



Summer 2023

\$2.00

Random Voices of Area A, qathet

Proceeds to the Lund Community Society



Building Committee members, from left to right: Pam Begbie, Ben Bouchard, architect Sue Webster, Ria Curtis, Ed Levy, Kristi McCrae, Alisha Van Belle. Missing from photo: Carsten Huber, Ronnie Uhlmann, Amber Friedman, Theo Angell, Sandra Lopez, Kim Beno. Photo courtesy Kim Beno

Our Community Hall - Building the Dream

Kristi McCrae and Amber Friedman

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The vision of building a community centre with a hall has been a long-term dream for many people living north of Powell River. Since the old Lund Hall was deemed to be unusable back about 1990 and then demolished and taken away in 2019, there has been a hole in the social fabric of qathet Northside, especially in the winter months when we need it most. Area A has been missing a place to gather, celebrate and dance together, play indoor sports, host theatre, music, and private events, and have more diverse community programming and services. We are really very excited to say this vision is moving forward.

Thank you, Area A residents, for showing up and supporting this dream on May 6. Since referendum day, the Lund Community Society Building Committee and the staff at qathet Regional District have been working hard to bring more clarity and shape to the vision.

Continued on page 3...

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The Lund Community Society

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Poppy Wolfe Riker

Painting: *Resilience* – acrylic and gold leaf on panel,
2017 by Autumn Skye

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<https://www.lundcommunity.com/barnacle>

Editorial Policy

Our policy is to print what people submit in their own words as much as possible, respecting the paper's purpose to provide a forum for expression of ideas on topics of interest to our community members. We reserve the right to edit for clarity, length, and sensitivity. Articles submitted will be included based on available space and compatibility. Opinions expressed or implied in articles and stories are those of the authors and not the editors of the *Barnacle* or board members of the Community Society.

Signed submissions are welcome in the form of articles, stories, news items, letters to the editor, graphics, and photographs. Send to: barnacle.articles@gmail.com

All proceeds from sales and advertising go to the Lund Community Society, a non-profit organization providing community services and programs to Lund and the region. The editorial staff of the *Barnacle* are volunteers, as are the board of the Community Society. No editor, contributor, or member of the board receives a salary or wages.

Editorial

Hello and welcome to our summer 2023 *Barnacle*! There are some exciting new features in this issue, starting with our cover's classy new masthead, thanks to our own Nicole Narbonne. She's going to change it up a bit every issue, so stay tuned.

This issue is our first trilingual *Barnacle*! After many years of hoping, and with a little help from my friends, we have our first *Learning ʔayʔaʔuθəm* language lesson with Randolph Timothy, Jr. I now believe it is actually possible to learn this and have fun in the process.

It was brought to my attention recently that most young people in Lund know French, to some degree at least, because of the programs in our schools, and there are a lot of French speaking adults here. To include that fact in the *Barnacle*, I asked Nicolas Marius to write a little something in his native tongue.

Back at the beginning of June, I became puzzled, curious, then increasingly alarmed that flowering things usually covered in bees were not. Where were they? In this issue, there are three articles on what's up with bees, as well as the stunning art of Autumn Skye. I am happy to report that it's now mid-July, and the bees began buzzing in abundance at my place a week or so ago. They were a month late.

That's just a taste of what's between these covers. I hope you enjoy this issue.

– Sandy

In respect and gratitude, we recognize that this publication was created on the land of the Tla'amin Nation and Coast Salish People - ʔaʔamun (Lund).

We sincerely appreciate the support of our advertisers and encourage readers to support our local businesses.

****We invoice annually for advertising, unless alternate arrangements are made. Invoices will be sent out after the fall issue 2023.****

Advertising Rates

Business Card Size: \$10.00

Double Business Card & 1/6 Page Size : \$20.00


Quarter Page: \$30.00

Send to: barnacleadvertising@twincomm.ca

Next edition is October 2023

Deadline for submissions is October 10, 2023;
but reservations for article space are needed in advance and ads need to be submitted by the fifth of the month.



 **Printer of the Barnacle**

Continued from page 1...

If you attended any of the public information sessions before the assent vote, you would have heard that the design in the feasibility study, though sufficient to access the grant, was not the building that would meet the needs of our community. That design did not reflect the spirit of this land architecturally or have a practical layout for the type of uses this facility is meant to house.

The LCS Building Committee members have been putting their heads and hearts together trying to find a way to bring into being a structure that embodies the most possible community wishes. We had received a lot of feedback, which is fantastic, so we are trying to achieve 'wish maximization'. At the same time, we're balancing the constraints of the land, the old structure, the budget, and the conditions of the grant.

The Building Committee members are a spectrum of multi-generational, diversely skilled folks who reside all over Area A. Our personal interests in the project vary. Some work or have worked in construction, others are event organizers; among us is our wonderful Preschool teacher, our long-term maintenance staff; we have a land surveyor, some neighbors of the centre, artists, current and former Preschool family members, and new and long-term residents. We have been working with Arnold Schwabe, the Capital Asset Manager from the qRD, and Jason Lennox, Area A director. They and other qRD staff have been very receptive to working with the community and the LCS Building Committee, as a community advisory group. Arnold has been great in helping us understand how government procurement takes place, the constraints of the grant, and finding a way to get the project rolling. Jason is advocating for the bigger picture stuff like parking and infrastructure needs.

We have also been consulting many other community members with experience in all aspects of the building process and navigating government procurement processes.

At this point, we and the qRD have engaged an inspired local Architectural Designer, Sue Webster, to draw out a new preliminary concept design. She is taking the mountain of feedback we gave her and bringing it to form and has presented us with early drawings. The design's direction is inspiring! There are many technical challenges to meet and a lot of needs to consider. The function and feel of the structure are very important to her. She has her work cut out, but, as she believes in this community, she is being very generous with her time and creativity. Her colleague, Frank Nadalini, a local structural engineer, has contributed pro-bono technical guidance to assure that the design is workable. We may not be able to get

Continued on page 4...



Tech Tips

at the Lund Community Centre

Scheduled visits:
Oct 5, Nov 2, and Dec 7.
1:30 pm - 3:30 pm

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Debra Bevaart's studio gallery is a showcase for more than 40 local artists with Debra's stone sculptures brought to life on site

August open everyday 10:00 am - 4:30 pm

September & October closed Tuesdays



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"A unique stop at the end of the road"

Continued from page 3...

every single wish embodied in the design, but we think it will be close. Sue is adding the inspired spirit that we could feel, but not draw.

So far, the costs related to this design are minimal. The funds to hire Sue came from the qRD building reserve fund, which was money already set aside for this project.

The next step is that qRD intends to host a public consultation open house. At that event, we will be able to present the conceptual design by Sue Webster. The date for this is TBA but will likely be in October. Then we will complete the preliminary design process in preparation for putting it into the building tender package.

As per the grant, all spending of grant funds must be publicly tendered. The timeline for the building tender is early fall, with a 6–8-week process to accept an appropriate bid. That puts a potential start date somewhere in November or December 2023. At this point, the completion date for this project is March 31, 2026, which seems like a reasonable timeline.

If you are further interested in the project, or the Building Committee, you can send an e-mail through the LCS website lundcommunity.com, and one of us will respond.

The LCS Building Committee and qRD hope all of you will join us for the open house when that is announced. The qRD will post a date as soon as it is decided.

The Building Committee is grateful for all the people supporting this. We look forward to having a Centre for the community where we can gather and have a chance to foster deeper relationships through all the different facilities and programs it will offer. 🌱



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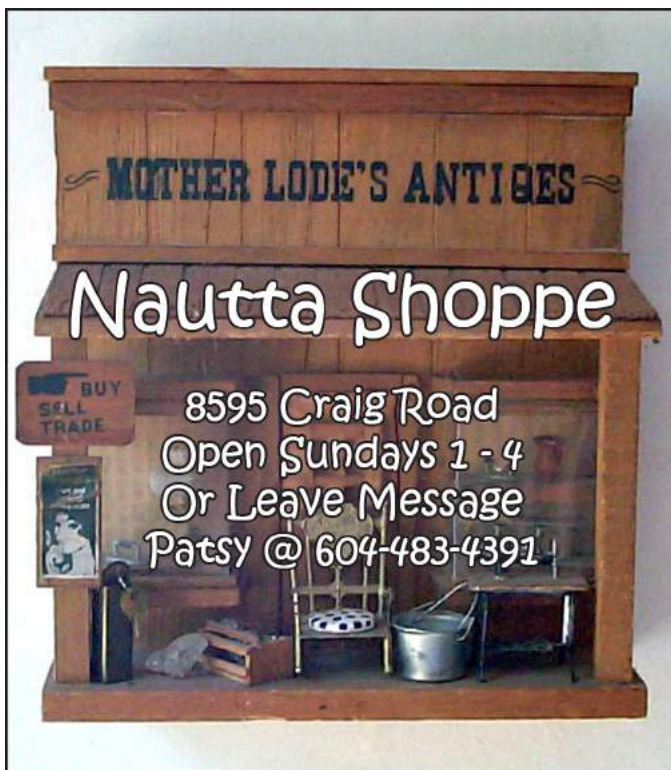
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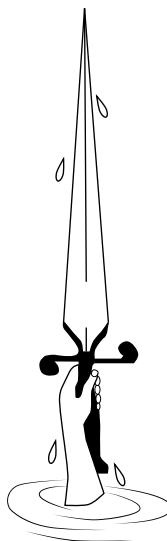
Photo courtesy Brian Voth



Andtbaka Farm

Home of "The Farmer's Gate" produce stand
2440 Highway 101 North

a poem by Pat



Lettuce take time to
Consider the beet,
The radish, the turnip
And all that we eat

The seeding, the weeding
The water, the pests
No wonder this season
Gives so little rest

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Are here at the store
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Community Society Update

Ronnie Uhlmann

After we received the great news that our referendum had passed with a majority vote, the work began on creating the addition we want. The expanded building committee has been meeting with the qRD, and we have hired an architect to provide us with a conceptual drawing that can go out to tender. The building committee will continue to meet every other week as there will be many decisions to be made. Once we have the conceptual drawing, the qRD and LCS will host a community open house.

As always, we appreciate community feedback, ideas, and input. This is for our whole Area A community, and we want everyone to feel that they can participate and that they have been heard. We are grateful to the qRD for providing us with this opportunity to foster a resilient, healthy, inclusive community. We are all PUMPED !!! 🌱



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What's Happening in Lund?

Sandy Dunlop

Downtown Eateries

The 101 Bar & Grill at the Lund Resort Hotel (now called **The Village at Klah ah men**) is open from Thursday to Sunday, noon to 8:00 pm. The Hotel remains closed. Check social media for any changes.

The **Stockpile Market** is open Monday to Sunday from 8:00 am to 7:00 pm. As well as their grab and go take-out, open whenever the store is open, there is **101 Café**, where you can get coffee, tea, and eggies. That is open Monday to Sunday, 8:00 am to 3:00 pm.

The Boardwalk Restaurant is open daily from noon – 8:00 pm, except Wednesdays.

The Good Crêpes, by Esther and Nicolas, is open at **The Boardwalk** only on Wednesdays, for lunch from 11:30 am – 2:30 pm and for dinner from 4:30 pm – 8:30 pm.

Nancy's Bakery is open daily from 8:00 am to 5:00 pm. Best chocolate chip cookies ever.

Sassy Mack's ice cream is open every day from noon to 6:00 pm.

Check the ads and websites of these businesses for up-to-date info as summer progresses. For those of you reading the *Barnacle* online, many of the ads for these businesses have hyperlink connections to make browsing easier.

At Northside Community Recreation Centre (NCRC)

Playgroup with Ria – starting up again in September.

Puddle Jumpers Preschool – Closed for the summer but starting again in September on Tuesdays and Thursdays 9:00 am - 1:00 pm for kids aged 2.5 – 5. See page 20 for more information.

Lund Community Daycare – Open through July on Tuesdays and Thursdays 1:15 – 5:00 pm and on Wednesdays from 9:00 - 5:00 pm, then closed until September. See page 20 for more information on both the Preschool and the Daycare.

Search Centre Tai Chi with Bill McKee – No classes during the summer. Fall classes to be announced. (604) 414-5003.

Ashtanga Yoga with Nicole Henri – All levels welcome. For more info, call Nicole at (604) 223-9344.

Community Society Meetings – Our general meetings are always on the third Tuesday of the month, except July, August, and December. Our next meetings after our summer break are September 19 and October 17, at 7:00 pm. All are welcome. Come check us out!

At the Gazebo (Klah ah men Lund Gazebo Regional Park)

Lund Daze – The date is July 29. Local musicians and family fun! There will be live music, with local solo artists from 4:00 pm – 7:00 pm, Wildwood Social Club from 7:00 pm – 9:00 pm, and Beach Crashers from 9:30 pm – 11:30 pm. There will be food vendors and artisans, kid and teen zones, volleyball, and free art workshops. Suggested donation \$10 - \$20 adults/families, \$5 teens. For more info, call Amber at (604) 208-4969. See poster on page 8.

3rd Annual Short Shorts and Animal Shirts DANCE PARTY is Friday August 4.

Continued on page 8...

Continued from page 7...

At Tidal Art Centre

Once again, there is so much going on at Tidal Art this summer that the best way to know about it all is to check out their ad below and their website at tidalartcentre.com.

If you have an event that you would like to announce, please contact the Barnacle at barnacle.articles@gmail.com.

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Klah An Men Lund Gazebo Regional Park

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ARTISANS • FREE ART WORKSHOPS •

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4-7 Local Solo Musicians
7-9 Wildwood Social Club
9:30-11:30 Beach Crashers

JULY 29, 2023 | 12PM TO 12AM

Suggested Donation \$10- 20 Adults/Families, \$5 Teens
Interested in Volunteering or Vending
Phone Amber 604.208.4969

TIDAL is Rocking Majorly

Exhibition: **Major Rock**. 1 - 21 July.

Thursday - Sunday, 2 - 7 pm.

Artist in Residence: **Kennedy Snider**, ceramics

Exhibition: **'Waking beneath the oak'**, **Kennedy Snider**,
27 - 30 July. Reception on 29 July, 5 - 7 pm.

Exhibition: **Portals**. August 4 - 24.

Artist in Residence: **Kat Thompson**, ceramics

Workshop: Handbuilding, **'Everything but the wheel'**,
Kat Thompson, 19, 20th, 10 - 4.

qathet Studio Tour: 26, 27 August, 10 - 4.

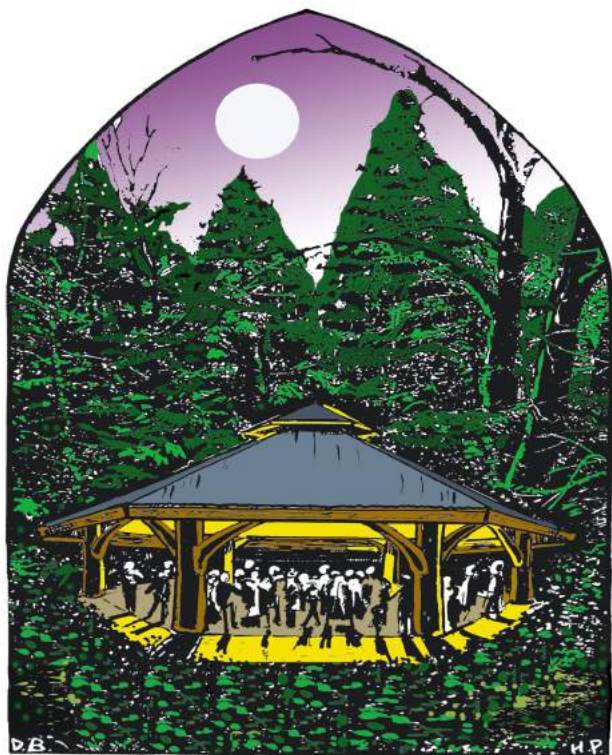
Dawn Myers, Kat Thompson,
Shivaun Gingras, Prashant Miranda

Exhibition: **'Amongst the trees'**, **Ron Bignell**,

1- 21 September. Wednesday - Sunday,
opening reception 1 September.

Artist in Residence: **Joey Mallett**, mixed media.

TIDAL  artcentre



To book events at the Northside Community Recreation Centre, contact Ria at (604) 414-0383. For events at the Klah Ah Men Lund Gazebo Regional Park, call qRD Operational Services Clerk Caroline Visser at (604) 487-1380.

Lund Recycling Depot (9642 Larson Road)

Summer hours (*Canada Day - Labour Day*)

Thursday - Monday

9:00 am - 5:00 pm

Regular hours (*September - June*)

Wednesday - Saturday

10:00 am - 4:30 pm

Closed Statutory Holidays

Thank you for recycling!



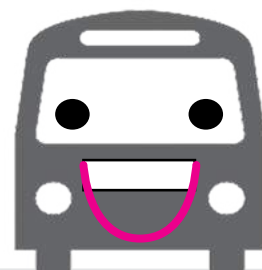
Summer Lund Bus Schedule (Route 14) – Fare: \$2.25†

Monday, Tuesday, Wednesday, Friday, Saturday, and Sunday

Leave Lund: (Mile 0 Marker)	9:41 am	4:10 pm
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Leave Town Centre Mall (North End)	8:50 am	3:25 pm
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† Children 12 and under ride free on BC Transit, however children five and under must travel with an attendant over 12 years old.



Other information:

Fall schedule to be announced - for updates check BC Transit website.

Connection through to Saltery Bay Terminal available Mon, Tue, Weds, Fri and Sat*

Did you know that pick up and drop off service is available upon request?*

Download current Rider's Guide for details: <https://bctransit.com/powell-river/schedules-and-maps/riders-guide>+

* Some conditions apply

Peeling Back What Lund Means to Folks

Charlie Latimer



Sticker courtesy of Gillian Turner

On June 23, 2023, the Tidal Art Centre hosted the first "Great Lund Sticker Show" - an unconventional group art exhibition that invited Lundies of all stripes to submit their designs so they could be transformed into adhesive art. The only directive: Make it about Lund.

The idea for the show originated by seeing "Too Punk 4 Powell River, Lund, BC" bumper stickers around town. The sticker and its message stuck... Was Lund that punk? What does that even mean? What made the creator think this? No matter the questions it raised, one thing was clear: this was someone's reality about this place. It also begged another question: What other aspects of our community are perhaps not being communicated?

Identities have been adopted and imposed on this place for a long time. From Tla'amin, Klahoose, and Homalco people who have called it home since time immemorial, to colonial powers that invaded it, to folks who have come here since... Everyone has had an impact on how this place is seen, felt, and represented.

Lund is many things to many people and, with fourteen artists submitting over thirty designs, the exposition filled the Gallery with numerous interpretations of "Lund". From the funny to the artistic to the absurd, this inaugural sticker

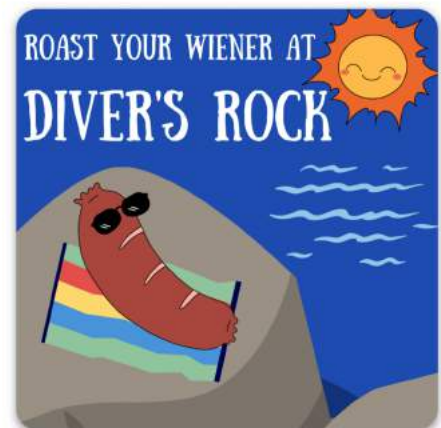
show hoped to keep the idea of Lund something beyond the grasp of the tourism board or real estate agents.

Only ten stickers per design were printed, of which five went to the artist and five were for sale. More successful than anticipated, over a hundred stickers were sold during the three-day exposition. Artist contributions and proceeds from the sales went towards covering printing costs, a donation to the mentoring program at the Tidal Art Centre, and another donation to Tla'amin elders who recently lost their home, and everything in it, in a fire.

The packed opening night brought together Lundies who wanted to see what their neighbours had come up with in describing our home. The overlapping definitions added some depth and potentially stirred some controversies over who we are as a community. After the last few years, which seemed to create divisions and physically kept us apart, this show was able (to some extent) to bring people and their "ideas of self" together, giving voice to many who don't necessarily resonate with the common labels applied to "Lundies". Many designs did reiterate some known characteristics, others poked fun at them, but overall, the show proved as eclectic as those who call Lund home.

The amount of enthusiasm for this show and for future potential sticker designs means demand for a second sticker show next year is quite strong. We'll see if Part II is in the cards.

Special thanks to all those who contributed to the show with their designs: Tyler Doubt, Stefanie Dueck, Monique Labusch, Prashant Miranda, David Steinberg, Beatrix Baxter, Gillian Turner, Chris Roberts, June Johnson, Eline Vonk, Colin MacRae, Poppy Wolfe Riker, Charles Latimer, Brad MacKinnon 🍷



Sticker courtesy of Charles Latimer



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qathet Regional District Update

Jason Lennox, Director, Area A
qathet Regional District (qRD)

Greetings to Area A citizens! I write this as summer takes hold over the coast and our special part of it. My family, like many of yours, is balancing work, summer camps for the grandkids and getting out to enjoy the weather. Fishing will soon take over our minds and we look forward to seeing you out there.

The qRD activities continue as we look forward to visiting Texada (Area D) and Lasqueti (Area E) in the near future for meetings and public consultation. The UBCM is being planned for September and it will be my first experience at those meetings.

Recent activity includes:

- Regular Board and Committee meetings and some extra work to review and approve many grants-in-aid for the first round.
- A field tour of the facilities and work ongoing to complete the new Resource Recovery Center at the site of the old Powell River incinerator. I'm looking forward to this forward-looking waste transfer station and the recovery capabilities that will reduce our regional output to landfills as well as educate our residents. I think folks will be impressed and appreciate the efforts to turn the old site into something that helps the community.
- Recent Park and Trails Strategy open houses and report development. Please visit the qRD website for more info and input.
- Ongoing work with the Lund Waterworks Improvement District receiver and advisory group toward a reasonable plan for the improvements necessary to the system and asset management.
- Attended the ASIC AGM on Savary and listened to the Savary communities expression of current issues that concern them. Great to see all the folks that came out to show they care deeply about their island. This will be important as we work toward the Savary Official Community Plan revision starting soon.
- I spoke with Staff Sergeant Weibe (PR RCMP) regarding policing presence on the Island, especially during high demand times like long weekends. He confirmed that RCMP will be on Island all of the August long weekend, and locals have supplied a rental cabin for their use. Great community support.
- Recent meeting of the C3 group (Tla'amin, City of PR, and qRD) at the Tishosum village council house. This is an important step to achieving the crucial element of local governments truly "working together".
- qRD staff and I continue to meet and coordinate with the Northside Community Recreation Center Building Committee. All are working hard toward the final plans to break ground and expand the center. It will get busy around there soon!
- Northside and Savary Volunteer Fire departments continue to provide crucial service to us as the busy times continue over the summer. We appreciate their efforts to help the people that live and visit here. Please consider joining their ranks. Our fire departments offer decent wages and benefits to help acknowledge the time and effort it takes. Keep in mind safety around the water and any current fire ban conditions, preparedness, and the goal of resiliency in emergencies.

There are many other activities and information available to see and give feedback on by visiting www.qathet.ca.

Have a great summer! 🌞



qathet
REGIONAL DISTRICT

Jason Lennox
Electoral Area A Director
jlennox@qathet.ca ■ 604.414.8183

#202-4675 Marine Avenue
Powell River, BC V8A 2L2
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qathet
REGIONAL DISTRICT

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qathet
REGIONAL DISTRICT

qathet Regional District holds regularly scheduled Board and Standing Committee meetings at #103 – 4675 Marine Ave, Powell River, and webcasts of meetings are available for public viewing online.

For a schedule of public meetings, scan the QR code or go to: <https://www.qathet.ca/about/meetings/schedule-locations/>

Members of the public are welcome to attend meetings, virtually or in person.

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Northside Fire Department News

Ann Snow



Photo courtesy Ann Snow

The Chowder Challenge was held on May 18 at the Birch Tree Cafe. The winner was Chopping Block, with Laughing Oyster as a close second, and Brooks-Secondary Culinary Arts in third. Awesome chowders were also provided by Boardwalk Restaurant, Convenient Chef, Coastal Cookery, Costa del Sol, Monks on Marine, Supercharger Pizza, and VIU Culinary Arts Program. The Northside Fire Department Association (NFDA) wishes to thank all contributors, but especially the VIU Culinary Arts Program for organizing this year's event.

Our thanks to everyone who came out to the Lund firehall on May 27 to enjoy the burgers and hotdogs and watch the firefighters demonstrate the Jaws of Life, fire extinguisher use, hose line deployments, and medical care. Your interest was encouraging to our volunteers.

On May 28, the Boardwalk Restaurant hosted the NFDA Pancake Breakfast while firefighters showed off a Northside fire truck.

Many thanks to those who attended the Chowder Challenge and Pancake Breakfast. Funds were raised toward building a new Refundable Beverage Containers Depot at the Lund firehall. It has taken a while (apologies!), but the Fire Department Association is working on a new building and hopefully it will be operational soon. We look forward to receiving your refundable bottles and cans once again.

Northside Fire Association is offering certified instruction in First Aid, CPR, Marine Basic First Aid, Babysitting, Stay Safe!, First Responder, and Basic Life Support Courses.

Rates vary but include a Red Cross booklet and certificate upon successful completion.



Businesses and individuals welcome.

Visit **northsidefire.ca**
for more information

If you haven't joined the Fire Department Association yet, consider doing so to support your fire department and perhaps help out at fun events like the Easter Egg Hunt, Hallowe'en Party, Chowder Challenge, Pancake Breakfast, and other fundraisers. For more info, check out NorthsideFire.ca or the [Northside Fire Department Association](https://www.facebook.com/NorthsideFireDepartmentAssociation) Facebook page.



Photo courtesy Ann Snow

Who's in that Helmet?

Ann Snow, interviewing
Mike Burge, NVFD volunteer

The sixth in a series: an interview with each of the Northside Volunteer Fire Department (NVFD) volunteers as a way of introducing them to our community.

Who am I?

*I am **Mike Burge** and I've been a firefighter since about 1978.*

How long have you lived in qathet's Northside Fire Protection Area?

I married local resident Lori Gustafson moved to Lund in 1978.

Why did you join the Northside Fire Department?

My new father-in-law, Neil Gustafson, talked me into joining the fire department because he was on it and the community needed fire fighters.

What surprised you most about joining?

I am surprised at the time commitment required of firefighting (training, meetings, courses, etc.).

What one thing have you learned that stands out in your mind?

I've learned that we firefighters only need to respond to the calls that we are available for, whether they are fire calls or medical calls. It doesn't matter what time of day or night it is; we carry pagers and respond as best we can.

What benefits you personally by being a member of the fire department?

I mostly enjoy the social aspect of being on the fire department. I enjoy the camaraderie and the teamwork and helping others. 🍷



Photo courtesy Ann Snow

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Let's Talk Trash

WHAT IS WASTE?

Let's Talk TrashIngalisa Burns, of the
Let's Talk Trash team**Plastic-Free Food**

Freeing ourselves from the hooks of plastic and its conveniences is complicated by its ubiquitous nature. From food packaging to garden weed suppression, we are surrounded by this once-deemed miracle substance. Reducing our dependence on plastic inevitably involves forethought, but the rewards are rich. Not only for the planet's wellness, but, as it turns out, our own.

Plastic food packaging is commonplace – being lightweight, durable, and cheap for industry to use. These advantages need to be weighed against plastic's harms, the most recent of which being food contamination with chemicals.

Toxic dyes and plasticizers (plastic softeners) are often incorporated into single-use food packaging and even refillable plastic food containers. The most well-known plasticizer is BPA (bisphenol-A), followed by the lesser known ESBO (soy-based), and DEHA (a phthalate). These are all either known or speculated to contain hormone disruptors because they mimic human hormones, notably estrogen. The effects of hormone disruption can include diabetes, infertility, sexual mutations, asthma, heart disease, obesity, and poor infant brain development.



Photo courtesy Ingalisa Burns

Food that is wrapped, transported, cooked, or even temporarily contained in plastic is vulnerable to chemical exposure, especially when heat (sun, hot food, microwave) is applied. Avoiding certain types of packaging can reduce risks. Stay away from plastics labelled 3 (PVC) – from which some cling wrap has been made. Cut down on canned food, as containers are lined with plastic which liquids are in direct contact with. Use glass containers for food storage – especially when it's warm, fatty, or acidic, as these cause plasticizers to leach.

So far, there is no holy grail replacement for the single-use plastics many have become reliant on for their food-on-the-go needs. Biodegradable plastics are capable of breaking into smaller pieces but not necessarily into the ecosystem as a source of food. Regular plastic is, by definition, biodegradable. Even compostable plastics are dubious, as they are only designed to break down into food in a high-heat composting facility. Robust items like compostable plastic cutlery can take over 100 days to fully compost, and the average facility cycle is approximately 28 days.

Because of all of this, there has never been a better time to start bringing your own metal and glass to-go containers with you. Begin with a picnic basket or backpack that will fit a family set of durable plates, cups, and cutlery. You may already have some positively unbreakable camping gear stashed away that you could easily fish out of storage. Real cutlery is light-weight and easy to pack, but there are also bamboo and wood alternatives that will last for many years. Beeswax-infused cotton is also all the rage these days. It makes a light, breathable alternative to cling wrap that has the added bonus of being antimicrobial, antibacterial, antifungal, and antiviral!

To make your Zero Waste to-go package complete, add some stainless steel or bamboo straws. Many come with a small pipe cleaner (admittedly with plastic bristles) for easy maintenance – avoid those bristles altogether by sucking water for your last sip

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Continued from page 16...

from your straw before storage. Make your Zero Waste to-go kit complete with washable fabric napkins.

Summer isn't all about eating out. Many of us while away our time in the garden, growing nutrient-dense vegetables and berries that bring smiles. Plastic has made its way into our gardens, too, and though it doesn't break down into nutrients for the soil, it certainly does photo-degrade and break apart. Sun blasting on plastic pots, weed-suppression cloth, thick plastic greenhouse sheeting, and plastic mesh deer fencing, eventually weakens it, often rendering it useless, or worse – scattered amidst the soil. Unless you plan on growing plastic crops, this is a health concern as well. Studies are revealing that plants and marine life are taking up microplastics and fibres into their cells, and we are increasingly being exposed to them on our plates and in our drinking water.

Gardening alternatives involve some creativity but are certainly accessible. Opt for metal fencing and creative deer repellent ideas, like planting something outside

the fence that deer like, adding colourful flagging to extend fence height, or blocking the view so deer can't see what they are jumping into.

Replace plastic mulch around plants with newspaper or cardboard and a thick covering of leaves, sawdust, or wood chips. If a greenhouse is on your to-do list this season, choose upcycled building materials such as window frames, glazed doors, bricks, hay bales, or even glass bottles. Whichever of these materials you choose, you will delight in the increased durability and the knowing you are keeping problematic plastic out of your growing mediums.

Making informed choices about how our food is packaged, carried, and grown has never been more significant a step towards better health for us and the earth. 🌱

Let's Talk Trash™ is contracted by the qathet Regional District to deliver its waste reduction education program. Contact them with your waste reduction inspirations and questions info@LetsTalkTrash.ca



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From the Office of Our Member of Parliament

Drewen Young
Constituency Assistant
Powell River Community Office



It's summertime and MP Rachel Blaney has returned from a busy time in Ottawa to her favourite place - the west coast. Constituents who drop into the Marine Avenue Community Office often ask what MP Rachel is up to in Ottawa. What's new, what's she been supporting? Voting is an important part of parliament, and in the last two weeks in the House of Commons, MP Rachel Blaney voted Yes on:

- Bill C-18 Respecting online communications platforms that make news content available to persons in Canada (Yes 208 – Bloc, NDP, Liberal, Green) (No 113 – Conservative).
- Bill C-42 Amend the Canada Business Corporations Act (Yes 321 – Bloc, NDP, Liberal, Green, Conservative) (No 0).
- Bill C-21 Amend the Criminal Code (assaults against health care professionals and first responders) (Yes 320 – Bloc, Conservative, NDP, Liberal, Green) (No 0).

MP Rachel Blaney sits on several committees and subcommittees, including Veterans Affairs and PROC- Procedure of the Standing Committee on Procedure and House Affairs. She often speaks in the House and brings important issues to the attention of the federal government.

Petitions: “Madame Speaker I am here to table a petition on behalf of many people across British Columbia who are very concerned. The petitioners are calling upon the Government of Canada to prohibit the use of expanded polystyrene in the marine environment. Foam from marine infrastructure is increasingly a source of pollution on Canadian beaches, and we know that the marine environment can be significantly harmed with this happening. The petitioners are asking for immediate action and hope to see marine life, seafood resources and ecosystems protected.”

Canada Early Learning and Child Care Act: “Madame Speaker, when we look at the country overall, the poorest population is senior women. I find it interesting how many people at the doors I have knocked on in my riding and how many people who come into my constituency offices have talked to me about them being women and the fact that by the time they pay for their childcare, they hardly make anything. It seems to me that we have a cycle. Does the member not agree that by creating affordable childcare, not only will it support families, not only will it support women having the ability to make choices about their futures in terms of employment, but it will also address the issue of poverty as women age?”

Emergency Preparedness: “Madame Speaker, across Canada, forest fires are burning. This may be the worst season yet. In my riding, there is a forest fire near Sayward village. I want to thank all the firefighters who have stepped up across our region to help, as well as Mayor Baker, who has shared updates with me. The leadership in the community is working hard to keep everyone safe. Climate change is impacting small communities in particular. With their limited resources and funds, the challenges will only grow. How will the Liberal government support small communities as climate change creates these new realities?”

This information, and more, is available at openparliament.ca. MP Rachel Blaney's Community Office is located at 4683 Marine Ave., Powell River, BC, V8A 2L1. For assistance, contact Rachel.blaney@parl.gc.ca or phone 604-489-2286. 📞

Puddle Jumpers Preschool and Lund Community Daycare

Alisha Van Belle

It has been so busy this spring-into-summer! Our garden is really growing and looks great! We visited TWO farms and petted baby goats, got eggs, saw cows, sheep, ducks, geese, chickens, donkeys, and peacocks! The kids just love the farm visits. A big thanks to Carsten and Pat for that! We also visited another kind of "farm" ...an oyster lease! We looked at sea life, dug a few clams, and found out how oysters grow. A big thanks to Ed for a really fun exploration.

We also made fairy houses and fairy gardens and got to take them home for the summer. All the flowers attracted many insects, bees, and butterflies. It was a bonus watching the wildlife "graze". We also have had two nests of birds to watch - a swallow family in the shed roof, and a robin family in the roof of the covered area. It has been fun to watch the mamas collect food and feed their babies. Since it's been so hot, we have had a lot of pool time, water shooter play, and a small sprinkler. We are blessed with a fairly cool school and yard.

We finished the year with our annual Okeover graduation beach bash. Along with "crab worlds", swimming, parachute games, and a picnic, we saw three children graduate this year. The kids are all growing.... I am sure that our garden goodies help that. They all love to snack on the peas, kale, carrots, "sour leaf", chives, and berries. We are eagerly waiting for some tomatoes, beans, and cucumbers to get ripe.

We are almost full again for next year's Preschool year but call Alisha at (604) 414-0091 if you want a preschool spot.



Continued on page 21...

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Daycare is continuing on through July, and then I get a well-deserved rest for August! Next years' daycare spaces are also filling fast, so contact me if you are wishing to get a space.

I am really proud of what we have managed to create here as a community of families! 🌱



Photos courtesy Puddle Jumpers Preschool

Through the Eyes of Local Teens

Kiran Hollmann Prichard

When I began writing articles for this wonderful paper, the world was experiencing the height of the COVID-19 pandemic and I was a 15-year-old kid trying his best to figure out life. Thirteen issues later, I am an 18-year-old kid/adult who recently graduated and is preparing to start his first year of university studies. News flash: I still haven't figured out life.

In a matter of weeks, I will be travelling to Fredericton to begin my university career. I will be studying at St. Thomas University, a small liberal arts school with about 2000 students. New Brunswick is four time zones away and an eight-hour plane journey from Vancouver. I chose to go as far away as possible while staying in Canada. Whenever I tell people where I plan on going to school, the response is "why so far away?" My goals are to experience a new part of the world, meet new people, and step out of my comfort zone by leaving the familiarity of the coast behind.

As I prepare to leave home and live independently, I have been reflecting on my time growing up in Lund. I feel a strong connection to this place, and I know that I will always come back to visit or even live one day. Being a part of this community has given me the skills and character that will help me succeed in this rapidly changing world. Throughout my 18 years of living here, core memories of gazebo dance parties, potlucks, sports days at the Lund School, and music jam sessions stand out as being moments of joy and happiness. The thought of leaving what has been my home for my entire life triggers a wide range of emotions. I will miss this part of the world. I'll miss the natural phenomenon that is the land surrounding us, but most of all, I'll miss the people who make up this community. The cheesy and somewhat cliché statement "it takes a community to raise a child" applies to my experience growing up at the end of the road. I will always treasure my time here, and I wish everyone all the best.

Reed Worthen

Hello and happy summer, my fellow Lundies! My name is Reed Worthen, and I am excited to be writing the *Through the Eyes of Local Teens* article for the Barnacle, having inherited this position from my very close friend, Kiran. I have lived in Lund my whole life, and if you don't know me yet, you have most likely met my parents, Amanda Zaikow and Dillon Worthen, or my grammy, Sherry.

My main interests right now are mountain biking and music. I am part of a competitive mountain biking team that meets twice a week. I am also very involved in the Brooks secondary music program, where I sing in an audition vocal jazz ensemble and play trumpet in the Brooks jazz band. In the fall, I will be going into eleventh grade in the French immersion program at Brooks.

Growing up in such an amazing place as Lund is incredible and has really shaped who I am. From boat rides and Savary Sundays to the countless hours to and from school on the Lund highway, living in Lund has given me many experiences and taught me so many valuable lessons, and I am really excited to share my viewpoint in the coming issues. 🌲



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Creative Klah ah men

Monique Labusch

I don't think I will ever run out of amazing talented neighbours! It must be this special place, our colourful community, that draws in talent and nurtures it, or suddenly makes you want to create!

One of these talents is **Lin Morrison**, who has lived here for a very long time. A lot of people know her, but I don't know if many of you are aware that she creates interesting and beautiful things, and that she puts hours of love and labour into her amazing work! Lin will tell you about it right here:

A Love of Small Things

It was a love of small things that drew me into the world of miniatures, and it is so much more than dollhouses. The field of miniatures offers a vast spectrum of disciplines to explore: woodworking, textiles, foods, plants, ceramics, animals, dolls, accessories, art, lighting, and so much more. There are artisans who specialize in one particular aspect and do amazing work, but somehow, I can't seem to stop at just one. I enjoy the variety and challenge of making different kinds of things, using diverse materials and methods. And it gives me great satisfaction in pulling a project together with much of the work handmade by myself.

Building a dollhouse, room-box, shop, or vignette isn't the beginning. First, there is an idea, a timeline, or a story that I wish to illustrate in miniature. The structures I build are all individual. They create a frame and context for the contents, but it usually is the interior that captures the viewer as they enter a miniature world with details that tell a story. It can be a glimpse into history, or perhaps a venture into a fantasy land. The potential is limitless. Sometimes as the piece comes together it takes on a life of its own, and may not even resemble my original plan, but that is a serendipitous reward in itself.

At present I have a collection consisting of five dollhouses, four shops, seven room-boxes, eight vignettes, nine market stalls, and one Archaeology bus. The range of subjects is wide, and even as I near completion of a project, something new and different teases my creative processes. That is really the fun part; designing and planning how to bring that idea into being. Much of this is just work, sometimes frustrating, even tedious. Working small requires concentration, proper lighting, and small tools. Our hands are not designed for such minute work, so tweezers become your friend. Imagine picking up flower petals the size of a sesame seed. Then imagine picking up three hundred. That is how many would go onto a medium sized hydrangea bush.



Photos courtesy Lin Morrison



One of my particular passions is creating miniature dolls. I cast my doll bodies from commercial molds, using a manufactured slip. This slip is far superior to the earthenware slip I had formulated when I began making dolls. Commercial molds are a necessity; I can live with ugly hand-modelled mice, but not people! My dolls come in all ranges. Some are quirky characters,

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some just individuals of various ages and personalities. In particular, I love dressing Tudor or Renaissance dolls in authentic embroidered and jeweled period costume. Just because something is small does not mean one can cut corners in quality. I have learned to use silks, linen, and fine cottons for dressing dolls. They have a better drape and fit more finely, and it gives me a sense of satisfaction in knowing that these figures are well made and can last for decades with care...possibly generations. I get immense personal pleasure in the making of small, yet memorable creations that exist outside an ordinary life. Most structures remain in my home, primarily because they have meaning to me and represent a considerable amount of time in their completion. It has been easier to part with a number of my dolls because I have had the delight of seeing them come to life and can now release them out into the world.



Photos courtesy Lin Morrison



This is my goal for all things small: to create something of lasting value that will be appreciated, even treasured, for years to come.

Thank you, Lin, for introducing us to your world of beautiful, diverse arts and crafts! I am sure a lot of us personally know that feeling of happiness which we experience while being creative! Let's be inspired now, to do something we love to do; something which makes us happy!

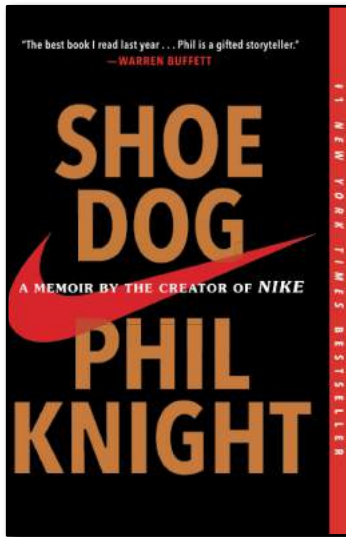
Until next time! 🌟



Artwork courtesy of Prashant Miranda. Photo courtesy Brian Voth

Ev's Book Review

Ev Pollen



Hello to all readers of our beloved *Barnacle*. In this issue, I offer you my review of *SHOE DOG*, by Phil Knight.

Man, this guy can write! His memoir begins in 1962 when, as a naive young man fresh out of the army, Phil hatches a plan to see the world; to actually visit the iconic destinations he has only read about, and follow the one fuzzy plan he calls his “crazy idea”. He had studied entrepreneurship in college and noted that the camera industry had been dominated by Germany, but that Japan was making serious inroads. He wondered if Japanese athletic shoes could do something similar. He travels very deliberately, informing himself and preparing in ways that make every sight a lesson that stays with him.

He is often self-deprecating in his account of beginning to build something of his crazy idea, and he reports honestly about learning to present and negotiate with other cultures in business. I was amazed to learn how much power the banks had over his fledgling business and how much debt becomes a feature of growth. The almost constant state of crisis would have made most people give up and just get a job, but Phil is driven.

The years of this long roller coaster ride make good reading, but my favourite part of the book is the summation, where he describes the “sweatshop controversy” that had protesters burning his effigy outside one of his stores. He defends his company’s efforts to improve conditions in all Nike factories to the point that a United Nations official recently stated that Nike is now the gold standard by which all apparel factories are rated.

He also cites a theory of all economic professors, that international trade always benefits both countries, and that when goods don’t cross borders, soldiers will. In one country, he was ordered to stop overpaying his workers because it was disruptive to have shoe workers paid more than doctors.

This book is not the boastful self-praise I half expected, but an introspective account of a life spent building something other than wealth. 🐾

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A Little Something in French

Nicolas Marius

Mon inchiffrable merveille du monde

Dans un monde essoufflé
de l'humaine, trop humaine habitude
à vouloir du grand,
vénérer le gigantesque,

Mon inchiffrable merveille du monde,

Dans un monde qui chauffe,
qui sèche
et vente et brûle et s'inonde,

Mon inchiffrable merveille

Ressemble à une aile d'une libellule
à la graine d'un lys.



Photos courtesy Brian Voth

J'ai vu des mèches de cheveux blonds qui semblent plus longues que la longue muraille de chine,
Une petite brindille plus haute qu'un phare d'Alexandrie,
De simples sourires plus grands que la plus grande pyramide. ☺

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Randolph Timothy Jr.

Editor's Note: This is a new feature for the Barnacle, and I am delighted to include it. In each issue, we will give a few words for you to play around with. The unfamiliar orthography may look hard, but it's not that difficult with practice. The following link makes learning at least a few words seem way more possible. Many thanks to First Peoples' Cultural Counsel for creating this website. And ʔimot (thank you) to Phil Russell and Pieta Wooley/qathet Living for help in making this happen. Have fun with it!

<https://www.firstvoices.com/explore/FV/sections/Data/Salish/Northern%20Salishan/Sliammon/learn/words?page=1&pageSize=25&sortBy=ecm:fulltextScore&sortOrder=desc&searchTerm=travel&searchStyle=match&searchByTitle=true&searchByDefinition=s=true&searchPartOfSpeech=Any&searchByTranslations=false>



Photo courtesy Alex Sutcliffe

I hope this message finds our neighbors well. I am very excited to have been asked to contribute to the *Barnacle*. Thank you to Sandy for including the First Voices website link that brings you directly to the Tla'amin (still Sliammon on website) page. You will notice the words being pronounced by Tla'amin Elders, as it helps to hear the pronunciation. Tla'amin is part of the Four Sister Nation (Klahoose, Homalco, and Komox), and all have agreed moving forward that only orthography will be taught with the language, rather than phonetics, to help with pronunciation, as orthography is closer. At first glance, it probably is intimidating but speaking the language will come with time and practice.

Please go through the alphabet, listen to the words provided by looking them up at the link. I am just a phone call away at the Governance House at (604) 483-9646 Ext 108 or email me at randolph.timothy@tn-bc.ca. Happy learning.

Try to pronounce these three words, using the orthography given, and then check out the way the elders pronounce them on the First Voices website at the link given above:

ayajuthem	ʔayʔaʃuθəm
barnacle	tʰomaʃu
bee	məmyɛgi

this is the way the vowels sound:

a	ah
e	ay as in May
i	ee
o	oh
u	oo
y	y as in yell

this is the way the orthographic letters for the words in this lesson sound:

ε	eh
ə	uh
ʃ	dg
tʰ	popping t-th
θ	th
ʔ	glottal stop: uh oh 🗨️

What's Up with the Bees?

Ria Curtis and Yves Perrault
Little Wing Farm

Some of you have noticed a change in the number of bees of any kind these last few years. There are a whole lot of reasons/causes for this. Domesticated bees have been plagued by all kinds of parasitic pests, diseases, and stresses for decades now, Varroa mites being the most significant problem. These mites enter the cell of a growing pupae, causing deformations and weakening of the developing bee. There is also Hive Confusion Syndrome, where the bees basically fly out to get nectar and just never return, and the hive slowly starves. No one really knows the cause of this, though there is growing evidence that climate change and pesticide use combined with weakened bees caused by parasites and disease are contributing factors. In reality, it is probably a perfect storm of many things.

We have been keeping honeybees for over twenty years. We have gone from as many as fifty hives to two or less over the years. Lately, we seem to be on a two-to-three-year boom and bust cycle. We build up our hives to six or seven colonies and then rapidly lose them through the winters because the bees are too weak to make it through. It is a frustrating and tiring process. We try to leave as much honey as the bees need to make it through the winter, feeding sugar only when the hive needs an extra boost. We treat for Varroa mites every fall, after the honey is taken off. And still, we lose hives.

Wild bees are also having their issues. Mason bees, who like to make egg cells in little holes, (this year I found mason bees had laid cells in some of my electrical cord sockets). Best practices are to clean your mason bee pupae and put out clean mason bee houses. Lots of easy patterns on the internet. Bumble bees have many varieties and living arrangements. Best thing we can do is provide lots of food plants for them. They usually nest underground so may be affected by long periods of drought.

What can we do to help the bees? Don't use any kind of pesticides, ever. Plant bee-friendly plants and plants that bloom at different times so that they have nectar and pollen sources over all seasons. There is a list of bee-friendly, bee-preferred plants below. Build and provide healthy homes for wild bees. Learn more about bees' needs and stresses.

Bees will "wake up" any time the weather warms. I have seen bees in the heather in early February when we get that false spring, and late into October during a

second summer. Besides nectar, bees also need pollen at different times to feed the brood and the queen. The pollen that covers your windshield in early spring comes from conifers, alder, maple, and cascara before the fruit trees even bloom. I have even seen honeybees combing the tiny stamens of moss. So, while you search for the allergy medicine for your runny nose, think of all the food that is floating around for the bees.

Different bees like different types of flowers. Big fat bumbles are heavy enough to open closed flowers. Honeybees like tiny flowers and mason bees and bumbles are out a bit earlier so like to feast on the fruit tree blossoms. Bees will fly about two miles around their nest or hive. If they get caught out too late at night in the spring, they will "freeze" until the day warms up enough to get them moving again. Leave them be, they will get home eventually, hopefully.

Plants that I find the bees like the best and which have different bloom times:

Phacelia, ceanothus, buddleia, spirea, heather, cascara, fireweed, maple, wisteria, lavender, lilac; all of the Rubus sp: blackberry, raspberry, etc.: all the Ribes sp: currant, gooseberry, etc., and the Vaccinium sp: blueberry, huckleberry, etc. Pay attention to what blooms when and try to fill in empty times with species that bloom then. Heather and camelia bloom early, as does moss. Ceanothus will bloom multiple times and well into the fall. Cascara, the runty cousin of alder, makes masses of flowers and pollen that the bees love. Invite bees of all forms into your yard, however you can. We will all be better off for it. Bee well. 🐝



Photo courtesy Ria Curtis

Where Did the Bees Go?

Miel Creasey

As the years go by, many of us are noticing the drastic decline of not only bees, but insects in general. These changes may be subtle and slow, but they are powerful and not to be underestimated. They are the web of life.

In 2020, I was astonished to learn that Western Forest Products was applying for a five-year pest management plan (PMP) to treat regenerating forest cut blocks in local TFL 39 (Block 1) with a variety of pesticides. The term 'cide' is a suffix meaning killer. I had common knowledge that pesticides were widely used on food crops all over the world, but on our local forests? My heart ached for all the life that these forests support.

So, as many of us feel the backyard use of pesticides like Round-Up is becoming obsolete, it is disheartening to learn that forestry companies all over the province are actively spraying and are basically mandated to use these toxic chemicals - chemicals which are applied by backpack sprayers, individual tree injections, brush saw applicators, basal applicators, cone sprayers, pumper trucks, and, yes, even aurally by helicopter. The Feds set the rules and regulations and the Provincial government creates legislation to administer forests practices according to those guidelines. Once a forestry company's PMP is approved, there is no further oversight or follow up.

Currently we do not know the impact of years of accumulative use of pesticides on soil, water, or microbiota. Many of these herbicides are mixed with other proprietary ingredients that make them far more toxic than the tested active ingredient on its own; there is no testing of these combination herbicides and the levels of toxicity they could impose on the environment.

Currently the only province to have successfully phased out pesticides in their provincial forestry practices is Quebec. It has been nearly twenty years since they stopped using these chemicals in their forest management practices.

If these chemicals are so toxic and are known to persist for years to come, then the question becomes why? Industry uses these substances because they are long lasting and cheaper than employing people to do the same work. These chemicals are really, really good at killing living things. Think about that for a moment. This is absolutely chemical warfare, not only on our food but also on our forests. These subtle and somewhat minute changes in declining insect activity should be a canary in the coalmine for all of us.

It's difficult for me to conclude with offering solutions or a 'what can you do' postlude. I went through so much back-and-forth between the province, the federal government, and the forestry companies when attempting to stop the spraying of pesticides on our local forests, and they all just passed the responsibility on. In the end, we had a federal petition reach the House of Commons but still nothing came of it. We even had a local petition presented to Nicholas Simons which gained over 1100 signatures. It was very disheartening, but I most definitely learned my fair share on the issue. Very heartbreaking for me to know that our beautiful forests and waterways are being treated with such a lack of love and respect. 🐝



"RESILIENCE" acrylic & gold leaf on panel
2017 by Autumn Skye

Life From Here

Trish Keays

On bees and other pollinators

Concern about the decline in numbers of bees and other pollinators is worldwide. We all have reason to care – we depend on their survival – a reality marked by the UN with World Bee Day each May 24.

Canada has more than 800 types of wild bees from 3,500 species native to North America. These include the familiar fuzzy bumble bee which can fly in colder temperatures and is able to pollinate in cooler months. Forty-six different species of bumble bee exist in North America. Habitat loss, urban sprawl, climate change, and use of toxic chemicals have the same deadly effects on these pollinators as on honeybees. Climate effects like the heat dome we experienced in 2021 spike the temperatures higher than bumble bees can handle; several Canadian species are in decline or under threat. *Bombus occidentalis*, the Western Bumble Bee, used to be common in the Pacific Northwest, but has become rare and was designated as a threatened species in 2014.

Honeybees are not native and are called “an agricultural animal” by one scientist at the Pollination Ecology Lab at SFU (check out the SFU link below for information about different kinds of bees in our region – bumble bees, sweat bees, mining bees, hairy-belly bees – and pollinator plants in area ecosystems).

Beekeepers in Canada lost 50% of honeybee colonies in 2021, “worst loss in 20 years”, with an explosion in 2021 of a parasitic insect that affects bees, the varroa mite. With warmer temperatures, the range of the deadly varroa mites has spread. The Peak had an article on the effects of varroa mites on bees in 2022 (see link below).

Varroa mites pass on viruses, including one that deforms their wings so they can’t forage: bee deaths have nearly tripled as a result since 2007. As crop pollinators, honeybees are estimated to contribute \$538 million to the BC economy and over \$3.2 billion across Canada. BC has almost 2,700 beekeepers with more than 52,000 colonies. Unlike Ontario, where honey producers may have thousands of hives, “BC is unique in that most of the honey produced here is by small backyard bee apiaries,” noted in an article profiling qathet region bee master and honey judge, Donna Moseanko (see *Peak* article “qathet region’s bees produce wide variety of flavours”, link below).

What happens to plants when there are no pollinators depends on the plant. More than a third of the food we eat requires pollination by bees. Almost 90% of the world’s wild flowering plant species depend on animal/ insect pollination, 75% of the world’s food crops. Around 35% of invertebrate pollinators – mainly bees and butterflies – and about 17% of vertebrate pollinators – bats – face extinction globally.



Photo courtesy Kim Beno

Continued on page 31...

Continued from page 30...

Some plants self-pollinate: tomatoes, green peppers, chili peppers, eggplants, green beans, lima beans, sweet peas, and peanuts. For the many other plants that depend on insects for pollination... it's hard to find a more accurate phrase than "pollinator crisis".

Resources and References

[https://wildlifepreservation.ca/blog/the-unexpected-links-between-declining-bumble-bee-species/#:~:text=There%20are%20two%20bumble%20bee,bumble%20bee%20\(Bombus%20bohemicus\).](https://wildlifepreservation.ca/blog/the-unexpected-links-between-declining-bumble-bee-species/#:~:text=There%20are%20two%20bumble%20bee,bumble%20bee%20(Bombus%20bohemicus).)

<https://www.cbc.ca/life/hellospring/4-simple-ways-you-can-help-save-canada-s-beautiful-and-important-bumblebees-1.6015296>

https://pollinator.org/guides_canada?c=V8A

<https://pollinator.org/pollinator.org/assets/generalFiles/Pacific.Ranges.2017.ver4.pdf>

<https://www.cbc.ca/news/canada/toronto/world-bee-day-after-pandemic-1.6459952>





<https://www.prpeak.com/highlights/higher-than-historical-losses-bc-bees-face-growing-threat-of-deadly-virus-5449209>

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<https://news.gov.bc.ca/factsheets/bees-and-bee-health-in-british-columbia>

<https://www.prpeak.com/in-the-community/qathet-regions-bees-produce-wide-variety-of-flavours-6882798>

https://www.sfu.ca/people/eelle/bee_info.html

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Lund Kid Revisionist History

Anna Gustafson

Smoke Gets in Your Eyes

*It's the most tinder-dry time, of the year.
Where the forests are burning and no one is learning
that butts can cause fires
In the most tinder-dry time of the year.*

*There'll be campers with bonfires,
And hunters with rifles
That spark and turn forests to loam.
There'll be tired firefighters
Out pulling all-nighters
For safety of folks never known.*

Hot out there, huh? I'll save you the trek up to Craig Road to check the fire hazard sign. The needle has been moved into the red zone. Manually. By a dedicated Northside Fire Department volunteer, no doubt. Weeks ago! Earlier and earlier each year as the globe heats up like a haywire Tesla battery.

I may be misremembering this, but there were summers way, way back in the day when that needle barely made it out of the oranges. Just seeing the possibility of "extreme red" each time we drove by made Lund kids keenly aware of fire safety.

Summers were much more moist. Rainforest moist! Not anywhere near as volatile as they are now. It sucks! Before Savary Island turned into Nantucket, we'd load family into a boat and spread out over a good portion of the bare east side beach to celebrate all the summer birthdays. With cake on fire! Up in the logs, at dusk, the warm tide creeping up under our feet. You blow a dry nose now and Savary could burst into flames.

Here in middle Toronto, you can smell smoke heavily in the air and nothing is really on fire here other than the political landscape. Our neighbour province of Quebec is having an *énorme feu de forêt*. When I walk outside and it smells like campfire, my instinct goes directly to "Let's get a pack of wieners and some sticks", but then I remember where I am. And that the French eat more sophisticated food than wieners.

Last week Toronto recorded one of the worst air quality rankings in the world. You could literally hear folks downtown coughing out the words "We're number one. We're number one." You don't just smell it in your nose; you feel it in your throat.

There was a time in the 90s when women smoking cigars was a trend. I saw it as somewhat of a feminist flex, so of course I joined in. The same lens that I saw deck-handing and comedy through. Anything boys can do, I can do also. A pal taught me how to light up in the upstairs cigar bar of the Hotel Vancouver, surrounded by sophisticated older men in suits doing the same thing. I held a Cohiba with the confidence of someone who owned a walk-in humidor. I'm a good student but somehow missed the part of the lesson where you're advised not to inhale. That's what Toronto felt like last week.



Photo courtesy Gustafson Family Archives

Continued on page 33...

Continued from page 32...

Please, for the love of Lund and all its surrounding beauty, no campfires during no-campfire-time. There is no shame in eating a raw marshmallow. Or a hot dog, for that matter. Just think of how many you could buy for the \$1,150.00 fine you'd get for lighting, fueling, or using an open fire when a fire prohibition is in place. If it happens to cause a wildfire, the person responsible is staring down \$100,000, plus all the firefighting and associated costs which includes the celebratory hotdogs they might eat back at the station when the fire is out. 🍔

Anna Gustafson is a comedian, speaker, producer, writer, and forever Lund Kid now living in Toronto. Connect on twitter & Instagram @goosegustafson.



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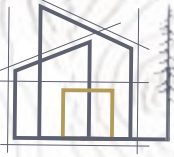


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Speaking in the Barnacular

Ted Durnin

They say that travel broadens the mind. I don't know about that but I'm pretty sure travel broadens the day. We stayed awake for 36 hours straight, both ways. Well, maybe I slept, but I was responsible for several children in busy airports so I'm going to say I didn't.

Europe was full of foreigners and my family and I lined up to be the newest ones. I walked around asking people where the culture was, but no one seemed to know. I tried asking them in their own language first in hopes that they would switch to English and mostly they did, but "¿Dandy hasta le culture, eh?" got me nothing.

Spain was nice though. Nice and hot. There were a lot of olives. Many, many olives. And there was a moment when we were sitting in the town square getting free food by drinking a lot, and the kids were off playing with other kids and their dog, and there were about twenty people in the same family sitting around having some laughs when I flashed back to the Lund Gazebo dances.

We decided to look for some culture in France. We stayed a week at a goat farm. Not in the actual stalls with the goats: in a cabin. It was great. they gave us cheese. France had pastry that was light and flaky and lard laden. We had some every day. "Saindoux Sandwich S'il-vous plate please." There were also some castles and mines and caves and stuff, but mostly travel in France broadened the waist.

Switzerland and Germany and Austria had beer. The rest of my memories are hazy. No, that's a lie. I remember some very nice people helping us to get on and off trains and subways. "Where ist der Zug Zug nach Munchkin?" We started craving hamburgers. I think we actually found a good one. It's hazy.

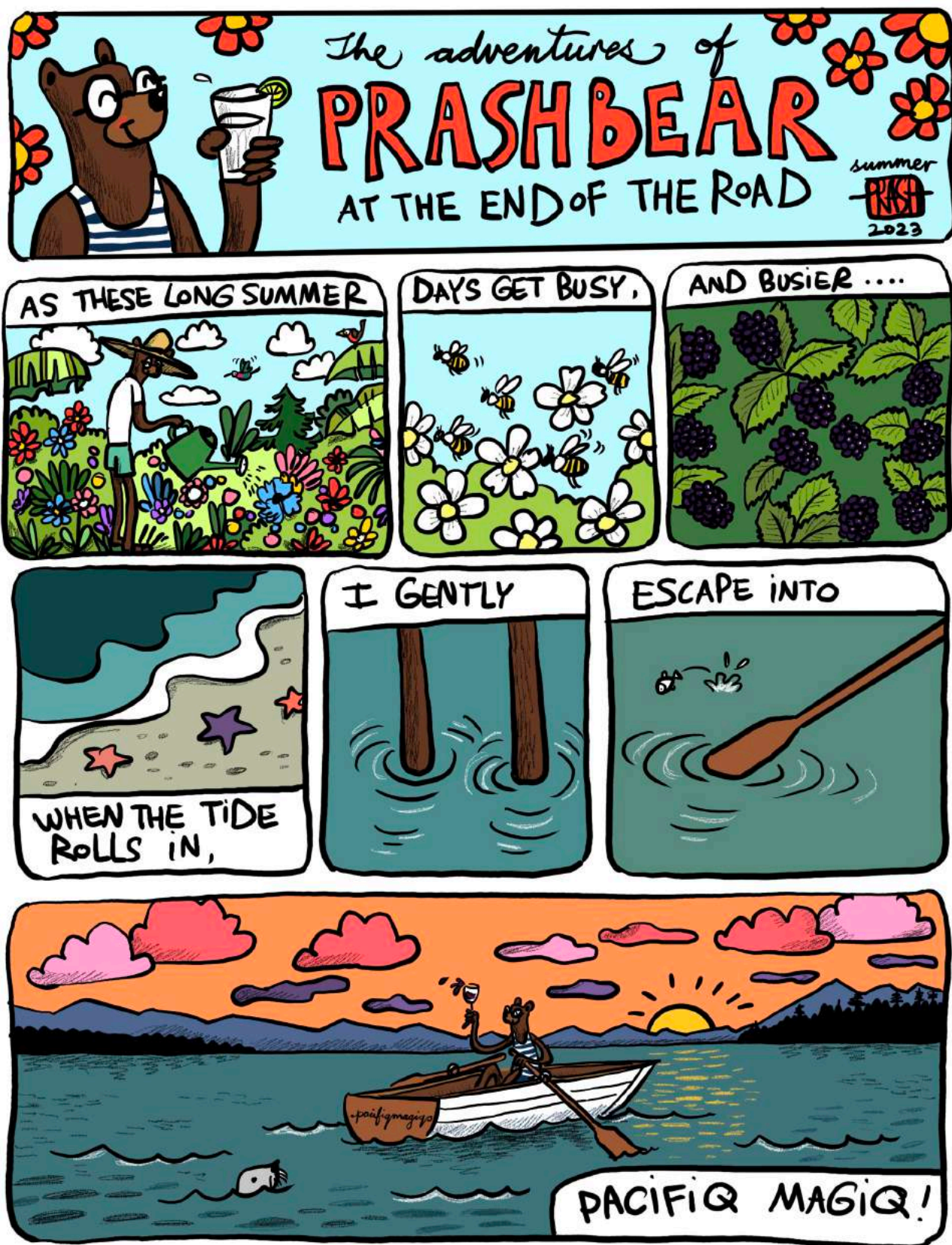
We decided maybe they hid their culture in museums, but I looked in several and did not find any. Their museums were too big and super old and had a lot of funny pictures and garage sale stuff. Sometimes they had TVs hung in weird places like on the ceiling but there were no good shows on.

So, we never found any culture and had to be satisfied with non-hamburgers and big old storage lockers full of cast-offs and run-down neighbourhoods that looked a thousand years old. I'm not sure there's any more space between my ears, so no broadening happened there.

Mostly I found that travel narrows the distance. No place on earth seems too far to go now after that goat farm. One of my kids is already on another continent. I hope some culture lands on him. Maybe he'll send it here in a postcard or bring it home in his carry-on bag. I'd like to experience that myself. In the meantime, I guess I'll walk the dog through the woods to the lake, then split some wood for the fire before watching the sunset over the ocean. 🌅



Photo courtesy Brian Voth



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In Memoriam

Jan Christie

February 26, 1947 – June 25, 2023

It is with mixed emotions that we announce the passing of Janice Lee Christie. She was surrounded by loved ones and she was at peace when she passed.

She was an extraordinary woman, mother, grandmother, sister, aunt, daughter, teacher, friend, lover, healer, seeker, activist, singer, seamstress, dancer, swimmer, skier, artist, beatnik, poet, writer, collector of sparkly things, comedian, student, transcendentalist, feminist, storyteller, tripper, counsellor, social worker, homesteader, sailor, herbalist, mentor. She especially loved art.

She was our greatest fan and saw the best in each and every one of us. "Lighten up", she'd say. "Love is all there is."
White Buffalo woman, may you rest in peace ❤️

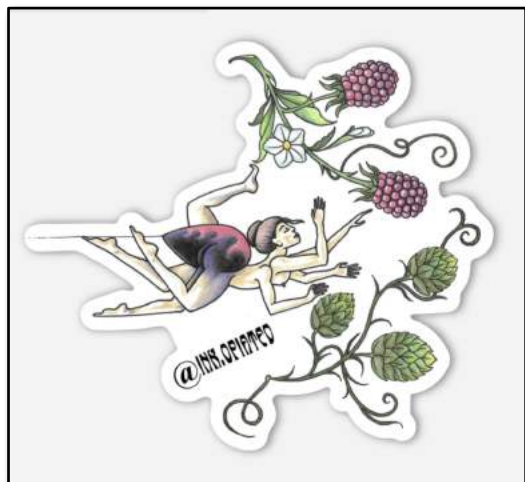
Her ashes will be given back to the sea in a couple locations: Duncan (Cowichan Bay) and Lund (Dinner Rock). Call me at (250) 818-6440 if you would want to or are able to come to either of those. Dates have yet to be determined. She wanted donations to go to the Stephen Lewis Foundation.

Please feel free to reach out if you have questions but know that her death was a celebration of her life. So much love to all who knew her and loved her. 🌸

Jeni Christie



Photo courtesy Jeni Christie



Sticker courtesy of Poppy Wolfe Riker

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**Woman of the mountain,
Woman of the rain**

Margaret Behr, for Jan

I have lived
in this coast fishing village
all my life
and have watched my man
go out to the sea
and come home from the sea.

I have known birth and death,
but now
this dying of my man
is the hardest
I have known.

All week long the boy and girl and I
have dragged dry logs -
cracked, splintered red cedar,
firs thick with pitch -
into a huge pile on the beach.

Now, at last,
it is near dawn
and he is clearly dying.
The children and I
carry him down to the sea.
I wrap him warmly
in a blanket.
We lay him down
in the old grey dinghy.
Together we push it
across the grating pebbles
until it is floating
on the quiet sea.
We leave the long slow ebb
to draw him out.

We go back
to the logs piled high,
dowse them with gasoline,
and light them.

Somewhere, then,
between the huge burning
of the sun coming up
to dawn across
the wide sea,
and the huge burning
of the beacon fire,
his soul set free. 🌊

Community Page

Sandy Dunlop

Birth Announcements

A new little person was born on June 15, 2023, to **Carly Aasen** and **Jan Uhlar**. Baby's name is **Nina Aasen**, and she landed at 10:01 am at 51 cm and 3.1 kg.

Sympathy and Condolences

Jan Christie **February 26, 1947 – June 25, 2023.** see obit on page 37

Thinking of You

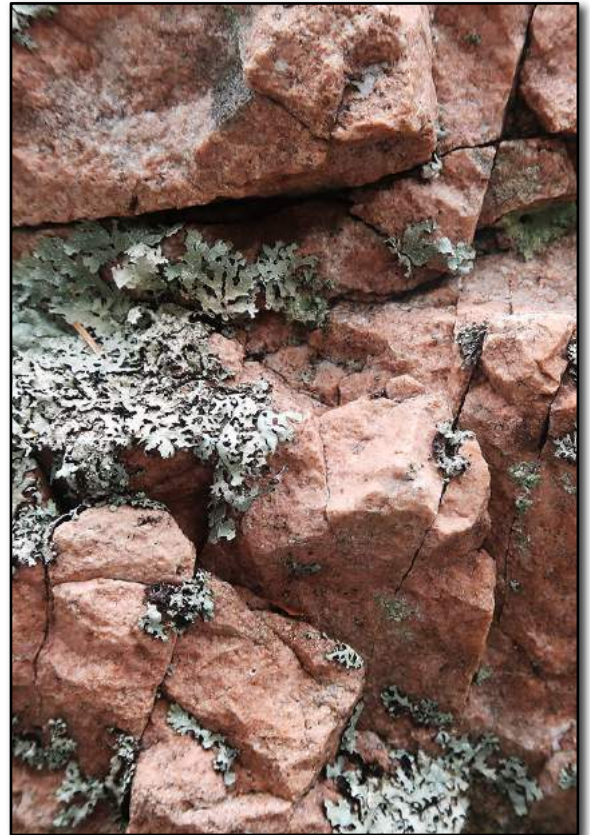
For all of you Lundies out there, wherever you are, we hope you can see all the beauty that surrounds you and know that you are thought of and live in our memories and our hearts. Healing thoughts and much love go out to you all, wherever you are, in your struggle for wellness in any area of your life.

The Goodwill Committee of the Lund Community Society exists to help create and bolster a sense of community in Lund with the knowledge that people here care about each other. Please email barnacle.articles@gmail.com to let us know of any births, deaths, or announcements you think should be shared.

Among other things, this Committee is responsible for sending cards to people for congratulations or sympathy and more, if we hear about it. Thanks to volunteer Peg Campbell for looking after that these days. We also put together welcome packages of wonderful donations from some of our local businesses for newbies to Lund. Many thanks to Margaret Leitner for looking after this, and to the generous businesses.

Northside Community Recreation Area Resident List

The Lund Community Society has a group email for all Area A residents who wish to learn about information and events in our community. It's called the Northside Community Recreation Area resident list. If you wish to be one of those bcc'd on this list, send your contact info to lundcommunity@gmail.com. 📧



Photos courtesy Brian Voth