrols drive out to Lund at least once a day, more as needed, if the natives get restless.

If Lund area residents wish to learn more about security around their homes, the RCMP will meet with them or a group to discuss things like a Rural Watch type program.

This nice and subtle happiness of reading, this joy not chilled by age, this polite and unpunished vice, this selfish, serene life-long intoxication.

Logan Pearsall Smith.

Savary Dog Story

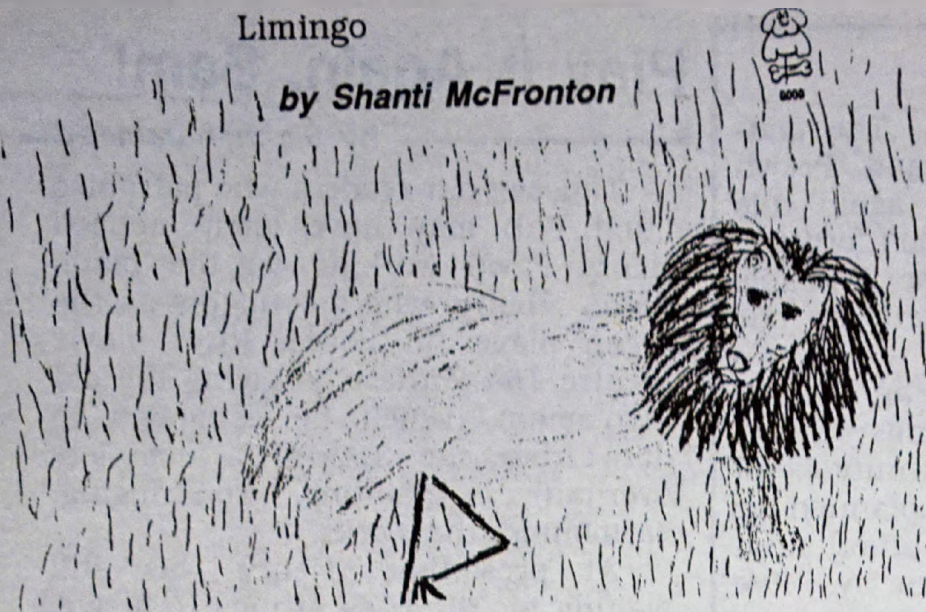
The *Powell River News* carried an article last Wednesday called "Region backs Savary dog ban". In response to a summer resident's letter, the Directors unanimously decided to ask the provincial government to post signs restricting dogs on Savary beaches.

The Powell River Regional District has now agreed to hold off on their motion, due to the overwhelming response from property owners and dog lovers.

Savary Island News will keep people informed about developments.

Limingo

by Shanti McFronton



Haiku Poem

4

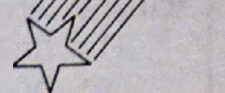
by Rachel DeWynter

Jumpy baby bear,
His first taste of golden honey,
Under pink sky

Stars

by Melise McKee

Stars fall from the night sky
like unknown magic free
from powers of dark



Literary Share

Many thanks to the students, teachers and parents from the Lund School who organized the recent literary share and tea. The kids' readings were great - and as always, so were the sweet treats!

The Loon

by Simone Meilleur

As I sit on the water's edge
A Loon a Loon is all I hear
It hoots like the wind
And never has fear
It will fly away far away
But will come back again...
Someday.

JOKES JOKES

What makes a basketball wet?

All the dribbling

Why did Humpty Dumpty have a great fall?

To make up for a bad summer

Chosen from Owl and Chickadee magazines by Caila and Maylene

JOKES JOKES



A Spring Morning

by Chelsea Keays

The first light of dawn
Casts rays of light through the trees
And brings a hint of light to the forest.
A bird calls,
And answers flow between the trees
Like fish between the waves.
A leaf stirs,
as if to welcome a friend.
The smell of breakfast wafts through the window,
And slowly, leaving the spring morning behind,
I wander back inside.

A Haiku Poem

by Lynea Laycraft

The water glistens
The sun slowly goes down behind
The high mountain.

Rain

by Shanti McFronton

A grey little mouse,
scurries through the rain,
sees an orange cat,
and runs away again.
Pitter patter goes the rain,
on the city streets,
while the grey little mouse
sits and eats.



NOW AT LUND ELEMENTARY SCHOOL

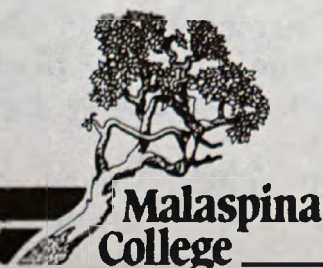
DRAWING WITH THE RIGHT SIDE OF THE BRAIN

A course enhancing creativity and artistic confidence, dramatically improving latent drawing ability and enabling all students in the class to draw well. Required text: "Drawing on the Right Side of the Brain" by Betty Edwards is available at College Bookstore.

Course ID: DRAW 010 S91P1
Instructor: June Huber
Fee: \$58
Scheduled: 8 sessions Thurs., Jan. 31 - Mar. 21, 5:30 - 8:30 pm

RADIO OPERATORS COURSE
VHF radio operators course leading to certificate exam. Applicable for marine and land operators.

3 sessions, Thurs., Feb. 21, 28 and March 7
Instructor: Ralph Ashton
Fee: \$22



Malaspina College

Powell River Campus
3960 Selkirk,
Powell River, B.C. V8A 3C6



"This recycling business is getting out of hand!"



HAPPY VALENTINE'S

To all the teachers
at Lund School
from all the children
at Lund School

I Awoke to the Bomb Flash

by Kimberley Burge

One morning I awoke with a sharp, painful twitch in my eyes. Then I heard a huge bang. I jumped out of bed to look out the window. There was another big flash then a bang. I quickly got dressed and then got my gas mask. I ran towards the bomb shelter and hurried down the steps and into a room of screaming children and crying women. The room was a dark tunnel with but four light bulbs hanging from the low roof. I seated myself in a corner, listening to the children screaming as the bombs went off. I cuddled down to dream that I was in Canada just waking up to the sound of birds singing, instead of bombs going off.



by Casey Milone

Craig Road Report

by Dymph DeWynter

I for one have taken a lot of joy in the past few weeks, looking over bare landscapes. The snow is gone, and I can only hope that we are finished with it for this winter.

Not being sure it was possible I found I am the living, walking proof that you can get a 4-wheel drive truck stuck in the snow in one's own driveway. As my shovel was nicely tucked away in the tool shed, waiting the warm spring weather to once again assist me in the garden, I found myself wading through 2 feet of snow to get it. After an hour and a half of digging we finally managed to retrieve the truck. We all managed to get through the snow just fine, although the back stop at the park caved in due to amount of snow that fell. Steve has been working hard at getting this fixed and it's looking good. Also there are a few pipes in the shed that now need replacing due to cold weather.

The annual pool tournament is once again well underway at the Lawn residence. Also the Tennis Court at the park only needs one more pour and it will be completed. With what we hope will be warmer weather now maybe it can be done soon.

Also we could probably make it a good day and clean up all the heavy

Ah but now the days are getting longer, my seeds are all in the mail, and my hands are itching to get into the soil.

As all the above comments are only an attempt to report on local happenings, what, with the weather and the other goings on in the area, I hope very much that no one will misinterpret the news as being more than it is, as was the case in my last article. It is truly ironic to see that the toes we step on in our lives are the ones deliberately set in such a way it is impossible to walk around. Oh the pen is as mighty now as a cruise missile! never mind the sword.

I myself am very much looking forward to warmer weather, a new book by Ann Cameron, a good crop of baby rabbits and more great ideas from June Huber! (The buns are just great and have become a great hit in the family.)

Till next issue happy gardening.

RESIDENTIAL & COMMERCIAL WIRING

LICENSED CONTRACTOR

LIGHTNING ELECTRIC
Box 37, Lund, B.C. V0N 2G0
483-9897

**SEVILLA ISL.
BOAT WORKS LTD.**
CUSTOM BUILDING TO 32'
REPAIRS & RESTORATIONS
SPECIALIZING IN WOOD CONST.
FULLY EQUIPPED SHOP & 50' FLOAT
LOCATED IN FINN BAY
12 YRS EXP. - PHONE BILL McKEE
483-3041
BOX #65 LUND B.C. V0N 2G0

DAVE HURFORD

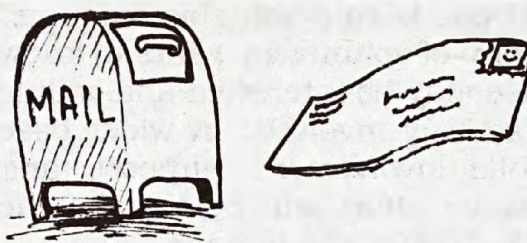
Business - 483-3136
Information - 483-4711

HURFORD MARINE SERVICES

Barge up to 50 Tons

General Delivery

Lund, B.C. V0N 2G0



Writing Letters Can Make a Difference

Do you ever complain about the way the powers-that-be are running things? If you're totally happy with the way things are run in our region, province, planet, this won't interest you. But, for those of us who aren't satisfied, here's an idea that is working for some of us.

We are a group of letterwriters who have never organized enough to give ourselves a name. But, for a year now, we have been meeting, once a month, on a Sunday from 11-1, so everyone can still have a lazy Sunday morning and also have their Sunday afternoon free.

The coffee's on, and, like women do, although we're not all women, when we get together we bitch about things that aren't being done the way they obviously should be, looking at it from our perspective.

Our basic stand is that if it isn't good for the earth, it isn't good for any of us, looking at the long term, as we believe we must. We are motivated by our deep feeling of connectedness with the earth and by seeing how fast things are deteriorating, as is evidenced by the state of our environment.

As we talk, we are each focussing on what seems most important to address at the moment. Then we sit down right there and write our letters to whoever seems to be the pertinent person for our particular issue.

Baggi Road

Baggi Road is getting a new look.

In a joint effort by the Dept. of Highways and Ministry of Forests, the road is being widened to 66 feet to connect with the old Finnish Homestead road.

The improved road will open up the areas around Bliss Landing and Sarah Point for logging the second growth. Instead of the logs coming out by road, they will be boomed at Steamboat Bay.

Highways will maintain the first section of road up to the Anderson's, and Forestry will maintain the rest. Baggi Rd. residents will still maintain their own driveways.

The residents say they are happy because questions regarding access to their homes will now be settled.

KLAHANIE VARIETY

7 AM.-10 PM.

7 Days a week

**GAS, GROCERIES
ICE, BAIT
FISHING LICENSES**
483-9567

Doing this in a group has some distinct advantages. We have a wider range of knowledge of the issues that come up and more viewpoints on how best to deal with them. As we talk, we clarify our thoughts and come up with more effective ways of expressing our concerns. So even those who don't think they are very good at expressing themselves in writing can get the main points in the discussion, and have help on how to say it, spelling, who to send it to, and addresses.

We each write at least a couple of letters, although some who can really get to the point, get out 4 or 5. We put them right in the envelopes, address and stamp them, and one of the members takes them all off to the mailbox, to avoid all the slip-ups that can happen (I lost it, I didn't have time to finish it, etc.). And we all carry on with our Sunday afternoon clear of conscience, having finally done something about our complaints instead of letting it all get us down. A great guilt-reliever!

I highly recommend this as a great thing to do. It's fun, and it feels good to know that I'm at least doing something towards making a difference. I envision that we could have lots of groups like this. There are so many things that will keep on happening the way they are now if we don't get our voices out there. For more information, call Connie at 483-4410.

BICYCLE PATH UPDATE

Plans are underway for a public meeting on the Lund to Saltery Bay bicycle path, for **Saturday, March 2, 12:00 noon to 4:00, at the P.R. Recreation Complex.** Please mark it on your calendar and encourage all area residents, young and old, whether they're for it or against it, to come and contribute.

Volunteers have met and mapped a possible base corridor and route options that will be presented at the public meeting. Other volunteers are researching how similar things have been done in other places, and how the **MULTIPURPOSE GREEN TRANSPORTATION CORRIDOR** can get built. This research will also be described at the public meeting.

The tentative agenda for the public meeting is:

- 12:-12:30 registration and informal information exchange
- 12:30-1:15 presentation of GREEN TRANSPOR CORRIDOR idea, research, options, and interests of committee
- 1:15-2:00 feedback and response
- 2:00-2:15 separation into small groups interested in the same things (parts of the trail, or special interest)
- 2:15-3:00 work in small groups to develop tentative plan
- 3:00-4:00 small groups report back to full public meeting so all can plan 'next steps' for the GREEN CORRIDOR.

6

??IS IT TRUE THAT??

The ditch at Malaspina Road swallowed two small cars before it was finally fixed. Anyone who received front-end damage call the Department of Highways; you will get a recorded message. Any bets on how long will it take to smooth off the patch at the Summit and the caved-in road sides from Sliammon to Lund?

RESIDENTS OPPOSE LEASE APPLICATION

The threat that a local public resource may be awarded to private interests by the government prompted action by residents recently.

Notice of application for a private oyster lease in Okeover, just north of the park, appeared in the Powell River newspaper in December. The application was submitted by 2 Delta residents.

In response, several local residents wrote letters, made phone calls and drew up a petition requesting that this lease application be denied. The petition said:

"To: The Senior Land Officer,
#401 - 4603 Kingsway,
Burnaby, BC V5H 4M4
Re: Your File #2405154

We the undersigned, strongly oppose the Lease Application by A. and F. Kellner in Okeover Inlet.

We request that this foreshore area remain in the public domain for the gathering of oysters and other shellfish for the following reasons:

An information sheet prepared by the ad hoc committee for planning, organizing, building and maintaining a multipurpose trail for non-motorized transportation from Saltery Bay to Lund (maybe Saltery Bay to Sarah Point...) summarizes much of what appeared in the last issue of *The Barnacle*.

WHY? - encourage outdoor recreation, safety, tourism and alternative economic development, wheelchair accessible recreation, and employment

HOW? - **Community effort** - planning, surveying, engineering, building, maintaining, lobbying for funding. Right now things are at the planning stage, and the working committee of volunteers wants everyone's input

WHO? - currently involved is the Model Community Project, Work Opportunities for Women of Powell River, Forestry, BC Hydro, Bicycling Association of B.C., and interested community members. The Regional District has been a valuable resource. The group of volunteers wants to know who else may be interested and willing to be actively involved. A wider base of public involvement, support, and community effort will help make the GREEN CORRIDOR happen.

Everyone is encouraged to come to the public meeting March 2. Contact person for more information is Pat Chess at the Model Community Project at 485-6655.

--It is the LAST remaining area easily accessible to the public in our Regional District.

--It lies just north of the Public Park in Okeover.

--Its use has been enjoyed for many decades by the public.

--It is used by hundreds of local residents, and this use is growing.

--It is locally considered a community asset.

--Its Public Use must not be transferred to selected individuals for their private benefit.

We therefore request that this application be denied, and that no further applications in this area of foreshore be considered in the future. Thank you."

The Regional District and the local office of the Dept. of Fisheries and Oceans will be asked for their recommendations before the Lands Branch rejects or awards this application. The procedure may take several months.

OKEOVER ALUMINUM MARINE FABRICATORS

R.R.#2, Malaspina Rd.
Powell River, B.C.
V8A 4Z3

(604) 483-4854

SAND & GRAVEL

BRAM'S TRUCKING AND EXCAVATING

4 IN 1
BUCKET



4 X 4



P.O. BOX 415
POWELL RIVER, B.C.
V8A 5C2

483-4076

March Meeting on Local Governance Alternatives

The Ministry of Municipal Affairs, Recreation and Culture has responded positively to an inquiry from an area resident about a public meeting to discuss alternatives to regional districts for local governance, "notably the Local Community Commission or incorporation as a municipality."

Key points for a possible meeting being organized for March 19 include the way regional districts are generally structured, "from an operational and representational point of view".

The meeting is to be organized with the regional district and electoral area director (Jill Goudriaan). If you're concerned about local governance, would like to know and have more say in what's going on, watch for notice of the meeting and plan to attend. **Public meetings are only public meetings when the public comes.** For more information, contact Grant Keays at 483-2303.

Mobile Sawmill Service

George Huber
483-9752



Regional Board Report

by Jill Goudrian

When I was a student my friend Moira had a boyfriend who, living alone for the first time, suddenly realized that toothpaste cost money. "They nickel and dime you to death" he said, surprised. Since being on the Regional Board I can sympathize with this awakening to cold reality. There is no park, no public building, no dump truck, no driver, no dock that has not been purchased, on credit, with anticipated tax dollars &/or maintained at least 1/2 the time on money borrowed against your tax dollars. Perhaps this is the nature of government the world over. Forget freedom, truth and justice - think debentures, bank loans and the quest for preferred credit rating.

The highest point in my Regional Board experience to date was attending a dinner and forum on Native Self Government at the Salish Centre to which the Chamber of Commerce had been invited.

"We don't eat till we're full, we eat till we're tired", our hostess directed. Friends, that's what we did: salmon, clam cakes, fried oysters, bannock and much more were dispatched with great enthusiasm by the mayor, the M.L.A., a mill boss, Chamber of Commerce and Band council members.

Then the hall began filling: Wildwood rate payers, town people, environment activists, more band members, Channel 10, Okeover oyster growers, and Howard White (NDP candidate). "Come quick!" I say to Wolf on the phone, "It's a hot one".

Simon Lucas, the speaker, is a big white haired fisherman from Hot Springs Cove - a spell binder. He spoke of success of the self governing tribes who are improving fisheries in Washington and making positive contributions to the economy of that state by working with nature.

"My grandfather told me that life sustains life", he said. "The monetary system makes us believe in negative ways. All living things are a gift." It was interesting to watch the body language of some of the town delegation as Lucas spoke of the misery of life in the residential school and of the strange effects the imposition of a European church had on the native culture. He remembered his mother looking through the box of grub from Indian Affairs staff who, not recognizing smoked salmon, clams and oysters as food sent macaroni and spork to help the poor Indians.

A big part of self government, according to Joe Mitchell, is getting Indian Affairs out of the band's financial affairs. The bad advice from Indian Affairs staff is legendary and we got to hear a few choice examples. Then Joe talked about the dioxins and

furans in seafood, and the removal of the forests - "The mill will go to Russia where they have trees.

But we aren't going anywhere. We aren't going to Russia, and some of you are staying here with us."

Then there were questions from the floor. Ann Cameron got off a few words guaranteed to make certain quests sink a little lower and Anna Stern didn't pull any punches either. All in all, a terrific evening. Bravo Sliammon! Full marks to the Chamber for opening the communication by hosting the Band in November.

The low points to date have been the first two Waste Management Committee (WMC) meetings where my inexperience and preconceptions of what should be happening set me up for a couple of serious bouts with the D&D's (despair and disillusionment). Group problem solving has had an important role in my work experience to date. Group effort is evident on other committees but, perhaps because of committee structure or because several of us are coming in green to a group that has been meeting for at least 5 years, effective process is not apparent at this point.

At first it seemed to me that somewhere, deep in the bowels of the municipality, a plan was being formulated to deal with the referendum results according to the priorities of an unspecified body whose biases and qualifications were not clear.

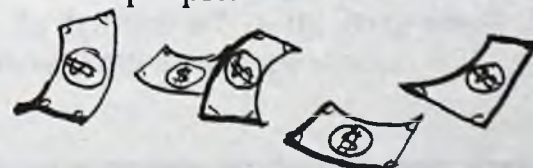
Through the staff-prepared agenda the Committee caught glimpses of this master strategy and voted on small, related items without actually addressing the issue as a whole.

After requesting and receiving a briefing from staff members, I felt less paranoia and could sympathize with the rather indirect approach of those who, after expenditure of hundreds of

thousands of dollars and years of process, have finally arrived at a scenario that they see as workable. However, I still feel that the speed and effectiveness with which we deal with resolving the dilemma created by the referendum results depends on how well the WMC operates as a group, how clearly we can define our objectives (unless, of course there are appropriate objectives in place which have not been made clear) and how cooperatively we can establish priorities. The good news is that the environment seems to be the common concern.

Thanks to Tony Watty and Joanne Nordell for their effective lobbying. It looks as if the oystering beach near Okeover Dock will stay available for public use due to their efforts. Thanks too, to Pat Chess, Tammy Williams and Trish Keays for their development work on the Green Transportation Path from Saltery Bay to Lund, and to Thelma Mutas, Adrian Redford and the group researching possibilities for the old Forestry Station. Ongoing thanks to Area A letter writers, especially Steve Ervington, Jean Mackenzie, Juliette Potter, Mia Jongkind and Jan Lovewell - letters in the agenda of the Waste Management Committee were effective - to the workers who keep the Lund Community Club happening, the committee currently spending countless hours on the Lund sewer system, and all those who choose to spend their precious time putting the SELF into self government.

I have to notice, as I watch money borrowed against my future tax dollars taken out of social programs and zapped off to the latest weapons wargasm that, clearly, government that isn't BY the people is certainly not FOR the people.



BUFFALO BUILDERS



GORDIE MALLERY
(604). 483-4792

BOX 70, LUND, B.C.
V0N 2G0

CLAM FARMING COMES TO B.C.

by Rob Langley

8

The current decline of the west coast Manila clam fishery due to overharvesting and water pollution comes at a time when prices are high and demand is strong. This situation has led many would-be farmers to explore the possibility of culturing Manila clams.

The Manila clam, which was accidentally introduced into B.C. waters with imported oyster seed, has several attributes which make it an excellent species for aquaculture. It is less subject to competition for food and space than other clam species and bears up well under harvesting and handling conditions. It also responds well to hatchery production methods and a reliable seed supply is available. Clams are farmed extensively throughout the world - Japan, for example, produces more than 100,000 tons a year. (The wild Manila clam fishery in B.C., by comparison, peaked in 1987 at 3500 tons).

As of July 1990 there were thirty sites in production or under application for clam culture in B.C. Most are located in the northern Georgia Strait area and in conjunction with oyster farms. In our area, four sites are already in trial production and applications are pending for another five.

Regulations Restrict Growth

Current Federal/Provincial policy agreements restrict clam culture to existing shellfish leases. A management plan must be approved, production goals stated and achieved and, after a start-up period, the entire clam lease area must be seeded at a rate of 200 clams/sq. metre each year.

Only by making this financial commitment to enhance overall production will a lease holder be allowed to harvest any wild Manila clam stocks on their lease on a year round basis, rather than being controlled by seasonal openings. The idea of these restrictions is to allow for restricted industry growth while it is determined whether honest efforts are being made at clam culture or if farmers are really only trying to get access to wild clam stocks for year-round harvest.

For the bona fide farmer clam culture offers several advantages over the wild fishery. The natural productivity of a given site can be maximized. Harvest timing can be controlled to meet market demand and a higher quality product can be produced which leads to higher prices and greater returns.

Low Technology, High Price Tag

Several basic husbandry practices are employed in culturing clams. Gravel can be added to the beach to improve the substrate, baffles built to enhance natural seed recruitment, and predators removed or excluded. Predator control is of prime importance as clam seed can be devastated by unseen predators including flat worms, shrimps, flounder, perch, moon snails, crabs, starfish, crows and diving ducks.

Digging clam beds on a rotational basis instead of repeatedly can improve survival by reducing the amount of damage to juvenile clams.

Ole Mexico!
PRIVATE SPANISH LESSONS
\$10 per person per hour
Call Lisa Delgado 483-4585

Hatchery seed may also be purchased and grown out in nursery trays or tanks prior to seeding. When planted, tiny seed clams are scattered on the ground like grass seed and as the tide comes up they quickly dig themselves in. Seed costs \$7.00/1000 for the standard planting size of 6-8 mm and may also be grown out to harvest size in protective bags on the beach or on racks.

Polyculture, growing two species together, appears to be a possibility as Manila clams and Pacific oysters are well suited to each other.

A method of culture imported from Washington State is currently under trial at several BC locations and involves the use of fine plastic mesh to protect clam beds. The mesh is spread over and anchored to an area of suitable beach. Hatchery seed is then spread through the mesh on an incoming tide.

Net and site maintenance are then carried out until harvest, generally three years later. Survival is reported to range between 10 and 50%.

This procedure sounds simple enough but it is not cheap - cost estimates range as high as \$25,000 per acre. But on the right site this method can be enormously productive. Up to 40,000 lbs. per acre have been reported in Washington and with the prices currently high it is no wonder that some pioneers are willing to take a gamble on farming Manila clams.

Why are Manila clams so popular with the restaurant trade? Manilas have several chef-friendly traits that other clams lack. They are an excellent value - their thin shells mean more meat per pound than other clams in the marketplace. They cook quickly - just 3 to 4 minutes when steamed as compared to 8 to 10 minutes for other hard shell clams and they all open up. No prying of tough clam meat is required by the chef or diner because the meat easily pops out intact.

What To Do With Steamed Clams:

Dump them into a hot bowl and pour over the top a mixture of chopped garlic, onions, red peppers and thyme sauteed in olive oil and mixed with some white wine and clam broth. Dip chunks of French bread into the broth while scoffing down the clams. Have napkins at hand.

OR

Turn to the Recipe page for Clam Pasta.

NORTHSHORE

PARKING:
INSIDE & OUT

BOAT

MARINE

RENTALS

APR-SEPT

483-3484 OR
483-3667

STORAGE

SHEDS:

11'x30'

SERVICES

CLEAR LIGHT GLASS

GENERAL GLASS WORK
HOME & BOAT REPAIRS
CUSTOM WOOD & STAINED
GLASS WINDOWS
ALUMINUM & THERMO

Baggi Rd Lund -----483-4876

SHELLFISH CLOSURES

9

Barnacle Volunteers

The Powell River News recently (Dec.5/90) carried an article called "Shellfish, bottom fish contaminated". The following information has been excerpted for *The Barnacle* because people in the Lund community are so affected.

A general advisory has been issued by Health and Welfare Canada recommending that bottomfish (rockfish, cod and flatfish) harvested from around coastal pulp mills be gutted, and livers not be eaten.

Harvesting restrictions for bivalves "may be in effect as a result of sanitary shellfish contamination." Consumption recommendations affect Pacific oysters, English sole, and box crabs.

Pacific oysters (tested at Scuttle Bay, 1 km NE and 2 km SW of the mill outfall) are not to exceed 250 grams per week. "All oyster harvesting is closed in the area within 500 metres seaward of the high tide mark between Dinner Rock and Myrtle Point."

English sole liver consumption is recommended at not more than 80 or 130 grams per week, depending on where the fish is taken from (80 if in Malaspina Strait 300 metres SW of mill outfall, 130 if from Shearwater Passage 7 km NW of the outfall).

"The hepatopancreas of box crabs tested from Scuttle Bay...is recommended not to exceed 30 grams per week. The hepatopancreas of the Dungeness crab was rated a high potential risk at Savary Island at Mace point 13.3 km northwest of the outfall, Harwood Island 2.9 km west of the outfall, and in the Strait 1.7 km northeast of the outfall and consumption is limited to 65 grams per week."

Dioxins and furans are soluble in fat so they can accumulate. Animals exposed to the contaminants in laboratories show a number of adverse health effects - skin disorders, weight loss, impaired liver function and reproduction, and increased numbers of tumours. "According to Health and Welfare Canada no conclusive link has been established between human exposure to dioxins and furans and cancer." Some people exposed to these chemicals have had adverse effects on skin, liver, immune system and senses.

Barnacle Research on
the Shellfish Closures

Concern over potential effects of the recent shellfish closures in the area led *The Barnacle* to do some research. The volunteer staff group drew up these questions on key topics

-- EMPLOYMENT, SAFETY & HEALTH, HOW LONG? EFFECTS ON SPECIES, TRENDS -- and asked a roving reporter, Grant Keays, to contact Department of Fisheries and Oceans (DFO), Health and Welfare (H&W) and Environment Canada to ask:

1. How many people's employment or livelihood is affected by these closures? Have compensation packages been discussed by the government or the private sector?

2. Is it safe to eat the shellfish? What is a safe amount to eat?

3. What are the health effects for humans and other members of the foodweb of the substances that are leading to the closures? [How much would a human have to consume before being affected? What are the human health-based reasons for the recent closures?]

4. When do you expect the area's ocean water to be clean?

5. Are any of the species affected by the closure "threatened" or "vulnerable"?

6. What effect will recent permits to pulp and paper mills to increase effluent release have on clean-up?

7. Do you have any suggestions for what Lund Barnacle readers can do to help right the situation?

Here are the responses.

F. Claggett of Environment Canada

Mr. Claggett responded to the query of when the water would be clean by stating that there was no evidence of natural depuration. Ocean Falls, closed for eight years, showed no decrease in the level of dioxins. Siltation may provide a cover, but there are not enough studies done to date to estimate how long it will take to become clean, or if in fact, it ever will be clean. He stated that the federal government has agreements

with the various pulp companies to meet stringent standards by 1994, "and we have various means to ensure compliance". He responded to the query of what residents could do by stating that all that can be done has been done.

M. Nassichuk of Department of Fisheries and Oceans

Mr. Nassichuk said that based on 1988 landings, crab fishing records are kept on a statistical area basis and Area 15 showed six vessels fishing with a total landing of 2,500 kg of crab, at a value of \$12,000.00 except that a portion of Area 15 is closed, so it is less than that. Just north of Scuttle Bay there is an oyster bar on which DFO professes to have no landing information. The federal position when loss is attributable to some third party is that they will not contribute to recompense. He is not aware of any compensation program.

He stated that pulp mill effluent could have an effect on spat mortality of clams and oysters in the area but that there was insufficient information for assessment.

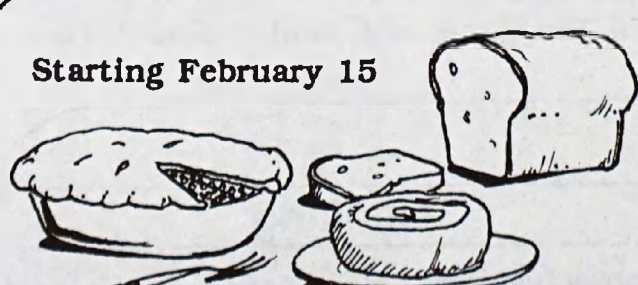
He said that he could not predict with any certainty when the area would be clean; they would be conducting mill-by-mill monitoring to see what reductions would be required. Natural siltation would play a large role in an area such as Howe Sound. He stated that there would be more-or-less dioxin made more-or-less available through the actions of bioturbation (life-burrowing). He said that chlorine dioxide substitution would reduce tetra-dioxins and furans, and that the Environmental Protection Act would require low pp quadrillion levels for tetra dioxins. He said that local citizens should take an interest in what the mills are doing to change their bleaching process to reduce dioxins, indicate to these companies that people take an interest, express concerns to the industry. Community representatives could meet with the company and have an ad hoc committee to find out how they are progressing.

Dr. Huston of Health and Welfare

Animal lab studies revealed that 1378 TCDD had adverse effects on test animals including cancer, reproductive effects, immune system effects, decreased liver weights. At low levels we did not see these effects. Based on the levels of no effects we applied a safety factor and derived what we perceive to be a tolerable intake of 10 picograms/kg of body weight per day. Thus a 60 kg man could eat 600 picograms of dioxin and furan per day with no ill effect. Furans are 1/15 as toxic as dioxins. Considering the most toxic varieties of each, the relative toxicity of all types of dioxins and furans present is factored in an a total acceptable daily

Kookie's Home Baked Breads etc.

Starting February 15

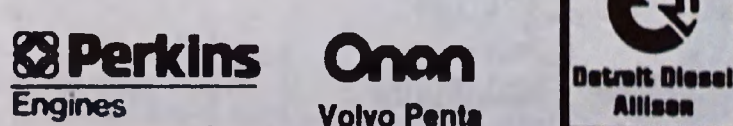


Please Phone in Orders - 483-4368

LUND MARINE & DIESEL LTD.

PH: 483-9002

LUND, B.C. V0N 2G0



continued p. 16



SMALL PLANET
Whole Foods

WE HAVE RELOCATED
to the old
Foodmaster building
4449 Marine Ave.
(across from Ferry Terminal)
485-9134

VEGETARIAN DELI
Sample our whole foods baked fresh daily. Including some wheat, eggs or milk-free goodies for those with allergies.

ORGANIC PRODUCE
Choose from an array of organic produce - local when in season.

ENVIRONMENT SAFE
Soaps, bath, laundry, dishwasher, bleaches, diapers, pads & tampons, unbleached paper products.

BULK HERBS & SPICES
Come in and smell the difference fresh herbs make, then taste the difference in your baking.

Craig Road Fire Hall

by Doug Turner, Deputy Fire Chief

Fire practices are continuing to be held every week with an average attendance of 6-8 people. We would like to increase our size to about 15 people so anyone who is interested can phone me at 483-9529. Ladies welcome.

Practices and training are informal and time spent is about 2 hours/week. To date, practices have included ladders, hose and nozzle, pumper operation, use of breathing apparatus, equipment maintenance, safety and driving.

Future plans include first aid, CPR, shock treatment, and oxygen for patients. With this additional training, we will be better trained to assist with ambulance calls.

This training and experience is not only good for the community, but is the right stuff to include in a job application or resume.

We now have some home-made identity tags for our cars, so if you see someone on the highway, in a hurry, with a red tag on their car, it is likely to be a volunteer fireman responding to a call. If they are not in a hurry, give them a wave because they are your volunteer fire department.

P.S. on PRUNING

Barnacle readers who found Rick Giesling's article on pruning in the last issue useful will find this P.S. timely.

Roses should be pruned by St. Patrick's Day, March 17th. Plums too should be pruned as late as possible, just when the trees are getting ready to move. That way the sap coming up will heal the fresh cuts more quickly. Pruning plums in winter exposes them to the spores of the silverleaf disease which are more abundant then.

How to identify herbicide contamination in your drinking water with the use of plants

by Walter Franke.

Different plants have different tolerances to herbicides. One of the more sensitive plants is the impatiens plant, commonly grown in summer as a flowering plant in boxes, planters and beds. They can be grown all year round as house plants and propagated from cuttings or seeds. When a healthy impatiens plant is watered with slightly contaminated water, new leaves will show rolling up, warping and light spots or a marbled pattern which indicate defects in the chlorophyll.

Rolling up of leaves can also be caused by lack of copper, which is required in minute amounts for health. There is a difference between the rolling up of leaves caused by a lack of copper, and that caused by herbicides. When plants run short of copper they recycle what they have, taking it out of old leaves and putting it into new growth. Old leaves show the rolling up, and this occurs with irregularly shaped dead patches. When the lack of copper is extreme, the old leaves are clearly dead. The lack of copper can be cured by giving copper sulfate, 2 oz. to 100 square feet of soil, or a bit more. Tomato plants are good indicator plants for lack of copper.

The rolling up of leaves caused by herbicide contamination shows up the opposite way. If a healthy plant is given herbicide contaminated water, if it is not deadly, the new growth shows rolled up leaves while old leaves do not change. Giving copper sulfate does not help.

Testing should be done indoors with potted plants to get away from diluting rain. Start out with at least two healthy impatiens plants planted in the same soil and different pots.

They do not need to be big. Water one with the water to be tested, the other with rainwater or with water from an uncontaminated source for comparison. Testing can begin with cuttings from a healthy plant put into water sample A and B for the purpose of rooting. Test for at least 2 weeks for signs to be clearly visible.

If the test is inconclusive and you want to test further, make a concentrate of the water to be tested by evaporation to 20:1, 100:1 or more, and try again. More studies are needed to identify different types of herbicides by differences in their effects on plants. The effects described here are most probably caused by "Roundup", more recently called "Vision". A test for chemicals like herbicides is not normally included in a water quality test. A laboratory test for dioxin, one of the chemical breakdown products of 2,4-D, costs about \$1300. The chemicals in "Roundup" or "Vision" are: Glyphosate (active ingredient) breaking down into AMPA (Amino Methyl Phosphoric Acid) and NCC. The more dangerous component is the surfactant used with the herbicide, POEA (Polyoxyethyleneamine) which is contaminated with 1,4-Dioxane - about 400 times as toxic as the Glyphosate. The composition of the surfactant may be changed, and should be known before the problem can be identified. PS. It appears that the surfactant has been changed to a different mix of poisons. The reaction on the plants looks slightly different than described here.

Walter may be contacted through Box 32, Lund.



The curling of new leaves on this impatiens plant shows herbicide contaminated water was used on them, according to Walter Franke. The most likely contaminant is Vision with surfactant POEA 1,4 Dioxane.

Cooking

DOWN THE (HERB) GARDEN PATH

Again we have a treat for you--a Saturday visit (in small groups) to Effie's herb garden for a first-hand look! In the evening session Effie will share her knowledge in growing over 40 different herbs. Learn how they are used in cooking, cosmetics, oils, maintaining health, landscaping & more. Saturday visit to be arranged during evening session.

Course ID: HERB 015 S91P1
Instructor: Effie Keays
Fee: \$15
Scheduled: 1 session, Wed., Apr. 17, 7-10 pm



Powell River Campus
3960 Selkirk,
Powell River, B.C. V8A 3C6

Herbicide Protest

Delores Holland

11

On Tuesday, January 22, fifty four people met on the evening of an appearance before the Environmental Appeal Board against the proposed use by Macmillan Bloedel to spray 500 hectares in 34 different locations from Saltery Bay to Theodosia Inlet with "Visions" as a defoliant. Unfortunately, the appeal process does not slow down the herbicide use so while the appeal process occurs, spraying continues.

Michael Conway-Brown spoke to the audience about the available alternatives to herbicide spraying and a common consensus was agreed that herbicide use by companies, utilities and government agencies must stop!

"Visions" or "Roundup" is a herbicide presently being used in our forests. As much as it is argued that this herbicide is safe, the argument is ridiculous since, by its very nature, it is a poison. Many people have dedicated a lot of time researching and proving the extent of its toxicity. These findings have been ignored and futile except they have shown us that these chemical poisons continue to be sprayed around us. They continue to be dangerous not only to us but also to the innocent forest creatures.

Chemical manufacturers are interested in profits at the expense of ethics. An example is the chemical companies that sell chemical weapons without minding the destruction that they cause. So what is happening in our forests is another example of profits without ethics.

In October, 1990, in Sechelt there was a spraying of herbicides situation which led to a public meeting which was attended by more than 400 outraged citizens. As well there were hundreds more represented by letters from clubs, organizations, the municipal government and the Pulp and Paper Unions. These people and groups were unanimous against the proposed use of herbicides. These people realized that numbers give power to change and that folks have a right to decide what happens in the area in which they live.

Appealing has not worked since no matter how well prepared and delivered an appeal is presented, the permit gets issued. The only way things seem to change is by public pressure. Large numbers of people taking a stand is an effective way to make them listen. Informing everyone is important so when it is time to act, people can stand united!

A chapter of SCEPP (Sunshine Coast Environmental Protection Project) was established at this meeting and a telephone contact network is being created to stimulate prompt action whenever it is needed. If you wish to take part in the planning process or want to be included in the telephone network please call Brin 485-7338 or Delores 485-4201.

"No Vision in Forestry" Herbicide Appeals

January 22, 1991, 9:00 a.m. at the Beach Gardens, appeals were heard before the Environmental Appeal Board regarding MacMillan Bloedel's permit to apply Vision (formerly Roundup) to their Tree Farm License in the Stillwater/Powell/Daniels Rivers area. MacMillan Bloedel wants to apply Vision, a Monsanto herbicide consisting of glyphosate and a surfactant (15% called POEA (poly oxy ethyl amine), to kill salmonberry on 500 plus hectares. The areas for which treatment is proposed stretch from one in Jervis Inlet to the head of Toba Inlet, mostly centred on the Powell and Daniels Rivers.

The permit was appealed by Linda Simms on behalf of AMMA (Active Malaspina Mariculture Association), and by Grant Keays. AMMA's appeal pointed out that the sites MB wishes to spray and hack and squirt are a threat to watershed drainage, and the others are a threat because they are either groundspray or aerial applications from which MB is unable to control drift.

Ms. Simms stated that groundspray applications of herbicide frequently resulted in as bad drift as aerial applications and that both the groundspray and the aerial portions of the permit to apply these chemicals were a threat to the mariculture industry in Okeover Inlet.

Simms said that oysters were very susceptible to contamination by chemicals because they were filter feeders, and requested that the permit be cancelled.

Grant Keays stated that the registry package for the chemical MB wished to spray was inadequate, and that the assurances of safety behind which the Environmental Appeal Board and the Pesticide Control Branch hid were worthless and consisted more of flabby wishes than fact. He also stated that the manufacturer of Vision, Monsanto, had a long history of falsification, fabrication, and outright lies regarding its products, and that

using chemicals like Vision on salmon berry bordered on the lunatic.

Rod Tysdale stated that MacMillan Bloedel had sprayed thousands of acres in this forest district with Agent White and Agent Orange from 1962 to 1978. These compounds were also used to defoliate large areas of Vietnam. Keays presented a November 1990 internal Environmental Protection Agency (U.S.) document alleging fraud, gross product contamination, and falsification of data on human health studies carried out by Monsanto, the chemical manufacturer of both Vision and Agents White and Orange.

The end of the day brought about a convoluted tangle in which Keays asked MB to provide him with more specific site information, to which MB strenuously objected. The chairperson demanded to know how Keays was going to use the information he had requested to prove that there was going to be an unreasonable adverse effect on man or the environment. He replied that he did not know what was meant by that. Did she mean one dead man, one dead fish, one dead bug, or just one sick bug? He concluded by saying it was extremely unfair of the Board to ask him how he was going to use information that he had never seen.

The hearing was prematurely terminated on this procedural matter which would have left it open to judicial review. It will be at least eight weeks until a decision could be expected.

THE CHOPPING BLOCK

4741 Marine Avenue
Powell River, B.C.

Fresh Meats; Deli; Party Trays;
Store-made Sausages &
Hamburger Patties

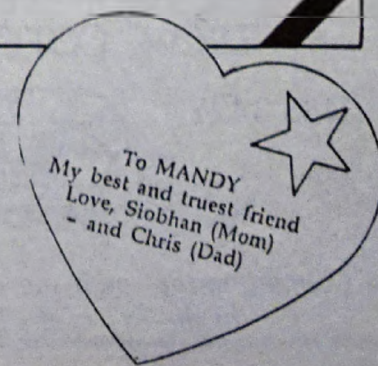
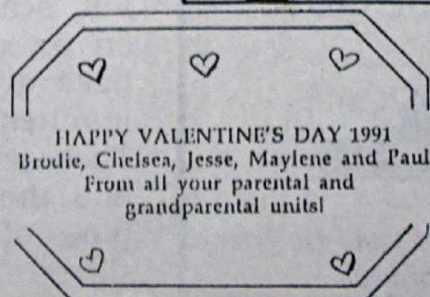
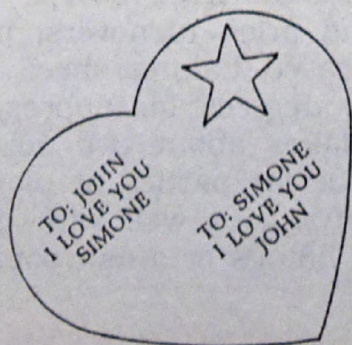
485-4838

TRUE CUT SAWMILLS QUALITY CEDAR LUMBER

2812 McCausland Rd.
Myrtle Point

PH:487-9343

FX:487-4251



COASTAL CUISINE

Living along the coast, we're into seafood. From cod to clams, we purchase it from local growers and suppliers, or dig, pick, or fish it ourselves. Here are a few palate-pleasing seafood specialties contributed by Lund-ites.

Bouillabaisse

by Wolfgang Goudriaan

For 4-6 persons

1. Place in your favourite pottery dish the following raw local seafoods:

- 2 dozen legal size clams
- 2 dozen mussels
- 1 dozen shucked oysters
- 2 dozen whole prawns
- 200 grams snapper (Ling or Rock)
- large finger size
- 1/2 lb. squid - whole

2. Sautee in 4 oz. olive oil a julienne (matchstick) of:

- carrots - 1 cup
- celery - 1 cup
- leeks - 1 cup
- potato - 1 cup
- bull kelp - 1 cup
- 6 cloves garlic

3. Season with:

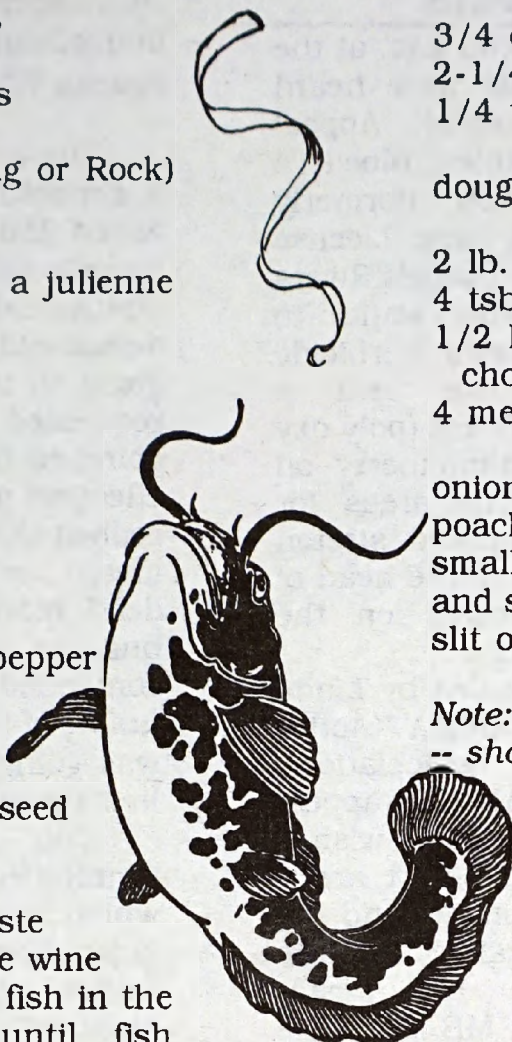
- pinch cayenne
- 1/2 tsp crushed black pepper
- 1 tsp paprika
- 1/2 tsp oregano
- 1/4 tsp thyme
- 1/4 tsp crushed fennel seed
- 4 bay leaves
- 2 tsp American saffron

4. Stir in 6 tbsp tomato paste

Add 1/2 bottle dry white wine

5. Pour sauce over the raw fish in the dish. Bake in oven until fish coagulates, or stove top cooking till bubbling gently. Do not overcook!

6. Serve with variety of fresh baked breads and more wine!



Kulebiaka (Coulbiac)

— from Lin Morrison —

Introduction: This is a Russian traditional recipe, adopted in Canada, and now a familiar French-Canadian dish --- It is good served hot or cold.

PASTRY

- 3/4 c. butter
- 1/2 c. sour cream
- 2-1/4 c. flour
- 1/2 tsp. dill
- 1/4 tsp. salt

Cut flour into shortening - stir in salt, sour cream and dill. Roll dough into two ovals, one slightly larger than the other. (See Note: below)

FILLING

- 2 lb. salmon
- 1 c. cooked rice
- 4 tsb. butter
- 3 hard boiled eggs, chopped
- 1/2 lb. fresh
- 1-1/2 tsb. dill
- chopped mushrooms
- fish stock or white wine for
- 4 med. onions, chopped
- poaching salmon

Poach salmon till slightly firm. Flake fish from bones. Saute onions & mushrooms in butter. Mix all ingredients lightly, adding poaching liquid, or cream, as needed, to moisten. Lay on center of smaller oval, leaving 1-1/2 to 2 inch border. Place second oval on top and seal edges. Brush with egg, decorate surface with pastry scraps and slit or pierce in several places.

Bake 45 - 60 minutes at 350 deg. F.

Note: I don't remember the size of pastry ovals -- roll dough about 1/4" -- should give about an 8 x 12 oval.



Cod Turnovers

— from Ev Watson —

Pastry:

- 2 1/4 c. flour
- 1/2 tsp salt
- 1/2 tsp thyme
- 1/2 tsp garlic salt or juice
- 3 tbsp grated cheddar cheese
- 3/4 c. margarine
- 1/2 c. cold water

Combine first four ingredients, cut in cheese and margarine till crumbly, then dribble cold water onto mixture while turning gently with a fork until a ball forms. Roll very thin and cut into circles about four inches. Fill:

Filling:

- 1 1/2 c. cooked cod, all bones picked out
- 1 hard cooked egg, chopped
- 1/2 c. mayonnaise
- 2 tsp. chopped fresh dill, or 1/2 tsp dried dill
- 1 tbsp. ketchup or salsa
- chopped pimientos, opt.

Fill, seal, and prick turnovers, place on an ungreased baking sheet, and bake at 400 degrees for approx. 15 minutes. Makes about two dozen. These are nice for parties or picnics, and the pastry goes well with other types of fish fillings or mushrooms in sauce.



Clam Pasta

— by Rob Langley —

- 2 cups finely chopped clam meat (about 5 lbs. fresh clams)
- 6 finely chopped garlic cloves
- 4 cups finely chopped kale, basil and/or parsley leaves
- 1/4 cup olive oil
- 6 cups freshly cooked pasta noodles
- 1/2 cup freshly grated parmesan cheese

In the olive oil briefly saute the garlic then add the clams then the chopped greens. After the greens soften up, about three minutes, fold the whole mixture and the cheese into the pasta. It can be served right away or baked in a moderate oven to bring out the flavours.

Spinach Salad Hot Dressing

For 4-6 persons

With a sharp knife shred fresh local (when available) spinach. Place in bowl.

Heat 4 oz olive oil with 1/8 tsp caraway seed, 1/4 tsp crushed black pepper. Add a few shredded leaves of sorrel and the juice of 2 small lemons. Pour over the spinach and toss immediately with 2 tbsp. freshly grated parmesano. Rye bread croutons optional.



STUDIO & COFFEE HOUSE

483-3422



Clinging to the south shore of Lund Harbour at the end of the boardwalk



7030 Alberni
(Next to The Inn at Westview)
Res.: 485-4779
RESTAURANT

serving
PRIME RIB
Friday Evening

LUNCH HOURS:
11:30 - 2:30
Mon. - Sat.
Closed Sundays and Holidays

Specializing in
STEAK &
fresh SEAFOOD

DINNER HOURS
Mon. - Thurs. 5 - 9
Fri. - Sat. 5 - 10

THOUGHTS ON FOOD

by June Huber

While the current world war news tends to trivialize anything happening in dear, old Lund, we still must live here and deal with our daily lives, no matter how mundane, and no matter what happens elsewhere. Thinking about living in Lund, I see it as a small piece of the whole world. What happens here does matter! Therefore, the New Years' resolutions I can carry on with will help to strengthen my desire for a clean, healthy, peace-loving, caring environment.

So, on with my first resolution: That is to "walk, walk, walk". In other words, to "trudge off the fudge!" Not being a fan of physical exercise in any form, I am having a hard time getting going in the morning. I must be wrong, so many other people seem to like both morning and exercise, but with me, the boredom of repetition sets in long before I see any results. Excuses, excuses! For this exercise to not be a total waste of time, my walking partner and I are taking a collection bag along with us to pick up the beer cans, bottles, etc., we see on the sides of the roads. It's just amazing what has been concealed under all that snow.

On a lighter note and returning to the fudge part of the trudge, an idea I've innocently planted in your brain, here is a recipe I vouch for. This fudge is so quick and easy to make you'll have it done long before your willpower decides you don't really need any!

Butter an 8" x 8" pan. In a bowl, measure out 1 cup of white sugar and 1 cup of brown sugar. Stir in 1/2 cup of canned milk (not diluted). Melt 1/4 cup butter in a heavy pot suitable for fudge making. When the butter bubbles up, stir in the sugar and milk mixture. Bring to boil, stirring constantly. Continue stirring, (preferably with a wooden spoon) for exactly five minutes. Remove from heat, stir in 1 teaspoon vanilla and beat just until the spoon makes definite tracks through the fudge mixture on the sides of the pot. This only takes a few minutes. Pour quickly into buttered pan. Mark squares with sharp knife just before it sets. Those who have done the trudge may now enjoy guilt free fudge!

Now on to my second resolution. That is to reduce the junk mail I receive. Perhaps you had a small grey pamphlet from Ray Skelly, our current M.P., called a Community Directory. This is a reference guide to Federal Government agencies. On page 14, there is a comment on junk mail. If you didn't read this, I have to tell you that in it they tell us that over the past ten years unsolicited junk mail has increased 85% and it was already in the billions per year. Even worse, 100,000, yeah, that's one hundred thousand any which way you print it, acres of forests are cleared yearly to produce this unnecessary stuff just for the Canadian market alone. You can do your part in reducing this maddening proliferation of useless, pointless forest waste by writing to:

Canadian Direct Marketing Assoc.
Mail Performance Service
1 Concorde Gate, Suite 607
Don Mills, Ontario, M3C 3N6

13


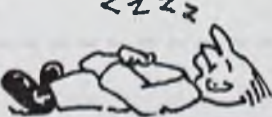
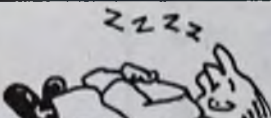
and asking that your name be removed from every mailing list. This stops unasked-for catalogues, begging letters, etc. Of course, you still get any mail order stuff you personally want by writing to individual firms yourself. I'm not big on letter writing, but I did write to this place. Don't forget to list every variation of name and address you may receive mail under.

Now, if we could just get rid of supermarket flyers from our mail boxes.... Vague as I am, wandering around in Safeway, it doesn't take arm-loads of flyers for me to figure out what's for sale. What would be wrong with a large blackboard format at their front doors? And never mind all those dumb coupons, either, the item is on sale or it's not. I resent having to get scissors and cut little pieces of paper and then have to remember what the hell I did with them when I get to the checkout...what is this, kindergarten? Surely today's shopper is too busy for this nonsense.

Now that I've made myself damned exasperated at such pointless waste, I'll soothe my sensibilities by taking myself off to lunch at Wolf's new set-up for Malaspina College's cooks' training programme located in the upstairs foyer of the Complex. With super food, changing daily, charming table sets, and willing service, how can you miss! Phone for reservations, really a must. The number is 485-2891.

Put the College on Your Calendar for February and March

Dates shown are start dates. Check your calendar or call the College for more information

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
CPR A 11 <i>COLLEGE BOOKSTORE</i> Open Daily from 9:00 am - 1:00 pm Monday through Friday Extended hours as posted	Excellence in the Hospitality 12 Industry: On Becoming a Top-Notch Employee From Kashmir to Kadakh (Slide Show) Prenatal Classes Survival First Aid	13 Wardrobe on a Budget One night only! Learn how to make clothes work for you.	14 HAPPY VALENTINE'S DAY	16 BE ENVIRONMENTALLY RESPONSIBLE bring your own mug for coffee at the College
18 A Tour Through the Personal Tax Form	19 Current Issues in Photography	20 Electric Motors and Controls (Power & Persuasion) Travel Packing Hints	21 Electrical/Electronic Calculation Workshops Radio Operator's Course at Lund	23 CPR Course B A Future in Farming
25 We are always looking for new ideas and instructors. Something to share? Call 483-2878	26 	27 	28 New Age Electronic Gadgeteering Quilt in a Day: Orientation Night	MARCH 2 Codependency and Family Issues
4 Mechanics of Separation and Divorce <i>free</i>	5 Services that Support Seniors at Home <i>by donation</i> Dog Obedience	6 Life Insurance and Disability	7 Call after 10:00 at 485-2891 for a reservation at our Cook Training	9 Survival First Aid
11 Need advice on program or course selection? Call for an appointment	12 CPR C Level Experiencing East Africa (slide show) Prenatal Classes People Centered The Hospitality Industry Polishing Our Management Skills	13 Driver Training Class 1, Class 3 and Class 6 ongoing	14 	16 Cashier Training (3 days)
18 Personal Injury and ICBC <i>free</i>	19 Legal and Financial Aspects of Caregiving <i>by donation</i>	20 <i>COLLEGE BOOKSTORE</i> Open Daily from 9:00 am - 1:00 pm Monday through Friday Extended hours as posted.	21 We are taking applications for Fall 1991 fulltime programs	23 Basic Pharmacology and Medical Aspects of Chemical Dependency Quilt in a Day

Ecological Reserves: Protecting "Our Treasures".

As a volunteer warden for two ecological reserves, Syd Riley says he is helping to protect "our treasures".

The east part of East Redonda Island (6,212 hectares) and Ambrose Lake (228 hectares) on Sechart Peninsula are under Riley's jurisdiction. There are 129 reserves in B.C. (0.1% of the provincial land area).

Riley emphasizes ecological reserves are not parks or recreation areas - they are permanent sanctuaries set aside by the province for observation, education, and scientific research open to the public for 'non-destructive observational use'. They preserve examples of B.C.'s plant and animal life, unique or rare natural phenomena and protect rare and endangered plants and animals in their natural habitat. Almost 1/3 of the total reserves is marine.

Like the other 80 wardens in the province, Riley is responsible for monitoring activity in and near the reserves and reporting any destructive activity. Camping and camp-fires, trail or road-building, trapping, hunting, prospecting, use of motorized vehicles and live-stock grazing are prohibited, as well as discharge of sewage, waste material and contaminants. Plants and animals cannot be introduced into a reserve.

Riley has posted information and warning signs in the reserves and visits them regularly. He says the public is generally respectful in spite of a fair amount of marine activity in Pendrell Sound, which borders East Redonda. Boaters seek the warm waters of the Sound, he explains, and oyster growers collect seed there. Another possible concern is the privately owned property bordering the reserves.

East Redonda became a reserve in 1971. Although there are no developed trails, hikers can use the old logging roads on the lower slopes logged prior to reserve status. Coast Salish rock paintings are found on cliffs near the ocean. Most of the terrain is steep and rocky. Mount Addenbroke dominates the eastern side of the Island. It is a mile high and provides examples of first growth subalpine forests, subalpine parkland and alpine tundra. Wildlife includes black bear, black-tailed deer, turkey vulture, blue heron, wolf and cougar. Many other species of birds and mammals are presumed present.

The Ambrose Lake reserve is presently threatened by near-by logging. "Doman wants to log 2 40-acre blocks just north of the reserve", Riley says, "There's the threat of blowdowns and altered drainage.

We're in the process of negotiating, trying to find other logging sites. I don't know how it will get resolved.

"Yearly studies on the birds and flowers there are done by the Pender Harbour Wilderness Committee in conjunction with the government."

The process to get an area declared an ecological reserve is "a long, hard struggle," says Riley. Proposals must pass through several ministries and agencies with final decision made by the provincial cabinet. The public may submit reserve proposals for unique and undeveloped areas.

Robson Bight is an ecological reserve that is entirely marine and includes the Tsitika River Estuary. Riley says he is concerned that MacMillan & Bloedel want to log the adjacent areas. He keeps up to date on these matters through annual meetings with the other wardens and through news-letters from Friends of Ecological Reserves.

"The Friends support the reserve program by being a strong outside lobbying force that is not tied to the government," he says. New members are welcome. (F.E.R., P.O. Box 1721, Station E, Victoria, V8W 2Y1)

Tony Stich
For All Your Diving Needs
Lots of Experience
Room #15 Lund Breakwater Inn

CLASSIFIEDS

For sale or trade for outboard of equal value, 1978 Dodge Diplomat, 6 cyl. auto. 4-door. \$1000. Phone Lyn, 483-4043

Krydner upright piano, good condition, great sound c/w bench. \$2000 483-9870

**Paperworks Gift
Gallery**

"As Usual the Unusual"

Limited edition prints
Unique Gifts -
Jewelry - Cards

4739 MARINE AVE.
POWELL RIVER, B.C. V8A 2L2
485-2512

CUSTOM FRAMING

Jean & Steve Brach

SAVE GEORGIA STRAIT!

14

The *New Catalyst Special Report* on *Save Georgia Strait!* from summer 1990 is co-sponsored by Save Georgia Strait Alliance and Greenpeace. The following excerpts give background on the context in which Lund and surrounding coastal areas must deal with shellfish closures and environmental pollution.

Georgia Strait is dying. British Columbia's unique inland sea is in imminent danger of total collapse. Human activities in the region have caused a daily barrage of toxins that is killing the entire ecosystem. If we don't act now, it will likely be too late for these waters.

The signs that warn of the Strait's potential collapse are too depressing: shellfishery closures; rising levels of dioxins; organochlorines and PCB's in fish; salmon and lingcod in danger of extinction; high rates of cancer among residents and workers in pulpmill towns; public beach closures; tumours and lesions in fish ... But despite ever-increasing abuse, the Strait has stubbornly clung to life.

"12 pulp mills, 2 mines, 4 oil refineries, 6 chemical plants, 4 shipyards, 61 sawmills and 161 sewer outfalls are pouring toxic waste into Georgia Strait at a current rate of at least one million gallons a minute."

"Twenty years ago, Jacques Cousteau warned that the Strait of Georgia would be dead by 1990. The same year, Minister Jack Davis said that the entire Strait should be made into an underwater park. Unfortunately, both were ignored ..."

"We have to act quickly if we're not going to permanently damage the food chain and the ecological system of Georgia Strait. A decision-making body that represents the real people who live in, and are affected by, the region is the ultimate answer." Arne Tomlinson, United Fishermen and Allied Workers Union

"80% of Georgia Strait pollution comes from six coastal pulp mills, and sewage from Vancouver and Victoria." (Yes, Powell River is one of the six.)

The Save the Strait Alliance is a coalition of groups - environmental, community, native and labour - who organized a water marathon from Nanaimo to Sechart last summer. The Alliance is setting up a major conference on the strait to be held in Nanaimo at the end of February, and plans to form a "citizen's regulatory body to enforce the protection and clean-up of Georgia Strait." For information and to join: Save Georgia Strait Alliance, 2nd floor, 479 4th Street, Courtenay, B.C. V9N 1G9

FOREST OPTIONS: MANAGING FOR THE FUTURE

by Darcie MacFronton

EDITOR'S INTRODUCTION

According to the Ministry of Forests (Province of B.C.), it "has stewardship responsibilities over all 'provincial forests'... managing and protecting the Crown's forest and range resources and other resource values to provide maximum benefits to all British Columbians," through the B.C. Forest Service.

The Forest Service says it uses "Integrated Resource Management" and solicits public input on its policies. The following article is part of one area resident's response to the Forest Service's 1990 Sunshine Coast Timber Supply Area Options Report, which outlined five main options for forest management in this region.

Initial Response to the Document

I appreciate the effort that went into the producing of this document, and wish my response to be received positively, as a contribution to the ongoing discussion. I made a sincere attempt to grapple meaningfully with the information in the report.

After many readings of the *Options Report*, the following omissions and inconsistencies present themselves.

- While tree age can range over hundreds of years, and the current minimum harvesting age is 121 years, the planning period is only 50 years.

- The data from which the long-run sustainable yield is derived is not included in the Options document. What real figures from what time periods provide the basis of these projected rates? Without such data, the statement "the reduced harvesting age resulted in **higher yielding managed forest stands**" raises many questions. My perception is that Nature provides for us very well while maintaining an ecological balance that is very difficult for humans to recreate. We are unable to see or duplicate all the important inter-relating biological entities and systems, with the result that we throw things out of balance.

- Reductions of harvests are being considered due to the "shortage of economically recoverable mature timber". We have to ask how past management practices have produced this shortage, how to address it, and what present and future strategies are needed to ensure sustainable forests.

- The environment, which is an area of concern to forestry and to us all, was not addressed in a meaningful way. Environmental concerns are increasingly being recognized by the community at large as valid and serious, not alarmist at all.

- There is no discussion of harvesting methods (such as

clearcutting, strip logging, selective logging) that will contribute to or detract from the environment and other forestry goals and uses.

- Similarly, the issue of the environment is not raised in respect to silviculture activities. The choice of chemical or alternative natural methods to fertilize forests and protect them from insects and undergrowth will affect other potential uses of the forests, such as growing/harvesting of berries, mushrooms, and herbs, grazing of animals, recreation, and protection of fish and wildlife habitats.

- Program costs are indicated for Incremental Silviculture Option and the Recreation Option, but not for the Reduced Annual Allowable Cut Option, the Protection Scenario, Lower Minimum Harvesting Age Scenario, improved Access Scenario, or Status Quo Option.

- This was a time-consuming and confusing way to invite public input to the planning process. For many people, it is not a viable avenue, and for many, not even possible. Thus, much of the public has been excluded from consultation. newspaper articles, radio and television interviews and phone ins, presentations and discussion forums with Native groups, Chambers of Commerce, students, environmental groups, and the public could have been used to present the issues, summarize these options, invite the development of other options, and facilitate more discussion and input.

Summary of Response to Options

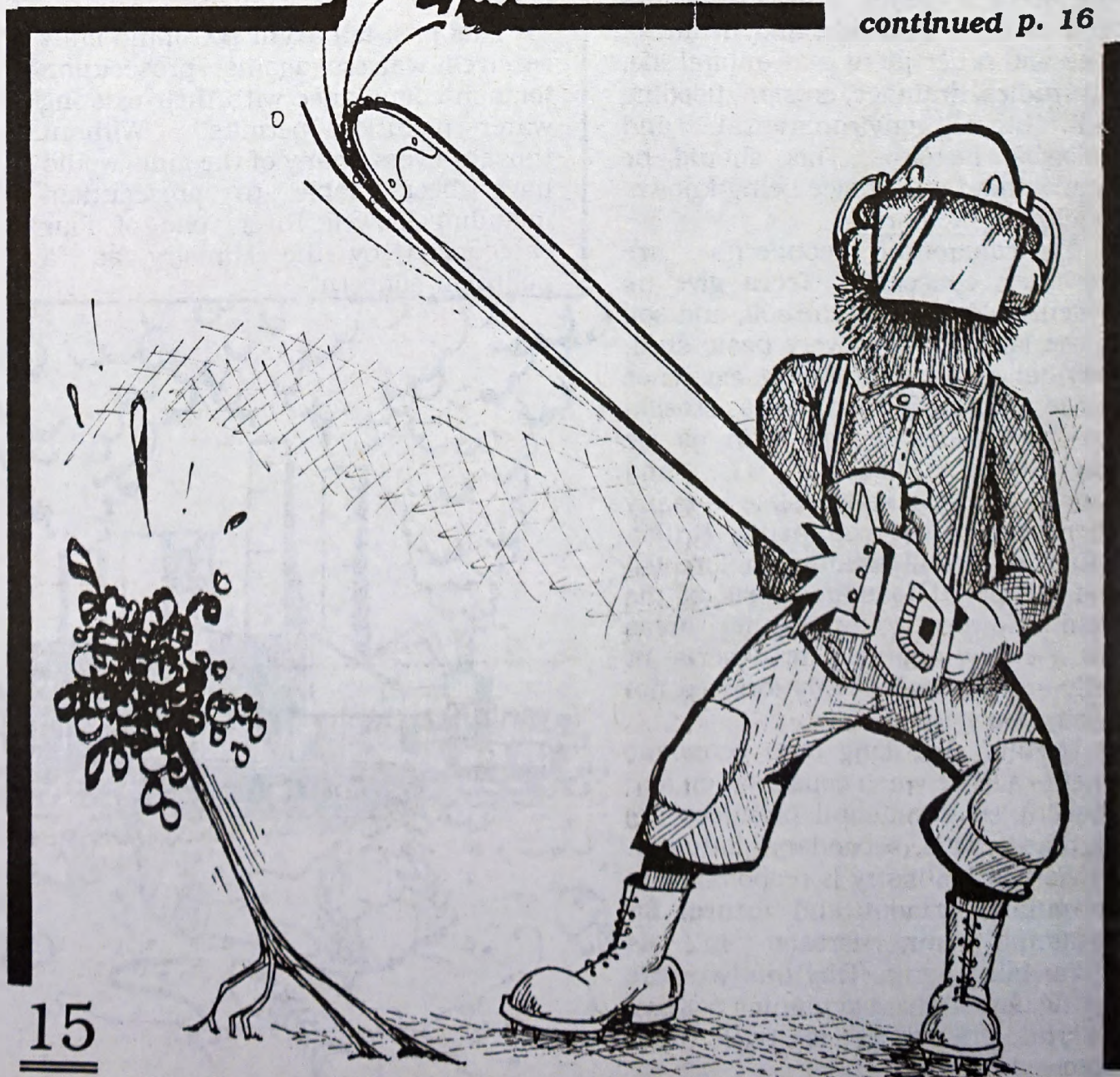
Remove from the land base the 34,000 hectares needed for fish and wildlife habitat, and the 6,400 hectares that would be opened up with improved access. Do reduce the Annual Allowable Cut. Do allocate more resources for increased silviculture, but use organic practices. Do incorporate the requirements for enhanced recreation.

Further Recommendations

- Do not allow logging in Parks.
- Do not allow logging in areas in which Native people have land claims.
- Make backlog reforestation a priority.
- Provide a forum for public discussion to facilitate the creation of a new vision for integrated resource management, and the lobbying for and drafting of regulations that will force the harvesters of B.C.'s raw resources to:

- 1) invest in setting up secondary industries as a precondition of harvesting
- 2) use harvesting methods that minimize visual and environmental degradation and allow integrated multiple use, and
- 3) replenish the deforested areas using organic methods. Secondary industries would provide jobs, and increase society's benefits from forestry. With regulation to enforce safe and appropriate harvesting and silviculture methods, companies would have to truly manage the forests for the long term.

continued p. 16



FORESTS, from p. 15

- Investigate the process by which various toxins accumulate in the environment over time, and the impact on fish, wildlife, and humans over the medium and long term.

- Develop goals, specific actions, and a timeline to eliminate reliance on chemical fertilizers, pesticides, and herbicides. Recruit people with the needed expertise and experience in this area, even if they need to be brought from out of the country.

- Take a leading role in experimenting and promotion of harvesting methods other than clear cut logging. Develop, with public input, regulations to ensure that logging companies use methods which are environmentally sound, and are compatible with "true" multiple use of forests.

- Provide information and training for staff and for logging company management and field workers in new, innovative methods of harvesting and organic silviculture activities that truly allow multiple use, including the harvesting of mushrooms and other edible plants, recreation, and wildlife protection and enhancement. - Work actively, increasingly, with environmentalist groups and individuals to access information and expertise that may not be available through Ministry channels.

- Designate observation sites in order to monitor impact of current methods of harvesting and silviculture practices. These sites could be observed by biologists before logging, and every 5 years after for factors such as type, size, age, and health of trees and other plant and animal life, soil studies, drainage, erosion, flooding and other environmental and ecological factors. This should be done without site choice being known.

Concluding Remarks

Environmental concerns are everyone's concerns. Trees give us oxygen, hold water in the soil, and soil on the land. This is very basic stuff, essential to our continuing existence on the planet. Without trees, erosion and mud slides occur, such as we have seen in coastal B.C., and deserts encroach, as is visible in many other parts of our continent. British Columbia is still wealthy in forested land compared to many parts of the world. However, many other areas that are now denuded, or deserts, or badly eroded, were lushly forested not so very long ago.

Medium and long term economic benefits accrue when conservation and excellent environmental practices are combined with secondary industry. The Forestry Ministry is responsible to the public, present and future, for sustaining our forests in its stewardship. Obviously the logging/forestry companies have powerful arguments to back their perceived needs.

But the Ministry employees and representatives have an obligation to not be swayed by the short term economics presented by this companies, or by the provincial government, which does not always take the long view.

I call upon the initiators of this process to make it valid and meaningful, to initiate broader discussions, and to reach out to individuals and groups who are interested in integrated resource management to come up with a new vision of the forests, and to suggest and develop other management options that take into account what the forests mean to all of us, not just to the logging industry.

Pulp Pollution, Shellfish Closure Update

The January issue of the *West Coast Environmental Law Research Foundation Newsletter* announced the release of a report by Environment Canada economist William Sinclair which states that "it is both economically desirable and technically feasible for the pulp and paper industry to use the best known and available controls and treatments to safeguard the nation's waters."

From 1971 to 1984, capital investment by the Canadian pulp industry on air and water pollution abatement as a percentage of total capital investment declined continuously. B.C. pulp mills in 1984 spent the lowest percentage in Canada of capital investment for pollution control.

This past fall, eight B.C. pulp mills received waivers against prosecution for non-compliance with their existing water pollution permits. Without those waivers, many of the mills would have been liable to prosecution, including Powell River, one of four categorized by the Ministry as "a pollution concern".

SHELLFISH, from p. 9

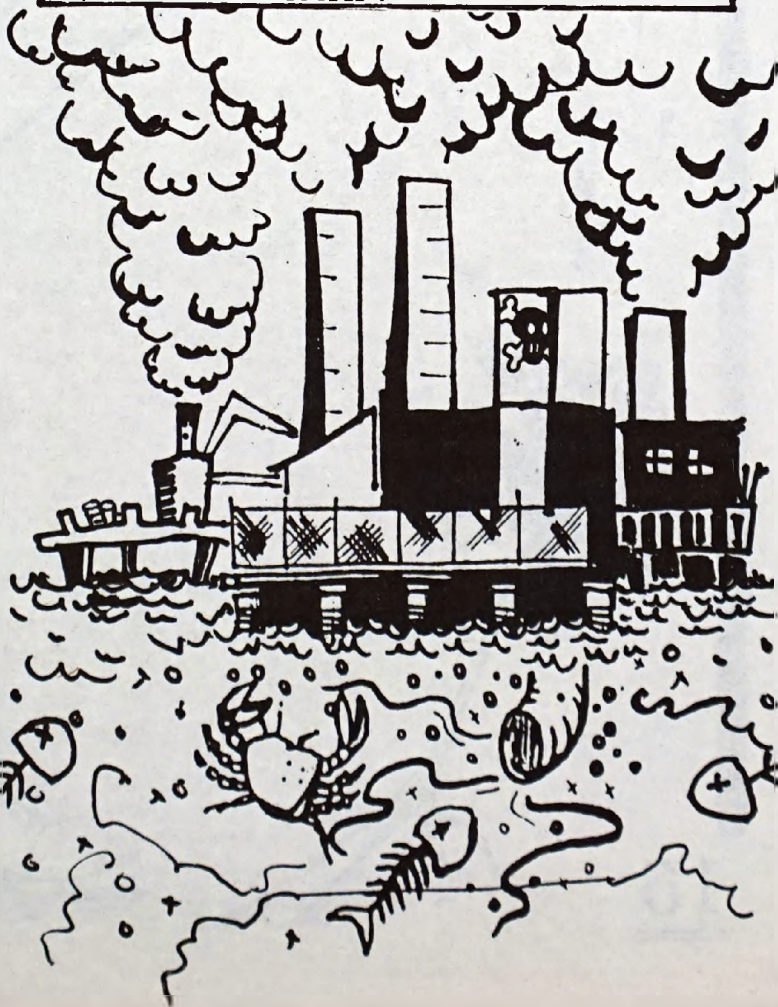
intake is determined; if that exceeds 10 pg/kg (10 picograms per kilogram) assuming forty grams of oysters consumed per day, then the area would be closed.

The only human health effect is reversible and consists of a skin condition called chloracne. When asked if he was aware of the claims made by Vietnam veterans that the studies used to support the contention that there were no effects other than chloracne were poorly designed and did not separate out the most exposed group, he stated that there were all kinds of wild claims being made, but that evidence from Seveso, Italy did not support them.

With respect to cleaning it up, he said that you would have to stop putting them in, and as for how long it would take, there was no way of estimating. He said where a closure had been implemented for a specific species, not to consume that species, but that it would be okay to eat the clams.

Comments of This Reporter

These people who are responsible for the government position on dioxins and furans are banking on the fact that if they are wrong and there are health effects from ingesting dioxins then they will not be held responsible, they will be retired, or that those affected will be lying in a ward somewhere with kidney or liver failure, or cancer, too sick to bitch or sue. Anyone who thinks it is okay to eat clams from Savary Island and not oysters, is a bloody fool. The testing did not include all isomers of dioxins and furans, and did not include hundreds of other chemicals or such metals as titanium. In my opinion, it is more important to have a safe food supply than to have chlorine-treated paper on which to read how contaminated it is becoming.



DATES WITH THE ENVIRONMENT

PARKS PLAN 90

Feb. 13 at Recreation Complex, open house and public meeting on future of B.C. wilderness and parks; program of B.C. Parks and Forest Service.

FORESTRY CONFERENCE

"Community Options Forestry Conference" - University of Victoria. Feb. 15-17. For information call Martin at 485-6455.

STATE OF THE STRAIT CONFERENCE

February 23-24, at the Coast Bastion in Nanaimo; presenters, panelists and citizen's forum, as part of the Save the Strait Alliance and leading to formation of Georgia Strait Authority.

1. Why Grow Heather?

Heathers must be as close as one can come to the ideal plant for west coast gardens. They are hardy evergreen shrubs, naturally suited to our climate and soil conditions. The majority flourish in a high-humus acidic soil. Once established, they need little care and they can be selected to give year-round beauty with a combination of flowers, foliage, colour and size range. The sizes range from compact, tiny plants suited to pockets in the rock garden to small 'trees' such as *Erica arborea* or *E. lusitanica*, up to 4-5 ft.; from spreading ground-hugging carpets to vigorous upright shrubs 2 ft. or more across.

The range of size, foliage, flower-type and blooming time makes growing heathers a year-round fascination. An added bonus is that they require minimal care once plants are established. Some spread rapidly and over large areas in a few years, depending on plant spacing.

In average conditions, five plants to a square metre will give complete ground cover in three years. Three plants will cover a comparable area in five years.

A novice is well advised to find a good reference for size of different cultivars before starting out to buy.

The label will generally tell basic information - eg. *Erica carnea* Springwood White, 8" x 24" (ie. 8" tall and 24" spread at 3 years), while *Ec Ann Sparkes* is 6" x 10". A label doesn't tell you that Springwood White continues its vigorous spreading indefinitely, rooting as it travels, while *Ann Sparkes* seems to have trouble reaching the minimum size. Should they be overtaken by a more vigorous grower, these small plants can be overwhelmed and disappear.

2. What are Heathers?

The plants usually available commercially as 'heathers' include three genera of the Ericaceae family - the *Callunas*, the *Ericas*, and the *Daboecias*. None of these are native to North America, although the two related genera, *Cassiope* and *Phyllodoce*, are often called native heathers or mountain heathers. These are rarely available commercially.

Calluna vulgaris is the only species of the genera, but there are several hundred different varieties, ranging from tiny green hummocks like *Cv. Humpty Dumpty* or the slightly larger *Cv. Foxii Nana* to spreading bushy shrubs up to 2-2 1/2 ft. tall, like *Cv. Mair's Variety* or *H.E. Beale*.

Callunas, which have small scale-like foliage similar to cedar twigs, may have single or double flowers: foliage is

varying shades of light to dark green, gold, and silvery grey. New spring growth may have pale yellow and/or red tips, or the foliage may change to vivid reds and golds in winter.

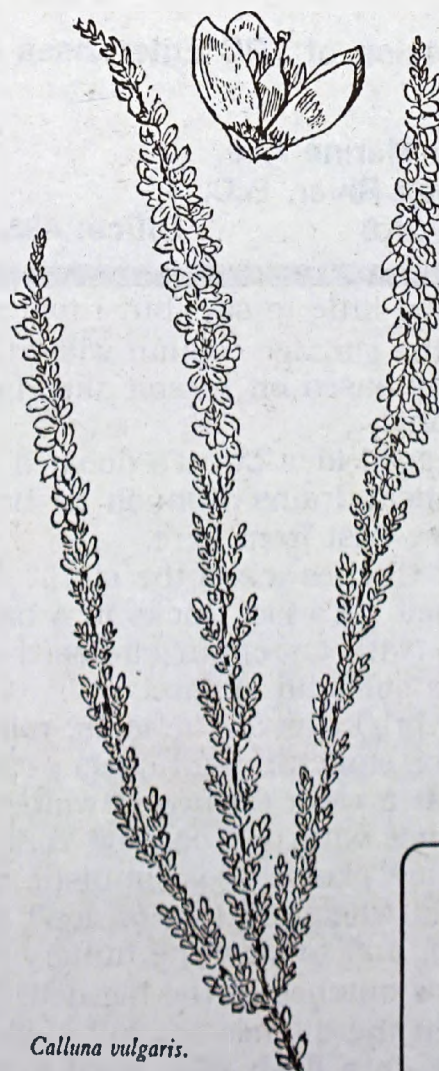
All *Callunas* bloom for 6-8 weeks in the July to October period.

The *Ericas* include over 100 species, most of which are native to South Africa and are not hardy in northern climates. All *Erica*'s have small, needle-like leaves.

One of these is the *Erica Persifolia*, often available in supermarkets in the spring as 'Scotch Heather'; it does not overwinter outside here.

Of the hardy *Ericas*, eight are native to Great Britain and Northern Europe. These are the 'heaths', two of which are winter-blooming -- *Erica carnea* is low, usually 6-8 inches, and spreads slowly or, as with *Ec. Springwood White*, rapidly and vigorously; *Erica x darleyensis* (x indicating a hybrid variety, in this instance a cross between *Erica carnea* and *Erica erigena*, and read as *Erica cross darleyensis*) is a bushy, spreading shrub up to 2-2 1/2 ft. tall and 2-3 ft. across.

The *Daboecias*, growing to 2 ft., have distinct small leaves and larger bell flowers, in white or shades of pink, flowering from June to October. The usually-available species are *Daboecia cantabrica* or sometimes *D. x scotica* (hybrid between *D. cantabrica* and *D. azorica*).



Calluna vulgaris.

The Scotch Heather or Ling.

3. Where to Grow Heathers - Choosing a Site

In the wild, heathers may be found thriving in a wide range of climatic and soil conditions. They like to be in full sun. If in the shade, they become straggly, bloom sparingly and the winter foliage colours do not develop.

The range in size, foliage type and colour, and flowering season make heathers particularly well suited to combining with other plants in a mixed flower/shrub border. They can be chosen to provide brilliant spots of colour when no other plants are blooming.

The small heathers fit well into a rock garden. Taller plants can make an attractive hedge along a path or garden bed. However, for most enthusiasts the ideal way to grow heathers is in a bed of their own, possibly with a few taller specimen plants to give accents. Heathers can be chosen to cover hard-to-manage banks, where they can be planted between rocks to give a spectacular and relatively easily maintained effect.

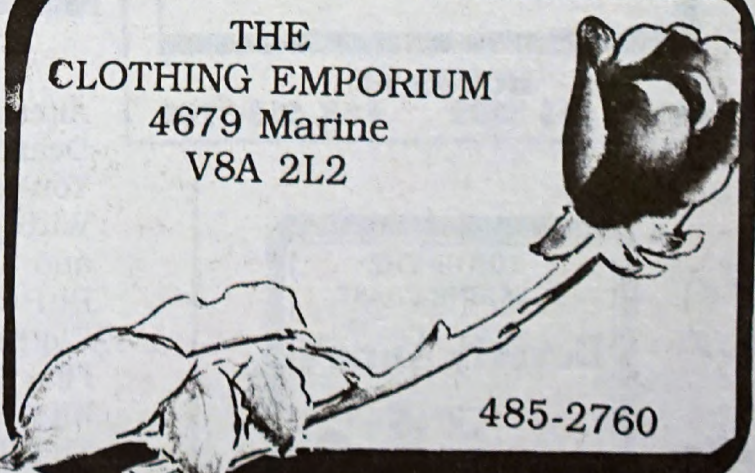
If the available sunny space is a flat area, it can be built into mounds and hollows, to approximate the natural wild planting.

Continued next issue




heirloom woodshoppe
Hard & Soft Wood Furniture
Custom Kitchen Cabinets
Box 23, R.R. 2, Craig Rd., Powell River, B.C. V8A 4Z3
483-9569 Paul Holbrook

THE CLOTHING EMPORIUM
4679 Marine
V8A 2L2



485-2760

Wool work shirts in pure Superswash wool, with 2 button neck and long body. Warm, comfortable, and durable.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Crew neck sweaters in a heavy knit with ribbed neck, cuffs, and waist, in Superswash wool or pure combed cotton.
		
483-4402		
Machine washable and dryable - won't shrink or lose shape		

Thoughts on Racism

by Anne Cameron

Were you watching? Did you see Pat(ronage) Carney interviewed on TV and asked if she had any idea how it was a native woman who had made her reservation with the airline a month earlier got bumped from a flight to make room for the Senator? Well, no, said Pat(ronage), she had no idea how that happened. Of course the native woman had what seemed to me a pretty spot-on idea of how and why it happened. One of the more interesting little aspects to the whole thing was that Pat(ronage)'s secretary had phoned just the previous afternoon to get a seat on the plane (they should have got two). The airline seemed to want to withhold comment but did insist it had nothing to do with Pat(ronage) being a Senator, nothing to do with classism, nothing to do with racism. Sure guys, sure. A few of us probably snickered at the really sick part of the joke, the one about it doing Indians no good to have any kind of reservation.

On the up side, one of my extended family kids was working up north as a dental technician, hauling in thirty thousand a year. She's a fresh-water Indian from Six Nations and part of her job required her to drive around the district visiting reserves and doing dental care and giving lectures on hygiene.

The roads up there are actually worse than the ones down here (hard to believe, eh?), so the kid decides she needs a good vehicle. Visited the car lots, decided on a four-wheel drive, went to the bank to arrange financing.

The bank turned her down. They used some fancy language, at first, but finally admitted it was not their policy to loan money to status Indians. The kid was outraged, justifiably we thought, but then we're her extended family and inclined to be partisan. She got the truck anyway, but the whole thing festered, and she decided she, by god, would hang the bank's hide on the garage door for racial discrimination.

She didn't really want any money, what she was after was an apology. Well, you'll be overjoyed to know the last thing the bank wanted to do was in any way apologize, they were actually more willing to pay money than to admit they'd put their corporate foot into it.

The kid held out. Phoned home. We all had fits and one of us came up with the name of a good lawyer. A native lawyer. The kid held on for more than a year. Got her apology. Even got a chunk of the bank's money! It helped pay off the four-wheel drive. She took the letter of apology to a frame shop and has it hanging on the wall; and we tease her about taking scalps and burning wagons. Yeah, I know, that's racism too, right?

Dear Mischa,

Well, so far, everything seems to be going as planned. The press has hardly uncovered a thing, and the public seems thrilled with the videos we're showing them. Of course we have a few squeamish folks here, but most of us are really up for the fight. I've really got them cranked on this business of stopping them now, or pay more later. That's the way Hitler was able to get the Germans willing to battle you commies, and, like the Germans then, this is just the thing to restore our spirits, and help us forget the costs and embarrassments of our last war. There has been hardly any mention of the Savings & Loan crisis or recession, and I've got most of them convinced that whining during a war is akin to treason. All in all, it looks like my people won't be nearly as troublesome as we thought they might be.

Of course, I couldn't have done it without your help, and I hope that my silence about the Baltics helps you in return. I'm glad to see that you and the Israelis are getting along so well. They really appreciate the cannon fodder you've been sending, and I'm sure they'll want to return the favor when you need a hand with your Moslem republics. I have to admit I was kind of nervous about playing it quite this Orwellian, but now I think it was the best advice Reagan ever gave me.

It looks like it should only take a few weeks and 20k or so of America's darkest to put the Emir back on his throne. I'm not about to make the same mistake we made in Vietnam - I want everyone who has to die in this war to do it before truth displaces patriotism with cynicism. I figure I owe them that much.

Gotta get back to work - Colin says he's got some great new footage to show me. Good luck in Latvia, and thanks for the oil.

ciao, George

cc: Dave Pollen

TOM'S FIRE EXTINGUISHER SERVICE

Division of TRC Enterprises Ltd

4615 Marine Ave.
Powell River, B.C.
V8A 2K8 Office: 485-4943

Having little to say (but I told me so)
the garbage column will be

Alternately based on reason and rhyme and occasional bits of me.

Dear Ronnie,

You've a good idea but it's doomed to fail I fear,
With political drains of mush for brains
and all the best from here.

But wait! Clothes make the man.
Clothes sell - it's like ducks in a barrel.
I'll weave (with taste) our oil-based waste
Into some splendid apparel.

Shirts as bright as any dreams, robes to shame the sun,
Clothes for emperors and queens, priced for everyone.
They'll last a week (or two in winter); you'll look and feel so fine,
You'll glance with pity on New York City where folks lack clothes like mine.

So bring me plastic, look fantastic and always as young as new;
They're old when you itch or don't feel rich and this is what you do:
Buy more, and to slow the hungry waters, undermining the road,

Put last week's stitches in the big new ditches when you come for another week's load.
And when the ditches are full of clothes we'll light a torch and pour
On flame, in a flash what used to be trash

Is a bicycle path to your door.

To contribute all we do is consume and exercise our pride,
And after the turmoil of stealing their oil, we can go for a bicycle ride.
They'll call us Georgettes to recognize the finer garb I forge.

Another example of all my best. Happy Valentine. Love, George.



finn bau
SEAPRODUCTS LTD., FINN BAY RD.
Box 54, Lund, B.C. V0N 2G0

LIVING IN

AND SUPPORTING

THE COMMUNITY OF LUND

HOURS 9-5
PHONE 483-3202 FAX 483-3702

TOP OF THE
SUNSHINE COAST.
Beverly Anne's

Cafe



4715 Marine Avenue
Powell River, B.C.
V8A 2L2

485-7111

Fast Courteous Service.
Freshness Our Specialty

OWNER:

BEVERLY LEECH

TO LIVE AND TO SHARE

Mr. Jackie S. Timothy Jr.
Sliammon Nation

Everything that lives, has a universal spirit of Life, from the Creator. Meaning, the animals and creatures of our world. We have known this since time has begun. Nowadays science has discovered this in its great wisdom.

Today's ways of measuring value: How much something is worth, how much can we use it, is it profitable? These are the questions from one perspective, a tunnel vision. On the other hand, what ever happened to, "I'll take what I need and leave the rest for another day, or for someone else who may need the same thing."

To have is one thing, to have and to share is another. In the end, will we be fighting over who has the right to take the last of our forests, lands, resources and yet, have no regards for what the consequences are? Or what have we lost, for the cost of greed?

How can we live with the ways our people have been treated? We have not signed over the land to the Government nor have we given powers to the Logging companies. Where they say I'll take what I can, if there is something left, you can have it back. Would it be fair for us to go into the shops and stores of the Down Town areas and just take off the shelf what we want and need without paying for it?

19

No - this would never happen, the "Law" says we will be thrown in jail.

Then how can the Government say, "We will move you here, so we can work the lands for a more prosperous life for all." Little did we know that the prosperous life and the word "all" did not include the Indigenous people of the land.

Prayer and words of Religion made by Man, are not the prayers and the heart-felt words of the Indigenous people to the Creator we love. The Creator is loving and good. Through these times of misunderstanding of one another, the concerns of both sides for the environment issues and the difficulty of the Government to let my people go. This is the time for prayer. For I say, we are a spiritual people in all senses of the word. Now is the time to practice the ways of my People, prayer and guidance of the Creator.

Some people say that, "These things hit too close to Home." How much more does it hit the Hearts and the Homes of the Indigenous people? Where is the home of the visitors that never left? If it is a question of home, of Canadians, then let us treat it like a Home for all. It is one thing to have, and it is another, to have and to share. I know we have done this. Now it is time for our share of what was rightfully ours to start.

Gordie Coles

Renovations
Additions
Finishing

483-9708

SHIATSU WORKSHOP

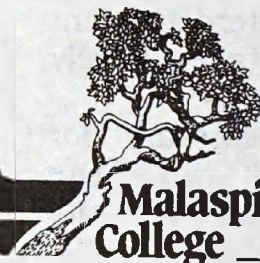
This 2-day practical workshop is taught by one of Victoria's most knowledgeable practitioners of Shiatsu. This year's workshop will be of interest to those with no experience as well as those who have taken a workshop at an earlier date. Wear loose comfortable clothing. Register early.

Course ID: HOLI 020 S91P1
Instructor: Ingrid Strynzal
Fee: \$65
Scheduled: 2 sessions, Sat. & Sun., Apr. 13 & 14, 9:30-4:30pm

SHIATSU SEMINAR

This ancient oriental massage technique is specifically designed to reduce tension and stress in the back, neck, shoulders, low back, hips and legs. Finger pressure is not always strong, but is adjusted to suit the person's condition.

Course ID: HOLI 013 S91P1
Instructor: Ingrid Strynzal
Fee: \$8
Scheduled: 1 session, Fri., Apr. 12, 7-9:30 pm



Powell River Campus
3960 Selkirk,
Powell River, B.C. V8A 3C6

SS
DOUBLE
SHOOTING
SUPPLIES
LTD.

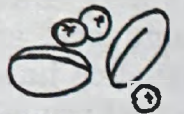
SPECIALIZING IN DARTS
RELOADING SUPPLIES
BLACK POWDER
GUNS

4615 Marine Ave. 485-5282

Cranberry Pottery

Functional and decorative stoneware
in five complete lines. Also one of a kind
items and special designs.

Catalogue available



6729 Cranberry St., Powell River

LUND AUTO & OUTBOARD LTD

Service calls to Stuart Island, Savary Island, and Desolation Sound

Phone (604)483-4612

Fax (604)483-9356

Agents for



Mariner Outboards
Force Outboards
EZ Loader Trailers
Eagle Sounders
Gold Crown Manifolds

Quicksilver Marine (solid bronze,
Parts & Accessories lifetime warranty)
Boat Storage

Fiberglass Boats
— Malibu

Aluminum Boats
— Smoker Craft

VHF Radios

— Sitex
— Apelco
— Lorad

Mercruiser Sterndrive
Sales and Service



Parking: Daily-\$3.00 Weekly-\$18.00 Monthly-\$55.00

Indo-Canada Youth Exchange Programme - 1990-91

By Roopa Desai and Kathy Eden

Here we give an insight to the Indo-Canada Youth Exchange Programme, held in Powell River and India in 1990-1991.

Seven Indian participants and their co-leader Maj. R. Venkateshan and seven Canadian participants along with their group leader Mr. Trevor Simms were in Powell River from August 10, 1990 to November, 1990.

The participants have varied objectives to be achieved during the programme. The objectives are:

- 1) to create among participants a greater understanding of and respect for individuals and cultures with values different from their own, as a basis for meaningful collaboration in local and international development
- 2) to instil in them a sense of responsibility for and commitment to resolving the social and economic problems affecting their lives
- 3) to foster the perception that they are members of an interdependent world and that actions taken locally can have global implications
- 4) to develop skills necessary for effective involvement in the development of their own community and country.

Seminar subjects concern local, national or international topics. The topics covered so far are environment, alternative energy, natural resources, the media, youth, peace and disarmament, women & development.

A language class was also held for a couple of hours once a week where French and Marathi (an Indian language) are taught. All these activities have greatly helped all of us in achieving the objectives of the programme.

In order to achieve these objectives, the participants are given opportunities promoting direct life experience, encouraging reflections on one's experience, and interactions with host families, work placements, and community in general.

This programme is divided into two phases, the Canadian phase and the Indian phase with the duration of three months in each. The Canadian phase commenced on August 1/90 and terminated on Nov 1/90. After the first phase, both the Indians and the Canadians went to India to spend 3 months in a community which constitutes the second phase.

Apart from all this, all the participants get to enjoy working at various places in the community as a social service. The various workplacements allotted to each counterpart pair are: Emmonds farm, Slammon hatchery, James Thompson School, Cranberry Children's Centre,

Artaban Centre, the Recreation Complex and the Ministry of Forests.

Here are our personal feelings about this programme:

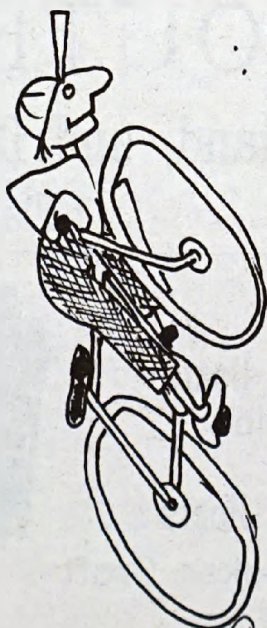
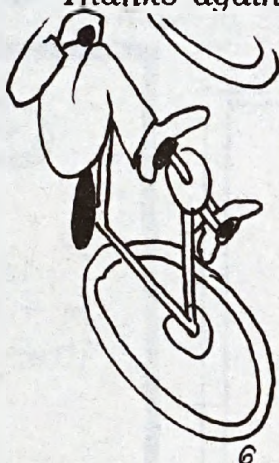
Roopa: "I feel very much privileged to be on this wonderful programme. I'd love to go on many other exchange programmes like this. It's really helped me to live independently to a certain extent which I think all the other Indians also appreciate the situation into which we are put, as much as I do. I have learnt how to prosper as a group and compromise with my counterpart and the rest of the group at times.

The programme has made me wise on various global issues. Staying here has also made me think more on environment and global protection. I've enjoyed this heavenly place with the greenery, mountains, lakes and the oceans. I'm definitely feeling bad on saying good-bye! Au-revoir! to this place. But life is a circle which keeps moving, so we meet and part treasuring the friends in our hearts. My good old memories will remain as green as ever in my heart for ever.

Lastly I'd like to thank a million times to all those who have helped to make this part of the programme a great success. The community people, especially my host family, have done quite a lot for this and I find that they were very warm and hospitable. Thanks again!

Kathy: Where to begin? So much has happened in such a short time. I often get "sensory overload". But once I have sorted through the information, the picture becomes perfectly clear. For my-self, this programme has been a turning point in my life that has changed me in so many ways. I wish every Canadian youth could experience and live in a culture unlike their own. It is informal with surroundings which you cannot help but learn about life, people, global issues, environment, development, and so much more. I now involve myself in issues that concern all of us globally. The most valuable lesson for myself was the realization and understanding of one another's culture for world peace. I came to terms with what I must compromise in order to learn. All of the participants have benefitted a great deal with our community in the first phase. My host family (Emmonds) and everyone I've encountered have taken a great interest in our programme. We bring the Canadian phase to a close with the Indian phase to look forward. I would like to thank everyone involved with CWY and NCC. "Our memories together will never end, always together forever friends."


EDITOR'S NOTE: This article was originally submitted for the November 1990 issue, and is being reprinted as submitted even though references to dates are not current.



DON LOGAN'S VILLAGE MEATS LTD.

4801 Joyce Avenue
POWELL RIVER, B.C. V8A 3B7
Phone 485-9441
POWELL RIVER PLAZA

50 cents off
6 or more chicken pieces



A Chicken Deal to Warm Your Heart

Your family's love affair with moist and crunchy Chester Fried chicken continues. You love the convenience, cherish the taste and obey your family's wishes to bring home more... lots more.

The Best Chicken Value
You'll Ever Come Back For!



Living by the Moon

as told to the Barnacle by Mia Jonkind

Astrology for me is the idea that there is a certain order in our lives in the form of time and cycles. There is a relationship between planetary patterns and human cycles. We all have our own unique rhythms.

I use the cycles of the nine planets and the moon. The position of the sun the day you were born is the most important - it describes your power, energy and self-expression.

The next most important is the moon. It influences body fluids, emotions and rhythms. Much can be planned by the moon. The moon traverses all signs of the zodiac. It is in each sign for 2 1/2 days. I use a calendar that shows where the moon is - where the moon is gives a feeling for the day.

During the new moon, we have confrontations in our charts.

We get more busy with things and talk about problems. The challenges will be solved by the full moon. People are happier and more relaxed around the full moon because confrontations are solved.

You may feel some new moon affects you more than others. It depends on how it hits your particular chart. Using the moon's cycles and seeing it as cycles can make you grow.

Here are the positions of the moon and its influences.

Aries:

highly enthusiastic, energetic, impulsive; time to start things but not necessarily work through them

Taurus:

people are cautious; great day for dinner parties because we appreciate beauty more - food is excellent and nicely served

Gemini:

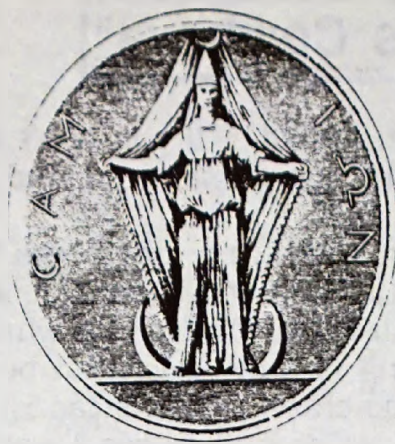
people talk - communicate and exchange ideas, make speeches, on the phone more. Can be a hard time to make up your mind because so much goes on

Cancer:

an emotional sign; People are more vulnerable, more cautious not to hurt others. Time to connect with home - remember family, sentimental, motherly. Tend to overeat though food may not be too great -it's the feeling of food rather than the taste.

Leo:

people like to be more glamorous, to enjoy, do things like go to the theatre. People are a bit more generous. The time is involved with kids - confrontations with kids and do extra stuff with kids, enjoy being a parent.



MOON SIGNS: February-March

DATE	TIME	MOON IN:
Feb 7	7:23 am	♐ Sagittarius
Feb 9	8:16 pm	♑ Capricorn
Feb 12	8:16 am	♒ Aquarius
Feb 14	9:32 am	NEW MOON
	5:59 pm	♓ Pisces
Feb 17	1:11 am	♈ Aries
Feb 19	6:24 am	♉ Taurus
Feb 21	10:10 am	♊ Gemini
Feb 23	12:56 pm	♋ Cancer
Feb 25	3:13 pm	♌ Leo
Feb 27	10:10 am	♍ Virgo
Feb 28	10:25 am	FULL MOON
Mar 1	10:03 pm	♎ Libra
Mar 4	5:08 am	♏ Scorpio
Mar 6	3:35 pm	♐ Sagittarius
Mar 9	4:14 am	♑ Capricorn
Mar 11	4:31 pm	♒ Aquarius
Mar 14	2:11 am	♓ Pisces
Mar 16	8:38 am	♈ Aries
		NEW MOON

Virgo:

picky and cautious. Do practical things that need time and attention. Plan a party but make healthy food with nutritional value. Interested in health, people will be more critical of food, so make it healthy.

Libra:

the only time I get to work in the garden. Time for loving, partnerships, lovely social gatherings - people talk and exchange ideals in a beautiful way. Artistic ideas - colors. People are very tolerant - moods are more mellow. Peace-loving.

Scorpio:

people become more intense, maybe more jealous (forget to forgive and forget). Good time for merging with another person on a deep emotional level. Good time for sexual activity, metaphysics and holistic healing.

Sagittarius:

spontaneous, intuitive, people like to go out; more into our bodies -want to be physical (sports) make travel plans. Time for philosophy, talk about different countries. People are more idealistic. It's one of my favorite signs - it's a nice feeling being in Sagittarius.

Capricorn:

earthy. We become more practical. Not a good time for a party. Good for financial planning, what to do with your job life. Your head is on solid, good for making practical decisions about your position in life.

Aquarius:

a lovely sign - tolerance, general awareness of social needs of other people, and a love for unconventional. Make plans. Be intellectual, not emotional. Need to express thoughts, sense of freedom of mind and spirit, a sense of equality. Good for theme dinner party - people talk a lot.

Pisces:

Emotions run high - people like to sacrifice themselves and are more emotional than necessary. Enjoy music and poetry. Get easily discouraged with the practical - better for psychic and spiritual ideas. Nothing is easy - suffering involved. People are more vulnerable and impressionable.

Gallery Tantalus

VITA BREVIS



ARS LONGA

Phone: 604-485-9412

4643 Marine Avenue, Powell River, B.C.
Canada V8A 2K8

"Just Us Cowboys"

by Terra McFronton

90-03-14

"No!", my uncle said sharply, in his strong western accent. "If you don't learn, we're going to get caught!". I turned around so I didn't have to face him, but I heard him curse at me and kick the back of the building.

"I'm trying! Don't be so hard on me!"

"Don't be hard on you!" I knew I shouldn't have said that, my uncle was really red now.

"You'd be dead now, for blubbing me up so many times, if you were anyone but you! You know what I should have done? When I escaped, I should have just left you there! That's just what I should have done! Because now, we're just going to get caught again." If I wasn't trying to prove myself to be manly, I would have apologized. If he would have left me in the jail cell, I would have gone crazy. But instead I just stood there. My uncle's a smart guy, and he's really a good person, down in his heart, so he understood I was sorry, and patted me on the back.

"I'm hungry." is all he said.

We walked down the dusty road to the Johnson's Inn. My uncle whispered, Ready?... Now!" we burst in the door and ran across the room. I heard screams and shrieks. My uncle and I ran to a table and both grabbed a hostage. My uncle took charge as he always does.

"We want food!" he shouted at Mr. Johnson. "Now!" Mr. Johnson ran to the oven and took out a big steak. My uncle seemed to like having this control over people.

"Potatoes!" he ordered. Mr. Johnson peered in the oven.

"T-there's only two." he stuttered.

"I don't care if they're cooked or not!" my uncle shouted at them. The cook dumped fourteen potatoes on the table. I walked over with my hostage, who was a plump, rich looking lady, and put the food in the sack. I pushed my hostage aside and fired four shots in the air. My uncle ran out the door with me on his heels. We mounted our horses which were behind the building and rode into the woods.

The next town along the road would be harder to rob, we soon found out, because there were a lot more thieves. My uncle decided not to rob this town, but to gamble instead, and if we lost money, we'd skip town. I thought that a good idea, and I decided to try my hardest to stay out of his way. I didn't know much about cards, but my uncle was super. And I could cheat for him, and help him if he got into a fight.

That night, as I sat at that table, watching the card game, I began to have some hard feelings towards my uncle. I took another sip of whiskey. I realized I was on my third glass. I hadn't had this much fun in all my robbing years. Sitting here, not running, and playing a game! not having to be serious! I glared at my uncle.

I was picking up some points on five card stud. I looked at my uncle's expressionless face, and, right then, I couldn't think of anything he had done for me.

My uncle asked to be excused, saying he had to use the john. I followed him.

"From what you told me, I'm really losing bad." he mumbled to me after we were out of sight. "I want you to make a disruption, I'll grab the gold, then we'll run."

"Yea, sure." I answered. "Whatever." We walked back to the table. I looked over one guy's shoulder. He picked up what looked like two cards, but from my angle I could see it was three.

"Hey!" I yelled. "You can't do that!"

He stood up and said, "What do you want!?" I looked at my uncle. He nodded back and also stood up.

"I saw that too!", he said and then punched him. Two of the man's friends stood up and soon there was a huge fight. In the confusion my uncle grabbed the gold, and we both ran out of the building and rode off again.

After we were a ways down the road, I looked at my uncle. He had a bleeding nose, and a big bruise under his eye, but of course he showed no sign of pain.

"I think that was a pretty stupid idea," I said. My uncle looked at me, shocked. I had never said that anything he did was stupid.

"What!" he said.

"You heard me."

"Why do you say that?" I looked at him for a few seconds, then turned away in disgust.

"We were having fun! Why is money everything to you?!" I was still a little bit drunk, and I couldn't think properly.

"You're so cruel! You never think of anyone but yourself." My uncle got off his horse and walked towards me. I also dismounted.

"You just shut up!" he said. His eyes were like icicles.

"Why should I?" I wouldn't have talked to him like this if I weren't drunk. He slapped me, for the first time in my life. I stood there, silent for a few seconds, then said, "I'm not like you." I mounted my horse and rode off, with my uncle looking after me.

A few years later I received a telegram from him saying: Billy.

Gone to Dallas.

Going to settle down.

I guess you can make a silk purse out of a sow's ear. miss you.

Uncle Dave.

"1/2 - Step"

I some-times, feel, 1/2, a step; out;
and, of, course, I lie, for, my, own, protection;
most, of, the, time, be-neath, the, stars, & the, sun;
- and, the, lullaby, wind, which, saves, me.
Funny, ocean anchor, of, life, and, living;
- 1/2, a step, 1/2, a step; I, grow, weary,
for, need, of, an, other, 1/2, step, to, be; elsewhere,
beyond, letters.

written, m.n. morrison

Sept/27/1990

"Don't - Stop"

Passionate, life, nor, any, clock, could, tell, time;
- as, she, whispered, into, a warm, - rainy, hazy, moon-light;
diamond, - drops, off, her, catching, scarlet- lips.
- Nor, any, police-man's, whistle, to, mark, a, swelling-tide.
And, she, told, me, maybe, this, should, end:
warm, breath, in, her, hair;
warm, - life, white- loving, hours;
watch, sea, and, flower, grow,;
that, under, a, sea-gull-sky,; whispered, ;
- Don't - stop:

written: Oct/91
m.n.morrison

Happy Valentine's Day
To Michael
Kenny & Ashley
From Mom
I Love You

To: Jenne
Our Valentine Girl
Love Mom & Dad

To My Toothless Tiger!
Happy Hearts Day!

BOOKS AND MOVIES

BOOK SHELF

23

by Donna Huber

Well, it looks like a long cold journey toward spring this year, doesn't it, what with the Gulf and the recession jumbled in with the astonishing weather... My sister and I are now in complete agreement with our Dad, the world is going to hell in a slimy basket.

Nonetheless, there's still eating, bathing and reading, three of my favorite solitary comfort-making pastimes (although if you want a funny mind picture think of me trying to achieve a bath in my steel bread bowl during the big chill, when our water pipes froze ... and burst.)

These days a person needs a really good book (and a packet of fig newtons) to pry a glimmer of brightness out of the general gloom, so I will naturally first mention a strange volume, which though written in an upbeat manner, depressed the hell out of me anyway. It's called *G-Forces (Reinventing the World)* by Frank Feather.

I believe the author's name plus the gush on the back cover led me to believe this was something along the line of *Future Shock* or *Small is Beautiful*. No. This is more like *Large and Busy is Beautiful*. Mr. Feather believes we all can adjust to the exciting events which are unfolding rapidly around us.

We are advised that the blanket of smog which is warming up the planet will ultimately do us good, in that, you've heard this before, cold countries will be able to grow oranges and lemons. Mr. Feather also communicates his enthusiasm for genetically altered farm creatures, you know, just grow a long bone with haunch-meat on it, never mind ears, noses and scrappy tails. He says "all five billion of us have the amazing potential to 'get rich'".

Quite a book, chockablock with facts and graphs and enough outrageous materials to keep a pro and con debate crackling into the wee hours. The thing that gives me night sweats is I sometimes catch a drift of this kind of mangled positiveness coming from the population at large. (Three Hubers agree, by and large humans are a thick-headed race.)

Last column I mentioned *Utne Magazine*. Got a subscription for Xmas. Very good reading, I repeat, and soon I will have a few to pass about.

Have you ever read *The New Yorker*? Three copies came my way this winter. It's a strange magazine; full of ads for fabulous rings and gorgeous automobiles. The fiction is so brilliant you don't want to read it. The cartoons are psychotic. (Never the twain shall meet) But it's interesting to see how the others tick.

Last time I also mentioned a writer named Robert Bly. He has a book out now called *Iron John*. Get it. This book will refresh your squashed and quivering soul, particularly if you are a man, (are you a man?) but a drench of holy water it is, for everyone, whatever you are. I won't tell you a thing about it now. It will be back in the library soon, so put your name on the list and let the wild rumpus begin.

I haven't mentioned children's books in a while. Tyler, our nine year old, is reading through the same Grimms' fairytales that Cayce did at that age. He, like his brother, likes *Hans My Hedgehog* the best. If you want an illuminating glimpse into the heart of a young boy, read it yourself and see why they love it so.

Cayce has lately been caught up in the testosterone magic of Louis L'Amour. His books are wonderful for twelve-year old men of all ages.

I like to dig up old books for the boys, because modern children's fiction often takes a high-handed tone. It tries to preach, or worse charm, from an adult position. We treat children like a separate species in this society, instead of fresh blooms from the great unknown, which they are, and often have things in their minds we have forgotten. Look for literature that has endured, like *Tom Sawyer* or *The Secret Garden*. Read stuff out loud you don't think they will understand. I remember our mom reading *The Rhyme of the Ancient Mariner* and of reading to myself the frightening *Goblin Market*. Of course, never forget the *Spiderman* comics, and that treat of early adolescence, *Mad Magazine*!

Movie Reviews

by Siobhan James

Home Alone

Yet another comedy success for John Hughes (*16 Candles*, *Pretty in Pink*, etc.) It's sheer goofball slapstick as 8-year old Kevin, who got left behind as his family jet off to France for Christmas (and yes, folks, when you have a large family that CAN happen!) single-handedly and with great ingenuity defends the family mansion against two scuzzy housebreakers. Non-stop belly laughs, beautiful photography, good music and even cameo appearances by John Candy and Billie Bird all set off a charming performance by young MacAulay Culkin (*Uncle Buck*). The whole thing is strictly fantasy and not to be taken seriously for a moment, but it's superbly done. Great family entertainment for the Christmas season.

ALBATROSS

Design & Construction
Box 19, LUND, B.C. V0N 2G0



NEW HOMES · ADDITIONS ·
RENOVATIONS

MICHAEL MAZUREK
Residence 483-4381

Edward Scissorhands

This is another wonderfully weird movie from the director of *Beetlejuice*, but Tim Burton went wrong somewhere with this one. He was obviously unsure whether he was making a comedy or a tragedy, with the result that there's a sudden and confusing change two-thirds of the way through the film. One minute you're convulsed with laughter, next you're watching a horribly violent death.

But there are a lot of good aspects to the show too: Dianne Weist is screamingly funny as the Avon lady who takes Edward home to live with her family; the supporting cast of ladies who play the nosy neighbours are wonderful; and visually it's arresting (the squeaky-clean suburb with the multi-coloured houses lies next door to a spooky turreted mansion in the best *Dracula* style.) If they had just stuck to playing it for laughs, it would have been perfect.



HUBER INK

STUDIO/GALLERY

original prints — paintings

LUND, B.C. V0N 2G0 483-2345

Three Men and a Little Lady

This was a fun movie to watch, but no thanks to any of the people in the title! Well, maybe that's a little too harsh - Robin Weisman is a very cute little lady, and Ted Danson has a couple of funny scenes; but Tom Selleck and Steve Guttenberg? Give me a break! If they had been edited out, nobody would even have noticed!

No, the credit for the laughs goes to the Brits, who are the world's best for humour anyway. Fiona Shaw is the star of the show as a spinster schoolteacher, but there's a crazy butler and a spinny vicar as well. I mean, I wouldn't expect any Oscar nominations, but it was funny stuff.

C.J. CRESSY 483-4481

The SIGN MAN

- TRUCK & BOAT LETTERING
- FREE ESTIMATES

A Non Professional Crossword Puzzle

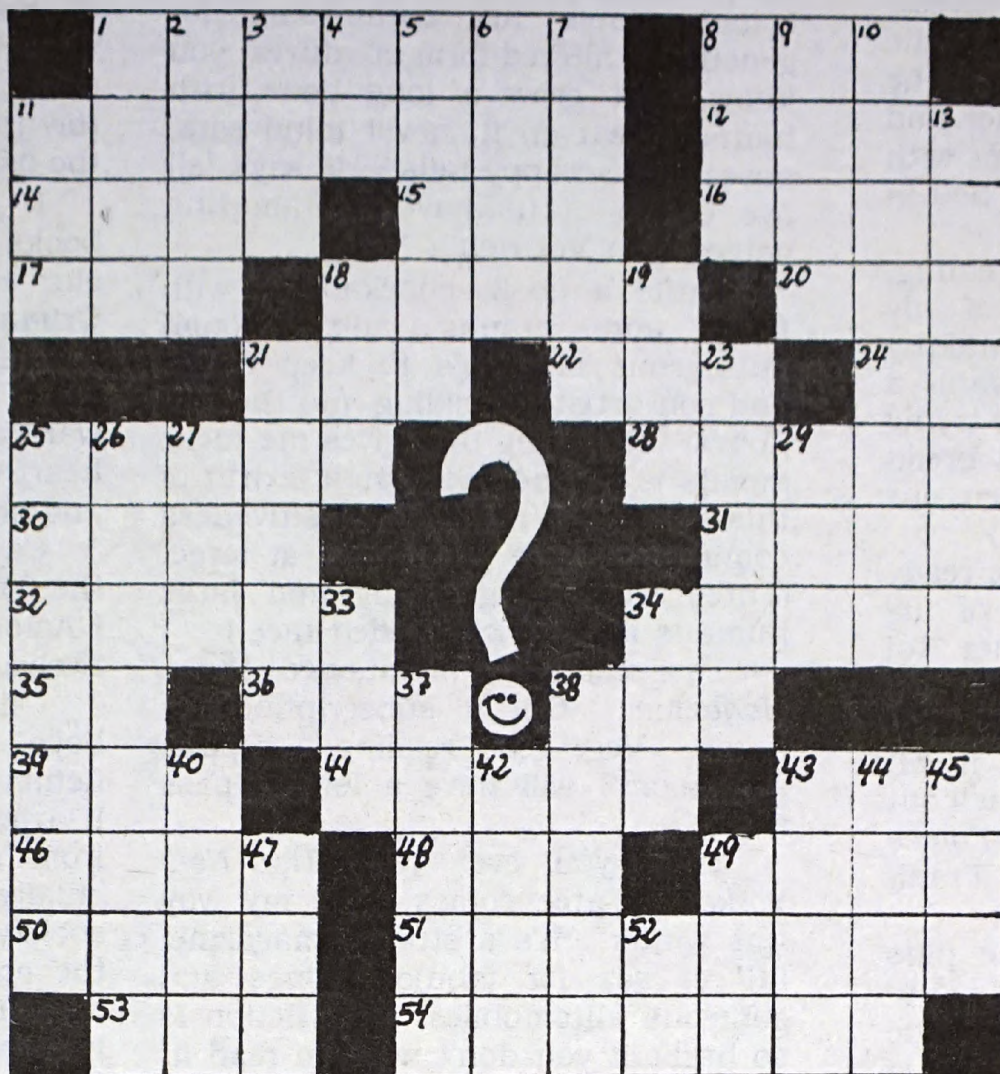
by Jean MacKenzie & Rick Giesing

DOWN:

- 1 common arab. name
- 2 depend
- 3 bother
- 4 U.S. soldier (abbrev.)
- 5 Can. T.V. award
- 6 Sandwich Isle
- 7 ".... Sanctum"
- 8 B.C. land category
- 9 lacking a sense
- 10 Wilson's short-falls ?
- 11 nautical term
- 13 printing mothod
- 18 dowery
- 19 clear away
- 21 covered with bush
- 23 Mussorgsky hero
- 25 a cramped fish ?
- 26 space-age productions
- 27 Steinbeck's "Wayward ..."
- 29 West Coast export
- 33 life-giver
- 34 young fellow
- 37 pay period
- 38 confines
- 40 Mata Hari make-up
- 42 Span. surrealist
- 43 suburban scourge ?
- 44 Greek war god
- 45 hallucinogen (abbrev.)
- 47 condiment
- 49 Gelderland town
- 52 indicates a position

ACROSS:

- 1 paper art
- 8 increase
- 11 of the New World
- 12 dregs
- 14 he was Columbo
- 15 four hogsheads
- 16 Thor's boat
- 17 examine judicially
- 18 an appliance
- 20 Giant's cry
- 21 feathery neckwear
- 22 Eve's origin
- 24 Canadian corp.
- 25 sailboat class
- 28 ancient Greek dialect
- 30 former Berlin racecourse
- 31 West Indian fast food
- 32 hazards
- 34 Robertson Davies' heroine
- 35 act
- 36 "How delicious!"
- 38 flatus
- 39 "Murder ..."
- 41 wanderer
- 43 "Fleurs du ..."
- 46 one of the Cyclades
- 48 louse egg
- 49 cauliflower ... (pl.)
- 50 reverberate
- 51 worked by the feet
- 53 wily
- 54 lodgings



Solutions in the next issue

LUND

BREAKWATER INN RESORT

STEAK + ALE NIGHT FRIDAYS IN THE PUB

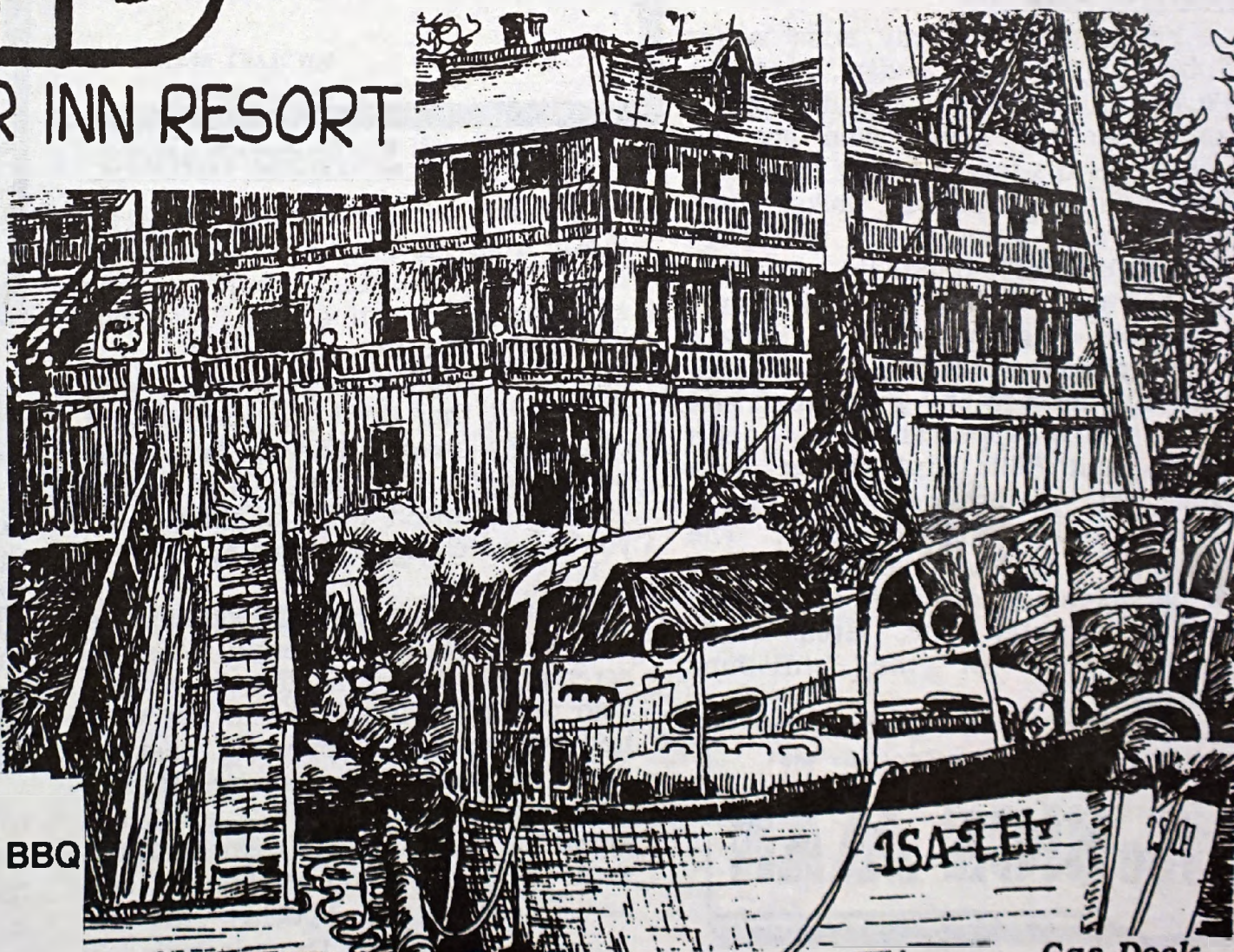
NOTICE BOARD

CAFE/DINING ROOM

- | | |
|-------|----------------------|
| Feb14 | Valentine Buffet |
| 21 | Cajun Night |
| 28 | Prime Rib Night |
| Mar 7 | Ukrainian Night |
| 14 | Chinese Buffet |
| 0 | Hip of Beef |
| 31 | Easter Sunday Buffet |

SPECIAL EVENTS

- | | |
|--------|-------------------------|
| Mar 17 | St. Pat's Day |
| Mar 20 | First Day of Spring BBQ |
| | PIANO JAM T.B.A. |
| | MARCH SKI TRIP T.B.A. |



Office & Reservations 483-3187	Bayside Dining Room 11:30 am - 8:30 pm	Lund Cafe 7 am - 8:30 pm	General Store 8 am - 9 pm 483-3180	Laundromat 9 am - 9 pm	Gas Dock 8 am - 5 pm 483-3199
-----------------------------------	---	-----------------------------	--	---------------------------	-------------------------------------