

# Lund BARNACLE

Spring 2014

\$2.00

The Voice of Lund

Proceeds to the Lund Community Society

## Lund Harbour Happenings

Darlene Denholm, Wendy Larson  
Harbour Authority



From daffodils in bloom to morning frost we are all patiently waiting out BC's typical winter- spring tug-o-war. Here at the dock we are chomping at the bit to exchange our salt and snow shovels for gardening gloves and paint brushes, readying the harbour for the summer onslaught. The last two wooden planters will be replaced and we have grand ambitions of shingling them (how quaint) as we replace the shingled roof over the bulletin board. Posts, beam and bull rails need painting, planks replaced on the dock, benches to refinish, summer help to train etc, etc.

We are accepting resumes for

summer help with a potential of year round part time work, so if working where you love to play appeals to you, bring your resume in. We would love to hear from you.

You may have noticed those four to eight sailboats out many Sundays this winter. Lund has a new Sailing Club. They generally meet on the docks Sundays at around 10am for an 11am race start. While not an overly competitive group, they sure are having a lot of fun. If you would like to join them and help develop the Club send off an email to

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... and much, much more...

[lund.yacht.club@gmail.com](mailto:lund.yacht.club@gmail.com) or join the Facebook page Lund Sailing Club, to be kept in the loop.



## The Lund Barnacle

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The Lund Community Society

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Court Cressy

The Lund Barnacle is published quarterly. All proceeds go to the Lund Community Society, a non-profit organization providing community services to Lund and region. Submissions are welcome in the form of articles, news items, letters to the Editor, graphics and photographs. We reserve the right to edit for clarity and length. To submit articles and photos for the Barnacle, send to [dunlopsandy@gmail.com](mailto:dunlopsandy@gmail.com). *Note: A new website and contact information will be available soon.*

**\*\*We invoice annually for advertising. Invoices are sent out after the Fall issue.\*\***

### Editorial Policy

The Barnacle is a forum for ideas in the Lund community. Editorial policy is to print what people submit in their own voices as much as possible, respecting the paper's purpose in providing a forum for the community on things that matter to its members.

The Lund Community Society is comprised of community volunteers. No member of the Board of Directors receives a salary or wages.

## Editorial

Hi and welcome to our Spring issue! One again it is fat with content and advertising, thanks to the much appreciated support of our contributors.

There is a little song I sing in my MusicPlay classes at this time of year that fits. The tune is based on the children's taunt "nah nah nah nah nah".

Sing a song of nature  
Birds and frogs and bees  
Butterflies will flutter  
There's music in the trees  
Plant a little garden  
See what you can grow  
In Springtime Mother Nature  
Puts on a wondrous show!

We hope you enjoy this issue of the Barnacle.  
Sandy



### 2014 Advertising Rates

Business Card Size: \$10.00  
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Half Page: \$50.00

All proceeds support the Lund Community Society

Next edition is July 2014.

Deadline for submissions is July 10, 2014

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# Lund Community Society Spring Report

Roy Blackwell

The Lund Community Society is a band of volunteers that take care of the Community Centre (formerly the Lund School), the Gazebo, as well as community projects like Puddle Jumpers Preschool. We promote events such as the Lund Shellfish Festival, Lund Dayz and the Lund Christmas Craft Fair. We are always on the look-out for fellow community doers, and meet at the Community Centre at 7 pm on the fourth Tuesday of each month, with the exception of July, August, and December.

At our meeting in March, we started the hiring process for someone to look after booking events at the Community Centre and the Gazebo and to look after the facilities before and after the events.

PuddleJumpers is fully booked and has a waitlist of people who want their child involved. We are hoping to expand the program in the fall.

Plans are underway for a community compost centre and we are looking for space for a community garden, hint hint.

Upcoming events include the Lund Shellfish Festival, May 23 - 25, and Lund Dayz August 23.

## Regional District Update

Patrick Brabazon, Director, Area A

The process for creating our Official Community Plan [OCP] is well underway. The first meeting of the Planning Advisory Committee was held at the Lund Community Centre in March. This Committee consists of twelve of your neighbours, all of whom volunteered their time and efforts on behalf of the community. They will be meeting at least once a month until the job is done, sometime later this year.

Like all advisory committees, this one works with Regional District staff and directors to provide the local knowledge of what is, and, most importantly, the local vision for what we want to be. Planning staff will prepare the draft documents and the Committee will review, critique, and recommend such changes as it deems necessary. This is very much a give and take process as the staff work with the requirements of British Columbia's *Local Government Act* and the wishes and desires of the people the OCP is intended to serve. By the time you read this the second meeting will have been held with the next in early May. You can check out the membership of the Committee and

the schedule of meetings at the RD web site: <http://www.powellriverrd.bc.ca> You can also call the office at 604-485-2260. You are welcome to sit in on these public meetings.

On another note, recycling is changing. British Columbia has taken the effort out of the hands of local government and passed it over to a corporation created for just this purpose. We should have a better picture of what this means by May.



**POWELL RIVER  
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*public meeting notice*

DEVELOPING AN OFFICIAL COMMUNITY PLAN FOR ELECTORAL AREA A

the property owners and residents of Electoral Area A are invited to join us for:

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**LUND COMMUNITY CENTRE - WEDNESDAY, MAY 28**

**3:00 - 5:00pm or 7:00 - 9:00pm**



can't make it? we still want to hear from you...  
give us a call at 604 485-2260  
or email us at [planning@powellriverrd.bc.ca](mailto:planning@powellriverrd.bc.ca)



## The Innocence of Lund

Sandy Dunlop

Most of the people who live in Lund were not born here. Many came from other provinces, other countries. Ask them how they came to be here and the answers usually have to do with curiosity (wanted to see what was at the end of the road), relationship (was invited to visit or work here), and a lot of serendipity (was lured by a series of encounters).

Ask them why they stayed, however, or why those born here moved back or stuck around and the answers are often passionate and rich with the emotion of love. People love it here, and it was usually love at first sight. There's a feeling of being home, even if they weren't aware they were looking for home.

Lund is a very impressive place to visit. The visuals are spectacular, of course. The lush environment lets you breathe and move around in interesting and nurturing ways. A diversity of like-minded folks find each other here, developing friendships that feel like family. People take care of each other, help raise each other's children, share food and resources. There's a sense of freedom and spaciousness and spirit in the land and in the people, an unspoken permission to be your best Self and create the community you have always wanted. Somehow it seems more possible here.

"There's a certain innocence to Lund. It's why a lot of people are here. We wouldn't want to lose that." This was said at a Nov 2013 meeting to begin the process to revise Lund's Official Community Plan. What is this innocence that draws us in and keeps us here, and that we value so much it needs to be protected?

Some say it is the result of being isolated and a bit

more difficult to get to, of having a small population, people who have chosen to live simply and sustainably. Not very attractive for corporate development. There's no franchises, branding, big box stores, condos, or casino. No push to become homogenous with the kind of land use planning that leads one community to look just like the next, and the next.

Lund is said to offer a safe harbour from the world's mad rush. Many operate on "Lund time". It is a slower pace, with peace and quiet ten months of the year, and mostly tolerance of the influx of tourists in the other two. Priorities are based on the bonds between people. Rhythms are rooted in the seasons, the tides, the weather, plantings and harvests, school. The astounding natural beauty of the surroundings provides a nurturing backdrop. There's a feeling of being connected to each other and to the land in a meaningful way.

There is a certain uneasiness when it comes to the idea of planning, a belief that plans invite the outside, that the best plan is no plan. Perhaps the innocence of Lund is based in this, a belief that Lund can continue to float like a bubble of freedom in an overly developed and regulated world, if it can just stay independent of it. Not lose perspective and destroy the very things that drew people here. Recognize the fragility of the innocence and see its tremendous value in providing home.

Thank you to all the people who shared their insights on this topic, and especially David Molyneaux who originally made the statement about innocence.



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**Lund Harbour Authority**



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Darlene Denholm  
*Harbour Manager*

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## Lund 125<sup>th</sup> Celebrations Report

Roy Blackwell

Plans for this event are ticking right along. Court Cressy is making signs with the "Lund 125" logo to go up around the village, and the Lund Shellfish Festival is nearly upon us.

We have a walking map designed and nearly paid for that will be available for residents and visitors alike. The map will show the hiking trails in our area as well as boating destinations and points of interest around the village.

We have writers coming to share their work in May and we have a call out for buskers for the summer season to enhance the celebrations.

A wonderful Lund Dayz celebration is in the works, and some amazing contributions from the Tla A'min Nation are coming our way. Also, a Lund Reunion is being planned for August.

We are looking for help with the Lund Shellfish

Festival, as in a cooking demo coordinator and recycling master/mistress are needed. Please contact Ann Snow at 604-483-9220.



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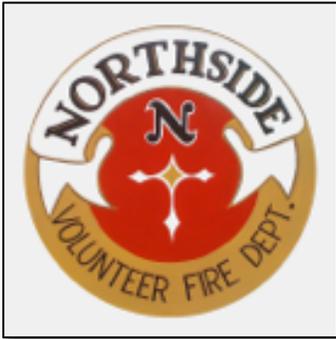
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# Northside Fire Department

Ann Snow



It was a fairly quiet winter and the fire department would like to thank everyone for taking care of their chimneys and for driving carefully. There were no major incidents.

We have had several new members join the fire department recently and we are grateful to have them. Just a reminder that members receive an honourarium, life insurance, and a \$3,000 income tax credit, and more benefits may be coming.

Over the winter, the new social club met weekly for ping pong and other activities and this will continue in the fall. Meanwhile, the club is considering weekly tennis or perhaps softball this summer. Most evenings will find fire fighters working out on the exercise equipment which is available to members. Check the Northside Fire

Department's Facebook page for happenings and updates.

The Medical First Responders just received new, high-visibility jackets. These waterproof, hooded jackets have more pockets and features than the old ones and this will facilitate responding to medical emergencies.

The annual Pancake Breakfast will once again be held in conjunction with the Lund Shellfish Festival. It will take place on Sunday, May 25, 9am - 11am, on the deck of the Boardwalk Restaurant. A plate of pancakes, bacon, sausages, and coffee will cost only \$5.00 per plate. All proceeds support the fire department so we hope to see you there.

Have a safe summer.



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# 7th Annual Lund Shellfish Festival

Ann Snow

The 7<sup>th</sup> Annual Lund Shellfish Festival will cling to the shores of Lund Harbour on May 23 - 25, with food, music, crafts, and fun for all ages. This year, applications for food and craft vendors can be found online on the "Shellfish Festival" page of [www.LundBC.ca](http://www.LundBC.ca). Weather permitting, the Festival should be the best one yet.

Tourism Powell River is again coordinating Friday evening's Chowder Challenge (May 23). Tickets are \$18.00 by presale and may be purchased from Tourism Powell River, SunLund By-The-Sea, or the Boardwalk Restaurant. Tickets usually sell out early, so get yours soon! This

year, there is free admission to the Silent Auction at the Chowder Challenge, however, due to liquor license restrictions, attendees must be



at least 19 years old.

New this year at the Festival is a photo scavenger hunt. On Saturday or Sunday, drop in at the Tourism Powell River booth and pick up the scavenger List, follow the clues, take photos of the subjects, then email them to Tourism Powell River. There are prizes for the best photos.

Once again, many volunteers work really hard on this event to showcase Lund. If you would like to lighten the load a little bit, feel free to give Ann a call at 604-483-9220 and I am sure I can find a job for you.



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# Puddle Jumpers Preschool

Rachel DeWynter



Our Wednesday teacher Kaila enjoys the spring weather with Sienna, Jack and Flint.

Spring has sprung and the Preschool playground is alive. This spring we can really see the benefit of the many volunteer hours that have gone into bringing the Preschool playground to where it is today. Our lucky preschoolers are busy digging in the earth and observing the growth of our maturing gardens. The Wigloo (living willow fort) is budding and our little puddle jumpers are loving eating the new kale and sorrel leaves. So much more than a



playground, the outdoor classroom area is providing endless joyful learning opportunities.

Our group has missed our teacher, Sheila Butts, but the children have been lucky to have familiar faces working at the Preschool this winter and spring. Lund moms Kaila Shepherd and Francine Ulmer



Sienna, Shiloh, Lily, Theo, Hayden and Ruby with our Tuesday and Thursday teacher Christina, enjoy music class with Sandy.

have been hired to join our new teacher Christina to fill in during Sheila's absence. We are so lucky to have people that care so much about the success of our school to teach our children. The children are thriving and producing some amazing nature based art. In the classroom, seeds are being planted, a worm farm centre is developing, and tree frog

tadpoles are hatching. The ever popular music class with Sandy was a delight for our kids. This is the fourth year that this Parent Cooperative Preschool has been running and it is a pleasure to watch it grow into what it is today.

For more information about our Parent Co-operative Preschool or for volunteer opportunities, contact us at the Community Centre (604) 483-9000.



Dramatic play at its finest! Bears Francine, Hayden and Lily with knight Flint.



## Take the bus

Only \$2.50 takes you right to the Town Centre Mall where you can do all your shopping, have lunch, meet friends, or get to your appointments. Then for \$2.50 you can catch the bus back. Cheaper than driving!

Tuesday's and Friday's Departs Lund Hotel - 10:55 am ---- Departs Town Centre Mall - 4:05 pm



# Re-visioning the Lund Community Centre Grounds

Erin Innes

Changes are coming to the Lund Community Centre grounds, and we have a great opportunity to make our community centre a public space that we can all use and be proud of! Old equipment and infrastructure at the Community Centre have become a safety hazard, and the Regional District has designated this summer as the time to remove old equipment and start updating our grounds. This means that we have a once-a-decade-or-so chance to re-imagine how we want our Community Centre to serve our community now and in the future. Do we want new playground equipment? More garden space? Benches and sitting areas? Sports, recreation, gathering, sharing... the only limit right now is our imagination.

The Lund Community Society has been invited by the Regional District to submit a design proposal for the redevelopment of the Community Centre

grounds, to be carried out on the 2015 budget cycle. This means that we have until September to create a design that we can feel proud of. So, how can you get involved? Over the next couple of weeks, look for an Ideas Board to go up in the Community Centre hallway, where you can write down your ideas for what you'd like to see in our outdoor spaces. Throughout the spring and summer, we'll hold a series of public design jams where we'll work with those ideas, and the input of folks present, to come up with a design that will be on display for everyone to see and make changes to before it goes to the Regional District in the fall.

If you want to get involved, contact Rin (604-578-8738) or Amanda (604-483-7958) or come to a Lund Community Society meeting, 4th Tuesday of the month at 7pm at the Community Centre.



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# LundEATS! Updates

Erin Innes

It took a while, but spring has finally arrived and it's time to get gardening! This season we have some exciting things cropping up to help us all get the most out of our gardens by sharing resources and working together. Here are some of the things in the works:

**Community Composter:** A wildlife-safe, clean, and effective composter at the Lund Community Centre, for Community Centre and Gazebo compost, as well as for the community to use and enjoy. Watch for upcoming work parties to help get the system up and running! We'll be especially looking for folks to stack and mortar cinder blocks and build the lids and removable fronts for our worm composter.

**Mushroom Patch:** Using the recently cleared slope behind the sports field, we'll be holding a public workshop to

learn the skills of simple outdoor mushroom cultivation and install a mushroom patch at the Community Centre. This patch will produce edible mushrooms for the community and/or as a fundraiser for further LundEATS! projects, and will also provide a bank of locally adapted mushroom spawn for local gardeners to use to start their own mushroom patches at home. Watch for a public workshop on mushroom cultivation, coming soon!

In addition, we are always looking for ways to help each other grow more food by sharing resources and time. If you are interested in joining up with other gardeners for

work trades/work parties, seed and start sharing, and any other ways we can grow more food together, please join us for our next potluck on **Friday May 9th, 5 - 8pm at the Lund Community Centre** or contact Erin at 604-578-8738 or [erin@passionatepermaculture.ca](mailto:erin@passionatepermaculture.ca)



Clearing for future Mushroom Patch

*LundEATS! is a Lund Community Society project aimed at helping each other grow more food.*



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## Music and Arts

Cam Twyford

Here follows an interview with Cindy Koppen, the "rudder" of one of Powell River/Lund's new wave of all-star bands. The frequently named group makes it's debut at this year's Lund Shellfish Festival on Sunday, May 25<sup>th</sup> from 1:30 to 3:15 in the Lund Harbour.

CT: Tell me the name of your band

CK: Well that's the thing, we've been toying with a whole bunch of different names, and the latest suggestion is 'Collateral Jammage'

CT: (laughter) that's awesome!

CK: Yeah, it was Jergen's idea and so we'll use that name for now unless we come up with a better one. That's what we'll be called at the Shellfish Festival.

CT: Who's in?

CK: Sean Coburn, Chris King, Nancy Tyler, Joel Benson, Mitch Burton, and me. The three writers are Chris King, Nancy Tyler and myself, so we have a mix that we're pulling together. We don't really fall into a category. We're not folk, we're not blues, we're not bluegrass. We're not sure what we are.

CT: That's usually a good sign.

CK: We'll just leave it like that. We just play music.

CT: How many people are singing?

CK: Everybody except...no, everybody.

CT: Oh wow

CK: We don't all sing all the time. When Nancy does her stuff, she takes the lead, and we back her up. When I do my stuff, Joel takes most of those leads and then Sean and I back him up with harmony. Then when Chris King does his

stuff, he takes most of his own leads (Joel does one or two of his) and Joel and Sean and I back him up, so we bounce around a bit and support each other.

CT: That's very interesting that you have Joel doing the leads on your stuff.

CK: I've got an ok voice...it's not a real stunner, but his voice is wonderful, and I would rather support him and make the music be better and go farther and be more amazing, and that's what he does. I feel really blessed in knowing that I can step down, and it doesn't hurt my ego. I just want the music to be amazing.

CT: How did you guys hook up (with Joel)?

CK: Ha ha Okay. Two Christmases ago, he and Zoe had just come to town, and they performed at Im's Christmas pageant. He sang two tunes. I'd never met him before but at the end I walked right up to him and said, "I love your voice. would you like to sing with us? I'm specifically looking for a really great vocalist and I'd love it if you'd join us," and he said, "absolutely!"

CT: Future plans?

CK: We'll be doing the Shellfish Fest and Sea Fair and maybe the Garden Tour and then in September or October we're going to do a big deal at the Patricia Theatre.

CT: What else can you tell me about the band?

CK: We love each other. We're always kissin' and huggin' and havin' dinner together. We've gotten wonderful relationships and support through this. But we also want a really good product. We all want to do a really good job, we want to get very tight, and excellent in all ways, all our harmonies, intros, outros, whatever... we're single minded in that.

*Collateral Jammage plays Sunday May 25th at 1:30 pm at the Shellfish Festival in Lund.*

## The Mishras are Coming!

East Indian musicians from Varanasi, India, will return to Powell River to deliver another dazzling performance on sitars and tabla.

Deobrat Mishra and family members will play at Studio 56, 5813 Ash Avenue in the Townsite (the old Bank of Montreal) on June 3rd and 4th, at 7:30 pm.

June 3rd will be a concert of Indian ragas and June 4th will be kirtan singing. Tickets are \$20 for each night and \$35 for both nights, on sale at Breakwater Books.

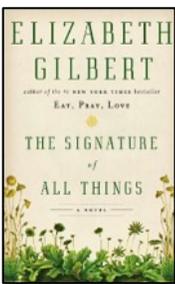
For more info, phone Pam Begbie at (604)483-4351.

## Lund Reads

Evelyn Pollen

Hello Lund book lovers! I'm thrilled to tell you about a couple of gems I enjoyed recently, and then offer a list of titles I found memorable over the last year or so.

First up, remember Elizabeth Gilbert, who wrote *Eat, Pray, Love*? Well, that was not her best work or her typical style. Her latest novel *The*



*Signature of All Things* is entirely different: a well-researched, historically accurate story of a family obsessed with botany, and set in a period of explosive advances in the science of plants and their part in the growth of colonialism, pharmaceuticals and the world economy. The

characters are well developed and unforgettable, and the reader is immersed in the social and moral circumstances of the nineteenth and early twentieth centuries. It's a great absorbing read.

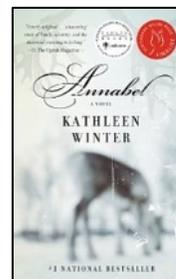
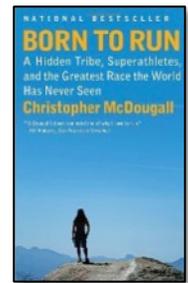
The next novel is *Goldfinch* by Donna Tartt. Don't let the simplicity of the title allow you to dismiss it! This read is a romp! The title refers to a (fictional) old-masters painting that falls into the hands of a thirteen-year-old boy and has a profound impact on his life. It will tear at your heart and make you laugh and remember your youthful indiscretions, and have you hoping and caring about the many



wonderful characters. I strongly recommend it, and it will be out in paperback in June, when you'll find lots of copies at Pollen Sweaters, Lund's biggest book store.

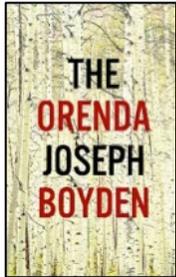
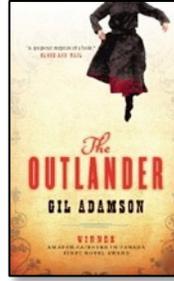
Now for the list:

In the non-fiction category, whether you're a runner or not, *Born to Run* is a terrific read. Christopher McDougall did a great job of researching the Tarahumara Indians of the Copper Canyons of Mexico and their culture, in which running is as natural as eating or sleeping. Read about Caballo Blanco, who retired from prize fighting to live out his days among these people. The book changed the sneaker industry dramatically!



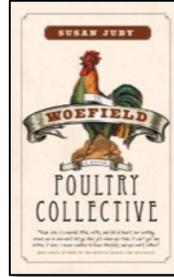
Canadian writers: I loved *Annabel* by Kathleen Winter. It's a novel about a child in Labrador born with ambiguous genitalia, and it's sensitive, surprising and well written.

*Outlander* by Gil Adamson is the story of a nineteen-year-old widow by her own hand who is on the run from the brothers of her late husband. As she flees westward across Canada in 1913 you'll really get caught up in her story.



All of Joseph Boyden's novels are great reads: *Three Day Road*, *Through Black Spruce*, and *Orenda*.

*Woefield Poultry Collective* is hip, local, optimistic and absolutely hilarious! Susan Juby captured modern issues perfectly and probably drove the share price of Kleenex up. It made tea come out my nose!



So, put Facebook aside and start turning pages, dears.

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Signs of Spring - Return of the Sea Lions  
Photo courtesy of Larry Warner

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## Barnacle Goodwill Recognitions

- Have you ever been wow-ed by the kindness someone has shown you in Lund?
- Have you noticed someone helping you and others with effort way over and above their job descriptions?
- Have you observed volunteers in Lund working countless hours for the benefit of others?



The Barnacle is seeking names and brief stories about what we know to be endless examples of goodwill in our village for a story in our July issue.

This is not a contest. We know that everyone is doing something and that some are doing, or have done, a lot. We think it should all be recognized.

Please fill out the sheet below with as many people and tales of awesome Lund goodness as you like, detach it, and put it in the box at the Lund Store. We'll collect the submissions and report back next issue. Thanks!

---

Name:

What they did:

Name:

What they did:

Name:

What they did:

Name:

What they did:

---



To book your party, wedding or band at the Gazebo or Community Centre please call Rianne Matz at 604-483-9605



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Name:

What they did:

Name:

What they did:

Name:

What they did:

Name:

What they did:

## He is Gone

Donna Huber

Bill and I lost our Border Collie, Flash, a few months ago. He was fourteen and had simply wound down like a brass clock and stopped.

The vet played a role; and it was quite interesting. We had him bundled in his blanket in the back of our truck, which Bill reversed up to the clinic door. He went in and paid an eighty-five dollar euthanasia fee at which time the vet came outside and felt Flash's stomach, looked at his gums and shaved a spot on one front leg.

"Your dog is jaundiced, look here you can see the yellow of his skin and gums. It probably means his liver has a tumour on it."

He then went back into the clinic to prepare the liquids that would take Flash away.

One shot made him sleep deeply and the next made his eyes 'fix'. He was 'gone'.

It was interesting, but I was standing in the parking lot sobbing and Bill was deeply quiet.

The vet commented on my hiccupping remark "This isn't easy"..."It's not supposed to be", he replied gently. How often had he said it?

There is nothing in the world to compare to losing a loved pet...but they aren't quite human so it seems odd to be carrying grief long past the day he died.

Flash loved his life best when we lived on five acres of rock and trees and he could race around and bark his head off, disturbing nobody. He would get up on a high spot and woof at bears sneaking around in the forest below.

That dog loved to swim; he could go for hours paddling with his inadequate feet in ocean or lake

or icy puddle at the side of the road in Halifax, where we had purchased him for two hundred bucks, the best pure bred deal on the planet.

In Halifax, we had to carry him like a baby in a back-pack as the salt on the sidewalks is hard on a dogs' paws. He slept in his crate beside our bed in the tiny apartment we lived in there.

He felt incredibly soft when you petted him and he looked majestic when we watched him get up to crazy Border Collie antics all by himself; tossing balls in the air and catching them, whipping a heavy rope about like he could kill it.



In the last months of his life, he settled in to his ratty bedclothes and stopped eating much. His hind end froze and we had to push him up the stairs and lift him into the truck. For some reason this didn't make me think his life was ending. People have old dogs for years, I must have told myself.

We had that dog everywhere....across the country, to music festivals, to the park, to the sea...

We got a second dog, another Collie, and for years dealt with two of them. I swear those dogs get to know you in a way a shrink would love to have the quick talent to do. If you pay attention, you can literally feel your dog reading your mind, smelling smells on you that you would just as soon he not, hearing every motion and creak and tiny voice in the house.

After he was dead, a breeze ruffled his hair.

We buried him at home and planted a plum tree over his grave (he loved fruit).

I just keep remembering how beautiful he was and I also think about those little dogs that old widows keep and treat like babies, including rubber ducks and ultra expensive foods. How it must pain them when the vet gives his final verdict.

I don't want to do this ever again, but Red Dog is seven years old and time flies.



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## Fund Raiser is Wildly Successful

Darcie MacFronton

### Thank You from the MacFronton/Demiris Family

Community members from Lund, Sliammon, and Powell River came out to the Cranberry Seniors Centre on March 22nd to celebrate the spring equinox and the current good health of Peter Demiris, the seven-year-old son of Terra and Bill Demiris, and grandson of Jeff and Darcie MacFronton. The Spring Equinox Celebration and Hot Sauce Fun-Rai\$ing Dance was a wonderful success! Community support has been a powerful healing force on this whole

journey. In preparing for this event, we received encouragement, donations, and a huge amount of volunteer help! We are so grateful. It truly takes a village! Funds raised will help the family to continue the natural medicines, treatments, and healing that is helping Peter to stay healthy and overcome the cancer that threatens his young body.

The incredible food team of Sherry, Sandy, Lorraine, Margaret, Martha, Rianne, Lin, and

John served up tons of fabulous appetizers and desserts that they or community members prepared for our devouring pleasure. Davina, Amber, and Chris created a magical ambiance with lights, colours, and fabrics. The film "Peter and Eli" created by David Molyneaux was a positive and heartwarming collage of Peter's family, touching on life before and during the past year's health journey, and ending with Peter and brother Eli riding bicycles with big smiles. The Demiris family had planned to come to the Celebration, but flu and colds dictated otherwise, and Terra was sent to represent them. It was wonderful to have her with us helping with set up and food, running errands, visiting with old friends and new, and cleaning later on. She got to meet friends she'd lost touch with, and a few people brought books or other health information to share. Kerri Lynn and Brenda handled the door for hours on end with Tai and Jeff. Deb and Glen were awesome bartenders, and weren't Ted and Lyn a great MC and auctioneer duo?!? Many individuals and businesses donated a wonderful variety of items to auction, leading to some fierce and funny bidding. The Hot Sauce dance band (Sheila, Cris, Sue, Mark, Dave, and guests Dan M, Darcie, and Dan R) provided spicy hot and saucy music through a long delightful evening, with support from Dan on lights and Will on sound. Dancing went on until the wee hours of morning! Looking around there were people visiting, dancing, eating, watching, and it seemed everyone was smiling!

Before the dance, 8-year old Sage Worthen started off the entertainment, followed by his 5-year old brother Reed. They sang three songs, with beautiful sweet and clear voices. Terra and Darcie spoke about the healing journey so far, acknowledging that while many people were touched by what our family has been going through, there are also many others facing similar health challenges, who came to support each other and to celebrate with the whole community. Terra said how important it is to share hope, love and positive expectations. Ben Bouchard spoke about how it can be isolating when a loved one has a serious illness, how it

can encourage us to open up to new people or perspectives, and bring positive things into our lives, and how much having support can help in the healing process. He sang two songs that touched everyone, especially Terra, with their beauty and kindness. His words seemed to reflect what others said during the evening, about coming to offer support, and finding they also received support, encouragement, and connection. Many people expressed how good it was to hear aloud these positive beliefs and affirmations that we often keep inside.

Over \$8000 was raised, a very significant help to Peter and his family. It will take away a good chunk of stress for a good while, helping to continue natural medicines, healthy foods, and naturopathic and other treatments for Peter. The energy of love and support generated before and during the event will keep our families healing and happy for a long time to come, and we hope it continues to be felt in the community. We appreciate and thank every single person who attended or was involved in any way. Our hearts are filled with love and gratitude.

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Crossword Puzzle #31  
by C. Cressey

HOT SPOTS

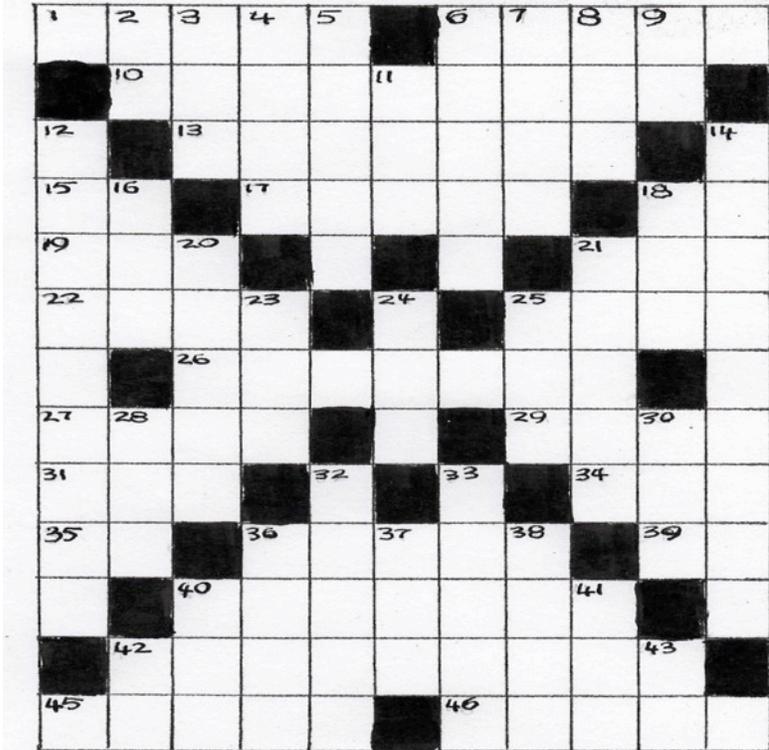
ACROSS:

- 1 BIG BOX CONTAINERS (acr)
- 6 RANGE
- 10 HOT COOKERS
- 13 MOST LEVEL
- 15 SHOT SIZE
- 17 OPENING
- 18 ITALIAN RIVER
- 19 HOT MUSIC
- 21 GROUND (Fr)
- 22 MUSLIM LEADER
- 25 LONG POEM
- 26 REALLY HOT SPOT
- 27 SOFT MASS
- 29 PROFIT
- 31 HESITATIONS
- 34 KING (Fr)
- 35 HOSR ANGEL
- 36 THESE (Sp.)
- 39 NEIGHBOR (abbr)
- 40 A JOCK
- 42 HOT SPOTS
- 45 HOT STUFF
- 46 NOT SO HOT

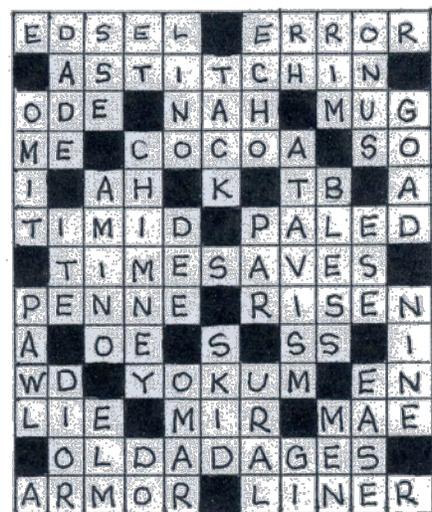
DOWN:

- 2 LOW RANK SEAMAN
- 3 SAINT (abbr)
- 4 SMALL BAY
- 5 PARTNERS OF IOA
- 6 BOAT'S REAR END
- 7 SNUG
- 8 CHOOSE TO
- 9 LETTER ENDER

- 11 FORMING ADJECTIVES
- 12 HOT LADIES
- 14 RED HOT JOB
- 16 FLAT HAT
- 18 TARO ROOT
- 20 RATCHETS
- 21 A WEAPON
- 23 CHART
- 24 NITROGEN
- 25 SIAMESE TWIN
- 28 KEEPS THE TEA HOT
- 30 DEBT LETTERS
- 32 FIRE'S REMAINS
- 33 HEBR. AVENGERS
- 36 COMMON SUFFIX
- 37 GENTLE AID
- 38 BEWILDER
- 40 ATTITUDE
- 41 OIL YEALDING TREE
- 42 NICKEL (SYMBOL)
- 43 COMP. DIR.



Answer Key for #30



## Community Page

### Birth Announcements

Since the last Barnacle, we have info on *two* babies born, although we are a bit late announcing one of them.

Wyatt Jared James Smith, born February 21, 2013 to parents Casey & Amy Smith, who now reside in Qualicum Beach, Vancouver Island. Casey was raised in Lund, son of Donna Huber Smith & Bill Smith

A baby girl named Elise was born on January 19, 2014 to parents Aleicia and Eric Vincent, who reside on Malaspina Road.

**Congratulations to everyone!!**

A call out for 'health and healing' to our Health and Healing contributor, Eve Stegenga, who is very sick with strep-throat at this time. Get well soon Eve!



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### Sympathy and Condolences

Norm Riggs passed away peacefully on March 23, 2014 at the age of 83. He was a friend to many in the Lund area and will be sadly missed. He was predeceased by wife Chris almost two years ago, and survived by son Mark.

### In Memory of Don Rushant

On March 20<sup>th</sup> of this year we lost one of Lund's own when Don Rushant suddenly passed away in his 54<sup>th</sup> year. He will be missed by many of his Lund school friends who chose to remain in the district, as Don did.

When Don finished school he began his mechanic's training with Don Ford at Wildwood Motors. Later he worked at Lund Marine repairing boats. He was an auxiliary police officer, and taught firearms safety for the police department. He also trained firefighters at Malaspina Fire Department. He loved his Harley, and belonged to the Hot Rod Car Club when it was in Powell River. A highlight for Don was rebuilding a Mustang fastback.

Don was a kind and generous man who always wore a smile and offered a helping hand whenever needed. He leaves three children, Joslyn, Darcy and Aaron, grandson Archer, his father Bert, sisters Marge and Marie, and brothers Charlie and Ed. He will be missed by many.

The Goodwill Committee of the Lund Community Society sent out three cards since the last Barnacle, all Thinking of You and Get Well cards. The Committee continues to source a package to welcome new residents to Lund, available at the post office. Call Adrian Redford at 604-483-4766 or Colleen Cox at 604-483-9752 with any news you think should be acknowledged.

# Voices from Lund's History

## Tribute to Mary Masales

Dymph Vander Maeden

1958 saw the migration of my parents and their three small children to the bush north of the Townsite, even farther out than Wildwood, past the Sliammon Reserve, to a small lot on the waterfront near Southview Road. In short time we encountered a family who had just moved from Southview Road to a five-acre farm near what is now called Craig Road.

Mary and Bill Masales.

Mary had just moved from Southview Road where she had spent her whole childhood on land her father George Powell had homesteaded with his wife and three children. The problem was Mary's cows had not been informed that they were moving and were always walking the approximate three miles down the highway back home to Southview.

Although the pavement ended just north of us, the power lines were in and we all had phones that were run on a party line system where you knew to answer when you heard the rings assigned to your household, so when Mary's cows came to check out our place, having a great feed of the lush green grass and weeds growing along the highway, my mom phoned to let Mary know where her girls were. That's how we met Mary Masales.

As time went by and I grew up, I moved to Plummer Creek Road that runs off Craig Road, and Mary was now a widow for many years and still lived on their homestead. I was raising my family and we bought

eggs and milk from Mary, so in going there we always left her place full of coffee or tea, and heads full of the many tales of Mary's life.

Over time she taught me ever so many secrets and methods to get the best of the gardens, berry bushes, and fruit trees. We also bought chicks together and she just knew all we

needed to do to have the little balls of fluffs survive and produce wonderful eggs and our own fresh grown chickens for dinner, plus the bonus of manure for the gardens.

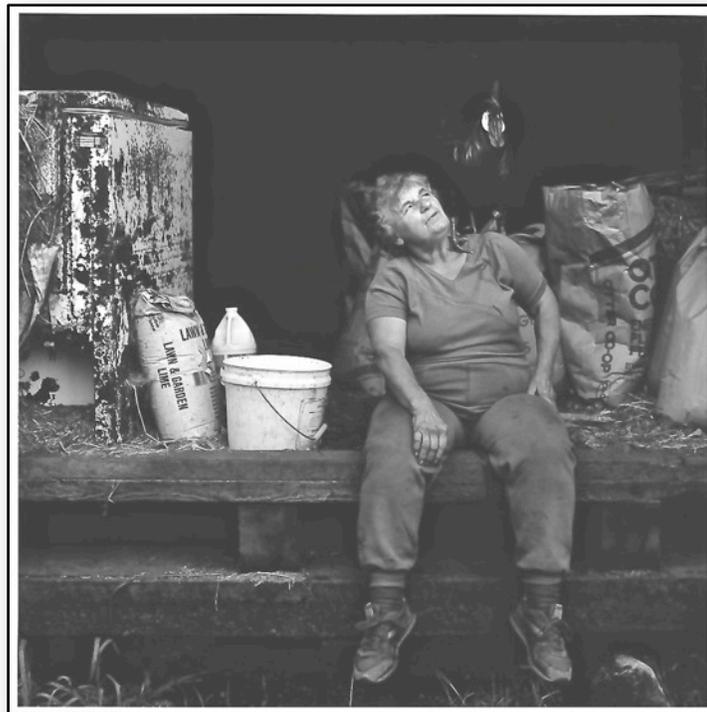
Mary had a wonderful knowledge of local history and was especially passionate that there should be public access to

the beach below

Southview Road, which

she always claimed was the best beach around, and of course, I agreed as this is the beach that I grew up on with my brother and sister. Mary would be very happy to know that there is now a public access trail to the beach.

Mary told me how she walked to and from school in Wildwood with her brother George, then when getting home there was always many chores to do on the farm. They also would go out fishing off the beach in



Mary Masales, approx. 1992 with chicken on shoulder  
Photo courtesy of Library and Archives Canada,  
Author/Photographer Barbara Woodley- Portraits- Canadian  
Women in Focus

Southview to jig for cod and troll for salmon or off on the skid roads to the local creeks and lakes to fish for trout for the family table. Always busy times in living off the land, so far away from the store in Townsite, so the family grew a lot of their own food and canned everything possible. As Mary grew to adulthood she worked at many jobs in Powell River and the area. She even spent time cooking in Lund for the hotel. When she and her husband moved to the land, she was always busy with the cows and gardens, and her many chickens, milk and eggs to sell, planting berry bushes and fruit trees and corn and on and on. There was always something to do on the farm.

As the years passed Mary's body rebelled as if punishing her for all the physical work she did her whole life. She was so very independent and did everything herself, so this was a very

difficult time for her, needing two canes to get around. But she kept going and we still managed to have visits for coffee or tea, and her mind never ever stopped working.

Mary could no longer get around and was residing in extended care and she passed away in January 2014, just short of her 93<sup>rd</sup> birthday.

I will always miss Mary.



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# Lund Springs Forth

