Fall 2025 \$2.00

Random Voices of Area A, gathet

**Proceeds to the Lund Community Society** 

# Vital Kelp Restoration Project in toχnəč

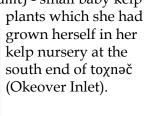
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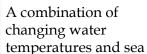


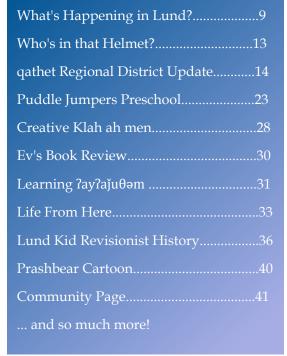
was a warm day last June when I met Lee-Ann Ennis. I paddled my little kayak around a promontory and into a bay near Grace Harbour, exploring the intertidal zone, and there was a person in a small open motorboat, lowering rocks

into the water on long strings. As I drew nearer, a female voice called out "Do you want to come and see what I'm doing...?"

Drawn in by her friendly enthusiasm, I paddled over and discovered that she was planting kelp (kwumt) - small baby kelp







Inside this issue...

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Kelp tied to rock, photo courtesy Lee-Ann Ennis

star wasting disease has resulted in the devastation of the kelp population in the Pacific Northwest, and elsewhere in the world. The big multi-legged sea stars, or sun stars, are prolific eaters of sea urchins. The decline in their population has resulted in an explosion in sea urchin numbers, and sea urchins love to eat kelp. Thus, our kelp forests are disappearing.

Lee-Ann is a marine biologist who has spent years researching methods of cultivating kelp. She has partnered with the Tla'amin Nation and, with grants from Fisheries and Oceans Canada and the Aquatic Ecosystem Restoration Fund, as well as administrative assistance from the BC Conservation Foundation, is building capacity for kelp stewardship and restoration in Tla'amin territory. She and her small team have established a modern nursery for kelp

Continued on page 3...

#### **Publisher:**

The Lund Community Society

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#### **Publication Schedule and Distribution**

The *Barnacle* is published quarterly in winter (January), spring (April), summer (July), and fall (October), and is available for sale at the following locations: **Stockpile Market/Lund Store, Nancy's Bakery, Pat's Farmers Gate, and Ecossentials.** It also can be read at the **Powell River Public Library** and is available online at the Community Society website:

https://www.lundcommunity.com/barnacle

#### **Editorial Policy**

Our policy is to print what people submit in their own words as much as possible, reflecting the paper's purpose to provide a forum for expression of ideas on topics of interest to our community members. We reserve the right to edit for clarity, length, and sensitivity. Articles submitted will be included based on available space and compatibility. Opinions expressed or implied in articles and stories are those of the authors and not the editors of the *Barnacle* or board members of the Community Society.

Signed submissions are welcome in the form of articles, stories, news items, letters to the editor, graphics, and photographs. Send to: <a href="mailto:barnacle.articles@gmail.com">barnacle.articles@gmail.com</a>

All proceeds from sales and advertising go to the Lund Community Society, a non-profit organization providing community services and programs to Lund and the region. The editorial staff of the *Barnacle* are volunteers, as are the board of the Community Society. No editor, contributor, or member of the board receives a salary or wages.

#### **Editorial**

Hello again and welcome to the fall Barnacle!

It's a beautiful autumn day and, as I write this, crystalcreated rainbows are decorating my kitchen. Some hippies never grow out of delight at such things!

This issue has a lot of articles, photos, and artwork about kelp and its intertidal cousins, like bladderwrack (aka rockweed). Who knew this algae family was so crazy popular? It started with our cover article but, once I asked other writers, the articles and images just flowed in. I heard "I love kelp" from one writer. There is obvious delight here too, with stories of childhood fun. I once used kelp as an anchor when arriving in my kayak at the wrong time at Little Dent Rapids. Kelp and its family are simply amazing! Their importance to healthy oceans is immense.

We have so many interesting articles in our fall issue, from the local filming of *The Eden Express* to interviews with four of our locals, to a look at *Our Beautiful Backyard*. And then there are our usual features. It's a good one!

I hope you enjoy this issue.

Sandy

In respect and gratitude, we recognize that this publication was created on the land of the Tla'amin Nation and Coast Salish People - We are \$\pi a a min.

We sincerely appreciate the support of our advertisers and encourage readers to support our local businesses.

\*\*We invoice annually for advertising, unless alternate arrangements are made. Invoices will be sent out after the fall issue 2025.\*\*

## **Advertising Rates**

Business Card Size: \$10.00

Double Business Card & 1/6 Page Size: \$20.00

Quarter Page: \$30.00

Send to: barnacle.ads@gmail.com

Next edition is October 2025

Deadline for submissions is October 10, 2025;
but reservations for article space are needed in advance and ads need to be submitted by the fifth of the month.



Printer of the Barnacle

Continued from page 1...

seeding in a shared facility at Cannery Bay near the south end of toxnəč (Okeover). Recently they have installed a seaweed bioreactor, an innovative machine manufactured right here in BC. This exciting new technology has extended the season for kelp seed supply and taken the pressure off Lee-Ann and her team who previously had a narrow window for collecting kelp seeds.

If you have ever paddled through a kelp forest, you may have noticed that at certain times of year the big blades of the bull kelp develop dark patches. These are sorus patches containing millions of spores, which mature and then fall to the seabed and attach to rocks or gravel. Then they become male or female gametophytes, which are extremely resilient and can survive in this alternate adult state for decades.

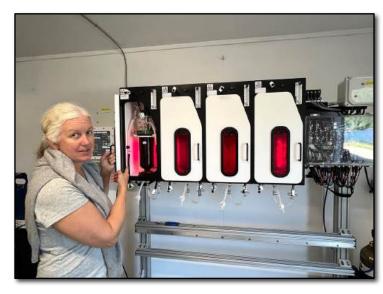
The bioreactor leverages this stage of the kelp life cycle and allows Lee-Ann to tweak their growing conditions in a completely bio-secure way, eliminating the risk of contamination and providing a continuous supply of kelp seed.

This seed is inoculated onto spools of twine and then the twine is suspended in water, and the baby kelp

plants grow until they are big enough to be planted out.

With local historical knowledge gathered from the Tla'amin, the baby kelp plants are introduced into locations where kelp forests once existed but have disappeared, having either been eaten by urchins, or stressed by temperature changes or environmental contaminants.

Healthy kelp forests provide essential habitat for many species, including salmon and rock fish. I was astonished to learn that some rock fish species stay in the same small kelp forest, perhaps only a few square meters in size, for their entire lives, and they can live for up to 80 years.



Seaweed bioreactor, photo courtesy Lee-Ann Ennis

Although there are 22 different species of kelp

in the Pacific Northwest, only two of them are canopy forming kelp, and it is these species that are the current focus of Lee-Ann's efforts. The vertical structure of these large kelp plants is what creates the protective habitat that is so vital for the health of the ocean, and the myriads of creatures living in it.



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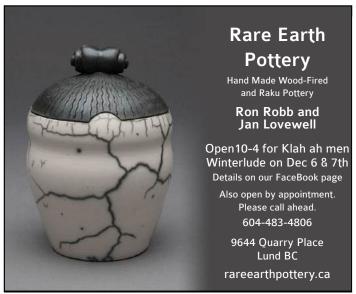
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One Heart, One Mind, One Nation.

## Community Society Update

Kristi McCrae

The days are getting darker, the school year is underway, and harvests have made it into jars and freezers. It's a good time for getting back to routines and gathering with friends. The LCS resumed our regular meetings in September, gathering the third Tuesday of the month at 7:00 pm at the Northside Community Recreation Centre (NCRC). October 21 is our next general meeting but one which this issue of the *Barnacle* will miss. Catch us on November 18 before we break for December and come back to meet on January 20.

We will be hosting an Open Visioning Session on November 4 at 7:00 pm at the NCRC as a starting point of a strategic planning process for the LCS as we approach our 100<sup>th</sup> year as a community service organisation! Come join in if you have positive energy for future programming or operations of the new facility, have experience in strategic planning, or input to add to our visioning process as we enter a new century of community work.

The Community Centre Expansion project is well underway. Dawn Construction held a community BBQ and site tour on September 11. It was well attended, and community members were able to get a sense of how incredible this new facility will be. The completion date for the build is March 31, 2026, and everything is on schedule and budget so far!!

Programming has resumed for the fall. Puddle Jumpers and Daycare are back in action, as is Playgroup, Tai Chi, maybe a new yoga class, and possibly fitness sessions for health and recovery. Check our website for programming updates at www.lundcommunity.com.



NCRC renos, photo courtesy Brian Voth

We had the first Community Potluck and Games Night of the year. This delicious and fun event will happen again. Look for posters, Facebook posts, and website updates.

Continued on page 6...



Love this community? So do we!

The Lund Community Society welcomes your donations of any size.

Choose to support Barnacle, Bike Lund, Building Fund, or general expenses and receive a Charitable Tax Receipt.

canadahelps.org/dn/43305

Continued from page 5...

Check out the poster on this page for the 'Building with Stone' workshop where we'll create a feature wall at the entrance of the new Centre. This is an opportunity to add your handiwork or special stones to the new building. For more info email <a href="mailto:kristimccrae@xplornet.ca">kristimccrae@xplornet.ca</a>

Northside Community-Centred Care is a group of residents supporting residents in the work of aging and dying. This project has four working groups or circles which gather to address the challenges and changing needs of ourselves, friends, and neighbours in the different stages of aging in our rural community. Each circle is working to develop community-based solutions to the service gaps and unique needs of Northside residents. We are hoping to collect more information about what the community would like or need from this project. Please take the time to complete a short survey so that we can assess what our Northside community needs are. Here is the survey link, which you can also find on the LCS website: <a href="https://s.surveyplanet.com/b318h5gc">https://s.surveyplanet.com/b318h5gc</a>!





## SPCA Fundraiser



## for pets in low-income nouseholds

Donations of clean refundable bottles & cans can be left at Audrey's (2309 Hwy 101) driveway off Krompocker in support of the SPCA spay/neuter program.

Call or e-mail Audrey:

604-483-3506 or spaytoday@xplornet.ca

## **Lund Harbour Authority**



PO BOX 78 Lund BC V0N 2G0

VHF Radio Channel 73 Tel 604 483-4711 lundharbour@lundbc.com





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## MR Massage Therapy

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## **Northside Community Centred Care**

## **Down to Earth-Green Burial Cemetery**

looking for support and land donation contact Gillian gillianturner11@gmail.com

## Aging-In-Place

volunteer or explore options for support contact Chelsea aginginplacenorthside@gmail.com

## Home Sweet Home - Housing initiative

exploring ho<mark>using solutions</mark> contac<mark>t Paul</mark> pshuley@icloud.com

## Remystifying Death

community bas<mark>ed death</mark> care contact Kristi kristimccrae@xplornet.ca



Community input needed: https://s.surveyplanet.com/b318h5gc

General project contact kristimccrae@xplornet.ca

Ecossentials is Powell River's only sales outlet for the *Barnacle* and it's your one stop shop for local and organic foods

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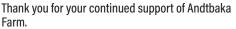
Meals of turkeys done and gone. Now the harvest carries on. Squashes plenty lay in wait To fill the soup pots and the plate.

Seeds are gathered, dried and stored For next spring's planting, next fall's horde. First frost has come to speed the reaping. Shorter days don't find us sleeping!

From fruits to veggies and baking treats, From pickles, eggs and many meats, Come enjoy the Fall farm foods. At Farmer's Gate, you'll find the goods!

Come and enjoy the fruits of our labour!

See you soon at the Farmer's Gate or Sundays at the Paradise Valley Farmer's Market 12:30-2:30.



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## What's Happening in Lund?

#### Downtown Eateries and the Hotel

Sandy Dunlop

**The 101 Bar & Grill** (aka **the Pub**) at the **Lund Resort Hotel** is open from 4:00 pm to 8:00 pm Monday to Thursday, and noon to 8:00 pm Friday to Sunday. Full menu; full bar. (604) 414-0478.

Rooms at the **Lund Resort Hotel** are open. Check Facebook for updates. It's not an eatery, unless you eat in your room, but food is close by.

The **Stockpile Market** is open daily from 7:30 pm. As well as their grab and go take-out, open whenever the store is open, there is the **101 Café**, where you can get coffee, tea, and eggers. That is also open daily; same hours as the Market, but the eggers go quickly!

Nancy's Bakery is open daily from 7:00 am to 3:00 pm. Seriously good scones.

Check the websites of all our businesses for up-to-date info. For those of you reading the *Barnacle* online, check our ads for these businesses as many have hyperlink connections to their websites to make your browsing easier.

## At Northside Community Recreation Centre (NCRC)

Playgroup with Ria - Mondays from 10:00 am - 12:00 pm except when Strong Start is running.

**SD47 Strong Start GO** - November 3 and 17, and December 1 and 15, from 10:00 am – 11:30 am. A free, drop-in, outdoor, play-based, early learning program for children 0 – 5 years old, accompanied by their parents/caregivers.

ORCA Bus - November 18 from 10:00 am - 11:30 am. The ORCA Bus is a mobile playspace offering free activities and resources for families with children up to age 8. Part of the visit is a music class and singing circle with singer, composer, conductor, Lesley Sutherland. Check out their monthly calendar at: <a href="https://youthandfamily.ca/monthly-calendar/">https://youthandfamily.ca/monthly-calendar/</a>

**Les Petits Phoques** – a French playgroup for Lund littles. Back in January.

**Puddle Jumpers Preschool / Lund Community Daycare** – Tuesdays, Wednesdays, and Thursdays, 9:00 am – 4:00 pm. See page 23 for more information.

Search Centre Tai Chi - Saturdays 9:30 am - 11:00 am. Call (604) 414-5003 for more information.

Tai Chi with Ria - Start date TBA. Call Ria at (604) 414-0383 if you're interested. See page 3.

Health and Recovery Fitness with Ria – Start date TBA. Call Ria at (604) 414-0383 if you're interested. See page 3.

Community Society Meetings –We always meet on the third Tuesday of the month, except July, August, and December. Our next meetings are November 18 and January 20 at 7:00 pm. All are welcome. Come check us out!

<u>Lund Christmas Craft Fair at the Italian Hall</u> – November 15, 10:00 am – 4:00 pm. Local vendors with great crafts and Christmas present options, fabulous food from the kitchen, awesome raffle prizes, kids' fun craft area, and lots of community schmoozing - simply the best! See poster on page 6.

<u>Klah ah men Winterlude</u> - All around the village on December 6th and 7th. See poster on page 16 and check Facebook for details. https://www.facebook.com/share/14Mabqxdzf4/

<u>At Tidal Art Centre</u> - Lots of great stuff going on. Check out their ad on page 25 and their website at tidalartcentre.com.

## At Craig Road Regional Park

Northside Volunteer Fire Dept Hallowe'en Party – October 31, 6:30 pm – 8:00 pm. See poster on page 13.

If you have an event that you would like to announce, please contact the Barnacle at <u>barnacle.articles@gmail.com</u>.



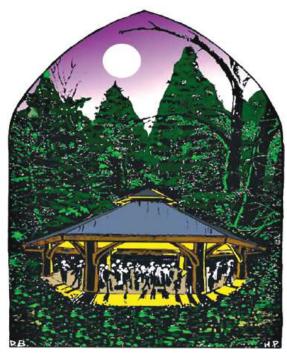




Photo courtesy Cinci Csere







To book events at the **Northside Community Recreation Centre**, contact Ria at (604) 414-0383.

For events at the Klah Ah Men Lund Gazebo Regional Park, call qRD Operational Services Clerk Caroline Visser at (604) 485-2260 (local 406).

## **Lund Recycling Depot**

9642 Larson Road

(Next to Northside Community Recreational Centre)

Regular hours (September - June)

Wednesday - Saturday

10:00 am - 4:30 pm

**Closed Statutory Holidays** 

Summer hours (Canada Day - Labour Day)

Thursday - Monday 9:00 am - 5:00 pm

Thank you for recycling!







Post Office Hours:

Monday - Friday 9 am - 4:30 pm (*Closed 12:30 - 1:30 for lunch*)

Outgoing mail cutoff 11:00 am Monday - Friday

5-1436 Highway 101, Lund BC V0N 2G0

## Current Lund Bus Schedule (Route 14) – Fare: \$2.25†

Monday, Tuesday, and Friday

Leave Lund: (Mile 0 Marker) 9:41 am 4:10 pm Leave Town Centre Mall 8:50 am 3:25 pm

† Children 12 and under ride free on BC Transit, however children five and under must travel with an attendant over 12 years old.



## Check BC Transit website for updates.

Download current Rider's Guide for details: https://bctransit.com/powell-river/schedules-and-maps/riders-guide+ † Some conditions apply

## Northside Fire Department Association Update

Simone Monckton



Photo courtesy Simone Monckton

You've got to have a lot of respect for our Northside firefighters. Not only do they put out fires, but they also come to the rescue for everything from accidents to medical emergencies. It takes both courage and dedication to build the skills needed to become a first responder.

Northside Fire Department chief, Jim Brown, is retiring on December 1. I interviewed him to learn about his accomplishments.

**How long have you been working with the Northside Fire Department?** *It has been almost 28 years. I grew up here (in the qathet region). After I moved to Lund, I joined the fire department.* 

When did you become its Fire Chief? *At about 2006.* 

The Fire Department has changed a lot since then. It now has full-service certification with Superior Tanker Shuttle Accreditation, two new fire halls, a live-fire training center, and a new fire truck on the way. Am I missing anything? Most Northside vehicles were bought used. Only the engines were bought new. We bought used trucks and drove them back from Phoenix, Arizona.

## What do you feel is your greatest accomplishment?

The fire department has come a long way due to training. It was initially hard to figure out how to do the training. We started by using JIBC (Justice Institute of British Columbia) curriculum and then switched to VIERA courses from the Nanaimo fire department.

The guys really took well to the training, and it has come a long way. It's pretty impressive. We get together with other local fire departments too, for example Malaspina, to fill training classes.

What will you miss most about being Fire Chief when you retire on December 1? *The People.* 

#### What were the biggest challenges you faced?

The first challenge was figuring out how to do the firefighting training. The next challenge was recruitment.

The junior firefighters are good to see. It's amazing to see how involved they are. I hope that many junior firefighters will continue as firefighters.

#### What are you most looking forward to in your retirement?

Ah, not getting up in the wee hours of the morning and running out the door.



A squabble of seagulls, photo courtesy Brian Voth

## Who's in that Helmet?

Carsten Huber, NVFD volunteer Ann Snow, interviewer



Fifteenth in a series: an interview with each of the Northside Volunteer Fire Department (NVFD) volunteers as a way of introducing them to our community.

## **Who am I?** *My name is Carsten Huber.*

How long have you lived in qathet's Northside Fire Protection Area? I moved to Craig Road with my partner, Alisha, in the spring of 2007.

## Why did you join the Northside Fire Department?

It was an accident. I never wanted to become a fire fighter and thought I am too busy for this anyways. But then there was the forest fire on Sarah Point Road in October of 2023. That was when the thought of the necessity for a functioning and well-staffed fire department crossed my mind for the first time. A week later was the Halloween event at Craig Park to which I went with my granddaughter, Ruby. There I ran into Mark Johnston in full turn-out gear; we started chatting, and the Wednesday after, I went to my first practice.

## What surprised you most about joining?

I guess I was most surprised about myself. As well, the friendly and welcoming atmosphere of all the members of the department.

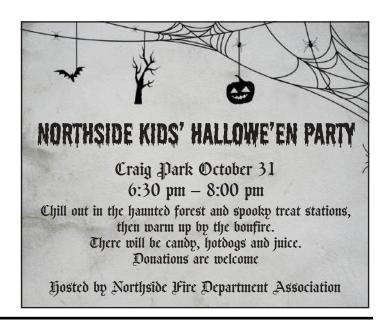
## What one thing have you learned that stands out in your mind?

That it is common goals, like responding to or practising for an emergency in our fire department, that bring people of different walks of life and beliefs to come together and appreciate each other for their effort.

## What benefits you personally by being a member of the fire department?

Being able to contribute and serve my community feels good.





## qathet Regional District Update

Jason Lennox, Director, Area A qathet Regional District (qRD)



Tel: 604.485.2260 Fax: 604.485.2216 E: administration@qathet.ca • qathet.ca

I am writing this after just returning from work travel and Union of BC Municipalities (UBCM). Once again, I am reminded what a special place we live in. I love coming home.

 Just before my last plane ride today, I was able to have a productive virtual call with Minister Neill regarding the current status of the Lund Water Improvement District. Randene has been listening to us and others sounding the alarm about water provision in our communities and

recently met with the Premier making it clear that this needs to be a top priority for the BC Government. She also agreed to support current and future important grant applications, community water studies, and our engagement with Tla'amin Nation. This work continues.

- Construction continues on the NCRC upgrade in Lund. Community members were treated to a tour
  and review of the current substantial progress and features of the project. It's going to be a great
  facility for the future. I'm looking forward to shooting some hoops. Hoping to see completion this
  spring! We appreciate the neighbours' patience.
- The Savary community, through ASIC, has once again come together quickly and fundraised to take action on the crucial topic of fire detection using the latest technology for the Island. Things are underway with installation of a system called SenseNet that is starting to be used in other areas of the province. The qRD is assessing how our emergency services will be provided with the information they obtain. Amazing work by citizens to get it done!
- Issues that affect us all in Area A and our Regional District are discussed at committee and board
  meetings that are available on the qRD website. I encourage people to watch and be involved.
  There are many topics to stay informed about. Too many to list here, but I am available to discuss.
- The Savary Official Community Plan (OCP) Advisory Committee met this week and reviewed the
  Phase 3 What We Heard report. Feedback is ongoing. 496 survey respondents! 110 people at open
  houses. I appreciate how involved Islanders are and their considered communications. Webinar
  scheduled October 28 on the Groundwater assessment and October 30 on the Slope Hazard studies.
  We are all looking forward to receiving a draft OCP to give us more specifics to work together on
  and present to Islanders for their review and input. More work to come.
- On October 2, I participated in a Sunshine Coast Tourism workshop, gathering input from local
  interested parties on their new "Infinite Coast" strategy. It is being created to market and target
  Vancouver Island and the Coast as one of five BC regions, with a focus on the shoulder seasons. I
  was able to provide context around the potential benefits and impacts of tourism in our areas.
- UBCM theme this year was "Charting the Course". This was very appropriate as we heard from several BC ministries that indicated the need for sound and efficient government.
- BC's financial report was alarming. Unsustainable spending and increasing debt levels, credit score reductions with corresponding increasing debt servicing levels. The chart was ugly...
- Almost all communities are experiencing corresponding housing needs and disorderly town centers with heavy negative impacts to businesses and citizens.

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• Housing solutions, such as Tiny Homes, was a topic for many communities, including many RDs.

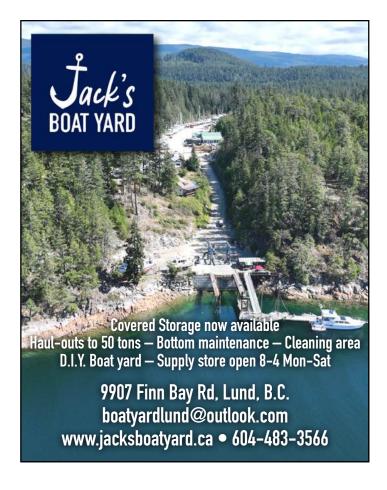
- Directors considered and voted on many resolutions. Notably to support Tla'amin and their resolution on the creation of a distinctions-based tool kit for UNDRIP implementation and funding. I also rose to speak against a motion that would have required the licensing and registration of all waste haulers in BC. There must be a good reason for more and more regulations which hurt the small guy, especially. The motion was defeated.
- Much interest in the effects of the Heritage and Conservation Act and the recent Cowichan Tribes Aboriginal Title court decision and its implications for local governments. This will continue to unfold in the courts in the years to come.
- Lots of focus from the coast on BC Ferries and their need to invest properly in the future.
- qRD Directors met with staff from Ministry of Health on the effects of downloading ambulance services
  and costs to RDs and advocated for a better process to select and build air ambulance sites on our
  islands.
- qRD Directors met with Minister Hebert (MIRR) to advocate to be included in treaty settlement-related discussions with First Nations. This will help to inform and educate everyone about the process, DRIPA, and further reconciliation. Specifically, the recent Tla'amin application to remove their acquired private lands around the watershed from the qRD jurisdiction and make it treaty settlement land.
- qRD Directors met with Minister Parmar (Forests) to advocate that BC support the former Tisk' wat millsite future project applications and required assessments to encourage industrial investment.
- Big thanks to the NVFD Firefighters who take the extra time to support the Junior Firefighters training academy, important for their future and ours!













✓ Aquaculture

✓ Marine Project Planning

778.678.0929

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## Tom Holliston: Riffs, Books, and Wry Performances

Gregory J. Cran

It was over dinner that Tom handed me a book - *The Search for Roots: A Personal Anthology* by Primo Levi. In it, Levi curates passages of poetry and prose, from ancient epics to modern science, that profoundly shaped his life.

The gesture lingered with me. I wondered whether Tom intended for me to read it before sitting down to interview him. With Tom, enigmatic as ever, one can never be certain whether a gesture is simply casual or carries a deeper message, meant for his story or perhaps for mine.

When I finally did sit down with him, fragments of his life began to take shape. Tom was born in Victoria, BC in 1960 and raised in a household steeped in music and books. His father, gifted in physics and mathematics, and his mother, socially conscious and politically aware, created an environment that nurtured curiosity and critical awareness. In high school, Tom's restless questioning spirit often made him a challenging student. His disruptiveness, however, found an outlet not in detention but in retreat - he spent his hours in the library, turning what might have been punishment into an unexpected apprenticeship with books, ideas, and the worlds they opened.

Music was ever present in his upbringing. His older brother emerged as a prodigy in classical music, while Tom was drawn along a different route. Rather than shaped by the rigor of the conservatory like his brother, Tom followed the eclectic pull of jazz, folk, and popular music that spoke of improvisation, humor, and feeling. Just as Primo Levi, Tom's own "anthology" of influences was being compiled in sound: the rich tones of Duke Ellington, the soulful cello of Pablo Casals, and the playful wit of Frank Crummit. Together, these became part of the roots from which his later creativity and outlook would grow.

Although Tom never completed high school, his creative instincts quickly found outlets elsewhere. He began by editing tapes at the University of Victoria radio station, an entry point that led him into work

with Vicki Gabereau and Susan Engelberg at the CBC. Yet, as Tom came to understand, plans and promises could change overnight. When an opportunity to advance at CBC faded, he drifted to the Esquimalt dockyards, where someone had dropped off a thousand books and needed a hand organizing them. Once again, plans changed when a new base commander emerged.

It was during this unsettled period that Tom gravitated toward the emerging punk scene. Drawn to its raw energy and subversive edge, he co-founded a satirical punk band in Edmonton called *The Show Business Giants*. The project fused punk's urgency with absurdist humor. As Tom later explained, even the band's name carried a wink of irony, chosen to puncture the self-importance of the entertainment world while reveling in its theatricality.

Next group formed was *The Hanson Bros*, a tongue-incheek punk band that pushed absurdist humor even further. Tom described the Hansons as characters lifted straight from *Slapshot*, the 1977 raunchy, satirical sports comedy about hockey in a declining industrial town. Their performances mirrored the film – profane and irreverent – telling what Tom called "stupid everyday stories" about mundane popular culture.

In 1993, Tom joined *NoMeansNo*, alongside Rob and John Wright, and toured extensively through Australia, New Zealand, North America, and Europe until the band's retirement in 2016. That was when Tom eventually found his way to Lund.



Continued on page 18...

Continued from page 17...

Over the past decade, he has focused on solo performances, primarily in Europe. His shows are oriented more to folk and acoustic, with storytelling lyrics that retain a punk edge. Engaging and performative, Tom delights in blurring the line between stage and audience. He recalled one recent performance - likely in Berlin - where he warned the crowd that he suspected gamma rays might arrive later in the evening. He promptly handed out aluminum foil, and soon the entire audience was wearing makeshift protective hats.

In short, Tom is known for his wry humor, satirical songwriting, and a guitar style that bridges punk rawness with theatrical twists. At present, he is taking a year off from performing and instead helping other musicians book shows in Europe and elsewhere. As he put it, "good songwriters are horrible at booking shows for themselves."

Tom has always been, in his own words, "a cleanup guy." He worked as a janitor at times, but also

managed the logistics of his own travels, and now those of others, with intricate precision. Though Tom may not be widely recognized in mainstream circles, he is regarded as a vital figure in Canadian punk and alternative music.

At the end of our interview, Tom mentioned, almost in passing, that all the possessions he owns fit into one room. He has no will, he said, but he is writing a codicil - because, as he noted with a dry smile, "it's shorter."

Like Levi's anthology, Tom's life seems an ongoing search for roots – only his are stitched together in riffs, lyrics, books, and wry performances. Each story and each influence form part of a personal collection that explains not only who he is, but also how he continues to move, quietly and playfully, between the margins and the spotlight.

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## A Day in the Life of a Kelp Lab Technician

Alexandra Clermont

The kelp restoration project/R&D laboratory in toxnač (Okeover inlet), co-led by Tla'amin Nation and marine biologist Lee-Ann Ennis, is now entering its third year of operation. I joined the team last fall to assist in the lab and train as a kelp cultivation specialist. Read on for a snippet of my experience...

"Kelp is casual", Lee-Ann tells me, so I wake up unhurried and mosey over to the lab sometime late morning. I sing hello to the nursery as I open the heavy doors and take stock of the many tanks lining the industrial shelves—nothing is out of place at first glance, but I'm just getting started. My daily ritual includes visual inspection of each tank and bucket, making sure aeration is running smoothly, looking for signs of contamination, and taking manual readings of temperature, pH, and salinity. All documentation gets logged in the tablet that stores my notes, as I keep track of everything we do—did we increase the amount of light? Add nutrients? Adjust salt levels? All important data that will be interpreted and incorporated into the final report at the end of the project.

Running through my checklist gives me the basic framework for my day, but it also lets me check in with each individual tank of what I affectionately call 'the kelp babies'. I imagine they have different personalities: the plastic buckets on the floor hold tight-knit clusters of nylon-wound spools, jostling each other like passengers in a crowded subway car; the large aquariums house ordered rows of spools that preside over the nursery from their high perch on the top shelf, the regal elders of the group; the scrappy experimental tanks have kelp seeded directly on gravel or oyster shells, competing with other intrusive organisms in a slightly more complex environment. I keep tabs on everyone here, making sure they are getting what they need, hoping they are happy under my care.

Since a water changeover isn't on my schedule today—a weekly task that involves pumping in raw sea water, 'polishing' it through a series of filters, and emptying/cleaning/refilling the tanks—instead I'll pull a few samples to examine under the microscope. The first

time I peered into this magnified world, it completely blew my mind, and my awe hasn't abated since. I am pleased to record healthy-looking gametophytes, a few burgeoning blades from the most mature spools, and only a smattering of diatoms (considered an organic contaminant, and pretty much inevitable in a nonsterile laboratory such as this).

It's exhilarating to witness each stage of the kelp's life cycle. From the little 'swimmers' (spores) released from the mature tissue (sorus) harvested from kelp in the wild, to the male and female gametophytes that stretch and swell as they slowly reach sexual maturity, to the thrill of seeing the first fertilized blade (sporophyte) and observing as its cells multiply and grow into its adult kelp body... understanding the science of it only amplifies the beauty of the magic inherent in life. I feel honoured to tend to the kelp (kwumt in ʔayʔajuθəm); to cultivate and encourage it, to celebrate and wish it well as we eventually usher it back out into the ocean, hoping our efforts are enough to help it take root and reclaim its essential place in an increasingly precarious marine ecosystem.



Artwork by Monique Labusch





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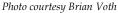


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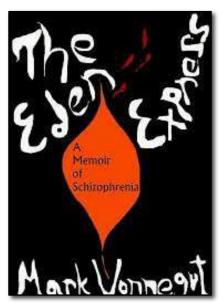






## The Eden Express Pulls Into qathet

Margaret Leitner



Hollywood North was alive and well in the Lund/Okeover neighbourhoods for six weeks this past spring. *The Eden Express*, a film interpretation of Mark Vonnegut Jr.'s book of the same name, was shot mainly on Malaspina Road as well as various locations around town. Trevor and Erica moved out of their home and property during the shooting to allow for the use of them for filming, and I, living "next door", was amazed by the number and sizes of the trucks/trailers/buses/vans/4-wheel-drive vehicles/multi-wheeled trucks that came and went and parked on site for the duration. They brought equipment of all sorts: generators, audio, cameras, props, as well as shovels and other garden equipment including plants to create a garden overnight. The staff and crew also came in quantity: actors, location manager and assistant, director, producer, landscapers, techs, set designers, even a night watchman!

Mark's book is a memoir of his time spent at "The Farm up the Lake" in the early '70s and his mental health breakdown that forced him to leave after a couple of years and seek diagnosis and treatment.

Coincidentally, I arrived at The Farm simultaneously with his departure. I was invited and moved there in the spring of 1972 and stayed for four seasons. The moviemakers were interested whether their set-up fit with my memories, and I told them the set designs both matched and didn't match my memory.

It was kind of a commune but not really. The founders, including Mark, were from middle-class backgrounds with university-level education earned from prestigious American institutions. The group lived on a tight budget, trying to produce as much food as possible and buying bulk items such as oats. The Farm was twelve miles up Powell Lake and we travelled by motorboat. A tractor with trailer was kept at the dock to take purchases the mile up to the Farm; we walked. The owner of the dock, a local millworker, took us under his wing and showed us a thing or two about living remotely. We were befriended by a couple of other millworkers who made sure we kept our heads above water and provided a critical service: courier letters to/from the post office in town — the days before cell phones and emails.

The Farm had been homesteaded by Italian immigrants, and their legacy of hard work was enjoyed by us; e.g., a three-story-tall grapevine that grew up the side of the house that was built with hand-split five-footlong and one-inch-thick cedar shakes, and a wine cellar under the house. The filming was an opportunity for me to remember, reminisce, recollect, recount, and reflect on my experience more than fifty years ago.

Around the time I left, the "commune" began to dissolve, and eventually the property was sold. Everyone except me returned to urban life and pursued careers in medicine, academia, and the environment. Mark became a renown pediatrician in the Boston area and continues to be active advocating for improving children's health care. Tentatively, the film is due to be released at the end of the year and a special showing for the community will be held at The Patricia Theatre (date TBA).

# Puddle Jumpers Preschool and Lund Community Daycare

Alisha Van Belle

September started a little easier than last year, though we had to work out how we could do drop-offs and pick-ups with all the construction going on next door. With a little innovation, we worked it out (thank you Ria and community for the new stairs cut into the bank), although parking is a little tight until the groundwork is done. It is not quite as exciting as last year with

all the diggers, but the crane work caught a lot of attention!

We have a pretty full preschool program as all our little Lund "baby boomers" are turning three (there is one spot open). There are lots of parents to help make field trips, cooking, art, and woods walks possible. We already had a fantastic look at the Craig Road Fire Hall. The kids were very attentive to firefighters Lydia and Lori when they were shown all the compartments in



the truck and how to use the fire hoses. We also took advantage of Craig Park for a picnic!

We have been learning about each other's families with some special photo boards. We are exploring fall, leaves, bears, and squirrels. We also have been harvesting and eating things out of our garden, planting spring bulbs, and harvesting peppermint for our winter tea. These kids are pretty amazing at naming all the vegetables!

We are now getting ready for Halloween, with lots of crafts, songs, and a Halloween dance party. It is also time for us to start getting prizes together for this year's Puddle Jumpers Preschool raffle. Please contact me (Alisha) if you have a prize you want to donate (604-414-0091).

Our Community Daycare program continues to provide care after preschool on Tuesdays and Thursdays and a full day on Wednesdays. We can integrate some of our toddlers into Wednesdays as our "littles" start to turn



three. We still have a pretty young group for both Preschool and Daycare, but we are having fun and learning and growing every day.

Continued on page 24...





Photos courtesy Puddle Jumpers Preschool

Continued from page 23...







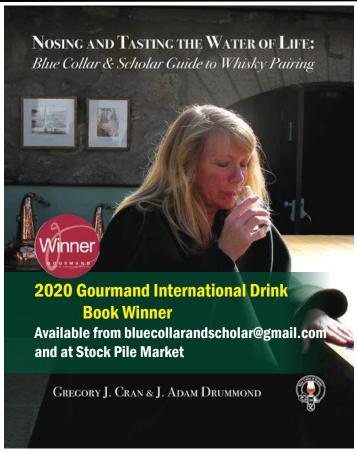








Artwork by Monique Labusch





## Through the Eyes of a Local Teen

Hayden Mallery

## From Studio to Stage - A New Season of Dance Opportunities in Powell River

On the day my mom put me in a mommy-and-me dance class at the young age of twenty months old, I instantly fell in love with dancing. I don't think my parents understood what they were getting into, and that fourteen years later I would be dancing over fifteen hours a week on two different teams.

I couldn't imagine my life without dance and the people I've met through it. My team at Laszlo Tamasik Dance Academy (LTDA) is like a second family. We've been a team with very few changes for, I believe, nine seasons now, and they are some of my closest friends.

At LTDA, there are five competitive teams: Mini, Novice, Junior, Senior B, and Senior A. There is also a bootcamp program for dancers wanting to start competition the following season. The Senior A team (my team) started as the original Minis back in 2016, and over the seasons, we have lost a few team members, leaving us with seven going into this season. There are also many recreational classes offered at LTDA ranging from ballet with the wonderful Miss Sandi, to hip hop with Miss Catherine, and many other genres, including jazz, musical theatre, tap, acro, lyrical, and contemporary. As a Senior dancer last season, I had the amazing opportunity to teach a jazz 1 class for ages seven to nine with a close friend and teammate of mine, Miss Alexa. Teaching was not only extremely fun but also taught me a lot and helped me grow as a person. For some of those dancers, it was their first time in the studio, and I am honoured that I got to help start their dance journeys. Watching them improve throughout the season is an irreplaceable experience.

This season, a new dance opportunity has risen in Powell River, offered to dancers with at least five years of competitive experience all over the west coast. Coastal Fusion Dance Company (CFDC) is a newly formed pre-professional program created by the two cofounders and directors Paige Anderson and Dylan Anderson-Kelly. I have danced with these two as teachers throughout my whole dancing experience and I

am beyond excited to embark on this new journey with them. Between the two teams, I will be in four competitions, with one located either on Vancouver Island or on the mainland in the Vancouver area. We will also participate with both teams in the Powell River Festival of Performing Arts. And, I will be in six or seven shows here in Powell River with the two teams.

What are the dancers excited about for this season? I asked a couple teammates for a short statement on what they are most looking forward to this season.

"As a graduating member of the LTDA Senior A Company, this dance season is going to be very special and memorable for me. While it will be filled with many lasts, I am so very excited for all of the firsts to be experienced this year, including the first season with our new owner Miss Kindree and the first season of the new Coastal Fusion Dance Company which I am so thrilled to be a part of. I can't wait to share this final year with my dance family and am so excited to perform for all of you one last time." - Raelyn Zakkour

"Hi, my name is Charlotte. I am a competitive dancer of almost nine years and am beyond excited for this upcoming season. This year I will be dancing both at LTDA as well as CDFC's pre-professional company. In the past, dance has taken me to LA, NYC, and around Southern B.C. This year I am so excited to be heading to five competitions/festivals, all with my amazing dance family!!"- Charlotte Koopman-Gough

# DesigNature Art & Home

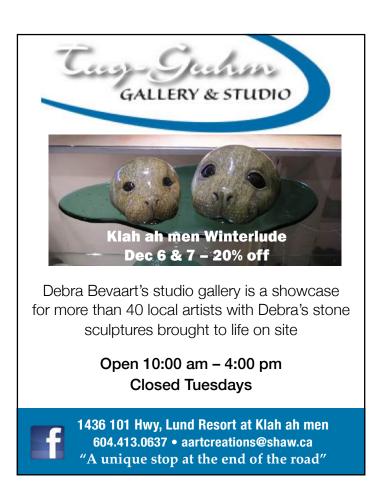
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## Creative Klah ah men

Monique Labusch

And just like that, autumn has arrived!

For me, it feels like everything is slowing down a bit and I find myself sitting in front of the fireplace with

more time to create. I can only assume how artists like Sue Muirhead, the focus for this fall *Barnacle*, will embrace the peaceful and quieter indoor days. Read on...

#### Sue Muirhead - Process Artist

I am a lover of deep connection, the wild, windy world, and the passionate, soulful act of creating in all its forms. In the early 2000s, I began exploring a variety of art practices and discovered great joy in putting colour and form onto paper. Over time, process art — art created without attachment to outcome — has become one of my most enlivening ways of expression. I follow my energy rather than trying to produce what might look good or meet expectations.



A wise mentor once told me, "If you really want to feel passion for your art, you should consider sharing it with others." That perspective inspired me to present an authentic creative voice that is

inherently my own. Since then, I have shared – and continue to share – my artistic vision in many ways.

#### Spirits of the Forest - Stumps and Stitches

Currently, I am preparing for an exhibition at Artful: The Gallery in Courtenay. The show, titled Spirits of the Forest – Stumps and Stitches, runs from October 22 to November 15, 2025. I have been fascinated by stumps since childhood. When I walk in the woods, I immerse myself in the marvels of colour, reflected images, graceful curves, and woody heights that surround me. Yet it is the stumps that most captivate me. I see them as teachers. Once cut down, they sit quietly – sometimes bedraggled, sometimes barren – forever changed from the towering trees they once were. And yet, given time, they become havens for new growth. In this way, they teach us that even when cut down by forces beyond our control, possibilities for renewal still exist. Among the stumps, I often sense the presence of forest spirits, something difficult to explain in words, but which I can more easily convey through images. Across



cultures, these spirits have been honoured, feared, or revered as guardians of the woodlands – sometimes benevolent, sometimes less so. When I first began envisioning this exhibition, I spoke with my brother, photographer Patrick Hill, who generously joined me in the forest and captured over 200 photographs of stumps.

Photos courtesy Patrick Hill

Continued on page 29...



with us. I love how she combines photography of the forest with stitching. How unique!

We all see the natural world around us and are inspired by it in so many different ways. It's amazing, incredible, and beautiful out there! Just another reason to do our best to save it, EVERY SINGLE DAY!

Now let's enjoy forest walks, take in the beauty around us, support each other, and like always...stay colourful, like the autumn leaves!

Photos courtesy Patrick Hill

## **Process Stitching**

In September 2024, I also began exploring a new medium: stitching. Through workshops at Wendy Drummond's Three Stone Soup studio in Lund, I discovered what I can only describe as mind-altering magic. Since then, I have been stitching almost daily, and I now call myself a process stitcher. This new practice quickly became part of the exhibition. As I stitched, I invited thread and fabric to embody the spirits of the stumps and the forest. I experienced them as living beings, guiding my fingers and inspiring expression.

#### Essence

The essence of Spirits of the Forest – Stumps and Stitches is a full engagement of my energy and love for wild spaces. When I immerse myself in the world around me, I feel the wind, the moonlight, the spirits, and the stumps in the forest, and my hands stitch, and stitch, and stitch.

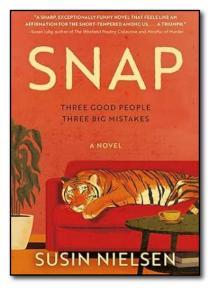
A big thank you to Sue for sharing her interesting and beautiful art





## Ev's Book Review

Hi fellow readers.



SNAP, by Susin Nielsen, builds on a theme that keeps cropping up in my recent reads, that when people from various backgrounds or cultures or political leanings are thrown together in a shared experience, good things can result. As examples, we are in a very polarized world, where one event can be reported in vastly different terms, depending on the news site a person prefers. Susan Juby's recent novel, CONTEMPLATION OF A CRIME, features a sponsored retreat that deliberately brings together participants with little in common.

Nielsen's SNAP introduces three loveable characters, describing each one's personality and giving us sympathy for each. They meet, reluctantly, when forced into a mandatory anger-management class after each of them has in some way "snapped" and done something illegal and uncharacteristic because of intolerable circumstances, landing them in big trouble. Then the three are sentenced to community service, picking up trash. They gradually come to see each other's humanity and forget their initial disdain. Their shared journey includes plenty of humour, along with the empathy and personal growth they undergo.

I enjoyed the way each character was developed and remained true to their essential moral values in the course of the sometimes hilarious plot, and the careful structure that pulls the reader toward a satisfying

conclusion.







## Learning ?ay?ajuθəm - the language of the ła?amın (Tla'amin), kómoks (Comox), χ<sup>w</sup>εmałk<sup>w</sup>u (Homalco), and λohos (Klahoose) people

Sandy Dunlop with help from First Voices website and Tla'amin Nation members

?imot  $t^{\theta}$ ok<sup>w</sup>, ?aječ $\chi$ <sup>w</sup>ut (Good day, how are you?).

Listed below are some words to do with intertidal sea plants, a theme in this issue of the *Barnacle*.

To hear the ła?amın elders pronounce the words in ?ay?ajuθəm, go to the First Voices website (firstvoices.com/tlaamin).

**k**<sup>w</sup>umt Kelp

Seaweed λ̃əqstən

**Eelgrass Xaqamaqa**ł

**Sea Urchins** məseq<sup>w</sup>



Artwork by Monique Labusch

Most letters you'll see in ?ay?ajuθəm are familiar to speakers of English. Pronounce them as you normally would, except for vowels and "y".

this is the way the vowels sound:

this is the way the orthographic letters for the words in this lesson sound:

a	a	h

e	ay as in May	K"	KV
i	ee	λ	tl
0	oh	ə	uh

k sound, from back of the mouth u y

y as in yell breathy L sound

eh

rounded q 🍩

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## Nanette Kapitan

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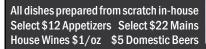






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## Life From Here

Trish Keays

#### In the Waterworld

From above the snow line to the deeper ocean, algae and plant life have thrived. Fossil records date from 2100 million to 3500 million years ago ¹, and though it seems amazing, intertidal plants and algae can survive in both salt water and air and so don't die when the tide goes out. Plants that have adapted to salt water include sea grasses which form underwater meadows for many creatures. Eelgrass (*Zostera marina* or *λaqamaqał*) grows in shallow BC coastal waters. Eelgrass stabilizes the shore as well as provides a unique marine ecosystem.²

Most ocean plant life is algae, and most algae are aquatic. Size ranges from one cell, like diatoms, to multicellular giants like kelp which can grow to up to 50 metres. Algae carried passively by water include phytoplankton. Phytoplankton are the base of the marine food web and key to removing carbon dioxide from the air.<sup>2</sup> Algae are not formally classed as plants because they don't have the internal structure of land plants.

Bladderwrack or rockweed is a familiar alga on our coastal cliffs and beaches (*Fucus vesiculosis*). My memories of childhood include much squishing of the spongy bladders! The gases in the bladders that help the seaweed float towards sunlight at the water's surface are oxygen, carbon dioxide, and carbon monoxide. This edible brown seaweed has been used as a food and medicine for millennia. It was the original source of iodine, discovered in 1981, used to treat goitre, the swelling of the thyroid gland due to iodine deficiency. It contains calcium, high levels of iodine, potassium, sodium, zinc, and vitamins A and C. Effectiveness for medical conditions has not been fully tested or proven. 9

Kelp (k<sup>w</sup>umt) is one of the iconic ocean algae of the west coast. Bull kelp (Nereocystis leutkeana) and giant kelp (Macrocystis pyrifera) form canopies in BC nearshore habitats. These structural underwater forests are such important habitat for fishes and invertebrates that they are considered a "foundation species". 12 The bulbs can be up to four inches in diameter. I remember reading decades ago that a bull kelp bulb contained enough carbon monoxide to kill a chicken. A researcher in 2019 was asked if that was true and found that - it is! Up to 10% of the buoyancy gases in a kelp bulb is carbon monoxide, and the total volume of the bulb can be up to three litres <sup>13</sup>. The gas evaporates with apparently no effect on edibility and health values of kelp. Kelp forests are significant players in carbon sequestration, with estimates suggesting they capture between 4.5 million to 5.4 million tonnes of CO2 annually. This makes kelp forests one of the most productive ecosystems for carbon capture, contributing to climate change mitigation efforts. 19 Kelp is one of the most nutrient-rich edible plants, also a good source of iodine.<sup>14</sup>

You may have heard of marine algal blooms in BC waters in the warmer months of June to October which can turn the water red, thus earning the name "red tide". These are "harmful algal blooms (HABs) that can present significant risk to shellfish eaters.<sup>15</sup> Check Fisheries and Oceans Canada notices before harvesting shellfish.



Bull kelp, photo courtesy Lee-Ann Ennis

Not all algal blooms are toxic. A non-toxic algae bloom occurred in July of this year, turning water in Barkley Sound a bright tropical blue. Such blooms typically follow an intense warming event.<sup>17</sup>

Continued on page 34...

Continued from page 33...

Marine ecosystems are complex and tracking effects of climate change on ecosystems and individual species is equally complex, but a review of available literature produces evidence of negative climate change effects on most of BC's marine aquatic life.<sup>18</sup>

#### **Sources**

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<u>Editor's Note</u>: Trish's article from our summer issue ended without its proper end. Oops. You may recall the following sentence, but this time, it leads you to quotations and not just source material, and it still applies.

Let's end with some quotations so we don't slide into the depressing pit of likely futures. Raise a glass – of cool, clear water if you can. And give thanks.

<sup>&</sup>quot;The cure for anything is salt water: sweat, tears or the sea." Karen Blixen

<sup>&</sup>quot;All water has a perfect memory and is forever trying to get back to where it was." Toni Morrison

<sup>&</sup>quot;I will do water - beautiful, blue water". Claude Monet

<sup>&</sup>quot;No water, no life. No blue, no green." Sylvia Earle 🌑

## Our Beautiful Backyard

Peter Behr

There are gorgeous mountains that are not far away. Tin Hat, Freda, the Knuckleheads (not named for me), and Skwim can all be driven to and hiked up and back in one day. Yes, there is some effort but for many of us, it's well worth it. It starts by turning left at Lang Bay Store. Logging trucks are a danger, so go on Sundays or have the appropriate radio to listen for calls from the trucks telling their location. Best to go with someone who knows the way. These pictures of Skwim were taken on September 16 by Martin Tollas and give you a taste of the beauty that awaits.



Photos courtesy Martin Tollas

Peter on the Skwim Saddle



Large Skwim Lake from the Saddle



Mt. Freda from Skwim



Freda Lake from Skwim



Small SkwimLake from the Saddle

## Lund Kid Revisionist History

Anna Gustafson

## A Load of Bull Kelp

When you do a lot of writing, you do a lot of staring. Out the window. Off into the clouds. Like a bear who stared so long he almost forgot his underwear.

While staring into yesterday's sweet and sour soup, I was struck by the fact that in all my time contributing to the Barnacle, I've never written about my complicated relationship with seaweed.

There are hundreds of seaweed species on the British Columbia coast that we played with, and in, throughout our youth. To Lund Kids, the sea held infinite slimy possibilities to feed our curiosities, but for me, there were two clear favourites.

The runner up, *Fucus distichus*, or Pacific Rockweed, is the most in-your-face seaweed, or under your feet when you weren't swimming. Precariously slippy, it protected our bare summer tootsies as we roamed the rocky shorelines and the goop inside the tips of its soft branches protected our noses and shoulders from sunburn.



Bladderwrack aka Rockweed, photo courtesy Brian Voth

In my deckhand days, I learned from one of the west coast's legendary fishermen, Ray "Beanie" Suzuki, FV *Come Home*, to call Rockweed "Putchie-Putchie" because of the sound it made when stepped on. I still remember the comforting tone of Beanie's voice cracking through the VHF "I've got f\*\*\*ing putchie in my

*f\*\*\*ing net, goddamit!."* Keep Calm and Beanie On.

As fond of those little bunches of heart-shaped snot weed as I am, *Nereocystis luetkeana*, or Bull Kelp, is the quintessential kelp and takes my first place. This pool noodle of the sea is, by far, the most versatile and storied of them all.

## A few examples:

When tender ears were present, old fishermen would use "bull kelp" instead of "bull sh\*t" to express disdain. Beanie being the exception.

The piece that affixes the bull kelp whip to the ocean floor is called a *holdfast*, from the cautionary nautical term meaning *HOLD ON*, and looks like a flattened brain, which is what could happen if you don't.

Bull kelp is an annual, like other popular species on the west coast, including begonias and cannabis.

The bulb and stipe can be fashioned into a pee tube if you're shy about showing your bum above your boat's scuppers.

Musical options are a horn or, if found above a high tide line, dried out with a dead crab inside, a maraca. Whip it, good. If you know, you know.

Bull kelp was my friend, and we've remained close all these years later. I've purchased and hung bull kelp art in my home and enjoy explaining what it is to curious city guests. Often beginning with "No, that is not a mermaid. It's her bladder," about a print hung in my guest bathroom.

When I meditate, I visualize myself alone in a rowboat, feet up on oars pulled in and lying across each other. The sea is glassy with an almost imperceptible lump to keep me present. Sunshine warms my cheeks and is probably causing fine lines and wrinkles — or worse. Did I even put on sunscreen?

I'm not great at meditating.

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Come back in with me. My rowboat gently bobs off Savary Island's Mace Point while soft breezes carry the smell of dock creosote out to me from somewhere familiar. In the cool, crystalline waters below, a massive kelp forest reaches for that same warm sun, growing to meet the surface one day. For now, completely submerged, peaceful, and at the



Artist Claire Watson's depiction of a shark bunker in Bull Kelp Forest

mercy of a gentle current. Mermaid hair.

To this day, the mere thought of looking down at the majesty of a kelp forest calms my displaced Lund Kid soul. Granted, this imagery is strictly from the safety of a boat.

When *Jaws* was released in 1975, my relationship with kelp became fractured. More than kelp itself, it's freaky natural habitat. Cue that soundtrack. *The kelp forest*.

Great white sharks don't frequent the Salish Sea, but when treading water above a kelp forest, they sure as hell probably do! The only confirmed sightings of great whites have been Haida Gwaii, Hecate Strait, and Esperanza Inlet. One way to look at it is that sightings are exceptionally rare. Another way is that giant sharks are starting to surround us.

No amount of meditation training can free your brain from sharks while you wait for the tow boat to pick you and your skis back up. I can only recall two waterskiing wipeouts. Both were over enormous kelp beds. I transitioned to solo rowing after that summer.

Jacques Cousteau made the introduction, but Stephen Spielberg took us to the party. He didn't merely show us giant sharks, he implanted the lifelong possibility of sharks lurking in oceans, lakes, and even public pools. The gloomy tension that composer John Williams

created for Jaws made it infinitely worse. As the planet warms and the sharks venture north, who knows where they're going to hide. Our sheltered, warm waters have seen the largest kelp losses over the last decade. Hold fast to that next time you're thinking about next-day delivery on a pair of single-use summertime floaties. Lash a handful of kelp balls to your kid instead.

Anna Gustafson is a comedian, producer, writer, and forever Lund Kid now living in Toronto. Talk to her at annagustafson.ca

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## Speaking in the Barnacular

Ted Durnin

## **Going Home Again**

I went to Lund! Never happens anymore. I spend all my time driving kids places. So what brought me back? I drove my kid there. He played with his band. I used to do that.

The Gazebo was much as I remembered it. There was food and drink and smoke. There were elders and kids and dogs. Lots of tie-dye, lots of jeans, lots of smiles. I bet I saw you there. One of the smiles was mine.

Now that I live in the city place, I just don't get out there any more than I get back to Toronto or Montreal or Ottawa. I go to Vancouver and Courtenay as a medical tourist. I go to Nanaimo driving kids to hockey. I go to Costco and to water parks. But I don't go to Lund.

Ray was there. He came back to Lund from pretty far away. Way to go Ray! We used to play in a band together. It was good to talk to him. Sheila and Brian from that band were also there. We did not have an impromptu onstage reunion, but if you leave out the word 'onstage', we did.

I got a hint of what it used to be like. Thanks for that.

It's not like that anymore, for me. It can't be, because I'm different. Isn't that why Wolfe says you can't go home again? Everyone and everything are still there but I'm this other guy who used to be around.

"Who's he?"

"He used to be someone."

It's not as steep a difference as when I go back east. When I'm in Ottawa or Toronto or Montreal I feel like a ghost, a thing that used to be there and is now only a spectral remnant, like a black and white photograph. If anyone recognizes me, it's more like "that guy looks like that guy" than "that guy is that guy". It's gone that far. It's nice to be realer in Lund than in the citier places, more like a faded colour photo.

My thoughts of Lund are in colour, too, because Lund is real. It is its own thing. There are no chain stores or fast-food places, no relentless sameness. It's like tiedye: no two alike, everyone unique. There's no one quite like you guys. Lund will always be a place of bright, living colour for me.



Photos courtesy Brian Voth



Flying ant



## Community Page

#### **Birth Announcements**

Sandy Dunlop

Erica Govier and Trevor Mervyn gave birth to a baby girl on the morning of September 22, 2025. They named her Eden Rae Joyce Mervyn. Big sister Lumen is happy.



**Mayaan Morgenstern** and **Marissa Bolton** had another boy. Hendrix's baby brother was born on February 8, 2025. They named him **Layne Henry Morganstern**, but his nickname is **Smiley**, for obvious reasons.



## Weddings

Malerie Meeker and Brian Johnston eloped to Chesterman's Beach in Tofino, Vancouver Island and got married on May 21, 2025. They were planning to also have a family and friends gathering, and that is still the plan, but life is so busy!

**Jessyca Van Belle and Charlie Seigler** got married at Dwight Hall on August 9, 2025. Jessyca is the daughter of Alisha Van Belle, our much-appreciated Puddle Jumpers Preschool and Community Daycare teacher. Jessyca, daughter Ruby, and now Charlie have lived in Lund for the last five years.

Sympathy and Condolences

**James William Morrison** 

May 23, 1984 – July 21, 2025

from Dana Percy's speech at Jamie's Celebration of Life on Sept. 21:

There are so many memories we have of Jamie as teenagers growing up, and there's not a single one where Jamie wasn't up against something for someone. He was always protecting us and also getting us into the biggest trouble, which he would always get us out of afterwards, and with a smile. There wasn't a time when I ran into him as an adult where there wasn't a huge embrace and lots of love shared and a good laugh and



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probably some profanities. And that shared memory of being kids and running wild, a spirit that would never die with him. He was incredible and challenging and hilarious and annoying as f--k and perfect in every way that Jamie could be.

#### from Lin Morrison:

James grew up surrounded by wildlife. He loved exploring all facets of this beautiful natural world. Perhaps it shaped the course of his life. When he could not mould himself to the norms of society, he found ways to educate himself in many and varied skills. James had the ability to turn his hand to whatever interested him - mechanics, sawmilling, hunting, tree climbing. He had an internal compass that guided him as he navigated the wilderness on his mushroom hunts. It was the societal wilderness in which he struggled to find his way. What will be most remembered about James is that he had a good and generous heart. He valued his family, and he made his friends his family as well, and he would do anything to help and protect them. Children, especially, had a special place in his heart. Above all, James loved his boys, Tristan and Hayden. They lived in the greatest, deepest part of his heart. He will be missed so deeply.

## Joanou desChennes

## February 17, 1993 - September 26, 2025

from Paz Hernandez:

Joanou was one of my oldest friends. We were the same age, and many thought we were brothers growing up. I looked up to him and admired his calm determination and bravery. If he decided to do something, he would make it happen. He was also great with people; instantly making them feel welcome and seen. It didn't matter who you were, if you asked for help, he would do so wholeheartedly. I was really lucky to know him, and I miss him greatly.



from Ria Curtis:

A beautiful, gentle soul. His light shines on.

## from Isabelle Morganstern:

When I first met Joanou, he was four and a half. I remember being struck by his gentle beauty; his angelic face, his twinkling brown eyes, and most of all, his big, candid, charming, and reassuring grin that would become legendary.

He was a fun, kind, enthusiastic child, and a loyal friend to my children, and he grew into a trustworthy, independent, caring teenager, with a great sense of humour. Then he flourished into the young man we all loved and admired: a thoughtful and kind-hearted, strong, loyal, reliable, open-minded and emotionally mature and responsible son, brother, friend, and later on, husband. Joanou gave his all to the people he loved, often forgetting himself to be the rock for his family.

I will forever remember Joanou as the confident, optimistic, grounded, and altruist being that he was, all the way through his life journey. He stayed strong to the end for his loved ones, showing gratitude and never giving up hope.

Joanou, you are a true knight, and it is with a broken heart that we say "Adieu".

Our deepest and sincere condolences from my family to Meaghan, Lyne, Victor, Maï-Savannah, Luna, Milo, and all who loved him.

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## Thinking of You

Hello out there! Whether you've just moved here, have lived here for decades, or grew up here and then moved away, you're a valued part of our community. Wishes for wellness and much love go out to you all, wherever you are, and know that we're rooting for you if you are struggling in any area of your life. And who isn't, actually?

The Goodwill Committee of the Lund Community Society exists to help create and bolster a sense of community in Lund with the knowledge that people here care about each other. Please email <a href="mailto:barnacle.articles@gmail.com">barnacle.articles@gmail.com</a> to let us know of any births, deaths, or announcements you think should be shared.

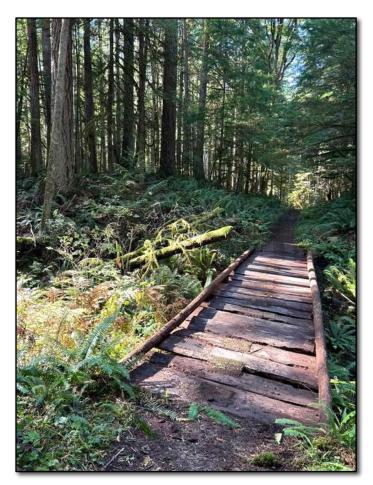
Among other things, this Committee sends cards to people for congratulations or sympathy or thank you and more, if we hear about it and if there's mail service. Thanks to volunteer Karyn McLaurin for sending cards when asked. We also put together welcome packages of wonderful donations from some of our local businesses for newbies to Lund. Many thanks to Margaret Leitner for looking after this, to the generous businesses who donate, and to the post office for making it easy.

## Northside Community Recreation Area Resident List

The Lund Community Society has a group email for all Area A residents who wish to learn about information and events in our community. It's called the Northside Community Recreation Area resident list. If you wish to be one of those bcc'd on this list, send your contact info to <a href="mailto:lundcommunity@gmail.com">lundcommunity@gmail.com</a>.



Photo courtesy Brian Voth







Photos courtesy Cinci Csere





Photos courtesy Brian Voth