

# **LUND** **BARNACLE**

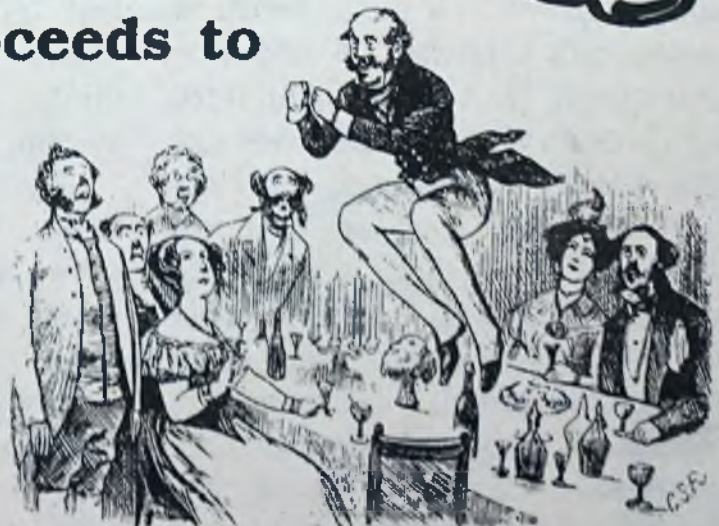
**ISSUE NO. 15**    **CRUISING INTO SPRING 1993 - \$1.00**



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**proceeds to**



**the Lund Community Club**



# THE LUND BARNACLE

## the periodical periodical produced by volunteers for the Lund Community Club

Thanks to all the good old and new Barnacle contributors who proved yet again willing to fill pages in this issue of the community club paper.

Volunteers on this issue are volunteers from some past issues - many thanks to Siobhan for sticking out the advertising; to Lyn for making all those phone calls; to Christine for keeping the Barnacle alive and crustaceous; to Keith, Margaret, Gordon, Trish, for their parts in putting out this issue.

The Lund School Parent Advisory Council is a prime mover behind this issue of the Barnacle, because parents want the whole community to come to the **March 27 SATURDAY Goods and Services Auction** to raise funds for the Lund School playground, full spectrum lights, and Ghanian visitor in May.

The auction is being cosponsored with the Lund Community Club March 27, a **dessert and finger-food potluck** - bring your most delicious and prepare to have fun, bid on donated items in live and silent auctions.

**How the rigorous process of getting printed in the Barnacle - and getting the Barnacle printed, equally - really works ...**

Write or draw out what you want to say or have in the Barnacle and leave it at the Lund Store, Carvers, or with anyone you can find to take it who will promise you to put it in some future issue of the paper.

When enough content collects or another wave of momentum comes along, another issue of the paper will be organized. Anyone who wants to work on or put out an issue is encouraged to do it.

**Please note:** Originals of submissions are held until the next issue is published. If you would like your original back, contact one of the Barnacle volunteers.

## THANK YOU to our Representative

On behalf of the Area A residents for whom she has taken her turn on the Regional Board and for whom she has put out so much time and energy, the Barnacle extends thanks and appreciation to Jill.

As Len Emmonds will presumably be taking over the Regional Board Reports, Jill has been invited to continue filing for the Lund Barnacle as a local political correspondent.

## BARNACLE Seeks Investigative Reporter - and the Truth

Unsubstantiated reports about current waste management practices in Powell River came into Barnacle headquarters. The reports claim:

- that a local entrepreneur has been hauling garbage from other communities for disposal in Powell River as this is one of the few places in the Province without a tipping fee.

Are these allegations true, or are they rumour? The Barnacle wants to know.



## EDITORIAL POLICY

The Barnacle is a forum for ideas in the Lund community. Editorial policy is to print what people submit in their own voices as much as possible, respecting the paper's purpose of providing a forum for the community on things that matter to its members. If you have a problem with something that appears in the paper or if you like something in or about the paper, we hope you'll say so -- to The Barnacle, not just to your neighbour. We'll print it.

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## ADVERTISING RATES

Business card-\$10.00; 1/4 page-\$25.00; 1/3 page-\$35.00; 1/2 page-\$50.00; full-page-\$100.00

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## LETTERS

Dear Effie Keays:

Hello. I am writing to inquire about organically grown milk thistle seeds, as Carol McGrath suggested. Would it be possible to get (and try) two or three seeds? (Though I'm not sure what size they are.) Sorry to announce, but I am in an advanced case of chemical hypersensitivity and pesticide poisoning. We lived in the Fraser Valley 8 years and were sprayed daily on the job on summer 13 years ago. We breathed in the fresh pesticide then was exposed to diazinon, captan, etc. Where I lived (fumigation) and worked with berry farm fungicide.

Anyway, my system is wrecked so not sure if and how things will work - some "cures" don't, as I'm so toxic and my organs too can't discard poisons properly, and few "organic" things are organic enough for this system.

Excited to hear your growing good things. My aunt (in Edmonton) used to grow herbs a lot and teach night school on it. Too bad she wasn't closer to us!

Happy to consider a possible help ere I die off.

Thanks in anticipation of your reply (and consideration),  
Sincerely,

P.S. There seems a lot more to herbs than people commonly imagine but it's hard to know enough to properly use them when one no longer has access to books, can't read properly or retain (memory) any longer properly. So I'd really appreciate any tips on use you may care to think of mentioning. Hope this letter isn't too incoherent. Sorry if it's frustratingly slow. Best wishes.



## Community Club News

by Bill Smith

This will be just a short note from me to anyone interested that the Community Club has recently purchased various sports equipment, such as basketballs, volleyballs, indoor soccer, etc. As well, a table tennis set has been donated by Paul Holbrook.

We hope to be able to offer "kids", "adults" and "family" time for sports in the former Community Hall, which the Hotel has generously allowed us free access to.

So .... if you or your kids are interested in a little "away from the television" entertainment, let's do it!!

I will also take this opportunity to thank Mike Burge and Gordie Penner for their volunteered efforts to restore the plumbing in the Hall and this winter's freeze damage.

Once again then -- we have the equipment, we have the location, you have no excuse!

On a slightly different note, the Community Club will also be sponsoring a Coffee House in the Hotel Dining Room (proceeds to the Club). A tentative date of **April 17** is set; watch for the posters. There is very limited seating for this exciting night of entertainment so get your tickets as soon as we get them out if you would like to attend.

For more info or suggestions on any of the above ideas, give me a call (483-4783).

## Lund Fire Hall Report

from Don Ford

The Fire Department is concerned about the visibility of house numbers. House numbers must be visible or the Fire Department won't be able to find a house.

Parking around the Fire Hall is a real problem. Something must be done. The Fire Chief feels there could be some parking spots built between the Fire Hall and Lund School. He has approached the School District, who said No. Does anyone have any ideas?

So far, no problem is seen with water supply, but the Fire Chief wants to remind people that as summer comes, watering is on EVEN and ODD days by house numbers. He says the higher quality of water at Lund is a result of a new water intake farther into the middle of the lake and because of improved logging practices around the lake, in consultation and with good cooperation with Forestry and the loggers. "It just goes to show how cooperation results in a good job."

The *Barnacle* hopes to have a complete report on the Lund water system, next time.

## AREA A VOTERS TO GO TO THE POLLS

A referendum will be held, probably sometime in April, for Area A voters to decide if and how to proceed with acquisition of the Finn Bay Forestry buildings and land.

The referendum may be held in conjunction with a by-election for Regional Board rep (see page 7).

Now the question is, "What will the question/s be?"

### LATE FLASH

Submissions on the question for the referendum:

"Should we retain a regional Board as local government?" YES NO

## IN MEMORIAM

*Martin McGuinty*

March 26, 1947 - January 27, 1993



## Fire Department Report

Doug Turner, Deputy Chief

Volunteer Fire Department members are a group of people who are "doing their bit for their Community" by being ready to respond to a fire, accident, or rescue call from any resident of the community.

At Craig Road Firehall, practice is held on Monday nights at 7:30. Members attend to keep themselves familiar with the equipment and to keep it in good repair so that it is available when needed. Following practice, the members make use of the clubroom for darts, shuffleboard, pool and table tennis.

Training provided. This also looks great on a resume!

## Big Cat

By Criss French, son of Timothy French

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Late October, 1962. The cougar was there again, dangerously elusive. It followed him through the forest - a glimpse of his coat here, a rustling of underbrush there. Now Clarence could see it clearly, only a hundred feet away. He raised his gun and fired instinctively. The cougar leapt and ran, and for the first time in two hours fled from Clarence instead of creeping towards him. He searched hard to find it, but dusk had fallen on the forest floor and it was time to go home.

Two days previous, Clarence French had bagged a deer in the Jim Brown Creek valley at the head of Powell Lake. He left the entrails in a hollow in a ferny clearing, but forgot the wrist compass he had removed to keep clean. The next day he and his wife Audrey returned to retrieve the compass, and perhaps bag another deer. They found the sword ferns stripped from the clearing - about five hundred square feet - and piled on top of the entrails. They also found the compass waiting on a tree branch, but didn't manage to bring home any more food that day.

Clarence returned alone the third day and hunted for deer far up the valley where he met the cougar. It was on his way back to the boat in the late afternoon that the cougar began to stalk him. Failing to find the cat, but sure he had hit it, Clarence returned the next day to locate it. He found it about one hundred yards away, shot in the lungs. It must have been one hell of a haul to his boat because that cougar was bigger than he was. Unfortunately the carcass was spoiled after a night in the woods, so it was given to Rod Wells for the hide and head.

Clarence and Audrey French, and children Wanda and Timothy, moved from Nelson Island to Seville Island in 1954. They bought property there from Alec North. Clarence was a commercial fisherman on his boat, the Seabird. In 1961 the French's moved to Westview, where Audrey took employment in the BC Hydro office.

Most recent calls for Craig Road Fire Hall were: **February 16:** leaking propane at Emmonds Beach; **February 21:** power line down and small bush fire - safety watch at Whitson's Curve Highway 101; **March 12:** vehicle collision at Highway 101 Summit; 2 vehicles, 6 people. Jaws of Life called from Powell River and used at scene. These calls were handled quickly and professionally by a small turnout crew.

We need more members at Craig Road. Anyone 18 or older, male or female, who is interested in joining our group please phone Doug at 483-9529. No experience necessary.



# NOTICES

WHY ARE THERE NO  
PROTECTED AREAS OR  
ACCESSIBLE PARKS IN  
OUR AREA?

## TOWARDS A PROTECTED AREAS STRATEGY FOR B.C.

Parks & Wilderness for the 90s



MAY, 1992



SEE PAGE 12

**PAPERWORK**  
GIFT *Gallery*

4739 Marine Avenue,  
Powell River, B.C. V8A 2L2

As it seems most of us managed to survive the cold winter Mother Nature bestowed upon us this year, I for one finally was able to understand the south flying birds. Now that all the water systems seem on the right track we only have to contend with the mud that comes as the frost works itself out of the ground. At this point I feel if we all can survive the wear and tear of the seasons surely we could survive the wear and tear of all the different levels of governments that are putting their hands in our pockets. These pockets are getting mighty frayed around the edges, and I have detected a hole developing in my right one. I for one have reached the stage of life that when the geese fly overhead on their way north it is going to take a big effort on my part not to go with them. There is no more the system can squeeze out of the working people. I read somewhere it works out one third of Canada's population is supporting the other two-thirds. Well, contrary to the old song, he is heavy my brother, and my back is getting somewhat tired.



But not too tired to go out and play baseball again this year. It won't be long until the crack of the bat is heard at Craig Park, and the sound of children's laughter echoes from the playground, and I'm sure the tennis balls and racquets will be singing their own tunes. Craig Park looks in wonderful shape thanks to Steve. It is well known in this town Craig Park is one of the nicest ball fields to play on. Both the men's and women's teams are playing games at the park this year, but at this time I'm not sure of the schedules. I myself did really enjoy the bluegrass festival last August, and am looking forward to a repeat performance this summer.

The seeds are dangling on the alder trees and the buds on all the bushes look about ready to burst. Time to start getting the roto-tillers, lawn mowers, power saws and you name it fixed up, find where it was I put the rakes and hoes last fall - every year I seem to find a better storage spot for them. Lund is once again a beehive of activity as the fisherpeople once again haul out their boats and gear, and get ready for the upcoming fishing season. Good Luck to all of you going out! Oh well, the seed order is sent, the seed beds are ready, time now to figure out if I stored my baseball shoes and mitt the same place as the rakes !!!!!!!!!!!

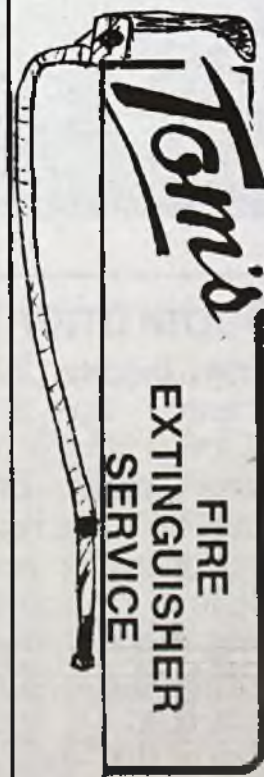
In closing I wish to put in a word for the transition house for Powell River. I feel this is really needed here, as times get tougher and families face more and more hardships and Family Violence increases. Just think, we have a choice in if and how much we can give, and the hand digging in our pockets will be our own

*Till next time, Dymph*

## "Voices of the Women"



Report of the Powell River  
Women's Needs Research Project  
January, 1993



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## Trash

Trash, trash, what a thing  
It's everywhere, it's everything.  
It's in the air, it's in the water  
I wouldn't want to be an otter.

I don't like all this trash  
Cleaning it up will be a splash  
I hope people clean it up now  
I'll even lend a helping bow.

by Tyler Smith

## Our Trash

Trash, trash, it's everywhere  
Trash and garbage they're a pair.  
It's in our house  
And it's in our school  
Garbage, garbage is very un-cool.  
Time after time we leave it around  
It misses the trash can  
And lands on the ground.  
Soon our earth will be dirty as you can see  
So please help clean it, one, two, three.

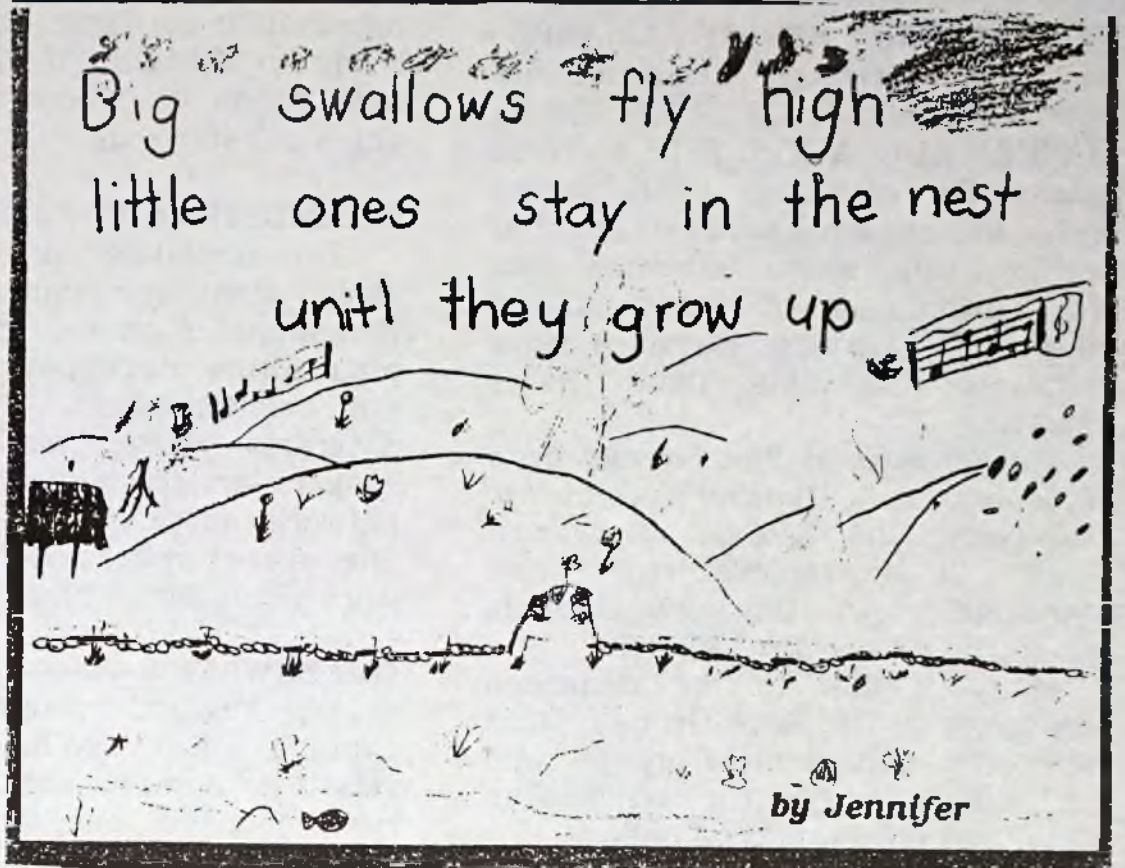
by Maylene Jacob



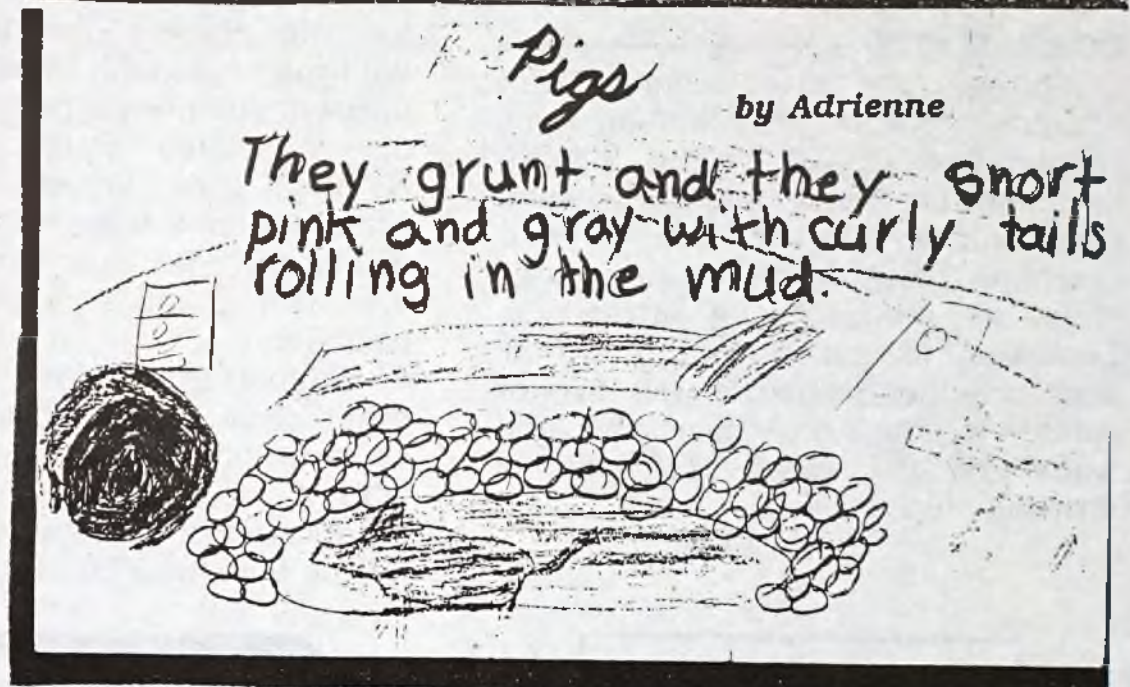
by Holly

## HAIKU

From Division 2 Students at Lund School



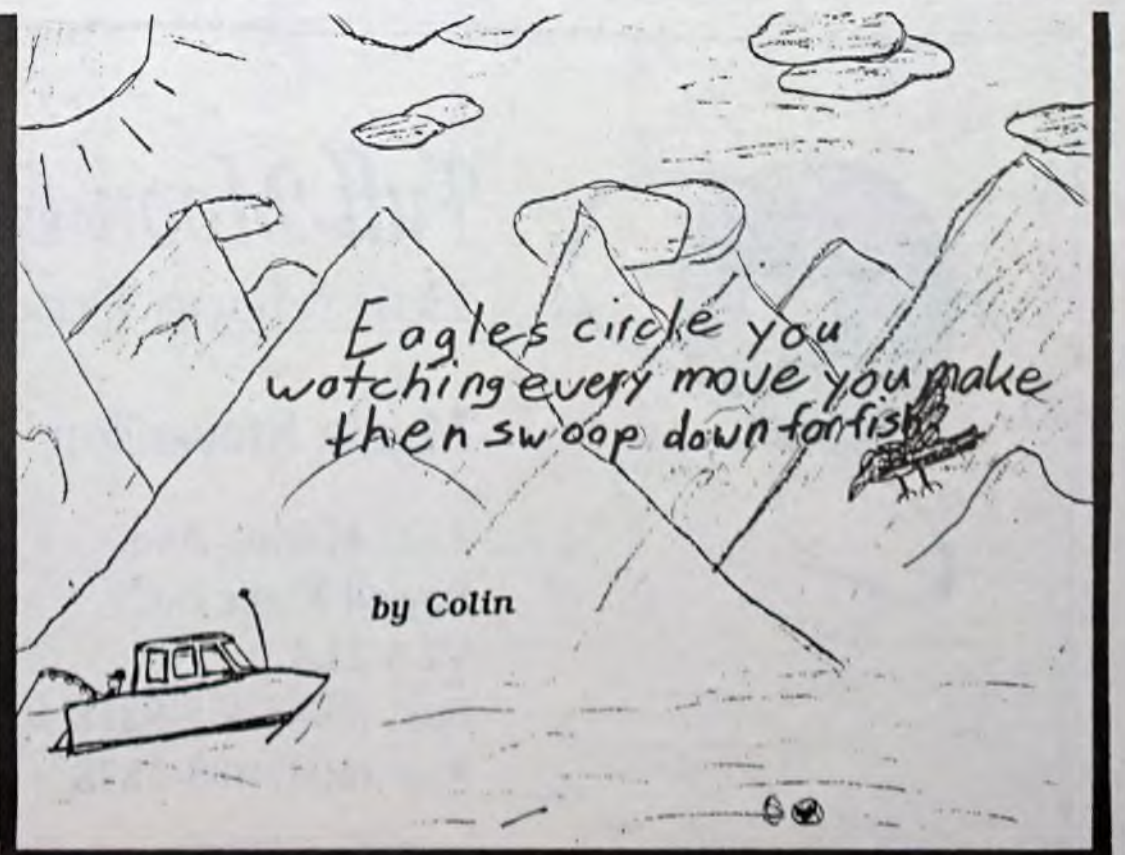
by Jennifer



by Adrienne

Five little ants on  
my back making a track like  
a rat on butter.

by Jonas



by Colin



## UPDATES ON PAST BARNACLE STORIES

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### SAVE GEORGIA STRAIT ALLIANCE -

The Save Georgia Strait Alliance now has available GEORGIA STRAIT MARINE EDUCATION KITS. These extend the education work started with the beach studies (quadrat studies) with school students that were introduced to many coastal classes by Georgia Strait Alliance volunteers including John Keays locally.

The resource is *The Straitkeeper's Handbook: A Teacher's Guide to Discovering the Ecology of Georgia Strait*. It is available from Laurie MacBride, SGSA, Box 122, Gabriola Island, B.C. CANADA V0R 1X0.

Many thanks to the dedicated volunteers in the Save Georgia Strait Alliance and its member groups, who keep on working in the trenches on social and environmental change.

### COAST WATCH

Through the Save Georgia Strait Alliance network, information was received from COAST WATCH, a group established to protect and alert coastal communities to the history and potential dangers of sinking large ships as tourist/diving attractions. Local volunteers monitored the debate about whether Sechart, Powell River or various locations on Vancouver Island would be the lucky recipients of stripped ships.

When another site was chosen, the momentum to distribute the information and education about the situation disappeared -- but the information is there, and the group ready to mobilize, if and when the next round of "where will the used ships go" starts up.

### COMMUNITIES IN PARTNERSHIP -

Two members of CIP recently visited Haiti for a month to consider the situation on the ground and to plan future directions for programs and relationships. The two main programs, village banking and solar cookers, are reestablishing their basic networks of reference for their work after recent upheavals and continuing uncertainty about Haiti's government.

### GREENWAYS

The research project funded by Canada Employment concluded recently. A rough possible route has been mapped out, from Lund to Saltery Bay. Priority for construction for the Society for 1993 is the Wildwood Hill, with a group of north-of-town volunteers considering work on a section from Craig Road. Nothing goes ahead without full consultation with the involved community, because Greenways is a volunteer and community-based initiative.

Support from M&B, Highways, and other agencies is in place -- but the community groups and individuals who most want an accessible core corridor for bicycling and walking will be the ones who build it.

### DIOXINS

"Panel Finds No Wide Threat of Cancer Caused by Dioxin" is the heading of an article by Keith Schneider originally in the New York Times submitted to the Barnacle. It states that "An independent panel of scientists concluded today that dioxin was not a large-scale cancer threat except to people exposed to unusually high levels of the toxic compound in chemical factories and from accidents."

"But the federally-appointed panel said its study of the latest international research on the health and environmental effects of dioxin vividly showed that exceedingly minute levels of dioxin caused biological havoc among fish, birds and other wild animals."

"Some panelists and other experts said the compound's ecological effects might turn out to be the most important factor when the Government considered whether to tighten or relax the limits for dioxin allowed in air, water and soil," an action expected next year."

The conclusions are based on four studies, the findings are carefully described as preliminary. Exposure to high concentrations of dioxins "seems to increase the risk of developing two types of lethal cancers, lung cancer and particularly soft tissue sarcoma, a cancer of connective tissue," risks viewed by the panel as confined to chemical workers and people exposed to such levels through industrial accidents.

The panel's view seems to be that ordinary people are not at particular risk of cancer from dioxins. The panel also said that "almost all the dioxin in the tissues of ordinary Americans came from eating beef, chicken, dairy products and fish. Dioxin, produced by incinerators, chemical factories, coal burning power plants and other industries, accumulates in animal fat."

As the businessperson said to the scientist, "Don't you understand that we just don't believe you anymore?"

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## Regional Report

March 1993

by Jill Goudriaan

**Bulletin from the front: Experiencing socially transmitted fallibility and sustained function fatigue. Help on the way. Spirits good.**

A FUNCTION is a new set of responsibilities undertaken by a local government. The Myrtle Pond watersystem is a function. Those folks asked the Regional District to work with them on their water system and the cost of this is paid by the service area. Good deal. Works pretty well.

Lund Sewer is a function of a different stripe; a function from hell! Month by month, document by document, conversation by conversation, my concern grows.

In 1989, 47 or so property owners signed up for a community sewerage system. The petition stated:

2. The total capital cost of the project is \$315,300. One-half of this amount (\$157,650) is expected to be provided by a 50% Sewer grant from the Ministry of Municipal Affairs. If the 50% is not awarded, the project will not be able to proceed.

What would you think if you read that? That you were signing up for a \$157,650 commitment? That's what I'd have thought.

Wrong. I'm now looking at a Jan. 1990 bylaw locking service area residents into borrowing the whole \$315,300....LONG TERM.

Projects are supposed to be financed with short term borrowing until they are finished. Then the bills are sent to the province, the government pays up its share and the balance is borrowed long term. The Municipal Act protects municipalities against premature long term borrowing. Apparently no such protection was available for Regional Districts in 1989.

Several factors besides the curious wording of that petition and the hasty long term borrowing make Lund Sewer something to consider with care. There is also the lowness of the engineering company's two cost estimates followed by the highness of subsequent tenders which triggered an "economy of scale" expansion of the project boundaries. Now projected to come in at about one million dollars, the project cost is estimated by some residents to be closer to two million.

The 75% grant from the Ministry (yes, folks, that's a grant of 750 thousand dollars or more) does not include the cost of the borrowing. When you borrow for a house you end up paying for it, rule of thumb, three times. Same goes for a sewerage project, I would think.

This kind of debt creation project is what society needs to be moving away from. Like Brazil and other countries, BC is selling off its marketable resources (forest products mostly) almost as fast as they are borrowing.

Our kids are paying for this already and so is our ecosystem.

Debt. We need to think about what it really costs.

There are alternatives. Bob Weston, Chief Health Inspector for Regional Health Unit, suggested that on-site disposal systems could be approved individually on parcels of about two acres. But is the community free to consider this?

Because this borrowing is held to be the responsibility of the service area, the current Board has been presented with two choices. It can vote NO on Lund Sewer and continue to charge service area residents, even the ones not getting service, for the Municipal Finance Authority debt costs and the Dayton and Knight engineering cost, yet another year. Or it can go ahead with the project.

I am resigning because I don't support either of these choices. I don't see the logic of why the service area is responsible. Somewhere, in the expensive hierarchy of tax paid AUTHORITIES and LEGALITIES between the modest intention of the petition and the icy mechanics of the World Money Market, someone was responsible to check if what was asked for, and what was borrowed, were the same.

Ken McLeod, Chief Inspector of Municipalities, is the person to write to about this. His address is available from the M.L.A.'s office (485-6000).

The thrifty little Forest Station function which utilizes existing resources, involves no borrowing, and holds a place on the water front for the common man of this and future generations, is getting slammed for the sins of Lund Sewer. That's politics.

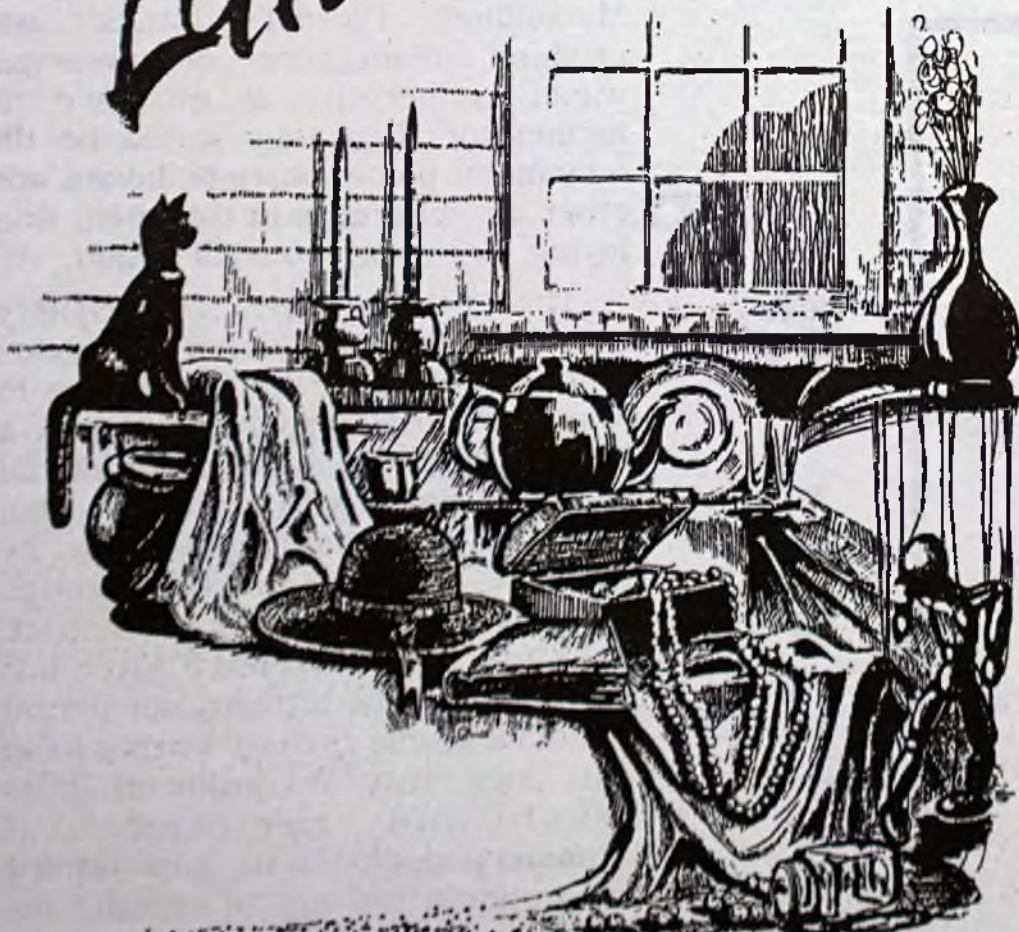
Politics: fascinating, frightening, fabulous and fairly full time. Who has the time for it? How can we not have the time for it? I think it's like the army. You take your turn.

It is with some sadness and a great deal of relief that I have decided that my turn in this particular role is over.

Len Emmonds is willing to take the next turn and that makes him a hero to me. Either as an alternate, or through a by-election he has agreed to let his name stand and I thank him for this. I thank also the Regional staff and my fellow directors for their time and their service.



# Lundscapes



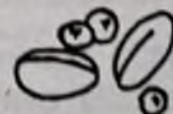
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# Powell River Municipal Garbage Burner

Ministry of Environment File # PR 509

From the Files of the Environmental Detective

by Grant Keays

**March 1, 1993**

I contacted the Ministry of Environment in Surrey. I talked to a Jeff Van Haastregt, who administers this permit for the Powell River garbage burner. He stated that it was illegal to burn biomedical waste at the Powell River incinerator, and that he had been led to believe (by who we wonder) that the Powell River hospital had its own incinerator and permit and burned biomedical waste at the hospital. He further stated that it was contrary to the permit to burn special waste, industrial waste, biomedical waste, or waste generated outside the regional district, and that the Powell River municipality had been previously cited for the disposal of industrial waste (wonder what-- I note previous files of the Environmental Detective reveal eyewitness accounts of Macmillan Bloedel burning banned aniline dye containers at the incinerator).

**March 3, 1993**

I contacted the Powell River hospital and learned from the maintenance department that they have no incinerator and that it is their practice to take all biomedical waste to the garbage burner and throw it on the fire.



**March 3, 1993**

I located an eyewitness to the burning of biomedical waste who is willing to testify. This witness did not look closely to see if body parts were involved.

**March 3, 1993**

I contacted the Assistant Deputy Minister of the Environment who promised to launch an investigation and who confirmed the illegality of burning biomedical waste at this facility. His representatives are sadly misinformed about the fact that viruses are not destroyed by this method of disposal. They should bone up on the literature. Fat chance for an investigation having any results. We discussed the disposal of biomedical waste from ships docking here, apparently the customs officer escorts such waste to the garbage burner.

## Statement

This situation is a grave threat to public health that should be investigated, those involved prosecuted, and the practice stopped.

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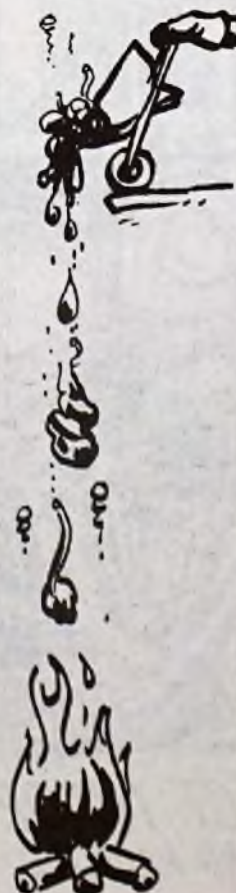


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We are being subjected to a chemical stew consisting of our own waste, biomedical waste, industrial waste, special waste, and waste from outside this community, all of which is burnt at random on an open fire in the middle of town in a facility open to all comers with no questions asked. This situation is in flagrant disregard of even the flabby hopes masquerading as laws that we do have.

These bureaucrats just slap on the blinders, ignore the problem, and place the onus on the public to change things. The Ministry of Environment representatives who administer this permit must put on their dark glasses in Saltery Bay, and keep them on until they leave town.

Hospitals are seething hotbeds of infectious disease. All the sick people are crammed in a building, and all of the rotting parts, bandages, syringes, and highly chlorinated plastics are autoclaved (some), thrown in boxes and burned in the middle of town.

This practice spews all manner of toxins, viruses and half burned cancer particles out for us all to breathe and is tantamount to a make work project for the medical profession (Where is the Coast Garibaldi Health Unit? In hiding in Gibsons? Shove your heads back in the sand). That we pay our medical profession to do this to us is unbelievable. Health Care in Canada. What a sick joke. Is this why we are all so sickly, or is it just mill-it-is as usual?

It occurs to me that the reason Macmillions Bloedel's flunkies are pushing incineration of municipal waste is because if we have no incinerator then they would be the only major point source of dioxins and other air pollutants in this area, thus laying them open to legal action.

The Powell River municipality gagged lollies and ignored this issue for twenty years. They now hope to dump both the responsibility and a disproportionate amount of the capital costs associated with any waste plan onto the rural regional areas by exercising the waste function through the Powell River Regional District. The Municipality of Powell River has been cited by the ministry for permit violations at this garbage burner more than once, they are guilty of gross fiscal and environmental mismanagement, and the surrounding areas should opt out of sharing the waste function, or we are going to be helping them hold a very smelly dangerous ball that has already been badly fumbled.



# LUND SCHOOL PAC Fundraising for Spring, 1993

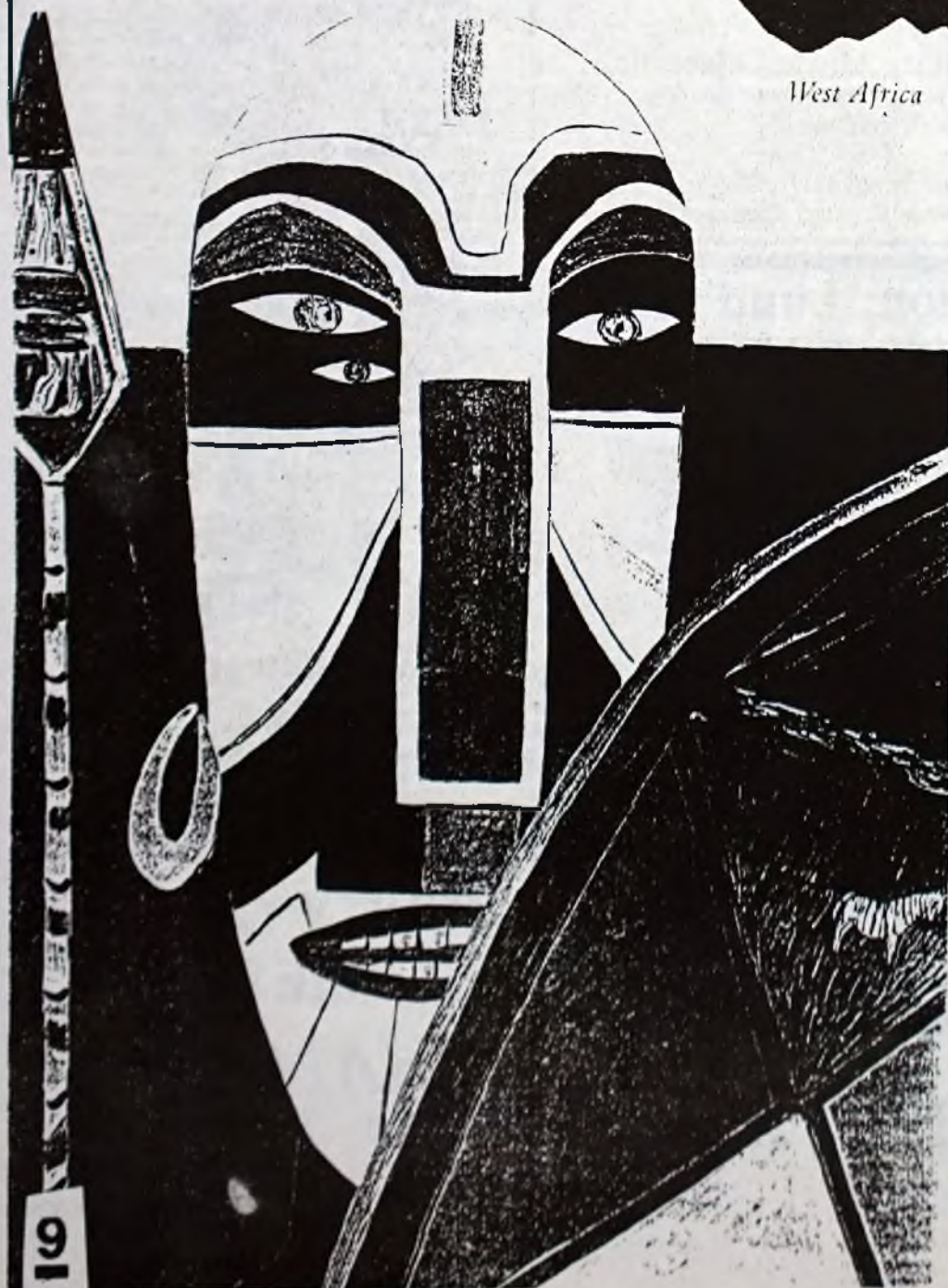
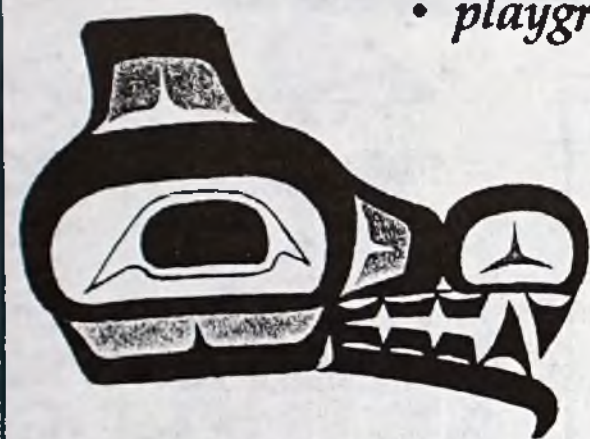
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March 27 Saturday

DESSERT AND FINGER-FOOD POTLUCK  
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*Please support the PAC's*  
FUNDRAISING FOR  
LUND SCHOOL:

- full-spectrum lights, all rooms
- hosting visitor from Ghana in May
- playground improvements



AFRICA



# LUND SCHOOL PAC GOODS AND SERVICES AUCTION

*Live auction  
Silent auctions  
Raffles  
Door prizes  
Kids' entertainment*



**March 27  
Saturday  
7:00 - "until it's over"  
Lund Hall**

Fingerfood/appetizer and  
dessert potluck  
cosponsored with  
Lund Community Club

## !! || >> SPRING 1993 EVENTS << || !!

### DATES

Family trip to Savary Island  
Lund Water Taxi •  
One day boat rental  
Dave Boat Rentals  
Jewellery  
Latitude 20 Jewellery  
One week at Lund RV Park  
summer 1993  
Lund RV Park

Oval braided rug, blue/brown  
2.5' x 3', recycled fabric  
Plants for a Herb Garden;  
2 flats/18 plants  
Cabin for family week-end  
on Savary Island  
Ceramic piece

A Pollen & Company Sweater

Langley Family - one sack oysters

Margaret and Peter Behr,  
Massage Therapy - one massage

A Court Cressey surprise

March 27 Saturday Evening  
GOODS AND SERVICES AUCTION  
Finger-food and Dessert Potluck  
Cosponsored with Lund Community Club  
7:00 until it's over

April 24 Saturday Afternoon  
RUMMAGE SALE  
"Kids to Kids"  
Rummage, Garage and Bake Sale

May 21 Friday Evening  
Community Music Celebration  
with Kelly (Nii Armah Sowah)  
from Ghana  
6:00 - 10:00  
Full community potluck  
cosponsored with Lund Community Club

**Location: Lund Hall**



Car Wash & Wax  
Birthday Cake  
Marg Desharme

IF YOU'VE GOT SOMETHING YOU'RE ABLE TO  
CONTRIBUTE TO THE GOODS AND SERVICES AUCTION,  
PLEASE LET US KNOW - the organizing committee includes  
Joan Russell, Trish Keays, Lyn Jacob, Sandy Fahey, Dave  
Stevens, and Sandy Dunlop.

!!! FUN !!!



**!! PLAN TO BE THERE !!**

**10 !! PLAN TO BID !!**

**COME OUT TO A  
COMMUNITY CLUB  
OR PAC MEETING**

**THANKS  
FOR ALL  
DONATIONS**

BRING POTLUCK VEGGIES AND DESSERTS



# JOIN LUND SCHOOL MAY 17-21 IN WELCOMING NII ARMAH SOWAH - KELLY - TO THE SCHOOL AND COMMUNITY

Professionally trained in voice,  
theatre arts (dance), modelling, modern dance

Kelly will be with in Lund May 17-21, spending some time at the school, and Friday the 21st in a community music event at the Lund Hall, cosponsored potluck with the Lund Community Club.

For six years, Kelly has been a dance instructor specializing in teaching of **African Dance Technique and Traditional African Dances (Ghanaian)** to different groups. He performs as an Actor, Singer and a Model, on stage, television and film.

He'll be bringing "instruments, toys, art and craft, clothing, pictures etc" - to help students at Lund School learn cross-culturally through meeting a person and having hands-on experience with real objects.

As for the community music evening and potluck planned for Friday night, Kelly says *"A Workshop on African Music is something I would not mind experimenting with. I therefore welcome your arrangements that I do a session on African Music in your community. Interested Musicians may bring with them drums and other percussive instruments."*



If you're an area musician interested in drumming and African music, let us know, and mark the 18th and 19th for program events at Lund School and May 21st for the evening community potluck and music.

These events have a dual purpose of raising funds for the Lund School PAC and its 1993 goals of full spectrum lights, playground improvements, and Kelly's visit and building community.

If you have students in the school, or have had, and if you live in the Lund community and Area A, we specially encourage you to bring a fingerfood and dessert potluck item to the Goods and Services Auction, March 27, and also plan to come to the May 21 Community Potluck and Music evening with Kelly.

See you there!



## Ghana

Republic of Ghana

Population: 14,130,000

Area: 238,540 sq.km

Capital: Accra



### PURPOSES:

- to raise funds for the Lund School PAC to reach fundraising goals for 1993: fullspectrum lighting for the school, playground improvements, and a guest to the school and community from Ghana in May
- to have fun and build community.

PLEASE JOIN US IF YOU'RE A RESIDENT OF LUND AND AREA A. Plan to bring a potluck contribution -- not main-meal, but vegies, snacks, and desserts.

Let someone on the organizing committee of the PAC or Community Club know you'll be coming, so we can make sure there are enough seats -- and so we can assign you a bidding number.

If you want to join in the community event but not the auction, please consider making a cash donation, no matter how small, to help Lund School parents, students and staff realize our goals for 1993.



## PARKS, WILDERNESS ... and Past Barnacle Stories

by Trish Keays

Protected areas - parks in cities and towns as well as wilderness - have been under siege in the province for years, especially those in wildlands and openspaces. Pressures for privatization, general economic uncertainty and restraint, growing demands on shrinking provincial resources (and federal, and regional district, and municipal, if we look across them all), polarized rhetoric, legal and continuing tenure agreements and contracts, global markets -- these all influence the shrinking "protected spaces" base on which "protected species" depend.

Through the 1980s and 1990s, the provincial government held various consultations, designed strategies, developed policy for protected areas. The proposal for "Protected Areas for the Nineties", shown on the attached map, is one plan. **Is it enough? No!** It's too much of one thing and not enough coordination with all the other things. It concentrates on large tracts of land, while ignoring what's closer to people and what they actually use.

People who care about wildlife and nature in this province have tracked with heartache for years stories of wildlife poachers, uncontrolled exploitation and its results, shrinkage in the diversity and numbers of every species harvested for food or for sport, the decline in the sightings, the rarer glimpses of creatures whose status is threatened, and then the record of extinctions.

**WHY DOES THE PROVINCE'S  
PROTECTED AREAS STRATEGY  
HAVE SO FEW PROTECTED AREAS  
AND ACCESSIBLE PARKS IN OUR  
AREA?**



Whatever the species, eliminating and reducing its habitat and its home is a fast track to extinction. This is one reason that questions of whether our government is ensuring enough parks and protected spaces matter to us all.

Ecological Land Reserves were written about in an earlier *Barnacle* issue. The unique areas in the region that are part of our ecological heritage need to be protected. But these don't always occur in huge tracts. They occur in mini-versions and at micro-levels everywhere. Connecting together the parks and access points that do exist, extending the protection for these into the future as part of long-term land management **just makes sense.**

The proposal for a protected areas strategy seems to be based almost solely on securing large tracts of each of the ecosystems that make up the province's range - similar to the "Protected Spaces" campaign of the World Wildlife Fund. **YES!** Three cheers for all the local volunteers forming groups for Parks and Wilderness and Greenways. But in addition to the large tracts, a comprehensive strategy has to include the **whole range of small and large parks and connectors, Greenways, that make up public lands in each region** of the province.

The darkened areas on the map below are protected and/or accessible park areas.



## "LIFE IN LUND AND AREA EH" BUSY BUSY BUSY

by Lyn Jacob

I go to Lund. I see the Hotel turning into a destination mini-mall with new, exciting things - all we need now is a Gassy Jack. Al Woods is hauling a septic tank to Savary. Percy's almost finished building an unbelievable heater for his hot tub. Sunshine Seafoods, Laurie and Doris Chambers, are really busy, with a new baby and a new truck. All the surveying tags coming into Lund could mean a widening of the highway for more parking. Burge Brothers are growing as a company, with a new excavator. There is a new oyster shell walk to Carvers. I can't catch Steve or Jo-anne Suche. Mike is clearing some big alder in the RV Park. Wendy is going fishing. A big trailer fell over coming onto Finn Bay Road, causing some tense moments. Emil is talking about more lots. The Laycrafts are well underway making pasture from a clearcut; also new sheep and goats. Len Emmonds is clearing land. Gloria Masales is clearing land, so are Dan Wingerter and Jim Nelson. Dave Pollen thinks he has a "bird in the hand" game, and Ernie wants to restore old cars. Al Waite passed away recently, and Ronnie was keeping an eye on the Ponderosa. Condolences to Al's family and friends. Randall and Ann Drader are turning into farmers. Rock on, Randall. Steve and Diane are quite sheepish. Sheriff Ives has a bee in his bonnet. And the Suttons are in hot water up to their necks - hot tub water. Dave, Jackie and Rachel Spierman have accepted an offer on Vancouver Island to advance professionally and spiritually. They'll be missed. John Hackett at Low-Cost Auto Wreckers in Sliammon will haul that old car away free, if it has reusable parts. The Sliammon people have put in a unique lending program - "Sliammon Indian Band Lending Circle Program" -- best wishes for its success.

With regard to community participation and public input, don't be too busy or you'll be too late.



For those of you who wonder  
About burying pirate plunder,  
There's something you should know,  
(This may come as quite a blow!)

You first must be a pirate,  
Who will sink a ship or fire it;  
Or take it over fully,  
And be an awful bully;  
When it comes to other people,  
You must pretend that they are feeble,  
And kill them if you must,  
Or are in battle lust.

For those of you who wonder,  
About burying pirate plunder,  
You first must be a pirate  
Who can sink a ship or fire it.

by Dobes Jongkind

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## **Bookshelf**

by Donna Huber

Well that was an interesting meeting in the old Hall, March 7. It was heartening to witness the community's opposition to the taking on of a project that, to my mind, would burden taxpayers and community volunteers with more than the outcome would seem to justify. I only hope, however, that we in Lund are just as far-sighted when people other than overly optimistic 'hippy types' (as was the general perception, if I'm not mistaken) when people other than this come forward with more outrageous projects. Projects that will have very slick promotions and promises. Like a sewer system, for example.

I also hope that the Regional Board will gracefully change from wanting to acquire the Forestry buildings to wanting to acquire that nice acre of property sans the buildings, for a reasonable price, of say, one dollar. For myself I would buy the land for the asking price, ten or fifteen bucks a year so somebody's kids can go down to the beach when they feel like it. Fair deal.

I haven't been reading much (I'm still in Cook's Training five days a week).

I read "A River Runs Through It" by Norman McLean. An excellent story about trout fishing, that is fly trout fishing. I don't know if any of you have ever cast a fly; it's so tricky you basically give up and go back to spinners and worms. Unless you have a calling. Or something. For those who love nature-writing, this is a pretty book.

Also a book called "The Great Hunger" by I forget, but you can look books up in the library by their title alone so it doesn't matter. This is a well-known non-fiction account of the Irish potato famine, and is extremely well-written, both as a riveting tale of Irish village life facing those times, and as a document of the politics that drove a bad situation into an unending disaster.

It's good to read political histories; one is always surprised at the way things do not progress much in that arena. The politics of food, we talk about that at Cook's Training now and then. That brings my mind around to gardening and another book called "My Love Affair with England" by ? (Well, I wasn't expecting a Barnacle so I haven't kept track properly.) Britain is famous for its gardens; one book lists 1500 of them open to public view.

I really liked the book ("My Love Affair with England") because I love the place, too, though I've never been there except through the words of British children's authors and, of course, Agatha Christie and Dorothy Sayers. (Not those awful boys' school guys who go to whipping bars, or the peas and bangers. I ignore all that stuff.)

But I love B. C. also and have an urge to belong to a garden club, so I propose to start one! The first on Sunday March 28th, my place, one p.m. Let's just meet and decide how to progress from there. Everyone welcome. Coffee, tea, or Horlicks provided.

If you need more info or directions call me at 483-4783.



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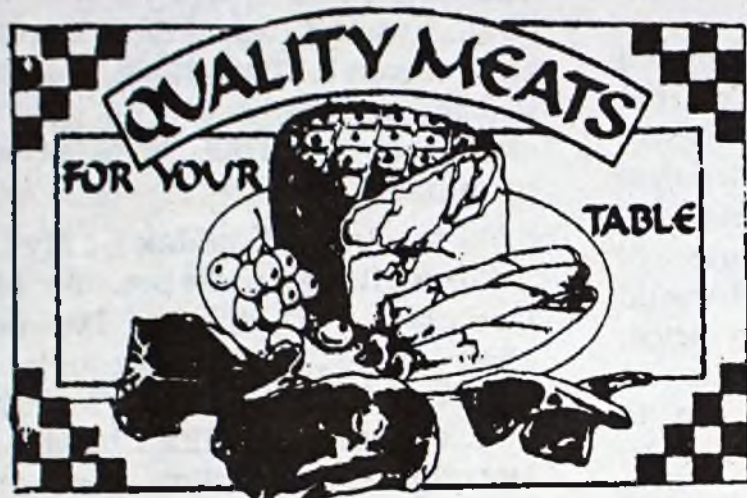


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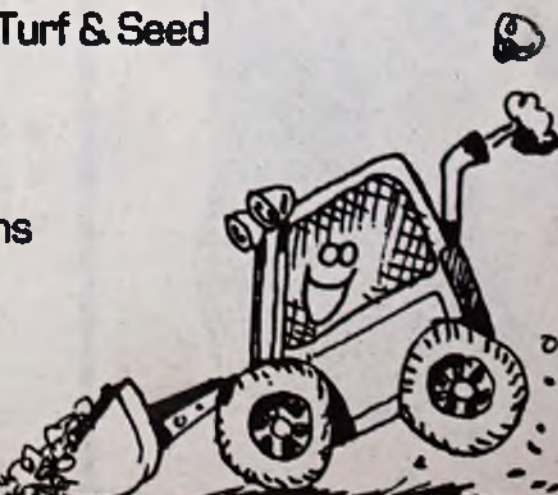
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## POINT OF VIEW

by Steve Hansen

So here's the deal. Around the end of August last year I'm in the kitchen washing dishes. Listening to some Tom Petty and enjoying a peaceful day in the country. Sun was shining. Garden was growing. Dog was sleeping. Daddy rich, mama good looking. It was one of those days that made me really glad I didn't live in the city. But I was wrong to feel so secure in my countryhood. Because all of a sudden I hear a very "city" sound. With a rush of wind and the roar of an aircraft engine. Like something out of "Apocalypse Now". Over the tops of the trees, not more than 100 feet off the ground, here comes Big Brother. Astride his "Sikorsky Horsey" hovering over the clearing that is my yard and garden. A bunch of Yahoos with their high-tech crime fighting equipment cruising the neighbourhood. And just what is it that this big display is about? Looking for what? Escaped killer? Mad bomber? Murderer, Rapist? No! For one thing, those would be real criminals and might be dangerous. No, the "Flying agendas" are looking for a plant. Cannabis. Marijuana. The Killer weed. Well, that really ticks me off. Let's begin with the basic point. This is pot we're talking about. Surely since the sixties we've all had enough experience with goofy old pot to know it ain't heroin. Hell, it isn't even tobacco or alcohol. (Both of which cause a great deal more problems

physically and socially. And are legal.) Get with the program. Pot (at least by itself) is not a big problem.

And as far as the helicopter is concerned. Do any of the Rambos that flew over my yard think that if someone stole my chainsaw, for instance, that I could rent a chopper (for a kazillion dollars an hour or whatever it is), and fly over their neighborhoods, at a 100 feet off the ground, looking in back yards for my saw? I think not.

And what about the issue of effectiveness? You read in the papers about 20 plants here, 10 plants there. With a street value inflated to a level so ludicrous as to be laughable. And still the numbers don't add up. Hundreds of thousands of dollars to get a few pot plants which in most cases would only have been used by the person growing it. The Redonda Island bust that they were so proud of was a fluke. It turns out there was a whole farm of Marijuana there for three years and not once did the helicopter spot it. They had to stumble onto it by accident. Incompetence or corruption?

No, in these hard times when there is no money for schools and hospitals, when our society is facing huge problems that need money, we can't afford to subsidize joy rides for a bunch of guys who just like to look around in other people's yards.

Let's face it, the concept of a police force, for as long as it's been around, is to uphold the laws of the society for which it works, i.e. the moral values of the "majority". Meaning those with the power to make law decide not only what is law but, more importantly, which laws are to be most vigorously upheld.

In this little treatise I have focused on one small inconsistency in the relationship between the police's ethical directive (to make it safe for all citizens to go about their life with freedom from those who would cause them harm or keep them from doing whatever it is they would want to do) and the actual practice and implementation of that directive (spend far too great an amount of money arresting people for Marijuana use and cultivation). A law that a vast majority of people do not believe should be. I'm sure there are others who would find that kind of inconsistency in other areas of the police relationship. The time has come to drastically re-evaluate why we want police, who we want as police, and what we want them to do. Let's get started.

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## COLDS, FLU AND HERBS

by Effie Keays

Sometimes the common herbs we can grow in our gardens are a help in relieving unpleasant cold and flu symptoms many of us have had to contend with this past season. As Rudyard Kipling points out in "Our Fathers of Old"

*Anything green that came out of this mould, Was an excellent herb to our fathers of old.*

We don't have to go quite that far, but some there are which really can be a help in "curing our pain".

### Cayenne

One of the best helps I know for helping to stave off a beginning cold is a hot drink made of a tablespoon each of grated fresh ginger, apple cider vinegar and honey, with a quarter to half a teaspoon of cayenne pepper, steeped in a cup of boiling water for 15-20 minutes, and sipped slowly 2-3 times a day. The cayenne is relatively easily to grow, if started inside early in the spring and planted out at about the same time as tomatoes, late May-June. Even in our relatively cool summer, the pods will ripen, and can be dried for winter color and use.

### Garlic

Garlic is one of the few known plants that is an enemy of both the virus and the bacteria. A clove a day can help on a preventive basis -- there may be some truth in the claim that its effectiveness maybe in part because the smell is strong enough to keep those with active germs (and everybody else) a safe distance away! If it seems too strong to take out into society, the smell can be reduced by chewing parsley, or using cinnamon, anise or caraway seeds.

### Coltsfoot

Sometimes, as with Coltsfoot and Mullein, the flowers are used to help with cough and chest congestion. These flowers must be gathered as they open - early in the spring for Coltsfoot flowers and leaves, dried carefully to prevent discolouring. Coltsfoot can be used alone, or combined with Mullein or Horehound to ease congestion, reduce inflammation in the chest, and reduce coughing. The whole plant is harvested later in the season - the leaves develop after the flower is over, hence the folk name "son before father".

### Sage

Sage and particularly Red Sage is often recommended as a gargle for the sore throat which for many of us signals the onset of a cold. It can be mixed with a teaspoon each of cider vinegar and/or honey, if the sage flavor is too strong. Again, a teaspoon of the dried herb in a cup of boiling water, steeped about 15 minutes. Juliette Levi considers it an invaluable plant, and recommends it also as an inhalant for congestion in the nose and head, and for steam baths.

### Yarrow

(Peppermint Elder). If you don't have it in your garden, Yarrow grows wild in many parts of the area - don't harvest within 100 feet of the highway. It is highly recommended as a fever herb - for inflamed throats, colds, and headaches. Juliette Levi recommends a standard brew - large handful of herb to two cups of water - drinks 2-3 times a day. It is also recommended as a bath herb to help reduce fevers.

### Elecampane

This is one of the less well known herbs that can be a valuable garden addition for its brilliant yellow daisy-like flowers in the late summer, as well as for the pleasantly smelling roots which are useful in pot-pourri as well as for relieving cold symptoms. It is particularly useful when there is a great deal of catarrh or mucus. Part of the old folk wisdom assured people that:

*Elecampane, Vervain, Dill  
Hinder Witches of their will.*



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## Thoughts on Food

June Huber

Bear with me if I get slightly off the track for awhile ... not too far though as our memory of food always evokes our past and shapes our concept of the future. I subscribe to a very small publication called "The Tightwad Gazette" printed in Leeds, Maine by Ms. Amy Dacyczyn (I can't pronounce it either). She calls herself "The Frugal Zealot". This pamphlet has information on how to deal with hard times, getting along with less on purpose etc. etc. In the last issue she asks for letters from people who lived through the 1930's depression and to quote her, "Money became almost non-existent, people lived by barter, their wits, co-operation and sheer determination." She plans a column based on information from these survivors that would be useful now and in the future hard times everyone seems to be saying are coming.

I was a child in the 30's and I have a lot of memories of the difficulties and of the good times too. No doubt men have different versions ... trying to find non-existent jobs, the idleness and boredom of hanging around, the hopeless look of the future etc. but underneath all the dreariness and despair there thrived the thrifty, independent, ingenious minds of both men and women to live as well as possible on as little as possible. It was the counter culture of the 30's and 40's.



### Birds

Like a prism in the sunlight,  
hanging in my window  
spreading clear colors  
a flickering illusion,  
appearing and disappearing in my mind  
above shimmering water.

Telling a simple story,  
yet some how complex, and hard to understand  
the image is unclear  
and you wonder,  
what are you really seeing?

weaving back and forth  
caught between the sun's rays  
and the waves  
dancing shadows flicker....  
and then they disappear

I saw a line of white birds  
near the horizon,  
close to the water  
and that is how they looked.

by Chelsea Keays

17

Women, mostly, bore the responsibility of getting the most for their shopping dollar or if no dollars, how to scrounge wild food and grow the rest. What money was available was only used to purchase what were seen as necessities such as coffee, tea, flour and sugar. At least my parents looked upon coffee, in particular, as being a necessity. Raised in this environment colors forever one's view of shopping and food preparation.

Some of these ideas and feelings are no longer applicable such as "Tide's out, dinner is in" or step out into the orchard and pot off a deer when you run out of meat. My mother was a crack shot with a .22 so we often had grouse and pigeon as our protein source. It seems such a short time ago when game and fish were abundant and the people were few. Now that situation has reversed itself.

While we may no longer depend on free, wild food, we are not quite so alone in our efforts to put food on the table. More and better gardens, fruit trees etc. make for good barter, i.e. you grow squash and trade for the potatoes I grow. Nutritional information is widely available so one has little excuse for preparing unhealthy meals even on limited budgets.



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*Clinging to the south shore of Lund Harbour  
at the end of the boardwalk*

When my children were young, I still had the "waste not, want not" habits learned from my mother and especially my grandmother. So ... my poor kids suffered with home-made whole-wheat bread, oatmeal mush, lots of fish, fresh garden veggies and orchard fruit, mostly apples and plums. In other words what grows in your own back yard. They complained mightily, we want bologna, we want Miracle Whip, we want potato chips, we want pop, they would cry. Any money they managed to scrounge they fed their faces with junk food. I remember garlic rings being particularly popular at one time. Lo and behold, now they have children of their own there's home baked bread, fresh fruit, salads and other basic good food on their tables. So perhaps you who are now starting to feel the financial pinch of the 1990s should take a closer look at exactly where your food dollar goes.

Here's a recipe I made quite often, and still do, long before squid became trendy calamari. This is so good it's a great meal to serve guests along with hot garlic bread and a huge green salad.

### Portugese Squid Stew

3# squid  
1 large can tomatoes  
dash Tabasco  
1 Tblsp salt  
3 large onions, chopped  
2 Tblsp olive oil  
5# cubed potatoes  
1 Tblsp vinegar

Clean squid and cut into 2" slices. Fry onions in olive oil until limp in large casserole. Add tomatoes and Tabasco and squid. Stew two hours on low heat. Add potatoes and salt. When potatoes are done, stir in the vinegar. Serve in wide soup plates.







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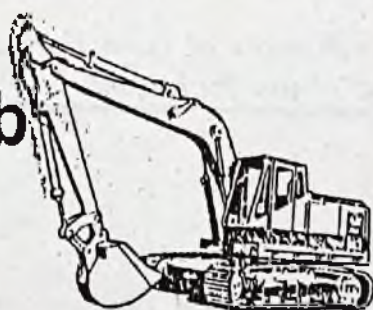
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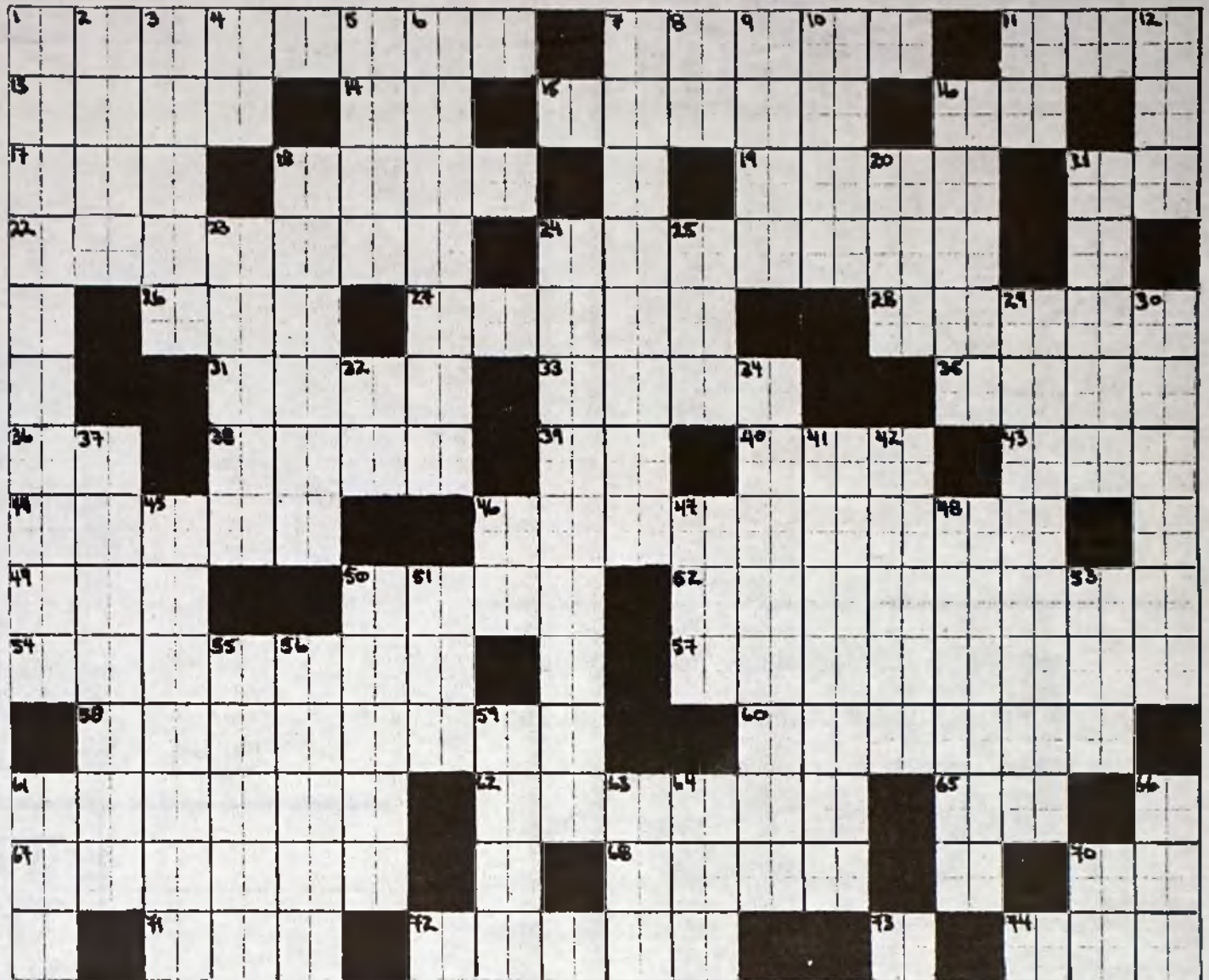
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- 1 elephant ancestor  
 7 reception announcer  
 11 energy unit  
 13 Sally's ....  
 14 armorial colour  
 15 fossil resin  
 16 blood factor  
 17 constitutional player, Bob  
 18 to be wept into?  
 19 Venetian resort  
 21 molybdenum symbol  
 22 affliction  
 24 Prideaux Haven visitors  
 26 children's game  
 27 proposal from 7 Across  
 28 give way  
 31 make eyes  
 33 "Will you attend?" abbrev.  
 35 Hamburg's river  
 36 ... Alamein  
 38 Serpico author, Peter  
 39 Guido's second  
 40 deer family member  
 43 ill-bred male  
 46 Hesse hero  
 49 tau, mu, and omega  
 50 condition of sale  
 52 of early chemistry  
 54 serial story part  
 57 believer in Nothing?  
 58 of close acquaintance  
 60 ..... Creed  
 61 Lhasa edifice  
 62 curved  
 65 this news is good news  
 67 irregular  
 68 metal stud  
 70 political colouring  
 71 thick-headed  
 73 kind of turn  
 74 full of, suffix



## DOWN

## SOLUTIONS IN NEXT ISSUE

- 1 moveable toy  
 2 Asian sea  
 3 extract ore  
 4 baseball's Cobb  
 5 acts  
 6 matricidal Greek  
 7 richly decorated  
 8 local employer, abbrev.  
 9 old European  
 10 Great Lakes canal  
 11 Canadian interjection  
 12 Earth prefix  
 16 Bates' novel, "Cider with ..."  
 18 make bankrupt  
 20 "O" wine  
 21 Nellie or toast  
 23 biblical woman  
 24 Supreme Court advocate  
 25 X-country transport, abbrev.  
 29 Quixote's road  
 30 take away  
 32 angelic city? abbrev.  
 34 sweetmeats  
 37 oil and wick light  
 41 tropical epiphytes  
 42 moral  
 45 indicator  
 46 if, in Tadoussac  
 47 Chinese dynasty  
 48 Napoleon's St.....  
 50 Madison Ave. exec.  
 51 ... cucumber  
 53 to make like  
 55 stanza  
 56 lubricated  
 59 carpenter's tool  
 61 double meaning leg pull  
 63 broadcast network, abbrev.  
 64 weeding tool  
 66 colour  
 70 neurological disease, abbrev.

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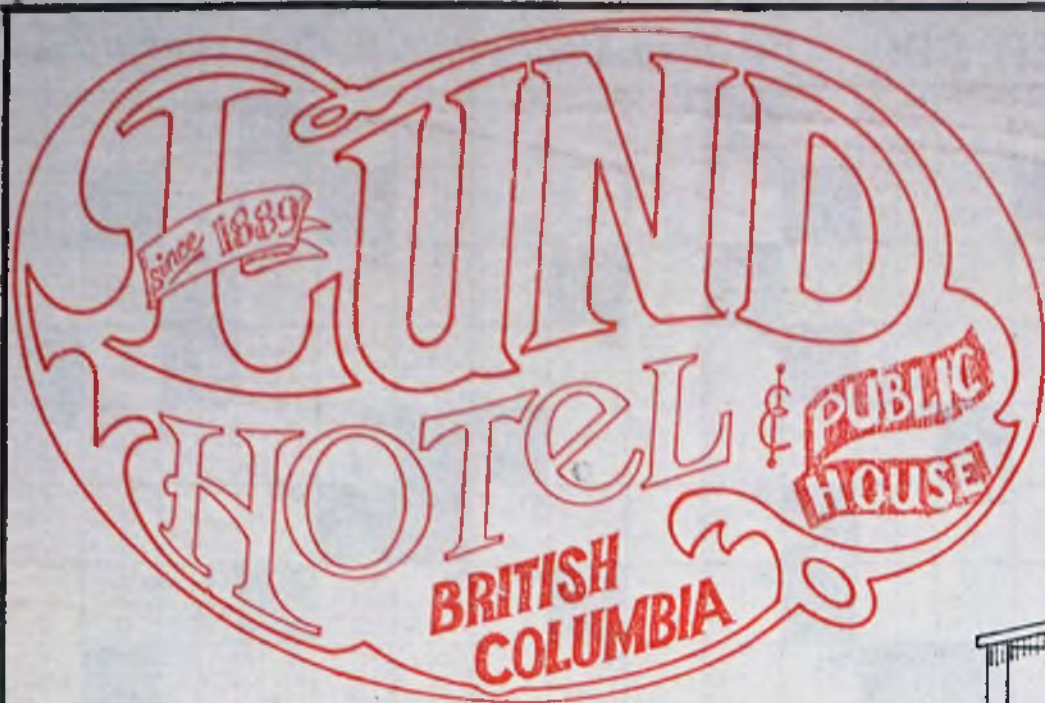
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Across from Ferry Terminal



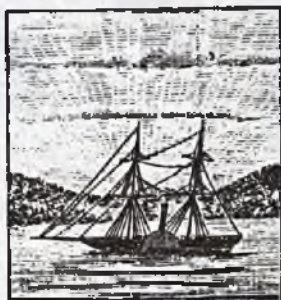


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## WHAT'S NEWS AT THE LUND HOTEL

by Dave Stevens

Another year of changes and surprises are in store for Lund again this year as far as the Hotel is concerned. We would like to welcome all our new shop owners who are working rapidly to allow you to witness more Grand openings in one year than ever before in the history of Lund. Joining the Seafood Shop, Art Gallery and Solar Shop are Dennis Yurklw and Gwyneth Taphouse at Good Diving and Kayak Rentals located on the ground floor on the Lund Marine side. Mike Saunders is opening the Electronics Shop beside the Antique Shop and Bakery. Now, on to the second floor we have Paul Holbrook opening a showroom for his handcrafted furniture and Carol Heffernan opening the Indian Craft Shop and Dierdre Follett offering massage with a branch of Powell River Massage Practitioners. The newest addition to the team is Mike Robinson who will be selling new and used books. We have only three rooms open for additional shops and are constantly looking for new enterprises to fill the needs. If you have any great inspirations now is the time to bring them forth.

The Hotel itself will take on a different image with added gardens and landscaping along with a new layout in the store. Watch for changes in the Laundromat as it seeks a facelift in 93. We can expect major changes in the restaurant and pub this year as they take on a new format aiming at a faster, fun menu with an assortment of local foods. Again we would like to thank all of you for your support and look forward to having The Lund Hotel be the place to be on the Sunshine Coast.

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