

Lund **BARNACLE**

Spring 2020

\$2.00

The Voice of Lund

Proceeds to the Lund Community Society

COVID-19 Hits Lund Businesses Hard

Christine Hollmann

Community Member/Business Owner



Photo courtesy Sandy Dunlop

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In Lund, the business community is coming to grips with the impact of COVID-19 and the measures being taken to protect our elderly, those with underlying health issues, and our healthcare system from being overrun.

The past weeks have been a whirlwind of emotions. For those with current staff, there were the immediate layoffs that went along with the closures. Then, it was (and still is) figuring out the ever-changing landscape of government funding opportunities that both employers and employees could qualify for. Sending out communication briefs, holding meetings, telling people they don't have work right now....and we're not sure when you might be able to come back.

Worrying about revenues, revising and making new budgets, worrying about your staff members' incomes and how they are going to support their families, wondering how long that cushion that you may have built up will last with no certainty of timelines, listening to industry association webinars, the daily briefings from the P.M., chatting with colleagues in the same boat. Telling summer staff, often local students, that their promised jobs are now uncertain.

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Editorial Policy

Our policy is to print what people submit in their own words as much as possible, respecting the paper's purpose to provide a forum for expression of ideas on topics of interest to Lund community members. We reserve the right to edit for clarity, length, and sensitivity. Articles submitted will be included based on available space and compatibility. Opinions expressed or implied in articles and stories are those of the authors and not the editors of the *Barnacle* or Board members of the Lund Community Society.

Signed submissions are welcome in the form of articles, stories, news items, letters to the editor, graphics, and photographs. Send to: barnacle.articles@gmail.com

All proceeds from sales and advertising go to the Lund Community Society, a non-profit organization providing community services and programs to Lund and the region. The editorial staff of the *Barnacle* are volunteers, as are the Board of the Lund Community Society. No editor, contributor, or member of the Board receives a salary or wages.

Editorial

Welcome to the spring 2020 issue. Strange times, eh? A topsy-turvy reality that moves our coping, if not survival, skills and resourcefulness to the forefront of how we do our day. And I thought production of the last *Barnacle* was complicated. Geez!

As editor, I feel I should say something profound but I cannot think of anything to say that wouldn't be redundant to what's been and being said everywhere or that wouldn't trivialize the enormity of the situation.

This issue will only be online for a while, at least until we can figure out a good and safe way to distribute printed copies. I figure they'll be collectors' items then! An even bigger thank you than usual to our advertisers, most of whom are taking a huge financial hit and are supporting the *Barnacle* and the community anyway.

We have great stuff in this spring issue. Our articles range from hard-to-hear news to things that make you laugh. There are contributions from Lundies age 5 to 88. There are many which touch on the beauty of our surroundings and the inspiring expressions of love and community-mindedness that bring us together in whatever way we have to do that to be healthy.

I hope reading it adds one more good thing to your day because I believe we have to value and appreciate all those small things even more than usual to ride this out.

Stay safe. I miss you.

-- Sandy

We sincerely appreciate the support of our advertisers and encourage readers to support our local businesses.

****We invoice annually for advertising, unless alternate arrangements are made. Invoices will be sent out after the fall issue 2020.****

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Next edition is July 2020

Deadline for submissions is July 10, 2020;

but reservations for article space are needed in advance and ads need to be submitted by the fifth of the month.



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 **Lund Barnacle Printer**

Continued from page 1...

Then add in the talk of how to 'pivot' your business and how to prepare for 'recovery'. Um, gin and tonic time?

In tourism and hospitality, we are reminded that after the SARS outbreak there was a rise in local and regional tourism, and that our quiet rural places may be just what people need after a few months of being isolated from one another. But will that happen? Will people have the dollars to travel, even if they're just coming from within the Southwestern BC region? Who really knows?

In the four small Lund businesses I chatted with, there were 21 immediate layoffs, there are daily cancellations of accommodations and tours, and days where no one is calling for take-out. And this doesn't include recent layoffs from the largest tourism business in Lund - the Resort - who announced that their accommodations are closed indefinitely.

During a recent webinar, provincial survey results indicated the average revenue loss for a tourism business was going to be approximately \$250,000.00.

I've heard it said that some people are looking forward to a quieter summer in Lund. That's a hard pill to swallow! Please consider that your friends and neighbours are potentially losing their livelihoods here. These business owners and their staff contribute to the community in many ways and are a part of the fabric of Lund. We will need to rally together to support each other in the months ahead and when the recovery comes.



Photo courtesy Monique Labusch



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Lund Community Society Update

Ronnie Uhlmann

The long-awaited plans for a new community centre are finally at a place where we can make an announcement!

Before we could continue with our idea to add an addition to the Northside Community Recreation Centre (NCRC), we were required to have an in-depth assessment of the existing building. This was done via a grant written for us by Patrick Devereaux of the qathet Regional District (qRD). The present building passed inspection as did our plan to add on a new building with a gym and a stage. This assessment was required as we move forward applying for a building grant.

The building grant application will again be written by Patrick Devereaux and submitted by January 1, 2021. At that time, the LCS Northside Community Recreation Centre building fund will be close to \$500,000.00. Before we can apply for building grant funds, we have to show that we have already raised our own.

Patrick also wrote a grant for the qRD to build notice boards for us to let people know about Lund events and other information. These will be set up in Lund, Malaspina Road, Craig Road, and Southview Road. A local crew of volunteers will shore up or replace the big notice board in front of the NCRC.



LCS Jan 24 AGM potluck - Photo courtesy Tai Uhlmann

Thanks to the qRD, Patrick Devereaux, and Patrick Brabazon, for all their support. As always, the Lund Community Society welcomes new members. Come join us. Tell us your ideas. Together we can create an even more wonderful place to live and raise families. Check out our website at lundcommunity.com for updates and how to participate. 🌱

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Thanks Lund

Monique Labusch
and the staff of the *Barnacle*

A big shout out from the Lund community to the water taxis who are NOT promoting their business right now and are discouraging visitors from going to Savary Island in order to keep our community safe in accordance with the urgent guidelines of our amazing provincial health officer, Dr. Bonnie Henry. It shows how you put people over money! Thank you!

A thank you as well to all the front-line people doing their best to keep us safe - the doctors, nurses, community paramedics and assorted health care workers, the cleaners, janitors, bus drivers, delivery drivers, ferry employees, sales people, and many who seldom get mentioned including those in our little Lund post office! For them it must be a bit upsetting right now, coming in contact with so many of us. Maybe we could all lighten the load and keep them a bit safer by not ordering unnecessary stuff online (nature would appreciate that too), and maybe picking up our mail after hours. And thank you to the Lund Resort and all their staff, for keeping the store open and even having delivery available! We appreciate you!

So thank you all, neighbours, for helping each other and showing the love the whole world needs right now! You can be sure that every bit will be noticed and counts! 🙏



Photos courtesy Brian Voth



This is a difficult time for everyone. When it comes time to bring some beauty into your life, please consider supporting local artists. Stay safe my friends.

Tug-Guhm Gallery & Studio is open
10:00 am - 4:30 pm
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What's Happening in Lund?

Usually we use this space to inform you of all the things that will be happening over the next few months; that is, until the next Barnacle. In our current situation with the COVID-19 pandemic, BC has declared a state of emergency, most places are closed, events are cancelled, and everyone is asked to stay home.

We don't know when places will be able to re-open and we can safely gather again, so instead of giving you a series of non-events, we thought we'd highlight some helpful resources here in these strange times.

The Lund Community Society has set up a Lund Mutual Aid group on Facebook so people can request support or offer help. If you have any questions or need anything in particular, it is a great place to ask! Go to www.facebook.com/groups/lundcommunity.

Due to the temporary closure of the Northside Community Recreation Centre (NCRC), the new Community Integration Specialist, Bianca Pyle, will be available to assist Lundies by phone, text, or email to determine eligibility for provincial income or disability assistance and provide Ministry services. Call or text Bianca at (604) 344-0281 or email her at bianca.pyle@gov.bc.ca

The Lund Community Society has set up a COVID-19 Fund to go towards mini grants that can help people who are struggling during this crisis. For more information or to donate, visit our website at www.lundcommunity.com. To request a \$50 mini grant, please contact us at lundcommunity@gmail.com.

Nancy's Bakery has been able to provide some baking essentials including flour, yeast and sourdough starter, milk, sugar, and more. Look for notifications of when this happens on our Facebook page www.facebook.com/groups/lundcommunity.

Pat Hanson's Farmers Gate out on the highway is still open and you can buy many good things there. Please observe the usual precautions as posted and please honour the honour system. Farmers don't make a lot of money selling food.

Although the Lund Resort is closed, they have opened the new Stock Pile Market in its new location and are offering home delivery. You can find order forms on their website: www.lundresort.com/at-the-lund-hotel.

And for your information, Shoppers Drug Mart in Powell River continues to offer free delivery of prescriptions to Lund on Thursdays. Call ahead at (604) 485-2835. 📞

If you have an event that you would like to announce, please contact the Barnacle at barnacle.articles@gmail.com.



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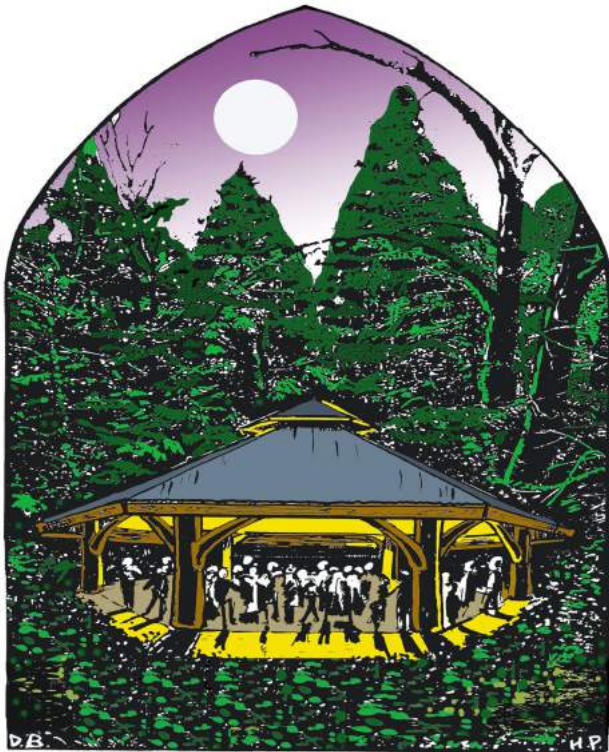


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Northside Community Recreation Centre is currently closed due to the COVID-19 crisis. For events at the Klah ah men Lund Gazebo Regional Park, call qRD Operational Services Clerk Caroline Visser at 604-487-1380.

Lund Recycling Depot (Behind Lund Hotel)

CLOSED

New Lund Recycling Depot (Next to the Lund Fire Hall Larson Road)



OPENING MAY 6TH

Taking the Bus?

CURRENT SCHEDULE

Fare: \$2.25*

For essential trips to Powell River, the Lund Connector continues to operate the current schedule. To keep with physical distancing, please enter by the rear doors for the safety of the driver and passengers.

Tuesday and Friday

Leave Lund: (Mile 0 marker)

11:00 am 4:50 pm

Leave Town Centre Mall (north end)

10:05 am 4:05 pm

*Free ridership until further notice. Please see bctransit.com for updates.





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Tidal Art Centre is currently closed.

We look forward to seeing you and
continuing our programming when it is
considered safe to do so.

We wish all of you in this amazing
community the very best through the
current times of change, new awareness
and challenges.

Thank you for the support we have
received.

We are so grateful to be in Lund.



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qathet Regional District Update

Patrick Brabazon, Director, Area A
qathet Regional Board Chairman

Oh, to live in interesting times . . .

Yes, be careful what you ask for. In our interesting time, hard knowledge is at a premium so I'm going to try to offer some local info.

I suggest that people start with <https://www.qathet.ca> which is the portal to all that qathet Regional District is doing, both with the pandemic and the mundane. On that page you will find a link to **qRD Response to COVID-19** and there you will find a comprehensive record of what has been done and what is contemplated.

In there you will come across references to "MO84" etc. These MOs are ministerial orders issued by British Columbia under the *Emergency Act* and compliance is mandatory for local governments. Hence, some of qRD's actions are dictated by the Province while others are local. Since not everyone has easy access to the internet, I am going to offer a selection here.

Transit: Still operating and free. Passengers are loading and exiting by the rear doors. The planned increase in service is still expected to begin this summer but . . .

Parks: qRD parks are open but all facilities, such as playground equipment, are off limits. Campgrounds are closed. Some municipalities have actually closed their parks but we believe that open green space is vital.

Open fires: Thanks to the *Fire Smart Program*, some of you spent the winter clearing brush and preparing to burn it. Now we have a fire ban due to problems with smoke.

Chipping is one answer and a call to Ryan Thoms at the office (604) 485-2260 may get you a contact for those really big piles.

Meetings: We can't have our small boardroom packed with folks but fortunately MO83 has removed all constraints on electronic meetings. When you watch or participate, you will see an almost empty room. I and a couple of other directors will be there along with a couple of staff but all others will be on a screen or the phone. It works, but . . .

So, please keep your social distance and stay healthy. Don't hesitate to call the office or me at the contact numbers on my card if we can help. We are, indeed, all in this together. 🍀



qathet
REGIONAL DISTRICT

Patrick Brabazon
Director, Area "A"
pbrabazon@qathet.ca

**Questions?
Comments?
Give me a call!**

**#202-4675 Marine Avenue
Powell River, BC V8A 2L2
Office 604 485-2260
Cell 604-414-5673
www.powellriverrd.bc.ca**

Water Upgrade Grant Not Approved

Harold Robertson
Lund Waterworks District Trustee

In late March, the qathet Regional District (qRD) received word that their \$16,570,000.00 grant application to the integrated federal and provincial Investing in Canada Infrastructure Program to make the upgrades to the Lund water system required to bring it to municipal standards was not approved. Significantly more grant applications were received than could be funded. The volunteers at the Lund Waterworks District are understandably devastated. The qRD have said they will pursue the matter as soon as possible but are stretched to their limits dealing with the COVID-19 situation. 🍀

Let's Talk Trash

Ingalisa Burns, of the
Let's Talk Trash team

Pandemic Becomes Re-calibration

At this spectacularly unique time in our history, we are experiencing a pause. An interruption of our regular routine. This comes as an invitation to re-evaluate so many aspects of our life that were, perhaps, running on autopilot.



Photo courtesy Ingalisa Burns

Now more than ever we may be re-thinking our relationship to the earth's resources. Ferry service is reduced, planes cancelled altogether, store shelves are sparser, and the ripple effects of the pandemic on production and trade are not fully known. All of this is leading many of us to contemplate where all of our *stuff* comes from in the first place. This is especially the case for the food on our plates. Lawns all over are being transformed into vegetable gardens as we realize how tenuous our food security may be. Bulk orders for dry goods are going through the roof and the smell of fresh baked bread is being rediscovered in kitchens everywhere. By default, more and more of us are turning to the 100-mile diet philosophy, and this, it turns out, is quite amazing for the planet. Growing our own food, eating more at home, and buying in bulk are all incredible ways to reduce the impact of our stomachs on the planet – creating less single use packaging, and inviting shorter distances from farm to plate. The bonus is often much fresher and nutritionally dense food – also one of the best ways to fortify our body's resilience to viruses.

Yes, it's also true that grocery stores and restaurants are now required to take measures that involve more single use bags and to-go ware, but overall, these setbacks are likely far outweighed by the reduction in other greenhouse gas emissions. We can also push the balance in favour of the earth with the kind of grocery shopping we do – namely local and in bulk wherever possible. Stores like Ecosentials, Townsite Fruit & Veg, as well as some local farmers, are finding ways to prepare low-packaging boxes of produce and dry goods for pick up and some delivery. Those of us turning sod into garden beds can also take our efforts up a notch with using recycling bin containers for our seeding trays and sharing our seeds and starts with friends and neighbours – respecting physical distancing measures.

Speaking of recycling, now is the time for us to re-evaluate this community service that often is just a background errand to fit into our day. We're all probably noticing the volume of our recyclables as we figure out ways to store them longer before making a trip to the recycling depot. It's currently advised to only go when necessary – all the more motivation to find creative ways to re-use what's in our bin. Perhaps you're hosting a treasure trove of crafting supplies and garden planters. **Locals should note that the Lund recycling depot behind the Lund Resort Hotel recently closed temporarily and will re-open on May 6 in its new location next to the Lund Fire Hall and the Northside Community Recreational Centre on Larson Road.** qathet Regional District apologizes for the unexpected disruption in service level. For more information or questions contact Patrick Devereaux, Manager of Operational Services. Email: operations@qathet.ca or phone (604) 487-1380.

The Tla'amin depot is the nearest depot for those in Lund and has the added feature of a food scraps compost collection bin. It is open Tuesday to Saturday from 9:00 – 5:00. However, during the COVID-19 pandemic, keep in mind that non-essential trips to disposal facilities create extra risk for staff and residents. Please consider holding off on your visit until after the COVID-19 crisis subsides. Residents are encouraged to store recyclables at home.

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Continued from page 10...

At this time, we also are faced with the great opportunity to re-think our need to buy anything new. Rather than going to the store, could we find an equivalent around the house? An old foam mattress could become a sponge to wash your car, a wire hanger can fasten your deer fencing to the posts, and a cut up yogurt container can become veggie start labels. The limit is your imagination. Of course, there is the temptation to go online and make purchases and there is no doubt a time and place for this. But perhaps this is the perfect moment to think outside the Amazon cart, and learn to fix things yourself, borrow (sanitized) tools from friends, and bake that favourite dish your dad used to make.



Photo courtesy Ingalisa Burns

While we lament the loss of access to back country trails, the use of our favourite basket for grocery shopping, and not being able to have a drink on our favourite restaurant patio, there's still a lot we can do. This is a perfect time to re-calibrate – to see more clearly than ever our dependence on a system that can be wasteful and disconnecting. Instead, we can more deeply value the vast wealth of materials we already possess and connect more intentionally with the food that sustains us.

Let's Talk Trash is the qathet Regional District's waste reduction education program. 🌱

Fretting About Firewood Futures

Sandy Dunlop

A number of community members have reported that it is difficult getting both private and commercial firewood cutting permits in our area and, as a result, it is becoming difficult to get enough firewood to fill our woodsheds and ensure our homes will be warm for the winter. As a rural community where many people, especially those on low incomes, rely on firewood for our heating needs, this is a concern. We contacted the Ministry of Forests office with questions.

Dawn Makarowski, Public Affairs Officer with the Ministry of Forests, Lands, Natural Resource Operations, and Rural Development (FLNRORD) gave this response:

The FLNRORD office in Powell River will open new firewood areas to the public as suitable areas become available.

The Sunshine Coast Resource District understands that there is currently a high demand for firewood from the public who want to heat their homes, in addition to small scale salvagers looking for a commercial license.

We understand the importance of firewood for the community of Power River and its surrounding area. It

is used by many as an affordable source of heating.

There are two common challenges faced with firewood availability on Crown land in the Powell River area:

1. Access to firewood: Some roads have been deactivated making it difficult to travel to a firewood source, some areas require access with a 4x4 vehicle, and some sites are farther than people would prefer to venture.
2. Supply: There has been an increase in the amount of fibre being used by primary harvesters in cut blocks close to the town. This leads to a decreased amount of suitable firewood left behind after logging.

There are alternative measures to obtaining firewood located on Crown land:

- Western Forest Products manages their own firewood program for their tenure areas and will give out permits at their local office when excess wood becomes available.

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- The Powell River Community Forest manages their own firewood program for their local tenured area. When firewood becomes available through the community forest, permits and a sign-up sheet are dropped off at the FLNRORD office in Powell River.
- The Tla'amin Community Forest manages their own firewood program for their local area.

FLNRORD does not issue firewood permits for wood on private land; permission is required by the private land holder. Authorization is required by the Ministry for individuals who wish to transport wood from private land to another location.

We have recently made our permits available online,

which will help the public to obtain required permits faster. The permit webpage can be found by searching for Sunshine Coast Firewood Permit. Visit: <https://www2.gov.bc.ca/gov/content/industry/natural-resource-use/natural-resource-permits/firewood-permits>

Is there anything that can be done to improve the situation?

- It is difficult at this time due to a high demand for firewood and a low supply.
- Ministry staff remain committed to locating firewood for the residents of Powell River and surrounding area. 🌲



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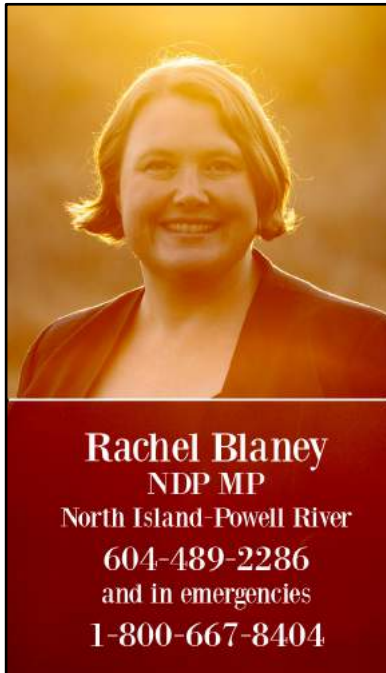
Drewen Young
Constituency Assistant
Powell River Community Office

Fishing for Chinook

After much speculation, fishers are reeling after the Department of Fisheries' early March announcement that last year's restrictions to the Chinook fishery will continue into 2020. This is devastating news to locals. And why are there no changes after last year? According to a letter sent to stakeholders concerning Fraser River Chinook conservation measures, the DFO needs more time to complete a technical review of last year's fishery management measures as well as completion of consultations on possible adjustments to those measures.

Last year's shutdown was a painful blow to the sports fishing industry. New recreational fishing regulations for at-risk Chinook were imposed and included:

- non-retention of Chinook in Johnstone Strait and Northern Strait of Georgia until July 14, a daily limit of one (1) Chinook per person per day from July 15 until August 29, and two (2) per person per day from August 30 until December 31;
- non-retention of Chinook in the Strait of Juan de Fuca and Southern Strait of Georgia until July 31, retention of one (1) Chinook per person per day as of August 1 until August 29 and two (2) per person per day from August 30 until December 31;
- West Coast Vancouver Island offshore areas will have non-retention of Chinook until July 14 followed by a limit of two (2) Chinook per day from July 15 to December 31. West Coast Vancouver Island inshore waters will remain at two (2) Chinook per day for the season once at-risk Chinook stocks have passed through, in order to support the long-term viability of the salmon and the recreational fishery;
- Fraser River recreational fisheries will remain closed to salmon fishing until at least August 23 and opportunities will be informed by any other conservation issues (Coho, Steelhead, etc.)
- an overall reduction in the total annual limit for Chinook that can be retained per person in a season from 30 fish to 10. Recreational fisheries for other species will continue. Please see the Department's website for local regulations;
- First Nations food, social, and ceremonial fisheries – these fisheries, which have a constitutionally protected priority, will not commence until July 15 – concurrent with the opening of the recreational retention fishery.



Continued on page 14...

Lund Water Taxi

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COVID-19 BULLETIN: Until further notice we are only providing essential services to Savary Island.



Continued from page 13...

According to the DFO, these measures are difficult, but they are necessary to address Fraser River Chinook decline. A continued decline would irrevocably harm species that depend on the survival of Chinook salmon, such as the Southern Resident killer whale. In addition, it would permanently affect the culture, heritage and livelihoods of Indigenous communities and permanently eliminate many jobs in the recreational and commercial fishing industries, according to the DFO.

MP Rachel Blaney was not happy with the DFO's decision. "The restrictions last year were devastating for many guides, fishing lodges, and tackle shops up and down the coast, on the mainland and small communities on Vancouver Island," she said. "Small communities need sustainable salmon fisheries to support their economies, food security, and our ways of life. These restrictions alone will not get us there. We need a real plan and investment in habitat restoration now."

Communities up and down the coast rely on the sports fishing industry and Blaney said "We need a comprehensive and science-based plan to protect endangered Fraser River chinook salmon." Blaney put her concerns in a letter to Fisheries Minister Bernadette Jordan calling for measures to support the public and tourism fishing industry.

One way the DFO could satisfy local fishers is to allow them to keep hatchery raised chinook. "A mark-selective fishery where public fishers would be able to catch and retain hatchery chinook is one avenue worth exploring," Blaney said. "Allowing fishers to keep hatchery chinook would help our local public fishing businesses survive through this process and the benefits outweigh the costs."

A petition has been drawn up in support of the mark-selective fishery. Constituents can download, print, and send copies of the petition through <https://rachelblaney.ndp.ca/support-our-fishing-communities>



eunoia

In support of the well-being of our community during these very challenging times, eunoia is temporarily closed until further notice.

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Curb-side pick-up or shipping is available.

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604-578-8183



A message from Scott Wilshaw to the community of Lund:

In response to the Covid-19 pandemic we have made the difficult decision to close the resort while boosting grocery

services available to the community.

Our new grocery store, Stock Pile, is open with 2000 square feet more to allow for increased inventory. In addition to fresh produce, Stock Pile features a new deli offering a large selection of hot and cold takeaway items. The gas bar is also open.

Customers can order by email (below) and Stock Pile will deliver for free. We are also making deliveries to the surrounding islands upon request.

We cannot stress enough to please take good care, stay in touch with those who are in quarantine, and above all else, let us help one another to remain positive and kind, as together we will get through this.

604.414.0474 • generalmanager@lundresort.com

Lund Resort at Klamath men Keeps Store Open

Scott Wilshaw
General Manager

During a turbulent time for the tourism industry, the Lund Resort reconfigured its services to support the local community and keep its employees at work. We had to act quickly in the rapidly changing circumstances related to the COVID-19 pandemic and made the difficult decision to close the Resort while boosting the grocery services available to the public.

The health and well-being of our team associates, our guests, Lund residents, and the Tla'amin Nation's community are our top priorities and are at the forefront as we make decisions in this rapidly evolving situation. We're doing what's sensible for the community and the people who work here by keeping only community-driven services open.

The Resort's new grocery store, Stock Pile, is in its new location and will remain open seven days a week from 7 a.m. to 7 p.m. The store has added an additional 2,000 sq. ft. for a total of 6,500 sq. ft. of space to allow for increased inventory – 600 new items. In addition to fresh produce, Stock Pile features a new deli offering a large selection of hot and cold take-away items

Customers can order online and Stock Pile will deliver for free. The Resort has also set up increased outdoor seating so customers can enjoy the beautiful ocean-front view while maintaining a safe distance from each other.

We know a lot of people who don't want to go all the way into town for their supplies and we can drop

their food off for them. We're making sure we're helping people who are part of our community.

The Resort's gas bar will also remain open seven days a week from 9 a.m. to 4 p.m. for those who want to fill up their boats or canisters. The laundromat is also open seven days a week from 7 a.m. to 7 p.m. and we ask that you please help out and self-sanitize before and after use.

Most of the Resort's staff have been reassigned to accommodate the expanded grocery store and available services. We were able to get most of our staff into new positions rather than laying them off. That's something we're really proud of.

The Tla'amin Nation, Resort management, and the team wholeheartedly thank the community for their loyalty and continued support during this period. Everyone is looking forward to welcoming the world back to the Lund Resort once travel bans have been lifted.

We're deeply saddened by this situation. We had a great, award-winning year in 2019, and we were on track to do even better this year. But at the end of the day, we still believe closing was the right choice to make. And we will be back. We will definitely be back. 🍀

For more information about Stock Pile and the Lund Resort's services, visit www.lundresort.com



Photo courtesy Brian Voth

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or conniethurber1@gmail.com

Bike Lund – Community Fleet Update

Charlie Latimer

In February, our volunteer mechanics re-convened and were able to work on all the donated bikes we gathered last year. Beggars can't be choosers so although some of the bikes might not be salvageable, many only needed a little tune-up. In one session we were able to get six bicycles up to snuff! A big thanks to Monique, JP, Jeff, Catalin, and Jim for helping build these bikes. Also, we want to thank the Lund Community Society for allowing us to use the Northside Community Recreation Center (NCRC) so we could stay dry while we repaired.

Until social distancing measures are removed, we can no longer meet for our monthly bike repair. So in the meantime, we've been taking bikes home to get them properly labelled. The bikes are getting a make-over to officially join our BIKE LUND COMMUNITY FLEET. You'll be easily able to spot a BIKE LUND bike as they will all have the top bar painted red, a community fleet sticker affixed, and a numbered shingle attached.



Photo courtesy Charlie Latimer



Photo courtesy Charlie Latimer

We're still looking for a spot for our community bike rack, but we're getting much closer! We have a couple of good options now and should be able to confirm a location by the end of April.

It is our hope that we'll have all our bikes out this summer so that folks in the community can use them around town, but that all depends on how things go. Until then if you are interested in following our progress or want to volunteer with us, follow us on Instagram and Facebook @BikeLundBC or reach out by emailing us at bikelund@dotank.org




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Puddle Jumpers Preschool

Alisha Van Belle



It has been the strangest year! It seems like we just got back into our routines after my practicum and after our Christmas break. We started to become a little community again and despite many absences from illness, vacations, and unexpected family crises, there was a deep sense of love and belonging to each other! We did so many fun things: many experiments, fort building, making a spaceship and rockets and doing an outer space trip, learning about and playing in the weather, launching model rockets, learning about insects and finding them on a very muddy walk, trying desperately to find little crabs but giving up and having a rock throwing contest instead, baking muffins and making pancakes, stringing our love necklaces, and I am sure there were so many more things....but that's what comes to mind. Oh yes, we also had four sessions of

gymnastics with our beloved Ria and also music with Sandy. The children loved them both!

I also saw the children get comfortable with each other and try out different games and different friends to play with and get comfortable with me by asking for favourite toys to be incorporated in outside play and interests expanded into every area of our day. Somehow dinosaurs became a prime focus of many of the children! They are a caring bunch too. One favourite game is to heal all the stuffed animals' "boo boos" and each other's too!

And we had plans....to explore the emerging forest and look for all the signs of spring. We wanted to create our gardens, both edible and fairy, and explore worms with a worm observation station. We planned to enjoy the beautiful weather and spend most of our days outside. We planned to learn about Earth Day and ways to care for our Mother Earth. We always do a garbage walk and visit the recycling center. We wanted to celebrate our own mothers with presents and our Mother's Day tea party. Warm weather is time for all the "wet and messy" projects; muddy car wash, melting treasure hunts, baby wash, tie dyes, our soap foam latte station, water fun day, and all the messy art projects I can dream up.



All photos courtesy Puddle Jumpers Preschool

I suppose we CAN still do them...at home...with brothers and sisters and moms and dads, and if we are lucky, grandmas and grandpas. I am missing my little friends like crazy and I suppose they are missing me too! We had a great year, but now it is time to stay safe and stay home and frankly, we live in paradise, so it is not so hard. I am working on trying to make a virtual circle/song/story time available but I am not of the computer savvy generation and the sun shines and the garden beckons. Big hugs to all my preschool community! 🌞



All photos courtesy Puddle Jumpers Preschool

How in the World Did You End Up in Lund?

Josiane Tremblay

It started like this: I left Quebec to travel, have new experiences, and new adventures. After travelling for two years, I was in the Okanagan Valley being a bum with friends. My working holiday visa in New Zealand had just expired. I was between picking seasons for morels and chanterelles. I didn't have any plan for what to do next. At this time, a good friend from my childhood called me saying she needed me by her side. She was having a hard time and needed support. "You can come and stay at my place as long as you want", she said. Perfect! I have a plan now! The next morning, I was driving my truck on my way to Lund. It was a friendship that brought me here at first.

I was enjoying the end of the nice, warm summer – like it is in Lund – with my friend, waiting for the chanterelles picking season. But I ran out of money before they showed up. I needed to work so my friend told me to ask to her landlord, Lyne and Victor, if they could help me find some work. They have lived here a long time, they know a lot of people, and they are really helpful. They got me a job with their friends on a farm. I got to stay in Lund with my friend. After that I became really friendly with Lyne and Victor and they became my second family.

Finally, winter was coming and one day Lyne said to me, "We are looking for someone to house-sit for the winter because we are going to Mexico and we thought of you". Oh! It would be perfect to stay here for the winter in this beautiful house right next door to my friend. I needed a pause as well after those years of travelling so I accepted! I didn't expect at all to stay in Lund but it seems everything was aligned for me here.

I started to discover a new world at the end of the road and I also started to discover myself. I discovered the boatyard, a new community, and I really enjoyed myself. I had friends. I had work. I had a nice house to stay in with a cute little cat. I even found love. Hey, it's paradise here! There was absolutely no reason to me to leave so I stayed.

And then, big spiritual work started for me. A few Lundies told me it happened to them when they moved to Lund. It's a good place to do your work and to heal. You're at the end of the road so you can't go farther! You have to face your stuff. This place is special and has a strong energy. It's where the road ends, solid on the rock with those beautiful trees and where the ocean starts. "La mer" supports you. I learned I could surrender to this place and this moment.

It became clear to me then that I would like to settle here. I started to look for my own little space to stay. I was thinking something with wheels like a trailer because I'm a nomad. My friend from the boatyard told me "Why don't you buy a boat to stay in!?" A boat!!? I wasn't sure at first but this idea stayed in my mind and began to flourish. Here I am a year later, buying a boat totally on impulse without knowing anything about boats or anything about sailing. I don't know why but I felt I had to do it! I feel it is the right thing for me to do.



Photo courtesy Josiane Tremblay

After three winters of house-sitting with the cute little cat (I affectionately called her "Stinky Cat"), I feel I'm arriving at the end of this chapter. I believe my friend from the boatyard is a catalyst in my life for my next adventure but also Lund is kind of a gateway to my next step: on the ocean! I never expected life was going to take me there! I'm

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really excited about this new lifestyle and to discover the boat community. I can already picture myself on the boat with my "Stinky Cat" sailing towards new adventures.

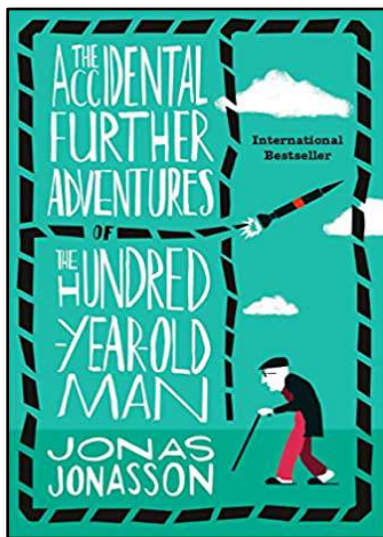
I had a wonderful pause here in Lund to grow up and I'm so grateful life took me here. Now I'm ready to move forward towards the next adventure, to my next chapter. Lund is always going to stay in my heart and be my base camp. I'll always come back home. 🐾

Lund Reads

Ev Pollen

Hello fellow Lundies!

It seems like a good time to be reminded of joyful irreverence and the infinite possibilities of life outside the confines of our homes and the present moment. It's a good time to read *THE ACCIDENTAL FURTHER ADVENTURES OF THE 100-YEAR-OLD MAN*, whether you've read the fabulous first *ADVENTURES OF THE HYOM* or not. This one is a gem.



Allan Karlsson is lounging in Indonesia with his friend Julius and a suitcase full of cash acquired in the previous novel. (I believe the author, Jonas Jonasson, invented the character of Julius Jonasson, the asparagus fraudster and petty criminal, as a cameo appearance ala Alfred Hitchcock.) As the suitcase gets lighter, the two men decide to celebrate Allan's birthday with a champagne-enhanced hot-air balloon ride. Of course, everything goes wrong and, of course, their unlikely rescue brings them aboard a North Korean ship carrying smuggled uranium. Thus begins their madcap satirical romp through the highest offices of international arms trade and security.

Allan exemplifies the virtues of intelligent interest in the world, common sense, and serene optimism, and the author has cooked up a perfect plot to comment on the state of the world. You'll fall in love with some sympathetic characters along the way and keep on reading because you can't wait to see what's next! Here's to adventure and longevity! 🐾



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Off the Grid We Go...

a poem by Michael Sword

A sun passes on the solar torch from a Wise Woman
before her time.
His home becomes our own.

No humming wires, only deafening silence.
So vast and loud my Conscious and Mind cannot deny.

Birds of Paradise hymn their rhythms.
Deep fluttering waves break open the morning dew.

Boats in the distant range catch a fleeting glimpse
of constant change.

But here the song remains the same.

Trials and Tribulations are sure to be had.
As living off the grid is not easy for an Elder lad.

Wood becomes Gold, especially the salt and pepper kind.
May I run naked amongst the Great Grandfathers of the night?
Teach me the ways of the generations, so that
I too can flourish in might.

Water is Life.
Purity of Desire.
Leave no bucket unturned nor sink unfilled.
Bless the Soul with your spinely trickle.

Alas, what is solitude without a Community of helpers.
To aid and advise of Lessons gone by.

No longer do I want for the Trappings of this World.
Its Gridlocking Teeth on my Wounded Throat of Words.
Free at Last,
Nature and Being. 🌿

In Time

a poem by Bobbie-Jo Harris



Goodbye Winter.
Slumber. Closure. Containment. Dormancy.
Hello Spring.
Change. Shift. Transform. Awaken.

Your arrival asks us to open.
Take in light. Gather resources. Redirect energy.
Show up as what we are.
Fragile. Beautiful. Able.

A new start of sorts...this is the contrast cycle.
Ends and Beginnings. Death and Creation. Grief and Peace.

This long season. This version of retreat.
Strange as it appears now, our patience and nurturance will witness new growth.
Nature shows us through the destruction of bud enclosures.

A presence ready to Be spirit inspiring.
Just not right now.
Again. Soon let's hope.
In time.

In Time too

The difference a day makes.
This magnolia branch has been through a lot.

First.
Cut off from its source, main lifeline, a status of its part to the whole.
Of my doing.
Second.
Forced into a new environment. Shock of temperature.
Difference of air quality. Change in light schedule.
Living in a complete unknown.

Slightly open regardless.
Absorbs sunshine, water, and daily words of love from a perspective
of true appreciation for what it is.

Heads are becoming heavy.
Weighty in its small brass vase, on show in the sill location.
Re-homed into a jar, in a not so glamorous spot
on the lower counter, beside the sink full of dishes.
(indication of apathy or work yet to be done?)

Two buds boldly decided ...F' it and BLOOMED.
Reaching toward inspired beauty from the day to day of this.
Spring. Change. Hope.

Bring a scraggly tree cutting inside to watch it Become.
Something else.
Something different.
Something beautiful.
In time. 🌱



All photos courtesy Bobbie-Jo Harris



Arts Review - Lund Creates

Monique Labusch

Lund is becoming more and more a kaleidoscope, a constantly changing pattern of elements, reflected in an endless variety of creativity.

Thanks to the Tidal Art Centre, “working on the wheel” classes with talented Shivaun Gingras and also Kerensa Haynes teaching an oil painting class, using traditional methods, took place right on our doorsteps. There were two artists-in-residence: blacksmith Stefanie Dueck, who creates both functional and art pieces, and Diane Haynes, a writer.

Prashant Miranda is back as artist-in-residence, having just completed illustrating another children’s book, this time for the Idries Shah foundation, as well as an amazing map of the Tidal Art Centre. I am sure we will see him exhibiting his work in Lund again.

A local painter, creating for over 60 years, the incredibly talented



Photo courtesy Nancy Jenkins



Photo courtesy Kim Beno

Courtney Cressey had an amazing show opening, which was the last public event at the Centre since physical distancing became our new normal. The show is still up and single household members would be able to view it with precautionary measures by prior arrangements. info@tidalartcentre.com

For the future, there are more introductory wheel classes planned, as well as kids’ classes covering pinch pots, coil pots, and sculpture. Hopefully, more shows with possible accompanying workshops will commence as planned later in the year.



Photo courtesy Kim Beno

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And yet another example of creativity in Lund: Wendy Drummond in her Three Stone Soup Studio, would normally be working on her spring and summer line of clothing. Needing to find a sense of calm and balance amid the updates re: Covid-19, Wendy shifted her attention to do what she felt she could offer...to make cloth face masks for frontline support workers, family, and friends.

Having made some fourteen dozen masks and rapidly going through her available "studio stash" of fabric, she feels good to be doing something to support the health of our community in these unusual times. She's also super appreciative of Lund residents, Shirley and Larry Warner, who stepped up to laser cut dozens of masks pieces. Add to this, her husband Greg's assistance with assembly and quality control... truly many hands make light work.



Photo courtesy Wendy Drummond

Make sure to check out her website <https://threestonesoupblog.wordpress.com/>

These are just some examples of creativity happening here in Lund with more to tell in upcoming Barnacles. 🌟

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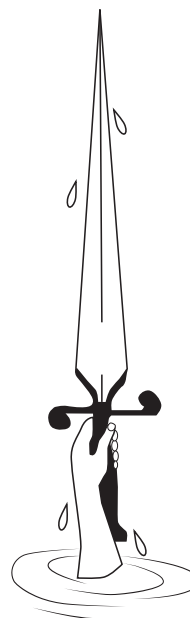
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A Teen from Lund Growing Up in Today's Modern Era

Kiran Hollmann Prichard

My name is Kiran and I am in grade 9 at Brooks Secondary School. Growing up in this day and age could be described as a big whirlwind of emotions. Living in the small and relatively isolated community of Lund and Powell River, I feel very lucky. I would say that your overall happiness as a kid is largely dictated by your environment, experiences, and surroundings. Having lived here my whole life, I feel a deep sense of connection to the area. The stunning natural beauty that we have access to simply footsteps from our door is incredible. I have had a very positive experience growing up so far and I attribute that to my parents, my community, and the opportunities available to me.

Over the years, I have become more socially aware and my interest in what is going on in the rest of the world has grown. For anyone who watches the news these days, it is not the most uplifting. From climate change to rapidly changing technology to the political turmoil south of the border, and now COVID-19, it is easy to potentially get overwhelmed with the general state of the world. There is a high chance that you might feel sad, overwhelmed, or stressed about the situation. However, it depends on what you focus on.

For my generation, technology has become a growing part of our lives. My parents often joke that their generation are "cyber tourists" and my generation are the "cyber citizens". There are upsides to technology but there are also some issues. The issues include the youth of today losing vital skills that they will need in the real world such as socialising face-to-face with a real person because they spend too much time on a screen. I know of people with extreme fear of large crowds and groups of people, and even fears of simply talking to someone brought on by constantly being on their phones. Video games and phones can also lead to kids getting less exercise and becoming unhealthy. That has all been brought on by technology. However, there are definitely positive aspects of the developments in the technology business. Streaming

movies, Spotify, and Bluetooth are all very good examples of these advancements.

Scientists and engineers are building robots with artificial intelligence, self-driving cars, flash drives the size of your thumb that can hold all your pictures from the past twenty years, and much more! From that perspective, I find the future very exciting. Who knows what sorts of crazy inventions my peers and I will see in our lifetime.

There are many new and interesting careers that are coming into the spotlight. In Careers classes, we are told that 50% of future jobs aren't even jobs that exist right now. The future is full of opportunities. On an academic note, we are definitely seeing technology make its way into our education in new and innovative ways. In elementary school, we had the opportunity to try out Lego robotics, which are robots built out of Lego. You connect them to a computer and through a program you can tell them what to do. We would have an obstacle course laid out on the floor that we had to program our robots to navigate through. I think that these types of activities prepare us for the future.

Another example of technology in schools is online classes. Interestingly enough, during this time of the COVID-19 pandemic, students in BC and across Canada are seeing a temporary complete transition to the online system. Students are doing their classes on a computer from home and this will allow the unfinished learning to continue whilst schools are shut down. These are some of the positive impacts that technology is having on our lives as youth and for the world as a whole.

Our world is in the midst of a crisis that we can no longer ignore and turn our backs on. Climate change and global warming are very serious problems that must be dealt with. It is highly emphasized by the media and by activists around the world that "we (my generation) have to stop climate change, and that the fate of the future on this planet is in the next generation's hands". As much as that may be true, it

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can be stressful. The science shows that we have to find a fix that works for everyone, and we don't have much time to do it. Being a young person and hearing this can be quite overwhelming. One positive aspect about the COVID-19 pandemic is that because everything has been shut down, the earth is getting a much-needed "break". Maybe these temporary measures of working and learning from home and driving less will be more permanent? I believe that eventually we will be able to find many smaller solutions to the climate change problem. There are already many steps being taken to slow down carbon emissions and protect the earth.

On the whole, growing up in this day and age has been a good experience. There are positives and negatives to everything and I believe that it comes

down to your attitude towards these challenges that life throws at you. There are certainly contributing factors to your experience growing up and today especially, the current events can definitely have an effect on you. It is a very exciting and crazy time we are living in and there are definitely some problems that we need to resolve but I believe that we will figure it out and all in all, there is a lot to look forward to for my generation and the generations of the future.

In light of our current predicament, I hope you are all staying safe! 🍀

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Big Plants from Here – Forests

Trish Keays

2020. Challenging times. For people and the planet. How do we cope? We can balance some of the dark by flexing our capacity to be happily amazed. We're surrounded by wonder and can miss it in our stress, worry, and preoccupations.



. Photo courtesy Trish Keays

Really, who spends much time thinking about the forest, or about soil? We could do worse. Even a few clicks of research about soil can boggle. A *teaspoon* of soil has up to 1 billion bacteria, between several metres and several miles of fungal filaments (depending on who you talk to), several thousand protozoa, and many nematodes. In a recent CBC interview with an immunologist who works on super-bugs and antibiotic resistance, he said one reason for his optimism was that in a square foot of soil in Brooklyn, New York, at least ten potential new antibiotic treatments were found. An interesting fact to ponder in this COVID-19 pandemic.

As discussed in this column in the winter *Barnacle*, forest tree roots are connected and the root-mycelium lines are communicating under our feet, helping plants support each other in a living community.

Art can help us see things in new ways, trigger more wonder. For beautiful images of how plants use the internet of fungus to talk to each other, see images at this site: <https://scroll.in/magazine/904642/a-bengaluru-artist-shows-how-plants-talk-to-each-other-through-the-internet-of-fungus>.

A deep dive in forest research being done in Canada can take us even further down, out and wide to yet stranger places of linkage and connection. One of UBC forest researcher Suzanne Simard's graduate students, Allen Larocque, working near Bella Bella, has tracked "salmon nitrogen" isotopes through a forest near a creek where bears eat salmon. After decomposition, uptake by tree roots shares the nitrogen with trees a distance away from the creek, passing it through the network. The relationship is bears – salmon – trees. (Source: Smithsonian Magazine article *Do Trees Talk to Each Other?*)

Not all the wonder is below the soil, just more of it than we knew. Think about a fallen tree that becomes a "nurse log" and supports whole lifecycles of plants on its decomposing bark as well as nutrients for next generations. Think about how forest plants evolve so that from forest floor through shrub layer to canopy the leaves catch every bit of available sunlight. Think about the magic that keeps us all alive, transforming that sunlight with carbon dioxide and water into glucose and oxygen. Richard Powers in his wonderful book, *The Overstory*, describes how when a Douglas Fir tree is cut, it releases a flood of nutrients back into the soil for the benefit of the forest and other future plants. The book is as full of good fiction as it is of facts.

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Breathe, deeply in. That's oxygen the trees pumped out for you. Think forest. Listen for incoming messages on the wood-wide web of connections. Hmm. Put down the *Barnacle* and go for a walk in the forest. Repeat. 🌲

Sources:

Paper on Architecture of the Wood-Wide Web: Rhizopogon spp genets link multiple Douglas-fir cohorts. Beiler, Durall and Kretzer published in The New Phytologist 2010, Biology, Medicine.

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Photo courtesy Trish Keays

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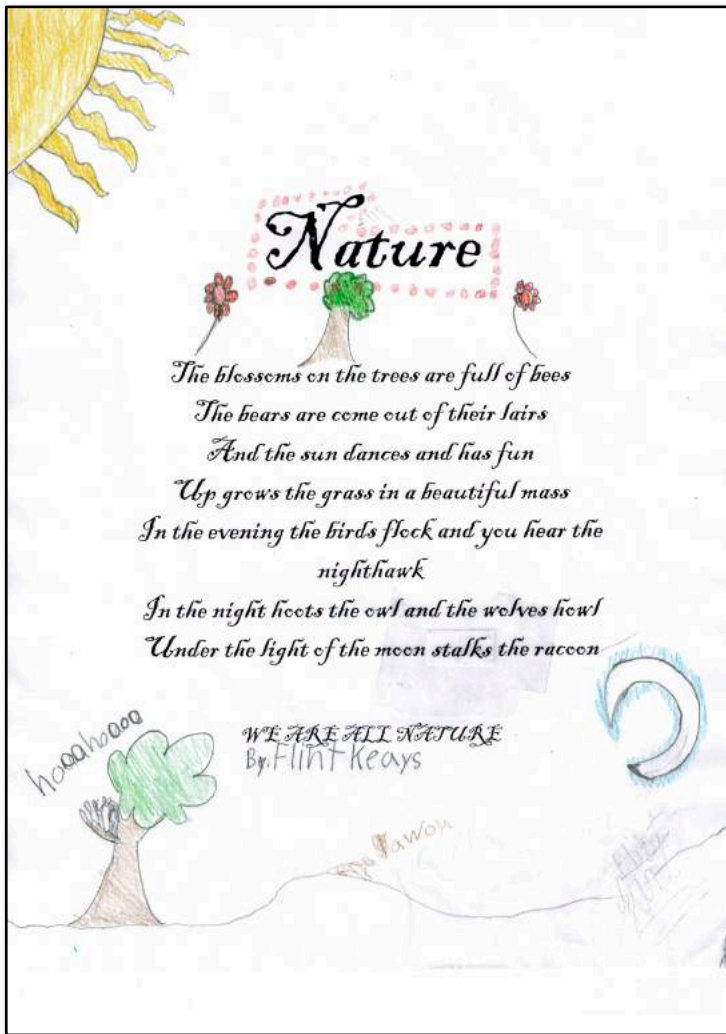
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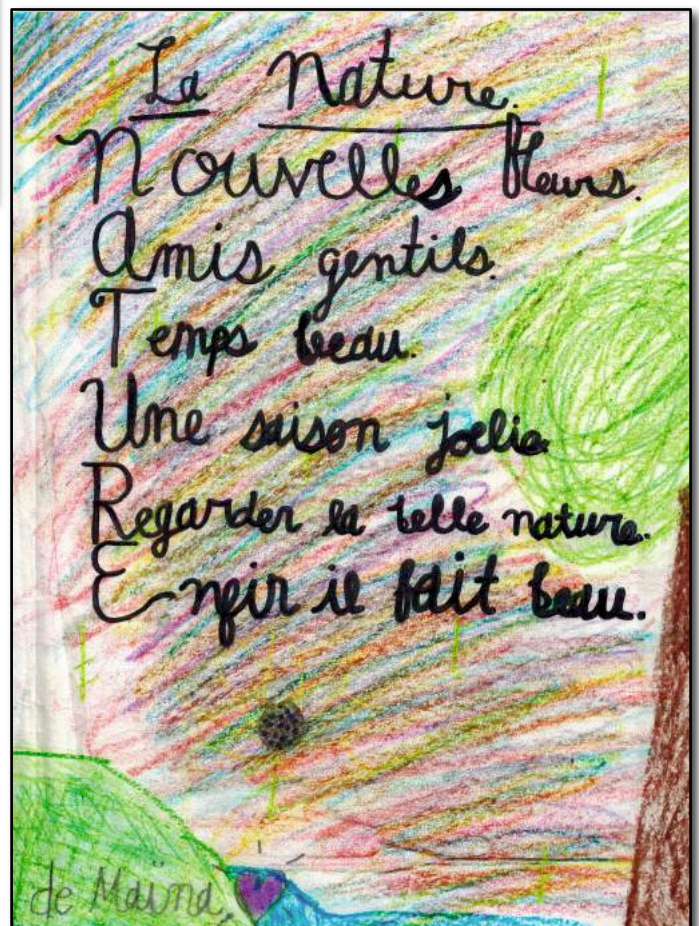




Nature by Flint Keays - age 10

La Nature by Maïna Paquette - age 8

Artwork by Twyla Keays - age 5



Lund Kid Revisionist History

Anna Gustafson

Life Lessons from the Sears Catalogue Lady

What a time to be alive! In the middle of an unprecedented global pandemic, in a city where it's notably unusual to know your neighbours, and where it's rare to put any thought into the necessities of life.

Since we've been "in" ...*my tender abbreviation for mandatory self-isolation*...venturing out has been a throwback to this side of mid-century Lund. Standing in line at Costco this week, dressed like I'm about to rob it, I became very aware of how effortless shopping is in a major city and how much I've grown to take that ease for granted.

We didn't really have "shopping" in Lund. Primarily because we didn't have shops. Or Amazon. We were like *the amazon*, in that we lived in the bush and nobody knew we were there. Instead of a mall, we had the Sears Catalogue. Spring/Summer, Back to School Fall, and the much-awaited Christmas Wish Book. Similar to the pageantry Macy's unleashes to start holiday shopping, when that catalogue landed, it felt like a parade.

The risk with catalogue shopping was always if you ordered the same jacket as someone in school, you were stuck with either being their best friend, or mortal enemy, until you both outgrew it.

The reward was in the tradition of gathering by a special occasion fire, catalogue placed on the hearth, and conscientiously going through each and every page. *For context, a "special occasion fire" was made by burning saved-up Nabob coffee bags because they lit up like a Kiss concert.*

The next link in this rural supply chain was the Wish List. Children would point to items of their dreams, *Batmobile that shot red darts, Barbie corvette for when Barbie moved to a city*, and parents would add to the lists. It was more Christmas *pointing* than Christmas *shopping*.


At long last, your wishes would be driven to town. To the Sears Store, which wasn't really a store in the traditional sense, as in having stuff in it, but a stark counter with a lady behind it. The Sears Catalogue Lady; aka the keeper of our wishes. Magically she would communicate them to the wish fulfillment warehouse at, I assumed, the North Pole. I know now that our wishes didn't travel to the north pole but

rather, Moncton New Brunswick. I've seen inside with my own eyes. Zero elves. Loads of refrigerators.



And the children waited.


By the end of November, a call would come telling us that our wishes had arrived. Parents would drive into town, pick our wishes up, and secretly bring them back to Lund. Birthdays, holidays, celebrations alike, each version had some form of wish list to be executed accordingly.

But alas, my wishes never fit. They were always far too big. They'd be re-packaged and returned to the lady behind the counter. I'd explain "These wishes have to go back because they are too big", to which she'd reply "No they're not. You just need to grow into them."

Thanks Sears Catalogue Lady. That stuck. 

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Speaking in the Barnacular

Ted Durnin

Put it out there and it will manifest. That's what they say. Tell the world you want something to be and it will become.

Last time I wrote a column about how January through March was going to be the time when all the work got done for the year. I now wish I had written that it would be the time of pina coladas, lottery winnings, and world peace. What was I thinking? I survived, but not by much.

And then, while I was actually living it, I kept thinking about staying home and not going out. Guess what I'm doing now? Yeah, that's right. And you too, no doubt. Looks like I did it to all of us.

This calls for some housecleaning in the old noggin. If whatever I dream up is going to come to pass, then I need to arrange better dreams. I'd say I want lucid dreams but what I'd really like is some nice surprises in my dreams. I also need to guard against those sort of random dreams where I end up chasing something I can't catch and then I'm stuck in school writing a test I know nothing about and then my teeth all fall out. And the more I try not to think about awkward dreams the more it happens. It's not about willpower. Dreams don't force. It's about that other thing. Called, uh. Thing.

All I can think is that if I'm basically happy it will lead to basically happy dreams. I have to say, I don't normally default to basically happy. I'm more of a grumbling ironic type. My idea of bliss is an apropos bon mot, like saying that thing you wish you had said when it was time to actually say it.

I know that the traditional Lundie solution would involve an aromatic haze and a lot of coughing and maybe ordering pizza. But that's only fun for a month or two. It gets stale after a while. Stale pizza. Stale haze. Not happy.

So, I've got to get happy while staying at home with no distractions except what I make. I think I'll..., no, maybe, uh... Let's face it: I like to go out. I don't necessarily want to talk to people or interact. I just like to get out of the house every day.

All right. All I need is to keep my mind on the good stuff. Put on some happy music. Not too happy. Or maybe some comedy shows. Or a good book. But in any entertainment medium, there has to be dark stuff to balance the light or else it's boring. Except shows aimed at the diaper set, and I'm not going to do that to us all.

Ok. How about this? I'm going to put it out there that it will all turn out basically okay. Right? That allows for light and dark. It's vaguely positive. It's not specific. It applies in any situation. Gimme an "O." Gimme a "K." What's that spell? Basically, OK. 🍷



SO, WE HAVE NO IDEA WHAT FOLKS ARE TALKING ABOUT THESE DAYS...

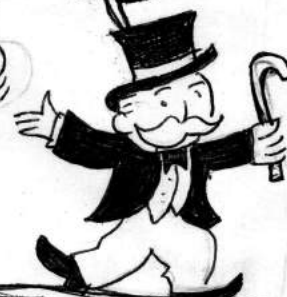
Q: WHAT'S A SEVEN LETTER
WORD THAT CAN TURN
ANARCHISTS INTO LIBERALS?

SAZG 3

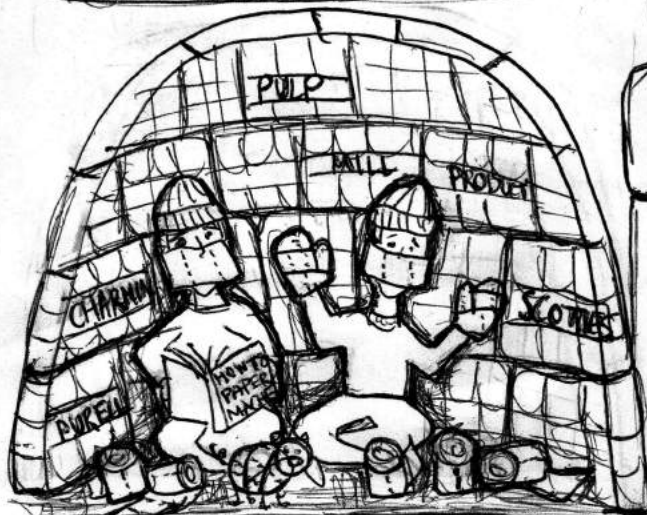
C O V _ D - _ _ 9

STAY HOME
OR DIE

GO TO
WORK OR
DIE



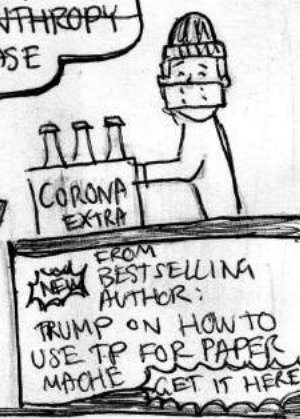
THERE'S SOME CONFLICTING
INTERESTS -- AWKWARD....



IN OTHER NEWS, OUR RESEARCH
& DEVELOPMENT TEAM HAS
FINALLY DISCOVERED WHAT THE
BENEFIT OF HOARDING T.P. IS

BUT SOMEHOW I FEEL IT'S
JUST WHAT THE DOCTOR
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CASE OF MISANTHROPY
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CONTRIBUTING BRAINS:

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Cartoon by Jervis Tebbutt - age 10

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The Alchemy of Whisky Tasting

Gregory Cran and Adam Drummond



The alchemy of whisky tasting is about exploring the varied expressions and intricate notes that whisky offers. Nosing and tasting is both sensory and analytical, as the perception of smell can evoke memory and emotion. The harmonics of smell is the intersection of smell, taste, and texture, influenced by conditions and circumstance, be it culture, mood, food, activities, or even the company we are with. So, what influences the whisky's taste and smell?

Aromatics and Taste

Whisky contains hundreds of compounds that are derived from grain type, the malting and distilling process, the type of cask or casks used, and the length of time the whisky is aged.

The character of the whisky is determined by how these aromatic and taste compounds

marry together. These compounds include phenols, esters, aldehydes, and oak lactones.

Phenolic compounds - such as phenols, cresols and guaiacols - contribute to the smokiness of some whiskies when barley is kiln-dried using peat. Phenols and cresols provide the medicinal flavours while guaiacols are noted for smoky and woody flavours.

Esters are emitted during the fermentation process from a combination of alcohol and fatty acids. Light esters emit a fruity or banana aroma.

Aldehydes, produced during distillation, are influenced by the oak when the whisky is being matured. The oak generates syringaldehydes that give off a spicy, almond and vanilla taste, more commonly found in ex-Bourbon barrels. And, when the whisky is maturing in the cask, the oak lactones in the wood impart a coconut flavour.

How does this work?

Nose: Connecting Smell to Memory

The scent-bearing molecules found in whisky may help us distinguish one whisky from another, but these same molecules can also trigger an emotion or childhood memory or a reference to a previous scent-bearing experience.

Palate: Harmonics of Smell, Taste and Texture

When whisky is tasted, the aromatic compounds detected through the nose now cross the threshold of our taste buds, releasing more aromas that provide further distinction and definition to the whisky expression.

Texture, on the other hand, provides a sensuousness in the mouth that can range from soft and velvety to creamy and oily, waxy, or even prickly with some cask strength whiskies. Astringent mouthfeel, such as dryness, furriness, or a powdery texture are most noticeable when we swallow.

Finish: Brief or Long, Lingering Lick of the Lily

What we smell and taste is subjective. Tasting notes, whether from the distiller or a popular website, are also subjective. Often the notes are highly imaginative, full of prosaic jargon, but always based on conditions and circumstances at the time of tasting. When we peel back the prose and nose and taste a particular dram, we still may discover a burning hospital, a well-licked hockey puck, an old gumboot, or flowers on a grave, but we got there because in the moment it all seemed to make sense.

One afternoon when Wendy and I were visiting the Isle of Skye, we had an opportunity to experience the warm and inviting smell of a peat fire burning in the fireplace of an old crofter cottage. The wind from the Atlantic Ocean was

Continued on page 35...

Continued from page 34...

howling that day and the impact of the peat fire – both the warmth and the scent of the burning peat – conjured up the intensity of a past way of life and how this became refuge and comfort for survival.

That evening we had our first dram of Talisker Storm at a local pub in Portree and were immediately transported back to the warmth and inviting smell of the peat fire experienced earlier in the day.

Since then, each time we pour a dram of Talisker Storm, the smell and taste activate the warm memories of being back on the Isle. The brine, the smoke with hints of caramel and Christmas pudding are part of the allure. But interestingly, we do not get the same response from other peated whiskies – a recollective moment for the curious-minded.



Photo courtesy Greg Cran

For those who have discovered the harmonics of smell with the concord of taste and mouthfeel – we raise a dram. Slàinte! 🍷



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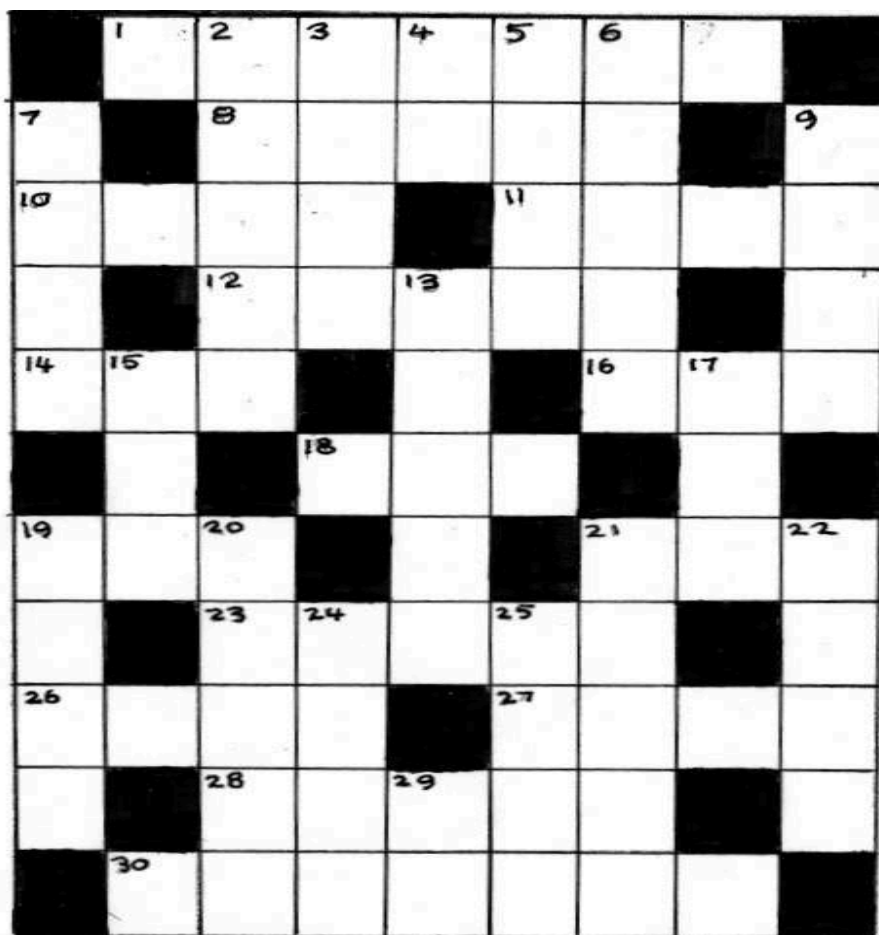


Crossword #54 by C.Cressy

Edited by S. Dunlop

ACROSS:

- 1 spring creations
- 8 carried or transported
- 10 demonstrate
- 11 domesticate
- 12 early bloomer
- 14 rescue crew (abbr.)
- 16 turf
- 18 a cheer for spring (Span.)
- 19 off-road vehicle (abbr.)
- 21 served a meal
- 23 urge to action
- 26 with _med, 14A specialist
- 27 spring seeding custom
- 28 measure
- 30 fertile soil additive

DOWN:

- 2 garden wrecker (two words)
- 3 lines of planting
- 4 medical dude (abbr.)
- 5 being (Span.)
- 6 approaches
- 7 requests
- 9 plant a row
- 13 popular spring flower
- 15 quick to learn
- 17 lyric poem, perhaps to a garden
- 19 electrical units
- 20 with Demeter, goddess of wheat harvest
- 21 airborne pests
- 22 plant muncher
- 24 how to address a lady
- 25 therefore (Latin)
- 29 direction of growth

Answer Key for #53 Crossword



Neil Gustafson 1932 – 2020

When parents get old, each time you leave them it could be the last. If you're lucky, for years' and years' worth of visits. And considering how laborious exiting Lund is, it leaves much time for reflection. The drive to town. The wait for the ferry. The time spent crossing the channel, eyes resting north, while Lund becomes an even tinier speck up the coast. Even more so when your flight out of Comox is on a clear day. The view from the plane window becomes the yellowed nautical charts, unrolled from their place on the Lucky Lady IV, the higher you climb.

Neil Gustafson was born in the Powell River General Hospital when it was just a tent. Did most of his growing up on the farm up Baggi Road named Annala, after his Mummo Anna, where the Finnish sauna still stands as sturdy as she was. He had his socks knocked off during a badminton game by the spunky redheaded schoolteacher the moment she walked into the Lund Hall. Anne and Neil were married and set up their first home in the Lund Hotel.

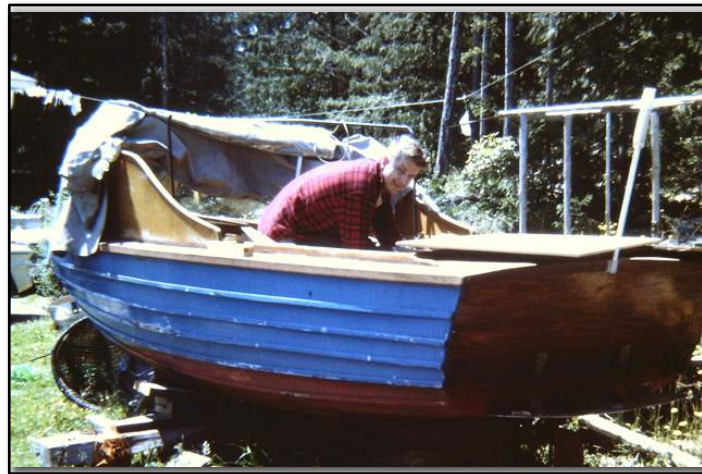


Photo courtesy Anna Gustafson

Home meaning a place where friends gathered, danced, and celebrated together, and where his first two girls, Leslie and Lori, rode their bicycles up and down the musty hallways.

The red house in the harbour was their "starter house", its ghost present when you look out from Nancy's Bakery patio and inhale. The harbour has smelled of warm bread and cinnamon buns since the 1950's.

Finally, the house on the hill. Rock blasted, foundation logs laid, and close to sixty years of care and attention from his hands. A third girl arrived, who he called "Poika" because they rolled a dice for a boy and got me. Poika is a Finnish word for boy. Then at last, an actual "Poika", with the birth of Oscar.

I didn't know the word volunteer when I was growing up. It's just what you did. Dad was a volunteer fireman, president of the community club for a time, head of the water board, part of the harbour authority, emphasis on authority. He built things, fixed things, cleared things. Yelled at kids lighting fires, dogs out of their yards, and anyone not showing respect for our little town.

We didn't have easy access to much more than each other in our community. There are still signs placed at water pump shacks that list the three emergency numbers to call in case there is one. First you call Mark, who moved away in the 80's. Next on the list is Neil. And as a last resort, and only then, call 911. Lund has since transitioned to an actual 911 system, but it wasn't an easy changeover. For example, one of Lund's original Finns, Karl, would call 911 as he was encouraged to do if feeling unwell. Ultimately, he'd revert to calling Neil's son-in-law Mike in the middle of the night. When reminded that he was supposed to call 911, he replied "I did! I asked for Mike but he wasn't there so I hung up."

Each other is also a notion that is hard to reframe.

If you see the emergency signs on your strolls around Lund, you'll notice that "Neil" has been removed. As he grew older and less agile and began to accept his limitations, he visited every sign and methodically painted over his name. He did, however, leave his phone number so although he wasn't officially one who responded first, he still liked getting the calls.

Continued on page 38...

Continued from page 37...

He would have been powerless to the magnitude of need for community right now. As the world goes to ground to ride out this pandemic, he's deservedly in a better place.

Dad found comfort and companionship in the community after he lost his Annie, but, as stoic Scandinavians will do, kept his heartbreak to himself. Until he was leaving us. He spoke about our Mom like she'd been gone a week, time on the farm like it was yesterday, and all his grandchildren and great grandchildren like they'd just stopped by to show a report card or ride bikes in his driveway.



Neil and Anne - Photo courtesy Anna Gustafson

We stayed with him in the hospital for all of his last days. Playing his best boat playlists. Sneaking in "Moose Milk" (scotch and milk) and canned peaches with ice cream. Hearing "I heard Gus was in here" from every visiting mill worker who knew him as Supervisor. We'd lose him from time to time in the shadows of his mind to fishing, paper machines, or old friends. Not unlike our childhood during certain seasons. His hands moved like they always did. Reeling in a smiley. Buttering something that didn't need butter. Vigorously pointing, which everyone knew meant he was telling you how something should be done. Or "rigged up".

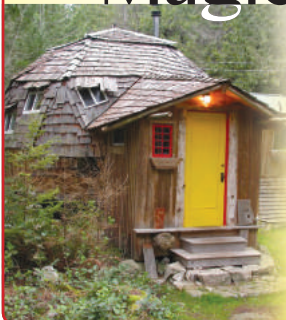
The flags in the Lund Harbour were set to half-mast the day after he died, as was his heart when he lost his sweetheart 20 years ago. While in hospital, Dad said he was waiting for her to come get him and the story we'll tell ourselves is that she did. Gustafson kids are a mishmash of both our mom and dad, and as we go through life recognizing qualities in ourselves that were strongly theirs, will continue to be our greatest comfort.

There are stories upon stories that I'll try to remember and stories that I don't even know yet, and those are the ones I look forward to most.

If you knew my parents, please reach out to me and share your stories. I'm going to grieve them together, as they are now, and endeavour to get to know them better for the rest of my days.

Anna Gustafson is a comedian, speaker, producer, writer and forever Lund Kid now living in Toronto. Connect on twitter @annagustafson & instagram @tooconvoluted

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Community Page

Birth Announcements

We did miss one last issue! Esther Tremblay and Nicolas Marius brought a baby boy into the world on November 30. His name is Manóe. Welcome to Lund, little one!

And more recently, Sandra Bomford and Kerron Wright gave birth to a baby girl on January 21. They named her Madison Irene.

Terra (nee MacFronton) and Bill Demeris have a new baby son, Theo James Fox, who was born on February 14. Big brother Eli is pumped, and grandparents Darcie and Jeff MacFronton are smiling. A great Valentine's Day present of love.

Sympathy and Condolences

Neil Gustafson - 1932 - 2020

See previous page.

Thinking of You

Healing thoughts and much love to all Lundies, wherever you are, who are struggling with wellness in any area of our lives. Quarantine lock-down produces its own challenges.

The Goodwill Committee exists to help create and bolster a sense of community in Lund with the knowledge that people here care about each other. Please let a Lund Community Society member know if you're interested in helping with this and give them any news you think should be acknowledged.

Northside Community Recreation Area Resident List

The Lund Community Society is creating a group email for all Area A residents who wish to learn about information and events in our community. It will be called the Northside Community Recreation Area resident list. If you wish to be one of those bcc'd on this list, send your contact info to Mary Ann Lammersen at malammersen@gmail.com or (604) 483-2419. 🐾

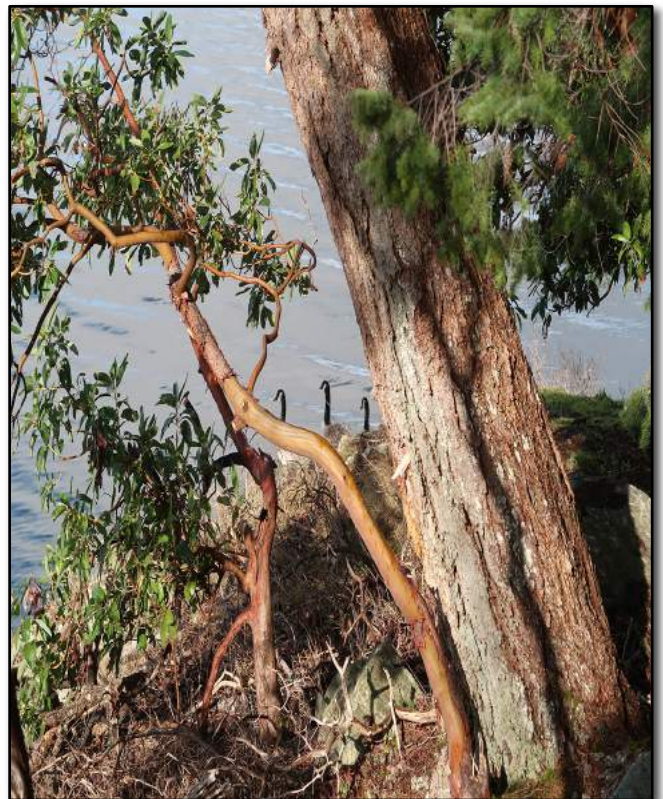
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